SIZE CHARTS
PROTECTIVE APPAREL

BOYS'/MEN'S SHIRTS

	IN.		CM.
BOYS'	24 – 26	SMALL	61 – 66
	26 – 28	MEDIUM	66 – 71.1
	28 – 30	LARGE	71.1 – 76.2
	30 – 33	X LARGE	76.2 – 83.8
	32 – 35	XXL	81.3 – 89
ADULT	30 – 33	X SMALL	76.2 – 83.8
	33 – 36	SMALL	83.8 – 91.4
	36 – 40	MEDIUM	91.4 – 101.6
	40 – 44	LARGE	101.6 – 111.8
	44 – 48	X LARGE	111.8 – 121.9
	48 – 52	XXL	121.9 – 132.1
	52 – 56	XXXL	132.1 – 142.2

BOYS'/MEN'S BRIEFS & SUPPORTERS

CUP SIZE	IN.		CM.
PEE WEE	19 – 20	REGULAR	48.3 – 50.8
	21 – 23	LARGE	53.3 – 58.4
YOUTH	23 – 25	REGULAR	58.4 – 63.5
	25 – 27	LARGE	63.5– 68.6
TEEN	26 – 30	REGULAR	66 – 76.2
	30 – 34	LARGE	76.2– 86.4
ADULT	26 – 30	SMALL	66 – 76.2
	30 – 34	MEDIUM	76.2 – 86.4
	34 – 37	LARGE	86.4 – 94
	37 – 40	X LARGE	94 – 101.6
	40 – 45	XXL	101.6 – 114.3
	46 – 50	XXXL	116.8 – 127

BOYS'/MEN'S SHORTS

CUP SIZE	IN.		CM.
PEE WEE	19 – 20	XXS	48.3 – 50.8
	20 – 22	X SMALL	50.8 – 55.9
YOUTH	22 – 24	SMALL	55.9 – 61
	24 – 26	MEDIUM	61 – 66
	26 – 28	LARGE	66 – 71.1
TEEN	28 – 30	X LARGE	71.1 – 76.2
	28 – 30	X SMALL	71.1 – 76.2
ADULT	30 – 32	SMALL	76.2 – 81.3
	32 – 34	MEDIUM	81.3 – 86.4
	34 – 36	LARGE	86.4 – 91.4
	36 – 39	X LARGE	91.4 – 99.1
	40 – 44	XXL	101.6 – 111.8
	45 – 48	XXXL	114.3 – 121.9

GIRLS'/WOMEN'S SHORTS

	IN.		CM.
XS	18 – 19	XXS	45.7 – 48.3
	19 – 20	X SMALL	48.3 – 50.8
GIRLS'	20 – 22	SMALL	50.8 – 55.9
	22 – 24	MEDIUM	55.9 – 61
	24 – 26	LARGE	61 – 66
WOMEN'S	26 – 28	X SMALL	66 – 71.1
	28 – 30	SMALL	71.1 – 76.2
	30 – 32	MEDIUM	76.2 – 81.3
	32 – 34	LARGE	81.3 – 86.4
	34 – 36	X LARGE	86.4 – 91.4
	36 – 39	XXL	91.4 – 99.1

PRODUCT SIZE CODES

YOUTH (BOYS' / GIRLS')						
XXS	XS			L	XL M	XXL
10	11	12	13	14	15	16

S

ADULT (MEN'S / WOMEN'S)						
XS			L	XL M	XXL	XSXXL
31	32	33	34	35	36	37

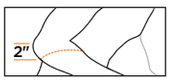
PEEWEE		YOUTH		TEEN	
REG	L	REG	L	REG	L
11	12	13	14	23	24

PELVIC PROTECTOR		
XS	GIRLS'	WOMEN'S
05	10	30

COMBINATION SIZES				
YOUTH	S/M	L/XL	XXL	ONE SIZE
05	10	30	40	00

SIZE CHARTS
PROTECTIVE ACCESSORIES

ARM/ELBOW



MEASURE ARM CIRCUMFERENCE 2"/5 CM. FROM ELBOW TIP

772
Core Compression Sleeve

IN.		CM.
7 – 8.5	XS	17.8 – 21.6
8 – 9.5	S	20.3 – 24.1
9 – 11	M	22.9 – 27.9
10.5 – 12.5	L	26.7 – 31.8
12 – 14	XL	30.5 – 35.6

800
Ultra Padded Arm Sleeve

IN.		CM.
7 – 8.5	XS	17.8 – 21.6
8 – 9.5	S	20.3 – 24.1
9 – 11	M	22.9 – 27.9
10.5 – 12.5	L	26.7 – 31.8
12 – 14	XL	30.5 – 35.6

553
ShockSkin Forearm Pad

IN.		CM.
8.5 – 9.75	XS	21.6 – 24.8
9.5 – 10.75	S	24 – 26.7
10.5 – 11.75	M	26.7 – 29.8
11.5 – 12.75	L	29.2 – 32.4
12.5 – 13.75	XL	31.7 – 34.9
13.5 – 15	XXL	34.3 – 38.1

552
ShockSkin Elbow Pad

IN.		CM.
8.5 – 9.75	XS	21.6 – 24.8
9.5 – 10.75	S	24 – 26.7
10.5 – 11.75	M	26.7 – 29.8
11.5 – 12.75	L	29.2 – 32.4
12.5 – 13.75	XL	31.7 – 34.9
13.5 – 15	XXL	34.3 – 38.1

786
Ultra Flex-Cap Elbow Guard

IN.		CM.
9 – 11	S/M	22.9 – 27.9
11 – 14	L/XL	27.9 – 35.6

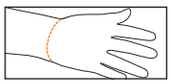
784
Ultra Ergo-Sleeve Elbow Guard

IN.		CM.
7.5 – 9	XS	19.1 – 22.9
8.5 – 10	S	21.6 – 25.4
9.5 – 11.5	M	24.1 – 29.2
11 – 13	L	27.9 – 33
12.5 – 14.5	XL	31.8 – 36.8

793/795
Ultra ShockSkin Knee Pads

IN.		CM.
11 – 12.25	XS	27.9 – 31.1
12 – 13.25	S	30.5 – 33.6
13 – 14.25	M	33 – 36.2
14 – 15.25	L	35.5 – 38.7
15 – 16.25	XL	38.1 – 41.3
16 – 17.25	XXL	40.6 – 43.8

WRIST



MEASURE WRIST CIRCUMFERENCE

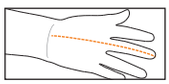
776
Ultra Compression Wrist Guard

IN.		CM.
5.25 – 6	S	13.3 – 15.2
6 – 7	M	15.2 – 17.8
6.75 – 8	L	17.1 – 20.3
7.75 – 9	XL	19.7 – 22.9

804
Ultra ShockSkin Wrist Guard

IN.		CM.
5 – 6	XS	12.7 – 15.2
6 – 7.25	S/M	15.2 – 18.4
7.25 – 9	L/XL	18.4 – 22.9

HAND



MEASURE FROM BASE OF PALM TO TIP OF MIDDLE FINGER

779
Ultra Hand/Wrist Guard

	PALM SIZE		GLOVE SIZE		
779 SIZE	IN.	CM.	KIDS	WOMENS	MENS
XS	6 – 6.5	15.2 – 16.5	S		
			M	XS	
S	6.5 – 7	16.5 – 17.8	L	S	XS
			XL	M	S
M	7 – 7.75	17.8 – 19.7		L	M
				XL	L
L	7.75 – 8.5	19.7 – 21.6			XL
					XXL

CUTTERS GLOVES
Football and Baseball Gloves

GLOVE SIZE		PALM SIZE	
		IN.	CM.
YOUTH	S	UP TO 5.3	UP TO 13.5
	M	5.3 – 5.9	13.5 – 15
	L	5.9 – 6.4	15 – 16.3
ADULT	S	6.4 – 7.1	16.3 – 18
	M	7.1 – 7.4	18 – 18.8
	L	7.4 – 7.7	18.8 – 19.6
	XL	7.7 – 8	19.6 – 20.3
	XXL	8 – 8.3	20.3 – 21.1
	XXXL	8.3 – 8.6	21.1 – 21.8

LEG



MEASURE CALF CIRCUMFERENCE AT WIDEST POINT

791
Ultra Flex-Cap Shin Guard

IN.		CM.
5' 6" AND ABOVE	L/XL	168 AND ABOVE

788
Softball Sliding Pad

IN.		CM.
11.5 – 13	S	29.2 – 33
12.75 – 14.25	M	32.4 – 36.2
14 – 15.5	L	35.6 – 39.4
15.25 – 16.75	XL	38.7 – 42.5

SIZE CHARTS
PERFORMANCE SPORTS THERAPY



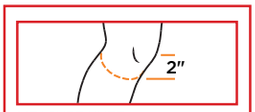
MEASURE ANKLE CIRCUMFERENCE 1" ABOVE CENTER OF ANKLE BONE TIP

ANKLE SIZE (in.)	
S	8–8.5
M	8.5–9
L	9–9.5
XL	9.5–10

ANKLE SIZE (cm.)	
S	20,3–21,6
M	21,6–22,9
L	22,9–24,1
XL	24,1–25,4

855 SIZE	SHOE SIZE	
	MEN'S	WOMEN'S
S	5-8.5	6-9.5
M	8-11.5	9-11.5
L	11+	12+

854 SIZE	SHOE SIZE	
	MEN'S	WOMEN'S
S	5-8.5	6-9.5
M	8-11.5	9-11.5
L	11+	12+



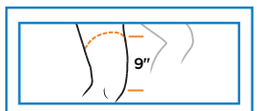
MEASURE KNEE CIRCUMFERENCE 2" BELOW CENTER OF KNEE CAP (PATELLA)

KNEE SIZE (in.)	
S	12.25–13.25
M	13–14
L	13.75–14.75
XL	14.5–15.5
XXL	15.25–16.25
XXXL	16–17.5
S/M*	12.25–14
L/XL*	14–16

*FOR 863 and 868 ONLY

KNEE SIZE (cm.)	
S	31,1–33,7
M	33–35,6
L	34,9–37,5
XL	36,8–39,4
XXL	38,7–41,3
XXXL	40,6–44,5
S/M*	31,1–35,6
L/XL*	35,6–40,6

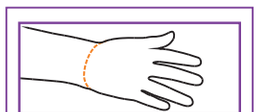
*FOR 863 and 868 ONLY



MEASURE THIGH CIRCUMFERENCE 9" ABOVE CENTER OF KNEE CAP (PATELLA)

THIGH SIZE (in.)	
S	17.75–19
M	18.75–20.25
L	20–21.25
XL	21–22.5
XXL	22.25–23.5

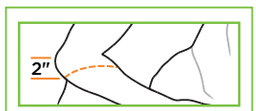
THIGH SIZE (cm.)	
S	45–48,3
M	47,6–51,4
L	50,8–54
XL	53,3–57,2
XXL	56,5–59,7



MEASURE WRIST CIRCUMFERENCE

WRIST SIZE (in.)	
XS	5.25-6
S/M	6-6.75
L/XL	6.5-7.25
XXL	7.25-8

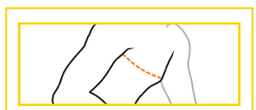
WRIST SIZE (cm.)	
XS	13,3-15,2
S/M	15,2-17,1
L/XL	16,5-18,4
XXL	18,4-20,3



MEASURE FOREARM CIRCUMFERENCE 2" FROM ELBOW TIP

ELBOW SIZE (in.)	
S	8.75–9.75
M	9.5–10.5
L	10.25–11.25
XL	11–12
XXL	11.75–12.75

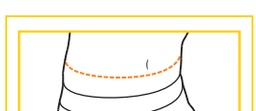
ELBOW SIZE (cm.)	
S	22,2–24,8
M	24,1–26,7
L	26–28,6
XL	27,9–30,5
XXL	29,8–32,4



MEAURE CHEST CIRCUMFERENCE JUST BELOW ARMPIT & ACROSS CENTER OF PECTORAL MUSCLE

CHEST SIZE (in.)	
XS	26–34
S/M	32–40
L/XL	38–46
XXL	44–52
XXXL	50–58

CHEST SIZE (cm.)	
XS	66–86,4
S/M	81,3–101,6
L/XL	96,5–116,8
XXL	111,8–132,1
XXXL	127–147,3



MEASURE WAIST CIRCUMFERENCE

WAIST SIZE (in.)	
XS	26–30
S/M	30–34
L/XL	34–38
XXL	38–42

WAIST SIZE (cm.)	
XS	66-76,2
S/M	76,2-86,4
L/XL	86,4-96,5
XXL	96,5-106,7

