# NUTRITIONAL INFORMATION

Serving size: ±2 scoops (15g)
Approx. servings per container: 20

| | PER 100g | %RI* | PER 15g | %RI* |
|---|---|---|---|---|
| SALT | 2.9g | 48% | 0.43g | 7% |
| **VITAMINS & MINERALS** | | | | |
| RIBOFLAVIN | 3.3mg | 236% | 0.5mg | 36% |
| NIACIN | 200mg | 1250% | 30mg | 188% |
| VITAMIN B6 (AS PYRIDOXINE HCL) | 6.7mg | 5% | 1mg | 71% |
| VITAMIN B12 (AS METHYLCOBALAMIN) | 40µg | 1600% | 6µg | 240% |
| POTASSIUM | 800mg | 40% | 120mg | 6% |
| PHOSPHORUS | 773mg | 110% | 116mg | 17% |
| **XTREME PROPRIETARY BLEND** | | | 11 075mg | |
| L-Citrulline, D-Aspartic Acid, Beta-Alanine, Creatine Monohydrate, Caffeine Anhydrous, Advantra Z®, Astragin™ (*Panax Notoginseng* & *Astralagus Membranaceus*), Teacrine® (Patent Pending Theacrine) | | | | |
| of which Caffeine | | | 270mg | |

*Reference Intake of average adult (8400kJ/2000kcal).
Negligible quantities of energy, carbohydrate, protein, sugar and fat.

**OTHER INGREDIENTS:** D-Aspartic Acid, Citric Acid, Disodium Phosphate, Natural Flavouring, Anti-caking Agents (Calcium Silicate, Silicon Dioxide), Malic Acid, Sweeteners (Sucralose, Acesulfame-K), Potassium Chloride, Colour (Allura red^), Pteroyl-L-glutamate.

^MAY HAVE AN ADVERSE EFFECT ON ACTIVITY AND ATTENTION IN CHILDREN

**Allergen Warning:** Made in a facility that also processes milk, soya, egg, peanuts, tree nuts, fish/crustaceans/shellfish oils, and wheat products.

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PRE-WORKOUT POWDERED DRINK WITH VITAMINS, BOTANICALS, AMINO ACIDS AND SWEETENERS | 300g | KEEP THIS PRODUCT IN A COOL, DRY PLACE OUT OF REACH OF CHILDREN | BATCH NUMBER, BEST BEFORE DATE: SEE BOTTOM OF CONTAINER.