Sleep Origins

Where great days begin



User Guide

Welcome to Sleep Origins,® where great days begin.™

Thank you for choosing the Sleep Origins Mattress and making this important investment in the quality and enjoyment of your sleep.

We believe in the power of sleep – like a good diet and regular exercise, it's an essential ingredient for a healthy every day. Our driving passion is innovation and craftsmanship. Our vision is to refresh and invigorate, delivering the positive benefits of a 5 star sleep experience to all of our customers.

This guide is full of useful and important information about your mattress, but if you want to know anything else just get in touch with our Sleep Origins team on 0844 800 0631 and they will be more than happy to help.

We hope you enjoy your new mattress!
From the Sleep Origins Team



so what next?

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Unbox

Position the box in the room where you want your mattress and open.



Once you've taken your mattress out of its box, you'll discover the secret of how we fit so much sleep technology inside.

Your mattress has been vacuum packed, compressed and carefully rolled, bagged and sealed to make it compact so it's easy for you to handle and carry to where you want.

This process also means your mattress is super hygienically clean and even better, you're the first person to touch it!

Unpack

To remove your mattress from the protective packaging, please don't use sharp knives as these may damage the mattress cover.
We recommend using safety scissors.

Unroll

The woven sleep surface should be facing upwards with the label at the foot of the bed and the scent pockets at the head.

After opening, the mattress cover may be slightly wrinkled which is a normal result of vacuum packing and will disappear in a few hours. It's natural for the mattress to have a just-opened smell which will disappear quickly once removed from the packaging.

Rest your mattress

To allow your mattress to recover and return to its full size, we recommend that you allow it to **rest for 2-4 hours before sleeping on it.**

Unwind

Let your great days begin!



Caring for your mattress

No need to turn

Your Sleep Origins mattress has been created using high-quality British materials that are both durable and breathable so there's no need to turn, flip or spin your mattress. In fact, it's important you keep it the right way up with the soft, woven sleep surface facing upwards and the label at the foot of the bed so the Contour 5® technology can work its magic.

Scent pockets

We've added scent-pockets to your mattress in case you like to use essential sleep oils or aroma pouches – simply pop your favourite soothing scent into the pocket and let it gently infuse your bedsheets.

Protecting

We recommend using a mattress protector. Ideally, choose natural fibres that allow your mattress to breathe and air to circulate freely. For our Sleep Origins mattress protector please visit *sleeporigins.co.uk*.

Cleaning & Airing

We recommend airing your mattress, without sheets, once a week to ventilate your mattress and prevent moisture build-up. If you wish to give your mattress a freshen up, we suggest using a soft brush, as vacuum cleaners may damage the fabric sleep surface.

INNOVATIVE

The Sleep Origins mattress is expertly engineered with innovative *Contour 5® technology*. It combines award winning micro pocket springs and premium quality *Fresh Cell®* foam for unparalleled heat dissipation, support and comfort.



We believe this unique combination brings together the best of traditional craftsmanship with the very best of modern sleep innovation.

CONTOUR|5™

The mattress is divided into 5 vertical zones with pressure relieving sections for the heavier parts of your body - shoulders and hips – and firmer sections for the head, lumbar and legs. This advanced system actively responds to your body's pressure points, keeping your spine perfectly aligned throughout the night.

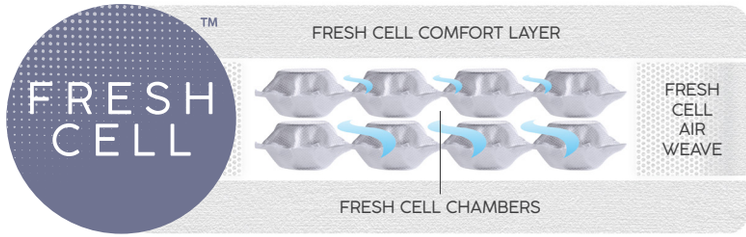
The unique sleep-surface fabric design indicates the comfort zones but you don't need to worry about that – no matter your height or size, the zones have been designed to fit all body heights and shapes so everyone can feel the benefits of a superior 5 star sleep experience.



REFRESHED

We've built fresh-air into our mattress! That's because we all know that staying well ventilated and maximising natural air flow helps you get a great night's sleep.

Our Fresh Cell® technology combines premium open-cell foam, air weave sides and micro pocket spring chambers for superior breathability to keep your body constantly ventilated while you sleep. They work together to act like natural bellows - pushing stale air out of the mattress when you roll over and pulling fresh air in so you wake up feeling refreshed and invigorated.



HYGIENIC

All our mattresses are hypo-allergenic and have undergone treatment to give them long-lasting protection from dust mites and allergens. What's more, because our mattresses are vacuum-sealed in our factory, they arrive at your home super hygienically clean.

BRITISH & CRAFTED

The Sleep Origins mattress is the culmination of many years in bed making by our highly experienced Sleep Team who are skilled at combining time-honoured craftsmanship with innovation and always seeking new ways to perfect comfort.

All our mattresses are designed and manufactured in the UK using the highest quality technology and materials.

MADE IN BRITAIN

101 Great Nights' Sleep Guarantee

All Sleep Origins mattresses come with a 101 Great Nights' Sleep Guarantee. Sleep on your new mattress for 101 nights and if you're not happy with it, return it to us for a full refund of your purchase price.

A new mattress is a big change for your body. You spend around a third of your day in bed and it can take up to a few weeks to get used to the feeling of a new mattress. The Sleep Origins mattress, with Contour 5® Technology, supports your body differently from other mattresses, contouring to the natural shape of your body and keeping your spine perfectly aligned.

Very soon, we hope you will be enjoying your luxurious and comfortable Sleep Origins mattress but if you don't think it's right for you, no problem, you can take advantage of our 101 Great Nights' Sleep Guarantee.

TERMS AND CONDITIONS

In order to be eligible for a refund under our 101 Great Nights' Sleep Guarantee:

1. Your Sleep Origins mattress must not have been misused, neglected or the subject of accidental or malicious damage.

2. Your Sleep Origins mattress must have been used in a domestic, non-commercial environment.

3. Your Sleep Origins mattress must be a genuine item (i.e. not a copy or counterfeit).

HOW TO RETURN YOUR MATTRESS

Your first step to returning your mattress would be to call us on 0844 800 0631 and one of our Customer Service agents will happily assist you.

Any refund will take place once the product has been returned and refunded in the same way as the original balance was paid.

10 Year Warranty

For your peace of mind, our Sleep Origins mattress comes with a 10 year warranty. The warranty covers you against defects in materials and/or workmanship.

For full terms and conditions please visit our website at sleeporigins.co.uk or talk to the Sleep Origins team by calling 0844 800 0631.

Did you know?
The Sleep Council recommend you should consider replacing your mattress about every seven years.

5 Star Sleep Experience

We hope all our Sleep Origins customers enjoy a 5-star sleep experience. We're passionate about creating the best mattress, using the highest quality British design and manufacturing. We'd love to hear about your sleep experiences - share your sleep stories with us on our social channels.

#wheregreatdaysbegin



Innovative



British



Crafted



Refreshed



Invigorated

SO™

Sleep Origins



#wheregreatdaysbegin

sleeporigins.co.uk