




NUTRiBULLET

BALANCE™

USER GUIDE





IMPORTANT SAFEGUARDS & CAUTIONARY INFORMATION

FOR YOUR SAFETY, CAREFULLY READ ALL INSTRUCTIONS BEFORE OPERATING YOUR NUTRIBULLET BALANCE.

Electrical Safety

When using any electrical appliance, basic safety precautions should always be observed, including the following:

- **Caution! To avoid risk of electric shock, never immerse the power cord, plug, or power base of blender in water or other liquids.**
- **THE USE OF ATTACHMENTS, INCLUDING CANNING JARS, NOT RECOMMENDED OR SOLD BY THE MANUFACTURER MAY CAUSE FIRE, ELECTRIC SHOCK, OR INJURY AND VOID THE WARRANTY.**
- This appliance has important markings on the plug blade. The attachment plug or entire cord set is not suitable for replacement. If damaged, the appliance should be replaced.





- **DO NOT USE THE NUTRIBULLET BALANCE WITH ANY TYPE OF ADAPTOR OR VOLTAGE CONVERTER DEVICE.**
- **USE OF ADAPTERS AND CONVERTERS IS CONSIDERED AN UNAUTHORIZED MODIFICATION OF THE NUTRIBULLET BALANCE AND AS SUCH WILL VOID THE WARRANTY. USE OF THE NUTRIBULLET BALANCE IN AREAS WITH DIFFERENT ELECTRICAL SPECIFICATIONS MAY RESULT IN DAMAGE TO IT.**
- **UNPLUG THE NUTRIBULLET BALANCE WHEN IT IS NOT IN USE. MAKE SURE THE POWER BASE IS UNPLUGGED BEFORE ASSEMBLING, DISASSEMBLING, ADDING ADDITIONAL PARTS, OR CLEANING.**

- Do not pull, twist, or damage the power cord.
- Do not allow the power cord to hang over the side of the counter or table.
- Do not allow the power cord to touch hot surfaces, including stove.
- Periodically inspect the power cord and plug for signs of damage. Never operate any appliance with a damaged power cord or plug.





If the NutriBullet Balance malfunctions or is dropped, or damaged in any manner, discontinue use and contact Customer Service for further assistance.

- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- Always disconnect the appliance from the supply if it is left unattended and before assembling, disassembling or cleaning.
- Switch off the appliance and disconnect from power supply before changing accessories or handling moving parts.
- At all times, avoid contact with moving parts.
- Keep hands and utensils away from the cutting blade while chopping or blending food to reduce the risk of severe personal injury or damage to the device. A scraper may be used, but only when the blender/food chopper is not running and the NutriBullet Balance is unplugged.
- Appliances can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction





concerning use of the appliance in a safe way and if they understand the hazards involved.

- **NEVER LEAVE THE NUTRIBULLET BALANCE UNATTENDED WHILE IT IS IN USE.**
- This appliance shall not be used by children. Keep the appliance and its cord out of reach of children.
- Children shall not play with the appliance.

• **TO PREVENT OVERHEATING, NEVER ALLOW THE MOTOR TO RUN FOR MORE THAN ONE MINUTE AT A TIME, AS IT CAN CAUSE PERMANENT DAMAGE TO THE MOTOR. IF THE MOTOR STOPS WORKING, UNPLUG THE POWER BASE AND LET IT COOL FOR AN HOUR BEFORE ATTEMPTING TO USE IT AGAIN. YOUR NUTRIBULLET BALANCE HAS AN INTERNAL THERMAL BREAKER THAT SHUTS OFF THE UNIT WHEN IT OVERHEATS. THE POWER BASE WILL RESET WHEN THE UNIT IS UNPLUGGED AND THE THERMAL BREAKER COOLS DOWN.**





- To reduce the risk of injury and leakage, make sure the blade base is securely screwed onto the cup before placing it on the Power Base and operating the NutriBullet Balance.
- Do not use NutriBullet Balance outdoors. Do not allow the NutriBullet Balance to be exposed to inclement weather elements such as rain or other wet conditions.
- **NEVER PUT YOUR HANDS OR UTENSILS NEAR THE MOVING BLADE** and never use your hands or utensils to press the activator buttons down while the NutriBullet Balance is plugged in.
- **BLADES ARE SHARP. USE CARE WHILE HANDLING THE BLADES AND DO NOT TOUCH THE BLADE EDGES TO AVOID INJURY.**
- **NEVER INSERT THE BLADE INTO THE POWER BASE WITHOUT FIRST ATTACHING THE CUP.**

- **WE RECOMMEND REPLACING YOUR EXTRACTOR BLADE EVERY 6 MONTHS OR AS NEEDED FOR OPTIMAL PERFORMANCE.**
- **PERIODICALLY INSPECT ALL NUTRIBULLET BALANCE**





COMPONENTS FOR DAMAGE OR WEAR THAT MAY IMPAIR PROPER FUNCTION. DISCONTINUE USE AND REPLACE CUPS IF YOU DETECT CRACKING, CRAZING, OR CLOUDINESS OR DAMAGE TO THE PLASTIC OR ANY ACTUATOR.

- Check gasket to make sure it is completely seated in the cross blade before each use.
- The NutriBullet Balance is not intended for use in microwave ovens. Do not place the NutriBullet Balance cups, power base or any accessories in a microwave as this may result in damage to its various parts.
- To reduce the risk of personal injury or damage to the device, keep hands and utensils away from the cutting blade.
- Never blend carbonated beverages. Built-up pressure from released gases can cause the sealed cup to burst, resulting in possible injury.
- **To prevent leakage when creating a recipe, ALWAYS make sure that the ingredients do not extend above the MAX line.**





- **DO NOT PUT HOT LIQUIDS OR INGREDIENTS IN ANY BLENDING VESSEL BEFORE BLENDING. START WITH COOL OR ROOM TEMPERATURE INGREDIENTS. HEATED INGREDIENTS CAN CREATE INTERNAL PRESSURE IN A SEALED BLENDING VESSEL, WHICH MAY ERUPT ON OPENING AND CAUSE THERMAL INJURY.**

- NEVER put hot liquids or ingredients in any blending vessel as it can be ejected out of the appliance.
- **CAUTION! Friction from the rotating blade can cause ingredients to heat and generate internal pressure in the sealed vessel. Do not continuously operate for more than one minute. If the vessel is warm to touch, allow it to cool before carefully opening it pointed away from your body.**
- Extract for no longer than 1 minute. If more extraction is needed, wait 1 minute, then repeat the extraction process in 1 minute intervals up to three times as needed to achieve the desired consistency. If more than three 1-minute extractions are needed,





allow the **Power Base** to cool for 2-3 minutes after the third extraction before beginning the next round.

- **Never permit any blended mixture to sit inside a sealed vessel without first releasing internal pressure.**
- **Do not allow blended mixtures to sit for long periods of time in a sealed container. The sugars in the fruit and vegetables can ferment, creating gas and causing pressure to build up and expand in the vessel which can cause ingredients to burst and spray out when moved or opened.**
- Never use the NutriBullet Balance to blend ingredients without adding liquid in as doing so may damage the blade.
- The cyclonic action of your NutriBullet Balance requires the use of liquids to make NutriBlasts and other nutritious beverages. The NutriBullet Balance is not intended to be used as an ice crusher, and not without liquids. To make a delicious cold NutriBlast, we suggest that you use frozen fruit and chilled liquids. Alternatively, you may add crushed ice, up to 25% of the total cup volume, with water or other liquid filled up to the “MAX” line. Do not crush ice or





other hard items without liquid, as such prolonged use over time may dull or damage the blades. Always inspect your blades before each use.

- To stop the motor, twist the cup to release it from the lock mode, and at the same time, press the cup/blade assembly down and wait for the motor to power down completely.
- Never remove the cup and blade assembly from the power base until the motor comes to a complete stop. Removing the cup/blade assembly while the power base is still running may cause damage to the blade coupling or motor gear.
- The Smart Nutrition Sensor includes a delicately calibrated scale. Handle with care. If it is dropped or jarred, it may impact the calibration causing it not to connect or detect the placement of the cup. If this occurs, please contact customer server for assistance.





WARNING: VENTILATION CAUTION

- Always operate the NutriBullet Balance on a level surface, leaving unobstructed space beneath and around the power base to permit proper air circulation. Slots and openings on the bottom of the NutriBullet Balance are provided for ventilation to ensure reliable motor operation and to prevent over-heating.

WARNING!

- To prevent fire hazard, power base openings should be free of dust or lint and never obstructed with flammable materials such as newspapers, tablecloths, napkins, dish towels, or place mats.

**SAVE THESE INSTRUCTIONS
FOR HOUSEHOLD USE ONLY**





WARNING!

- IF YOU ARE TAKING ANY MEDICATION, ESPECIALLY CHOLESTEROL-LOWERING MEDICATION, BLOOD THINNERS, BLOOD PRESSURE DRUGS, TRANQUILLIZERS, OR ANTIDEPRESSANTS, PLEASE CHECK WITH YOUR DOCTOR BEFORE CONSUMING ANY OF THE NUTRIBLAST RECIPES.
- THE FOLLOWING LIST OF SEEDS AND PITS CONTAIN CHEMICALS THAT RELEASE CYANIDE INTO THE BODY WHEN INGESTED. DO NOT USE THE FOLLOWING SEEDS AND PITS IN THE NUTRIBULLET BALANCE: APPLE SEEDS, APRICOT SEEDS, CHERRY PITS, PLUM PITS, AND PEACH PITS.

Cleaning Safeguards

- RINSE BLADES (AND CUPS) IMMEDIATELY AFTER USE TO PREVENT DEBRIS FROM DRYING AND STICKING TO VESSELS — IF NECESSARY, USE A DISH BRUSH TO LOOSEN ANY DEBRIS.





- **HAND WASH ONLY WITH MILD DISH SOAP AND ROOM TEMPERATURE WATER (NOT HOT).**
- **DRY IMMEDIATELY.**
- **FOR TOUGH DEBRIS, FILL THE CUP ½ FULL WITH WARM (NOT HOT), MILD SOAPY WATER. THEN, SIMPLY TWIST ON THE BLADE, POP IT ON THE BASE AND GIVE IT A RUN FOR 30-45 SECONDS. FOLLOW UP WITH A QUICK BRUSH.**
- **DO NOT PUT THE BLADES IN THE DISHWASHER AS ELEVATED TEMPERATURES CAN DAMAGE GASKETS. SIMPLY HAND WASH WITH WARM, MILD SOAPY WATER.**
- **THE NUTRIBULLET BALANCE CUPS CAN BE WASHED ON THE TOP RACK OF THE DISHWASHER USING THE NORMAL (NOT SANITIZE) CYCLE. THE NUTRIBULLET BALANCE CUPS AND BLADES SHOULD NOT BE IMMERSSED IN BOILING WATER FOR ANY REASON AS THIS WILL WARP THE PLASTIC AND DAMAGE THE GASKET.**
- **WHEN WASHING BLADES, DO NOT ATTEMPT TO REMOVE**





THE GASKET RING. SIMPLY HAND WASH THE BLADES IN WARM, MILD SOAPY WATER. ATTEMPTED REMOVAL OF THE GASKET MAY PERMANENTLY DAMAGE THE BLADE CONFIGURATION AND CAUSE LEAKAGE.

CLEANING THE NUTRIBULLET BALANCE

Everyone hates cleaning up, which is just one more reason the NutriBullet Balance is such a wonderful time saver.

WARNING:

- ALWAYS UNPLUG THE NUTRIBULLET BALANCE WHEN CLEANING OR ASSEMBLING.**

Cleaning the NutriBullet Balance is so easy... simply place any of the pieces (except for the Power Base, Smart Nutrition Sensor, and blades) on the top shelf of the dishwasher or hand wash with warm soapy water and rinse.



WARNING:

DO NOT WASH THE BLADES IN THE DISHWASHER. THE NUTRIBULLET BALANCE CUPS CAN BE WASHED IN THE DISHWASHER BUT ONLY ON THE TOP RACK USING THE NORMAL (NOT SANITIZE) CYCLE. THE NUTRIBULLET BALANCE CUPS AND BLADES SHOULD NOT BE IMMERSSED IN BOILING WATER FOR ANY REASON AS THIS WILL WARP THE PLASTIC AND DAMAGE THE GASKETS.

Stubborn Cleanup

If ingredients dry inside the NutriBullet Balance, make your cleanup a snap by filling the cup about 2/3 full with room temperature soapy water and screw on the Extractor Blade. Place the cup assembly on the NutriBullet Balance, power base for about 20-30 seconds. This will loosen the stuck ingredients, and with a light scrub, you'll be all done.



CLEANING THE NUTRIBULLET BALANCE POWER BASE & SCALE

For the most part the power base doesn't really get dirty, but if you neglect to twist the blade on to the cup tightly, liquids can leak out and get into the base and activator buttons. If this happens please use the following cleaning instructions.

Step 1: The most important thing is to **UNPLUG** the power base before cleaning!

Step 2: Make sure the blade is not attached to the power base.

Step 3: Remove the **Smart** Nutrition Sensor from the power base.

Step 4: Wipe the **Smart** Nutrition Sensor with a damp cloth until clean.

Step 5: Wipe the well in the bottom of the power base with a damp cloth until clean.

Step 6: Replace the **Smart** Nutrition Sensor by lining up the





arrow on the Disc to the arrow in the well of the power base.
Gently press down until the disc is level.

NEVER SUBMERGE

**SAVE THESE INSTRUCTIONS
FOR HOUSEHOLD USE ONLY**

**For more how-to information,
visit NutriBulletBalance.com**



FCC IC WARNING

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference.
- This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio





communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Re-orient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

- This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.
- This equipment should be installed and operated with minimum distance 20cm between the radiator and your body.





This device complies with Industry Canada license-exempt RSS standard(s).

Operation is subject to the following two conditions:

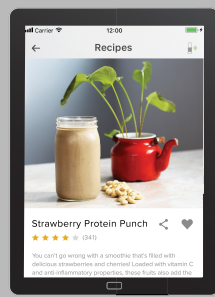
- This device may not cause interference, and
- This device must accept any interference, including interference that may cause undesired operation of the device.







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The Evolution of Blending





The NutriBullet just got smarter with **NutriBullet Balance**! Born from a quest for blending excellence, **NutriBullet Balance** features Bluetooth 4.0 Smart Nutrition Sensor technology that sends REAL-TIME nutrition data to your smart device as you blend recipes. View carbs, calories, protein, sugar and more in real time! This provides tighter control over blends by letting you know exactly what you're making as you're making it. Unlike other blenders, with **NutriBullet Balance** nothing is left to chance, you always know exactly what you're getting!

Watch recipes come to life and tweak them on the fly to suit your taste. No more sugary treats disguised as healthy smoothies or protein shakes in name only. With **NutriBullet Balance** the smoothie you envision is the smoothie you can make, down to the gram, every time.

We hope you'll enjoy the newest member of the NutriBullet family as much as we do. Say goodbye to measuring cups, eyeballed amounts and wild card results...**with NutriBullet Balance, the only thing you'll be eyeballing is a better YOU!**

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Let's Get Started!

Download the **NutriBullet Balance App** from
NutriBulletBalance.com/app
or find it in either:





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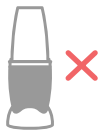




Connecting with Bluetooth*



Connected



Not Connected

The **NutriBullet Balance Blender** uses Bluetooth Smart technology to connect to the **Balance App** on your smartphone or tablet.

To connect the Balance Blender to your device:

1. Make sure your smart device has Bluetooth **turned on**.
2. Open the **NutriBullet Balance App**.
3. Plug in your **NutriBullet Balance Blender**; the **button's blue light will blink three times** and go off.
4. The **Balance Blender** will connect to the App automatically, and the **blue light will come on**. See the following section if it does not.





Troubleshooting

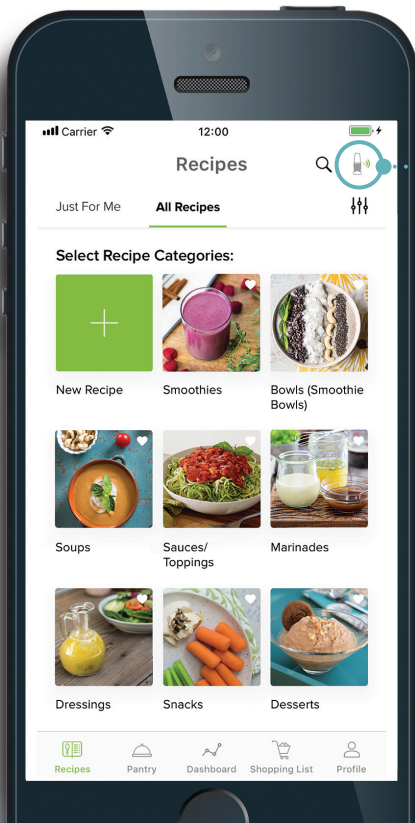
Using with Multiple Devices

Your **NutriBullet Balance Blender** can only **connect to one device at a time**. If you are having trouble connecting, make sure the **Balance Blender** is not connected to a different device.

If your **Balance Blender** is still connected to a previously used device, quit the **NutriBullet Balance App** running on that device. The **Balance Blender** will disconnect automatically.

*For phone/tablet compatibility, go to makeitperfectly.com/compatibility.

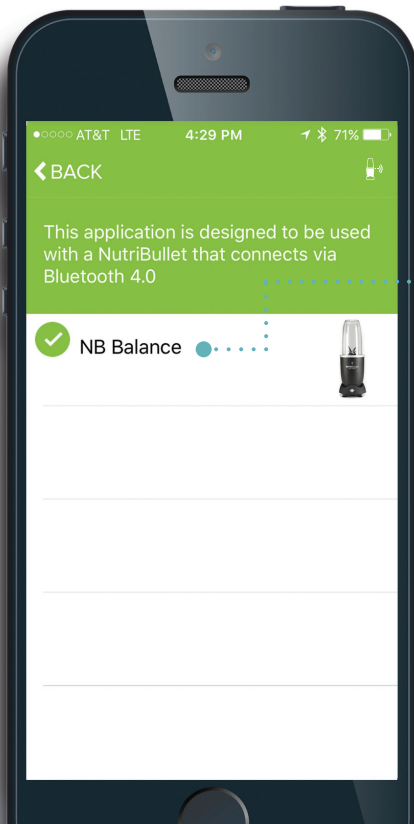




Connecting and Disconnecting Manually

You can connect to or disconnect from the **Balance Blender** manually in the **Balance App**. Touch the **Balance Blender** icon to the right of the search box to open the **Available Blenders** list.





The App will display a check mark next to the **Balance Blender** it is currently connected to.

Touch a **Balance Blender** in the list to connect to it or disconnect from it.

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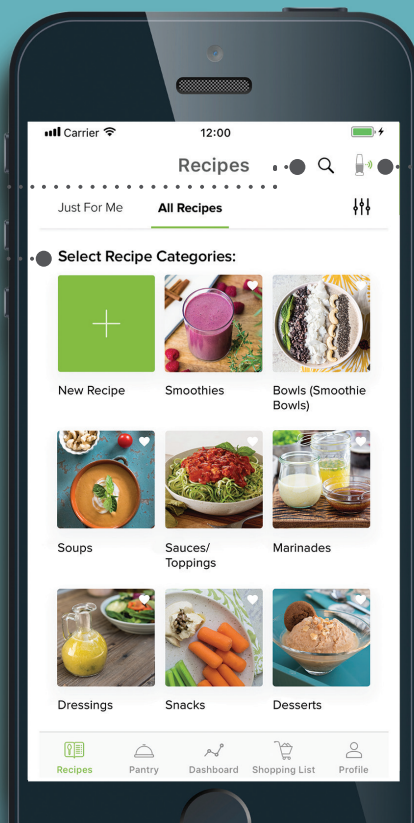
Disconnecting the Balance Blender

You can force the **Balance Blender** to disconnect from the device it is connected to by touching and **holding the button on the blender**. The light will turn off.





Start Making Your Recipes



A

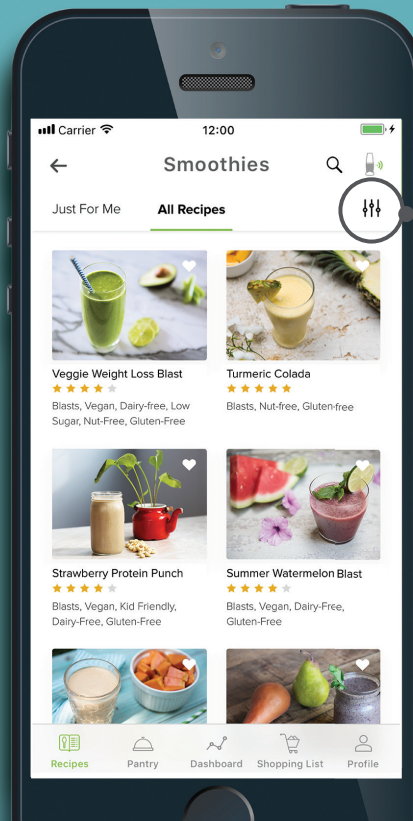
- A. Make sure your **Balance Blender** is connected to the App.
- B. Press the **Q** icon and, in the **Search** bar, type in the name of the recipe or choose from our recipe categories.

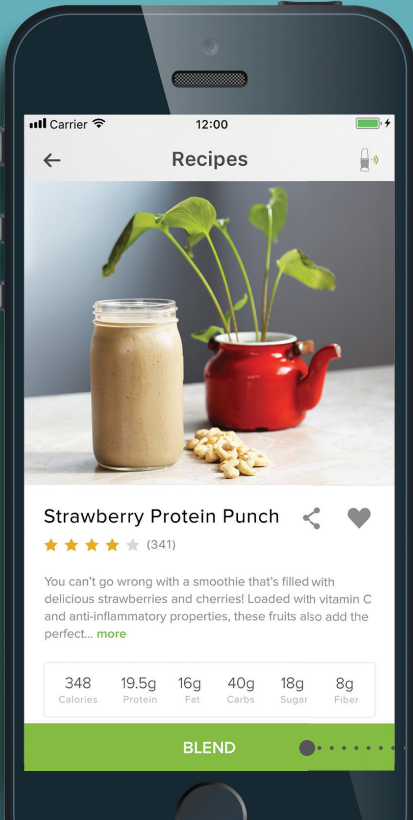
B

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- C. View recipes and ratings quickly by using filters. Select your recipe.





D. Click on the **BLEND** button.

When prompted, remove all items from the **Base**.

NOTE: *Make sure nothing is on top of the **Smart Nutrition Sensor**.*

D

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- E. When prompted, place the **Balance Cup** on the **Power Base**, open side up.

NOTE: Make sure the **Smart Nutrition Sensor** is in place.



E





F. Follow the step-by-step directions in the recipe.

NOTE: To prevent leakage when creating a recipe, ALWAYS make sure that the ingredients do not extend above the MAX line.

F

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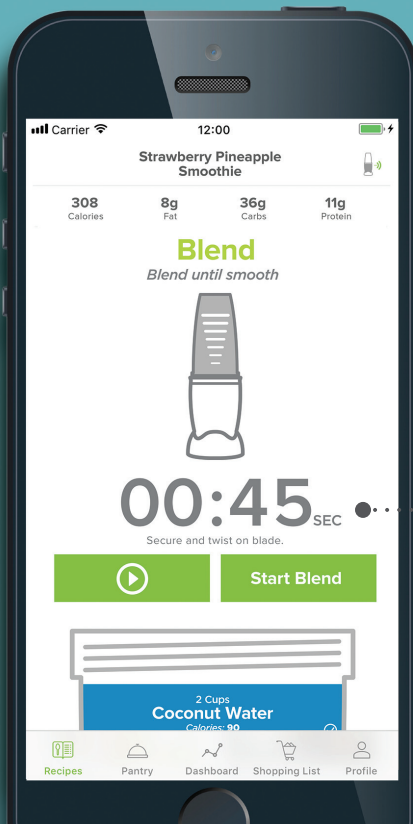




- G.** When prompted, twist the **Blade** onto the cup. Flip-over the cup, place it onto the base, then push and twist to the right. The **Balance Blender** will start blending.

G





H. Wait until the timer stops.

H

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- I. Push and twist the **Cup** and **Blade** to the left to release them from the **Power Base**.

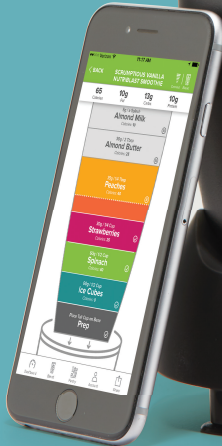
Remove the **Blade**.

Enjoy!






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Manual Mode

You can use the **NutriBullet Balance** without using the **Balance App**. This is called **Manual Mode**. This mode is used for simply blending.

PLEASE NOTE: you will not get any nutritional information or data in **Manual Mode**.





To Blend:

- 1 Add ingredients to the **Colossal Cup**.
- 2 Add the liquid of your choice up to the **MAX** line. (**Liquid is required!** Ingredients **should not exceed the MAX** line!).

NOTE: *The **NutriBullet Balance Cup** requires room to properly extract and blend the ingredients completely. Exceeding the **MAX** line may result in leakage.*

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3 Twist the
Extractor Blade
onto the **Colossal Cup**
and hand-tighten to
make sure the vessel
has been sealed.





4 Fit the vessel **Blade-side** down onto the **Power Base**, aligning the actuator tabs. Press down to begin extraction, gently rotating the **Cup** clockwise to lock the cup in place. Extract for no longer than 1 minute. If more extraction is needed, wait 1 minute, then repeat the extraction process in 1 minute intervals up to three times as needed to achieve the desired consistency. If more than three 1-minute extractions are needed, allow the **Power Base** to cool for 2-3 minutes after the third extraction before beginning the next round.

NOTE: *If the unit is not allowed to cool as instructed, a safety feature triggers that will power off the unit and temporarily render it non-functioning. To reset this safety feature, simply unplug the unit for 15 seconds and plug it back in. Unit will resume normal function.*

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5 To turn off the NutriBullet Balance — simply twist in the opposite direction (counter-clockwise) to release the tabs and stop pressing down on the **Cup**. Once the **Power Base** stops completely, remove the **Cup** from the **Power Base**.





CAUTION:

- Do not run the **Power Base** in excess of 1 minute per interval. Do not run the **Power Base** for more than three 1-minute intervals without allowing it to cool for 2-3 minutes after the third extraction. Running the motor for more than 1 minute consecutively in any interval may result in permanent damage to the **Power Base**.
- Friction from the rotating **Blade** when extracting can cause ingredients to heat and generate internal pressure in the sealed vessel. If the vessel is warm to touch, allow to cool before carefully opening it pointed away from your body.





Cleaning the NutriBullet Balance Smart Nutrition Sensor™ and Well

For the most part the **Power Base** doesn't really get dirty, but if you neglect to twist the **Blade** onto the **Cup** tightly, liquids can leak out and get into the **Base** and actuator tabs. If this happens please use the following cleaning instructions.

- Step 1:** The most important thing is to **UNPLUG** the **Power Base** before cleaning!

- Step 2:** Make sure the **Blade** is not attached to the **Power Base**.



Step 3:
Remove the
**Smart Nutrition
Sensor™** from
the **Power Base.**





Step 4:

Wipe the **Smart Nutrition Sensor™** with a damp cloth until clean.

NOTE: *The **Smart Nutrition Sensor** is a delicately calibrated scale. Handle with care. If it is dropped or jarred it may damage the calibration causing it not to connect or detect the placement of the **Cup**. If this occurs, please contact customer service for assistance.*





Step 5:

Wipe the well in the bottom of the **Power Base** with a damp cloth until clean.





Step 6:

Replace the **Smart Nutrition Sensor™** by lining up the arrow on the **Disc** to the arrow in the well of the **Power Base**. Gently press down until the **Disc** is level.





For more how-to information, visit NutriBulletBalance.com

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