PROMASTER STEPLADDER GUIDE

Every month, more than a thousand people need hospital treatment because of accidents at home involving stepladders...

BEFORE USE

- Read all instructions on and accompanying the ladder
- Check the maximum load indicated on the ladder

BS 2037 Class 1	Duty Rating: 130kg (20st)	Max Vertical Static Load: 175kg (27.5st)
EN131	Duty Rating: 115kg (18st)	Max Vertical Static Load: 150kg (23.6st)
BS 2037 Class 3	Duty Rating: 95kg (15st)	Max Vertical Static Load: 125kg (19.7st)

- Ensure that you are fit enough to use a ladder. Certain medical conditions or medications, alcohol or drug abuse could make ladder use unsafe
- Ensure the ladder is suitable for the task
- Visually check the ladder is not damaged and is safe to use at the start of each working day when the ladder is to be used
- Remove any contamination from the ladder, such as wet paint, mud, oil or snow
- When transporting ladders on roof bars or in a truck, ensure they are suitably placed to prevent damage
- Inspect the ladder after delivery and before first use to confirm condition and operation of all parts
- Before using a ladder at work a risk assessment should be carried out respecting the legislation in the country of use
- For professional users regular periodic inspection is required
- Do not use a damaged ladder

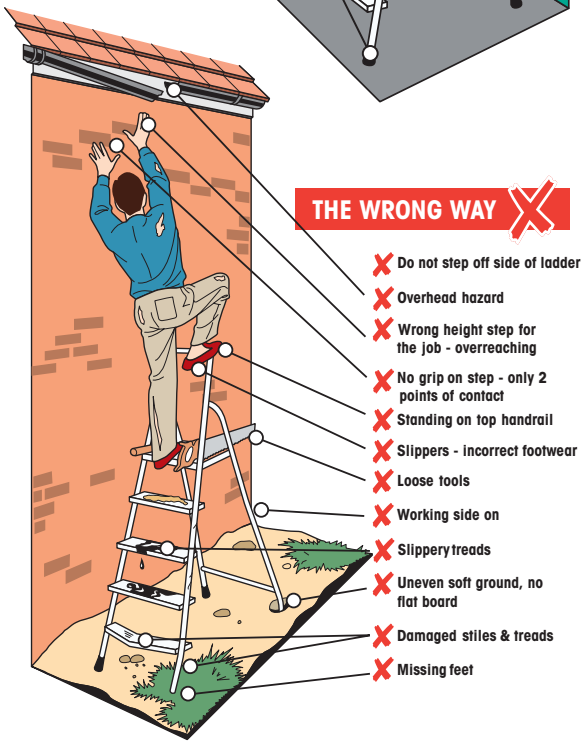
POSITIONING THE LADDER

- When positioning the ladder take into account risk of collision with the ladder e.g. from pedestrians, vehicles or doors. Secure doors (not fire exits) and windows where possible in the work area
- Ladders shall not be positioned on slippery surfaces (such as ice, shiny surfaces or significantly contaminated surfaces) unless additional effective measures are taken to prevent the ladder slipping or ensuring contaminated surfaces are sufficiently clean
- Identify any electrical risks in the work area, such as overhead lines or other exposed electrical equipment
- Ladder shall be positioned with rungs or treads level and complete opening of ladder
- Locking devices, if fitted, shall be fully secured before use
- Ladder shall be stood on its feet, not the rungs or steps
- Ladder shall never be repositioned from above
- Ladder shall be on a even, level and unmovable base

USING THE LADDER

- Do not exceed the maximum total load for the type of ladder
- Do not overreach, users should keep their belt buckle (navel) inside the stiles and both feet on the same step/rung throughout the task
- Maintain a handhold whilst working from a ladder or take additional safety precautions if you cannot
- Keep a secure grip on the ladder when ascending and descending
- Avoid work that imposes a sideways load on standing ladders, such as side-on drilling through solid materials (e.g. brick and concrete)
- Face the ladder when ascending and descending
- Wear suitable footwear when climbing a ladder
- Do not use standing ladders for access to another level
- Do not stand on the top two steps/rungs of a standing ladder without a platform and hand rail
- Do not stand on the top four steps/rungs of a standing ladder with an extending ladder at the top
- Use non-conductive ladders for unavoidable live electrical work
- Do not use the ladder outside in adverse weather conditions, such as strong wind
- Take precautions against children playing on the ladder
- Secure doors (not fire exits) and windows where possible in the work area
- Do not use the ladder as a bridge
- Ladders should only be used for light work of short duration
- Do not spend long periods on a ladder without regular breaks (tiredness is a risk)
- Equipment carried while using a ladder should be light and easy to handle





REPAIR, MAINTENANCE AND STORAGE

- Repairs and maintenance shall be carried out by a competent person and be in accordance with the producer's instructions
- Ladders should be stored in accordance with the producer's instructions

Replacement spare parts are available to order on 01621 745 701