

## Easy Introduction and Guide to Rotary Mechanical watches

### Identifying your Mechanical watch

#### Automatic

This type of Mechanical watch has an Auto weight (check the reverse of the watch through the glass case back as picture indicates)



Auto weight - check this moves freely

The Auto weight, when the watch is worn, maintains the power level without the need to daily wind your watch. However if the watch is not regularly worn or has stopped the watch needs to have the time manually set and wound 15/20 times to maintain timekeeping.

#### Standard

This type of watch does not incorporate the Auto weight so must be wound manually, on a full wind 15/20 times the watch will run between 36/48hr but we would recommend that the watch be wound daily to maintain the power reserve.