

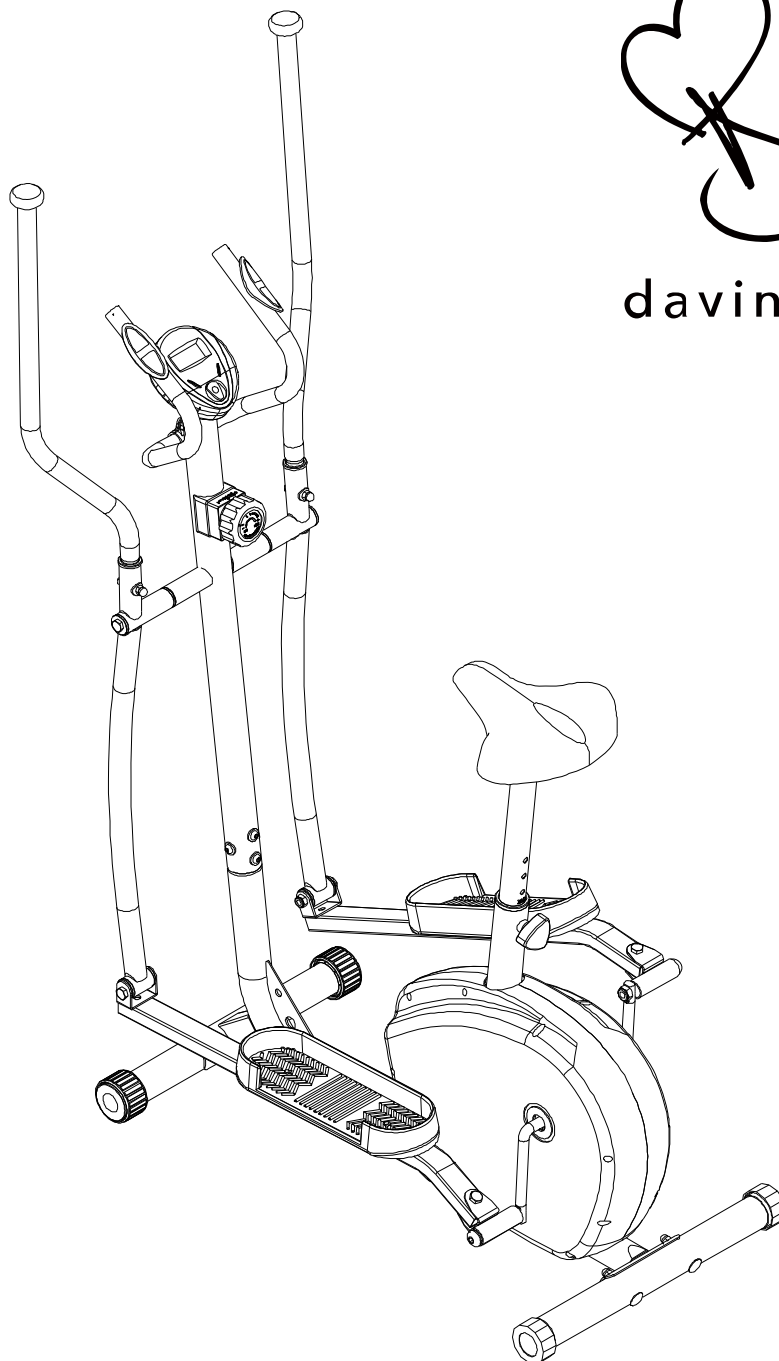
2 in 1 Cross Trainer Exercise Bike

Assembly & User Instructions - Please keep for future reference

487/9141



davina mccall



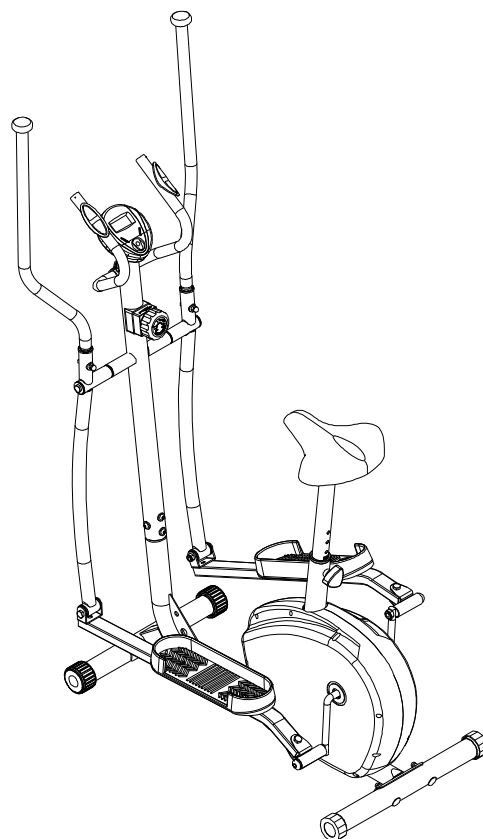
Important – Please read these instructions fully before assembly or using

These instructions contain important information which will help you get the best from your equipment and ensure safe and correct assembly, use and maintenance.

If you need help or have damaged or missing parts, call the **Customer contact number:**
0345 600 1714 www.argos-support.co.uk

Contents

| | |
|------------------------------------|-------|
| Safety Information | 2 |
| Components-Parts | 3 |
| Components-Fixings | 4 |
| Assembly Instructions | 5-11 |
| Free Area and Training Area | 12 |
| Computer Operation | 13 |
| Exercising Information | 14-17 |
| Before starting | 14 |
| Muscle chart | 15 |
| Warming up and cooling down | 16-17 |
| Care and Maintenance | 18 |
| Exploded Parts Diagram | 19-20 |
| Parts List | 21-22 |





Safety Information

Important – Please read fully before assembly or using

To reduce the risk of serious injury, read the entire manual before you assemble or operate the Davina 2 in 1 Cross Trainer Exercise Bike, In particular, note the following safety precautions.

Assembly

- Check you have all the components and tools listed on pages 3 and 4, bearing in mind that, for ease of assembly, some components are pre-assembled.
- Keep children and animals away from the work area, small parts could choke if swallowed.
- Make sure you have enough space to layout the parts before starting.
- Assemble the item as close to its final position (in the same room) as possible.
- Position the equipment on a clear, level surface.
- Dispose of all packaging carefully and responsibly.

Using

- It is the responsibility of the owner to ensure that all users of this product are properly informed as to how to use this product safely.
 - This product is intended for domestic use only.
- Do not** use in any commercial, rental, or institutional setting.
- Before using the equipment to exercise, always do stretching exercises to properly warm up.
 - If the user experiences dizziness, nausea, chest pain, or other abnormal symptoms **stop the workout and seek immediate medical attention.**
 - Only one person at a time should use the equipment.
 - Keep hands away from all moving parts.
 - Always wear appropriate workout clothing when exercising. **Do not** wear loose or baggy clothing, since it may get caught in the equipment. Wear

athletic shoes to protect your feet while exercising.

- **Do not** place any sharp objects around the equipment.
- Disabled persons should not use the equipment without a qualified person or doctor in attendance.
- This product is suitable for user's weight of: **100kgs.**
- Injuries to health may result from incorrect or excessive training. The equipment shall be installed on a stable base and properly leveled.
- The braking system is adjustable.
- This product conforms to: BS EN ISO 20957-1 and EN 957-9. Class (H) - Home Use - Class (C)

Battery safety

- **Warning:** Incorrect installation of batteries may cause battery leakage and corrosion, resulting in damage to the computer.
- **Do not** mix old and new batteries, or batteries of different types.
- **Do not** dispose of batteries in a fire.
- **Do not** dispose of batteries with normal household waste, take to a local recycling centre.



Warning: Before beginning any exercise program, consult your Doctor. This is especially important for persons over the age of 35 or persons with pre-existing health problems. You **MUST** read all instructions before using any fitness equipment. Argos and its associates assumes no responsibility for personal injury or property damage sustained by or through the use of this product. The pedal crank training equipment is not suitable for therapeutic purposes. Heart rate monitoring systems may be inaccurate. Over exercise may result in serious injury or death. If you feel faint stop exercising immediately.

Components - Parts

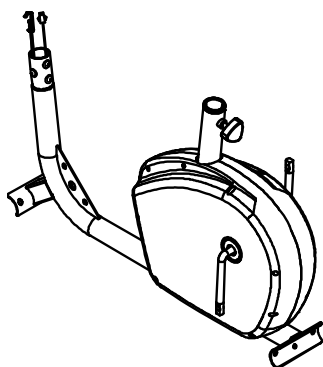
If you have damaged or missing parts, please call the **Customer contact number: 0345 600 1714**

Please check you have all parts listing below

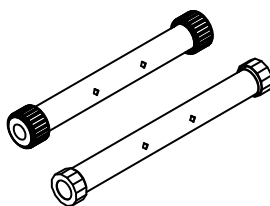
Note: Some of the smaller components may be pre-fitted to larger components. Please check carefully before contacting Argos regarding any missing components.

Total mass of the product is 29.0 kg. Foot print of the product is 92 x 51 cm.

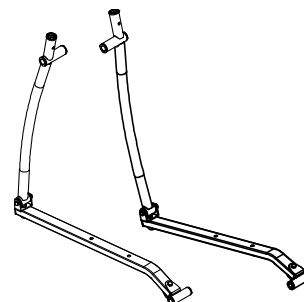
The free standing equipment shall be installed on a stable and leveled base.



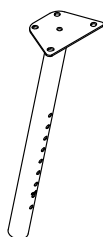
67. Main Frame



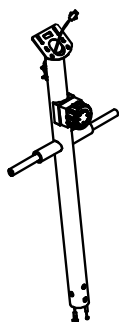
40/63. Front bottom tube
Rear bottom tube



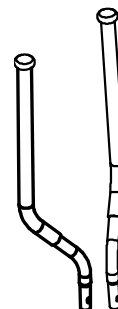
31. Swing Rod (R/L)



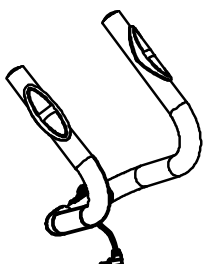
48. Saddle Post



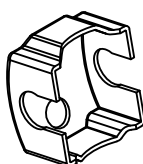
14 . Handlebar Post



17.Handlebar (R/L)



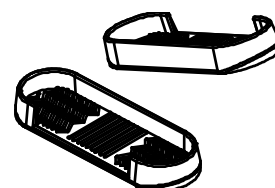
2. Handlebar



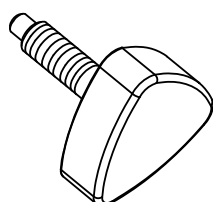
4. Clamp Cover



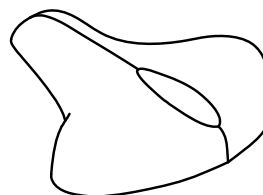
42. Computer



49、 50. Pedal (R/L)



73 . Knob

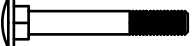
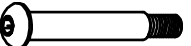





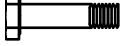











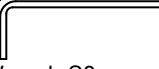
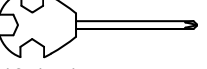
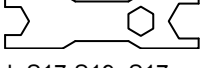


74. Saddle

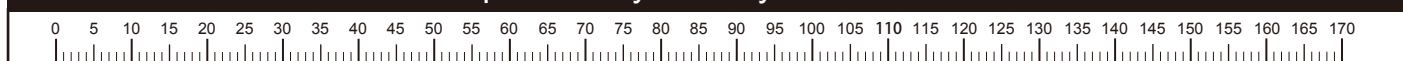
Components - Fixings

Please check you have all parts listing below

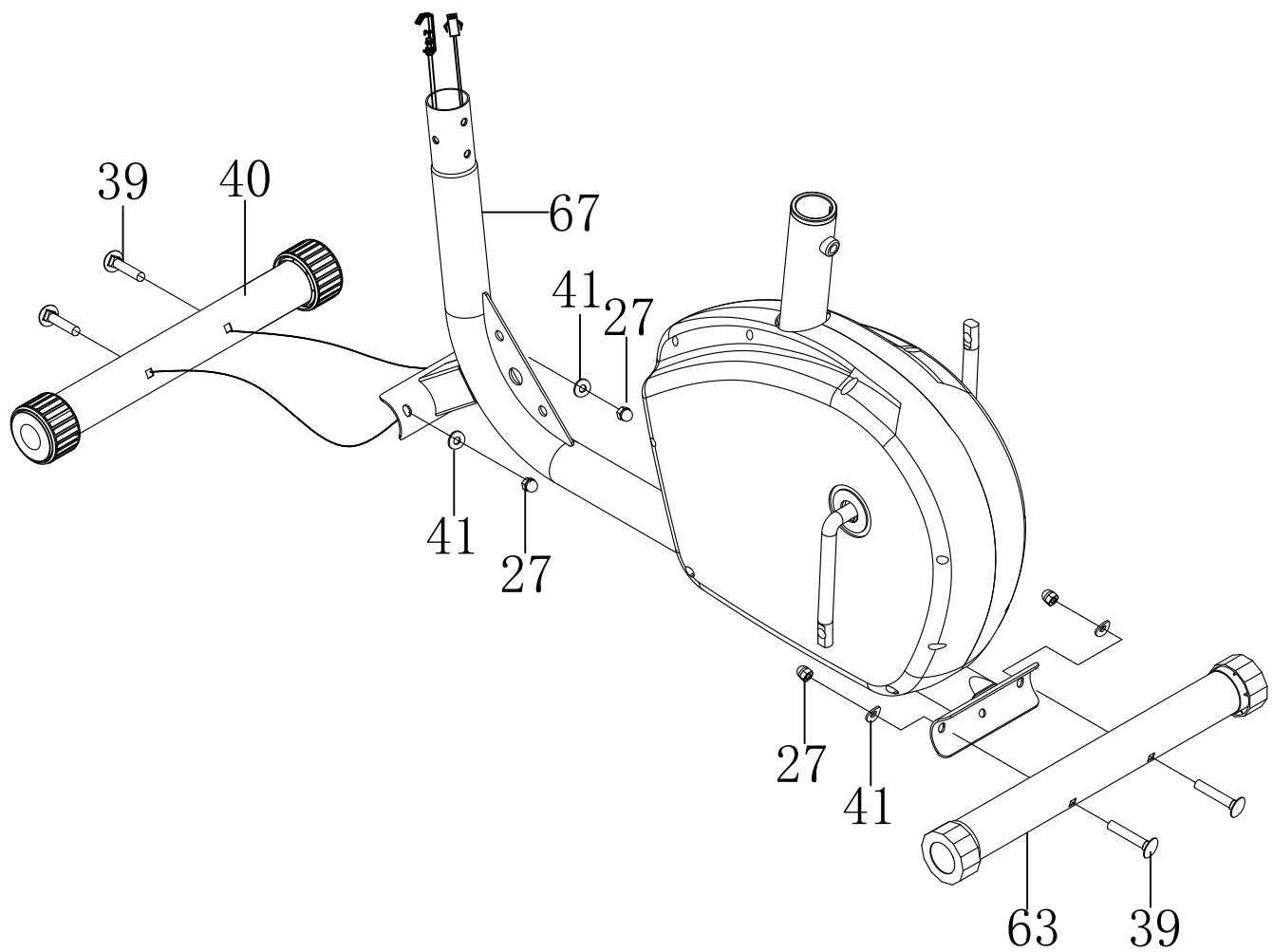
Note: Some of the fixings are pre-fitted to the larger components. Please check carefully before contacting Argos regarding any missing fixings.

| | | |
|--|---|--|
| 39  M8 x 60 Carriage Bolt x 4 | 54/55  Allen Bolt x 2 (R/L) | 26  8mm Curved Washer x 2 |
| 23  8mm Washer x 2 | 8  8mm Spring Washer x 4 | 27  M8 Cap Nut x 6 |
| 5  8mm Allen Bolt x 2 | 25  8mm x 40 Bolt x 2 | 20  M10 x 45 Bolt x 4 |
| 21  M8 x 16 Bolt x 2 | 53  10mm Washer x 4 | 38  M10 Nylon Nut x 4 |
| 56  1/2" Washer x 2 | 59  1/2" Spring Washer x 2 | 60/61  1/2" Nylon Nut x 2 (R/L) |
| 66  M8 x 16 Allen Bolt x 4 | 41  8mm Curved Washer x 8 | 73  Knob x 1 |
| 69  Allen Wrench-S6 | 68  Allen Wrench-S8 | 70  Wrench S13-14-15 |
| 71  Wrench S17-S19 -S17 | | |
| | | |
| | | |
| | | |

Ruler - Use this ruler to help correctly identify the hardware

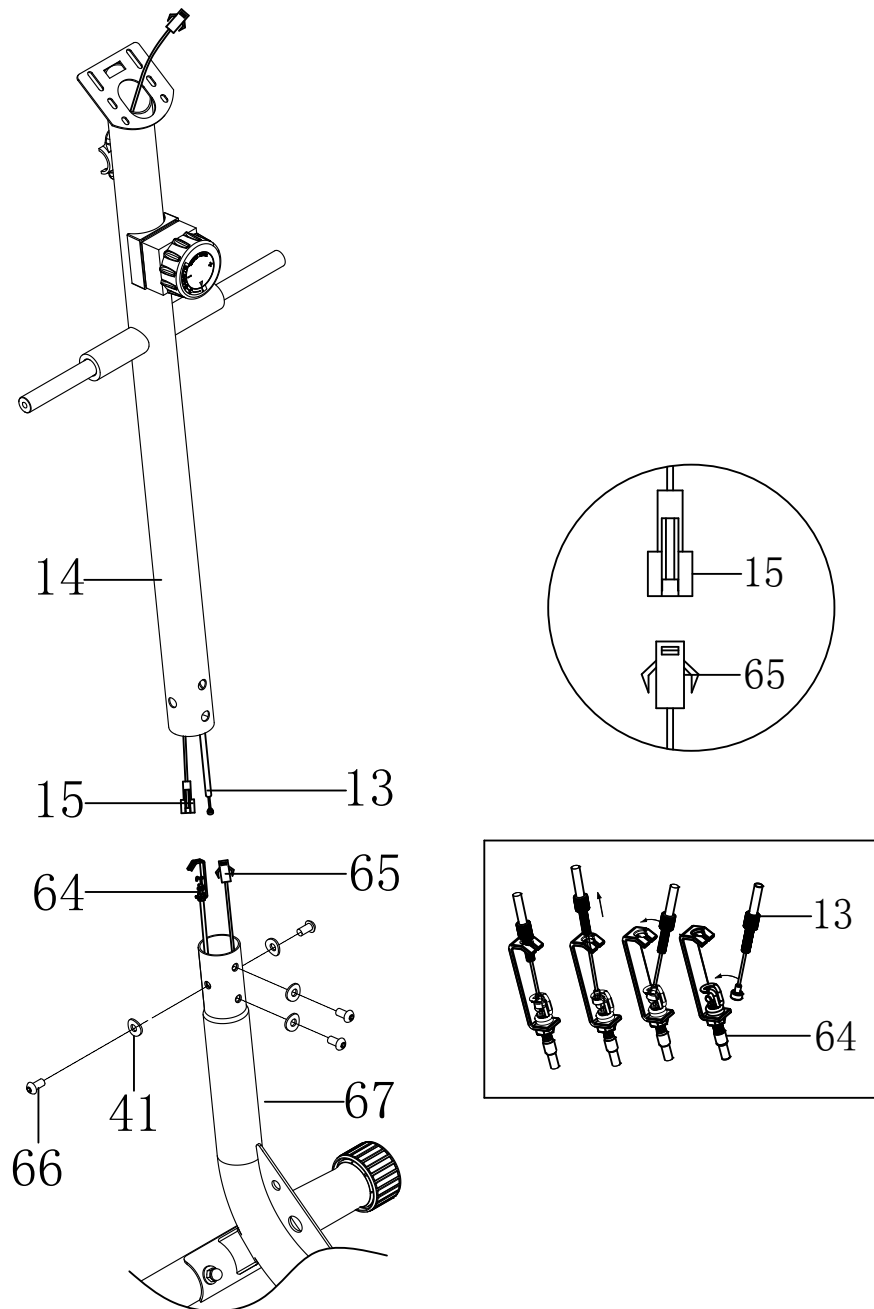


Assembly Instructions



Step 1

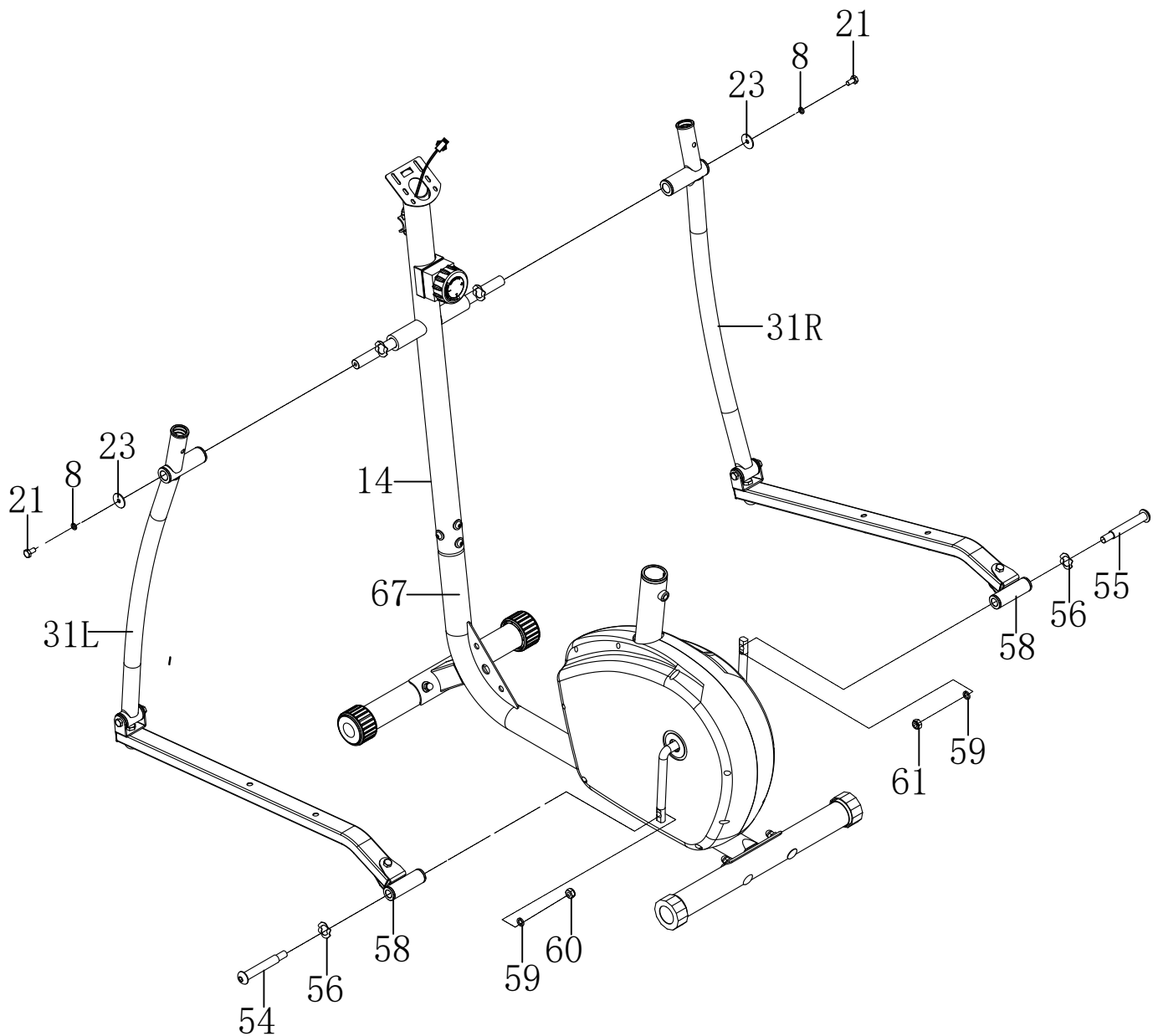
Fix the Front Bottom Tube (40) and the Rear Bottom Tube (63) to the Main Frame (67) with 4 x M8*60 Carriage Bolt (39), 4 x M8 Curved Washer (41) and 4 x M8 Cap Nut (27).



Step 2

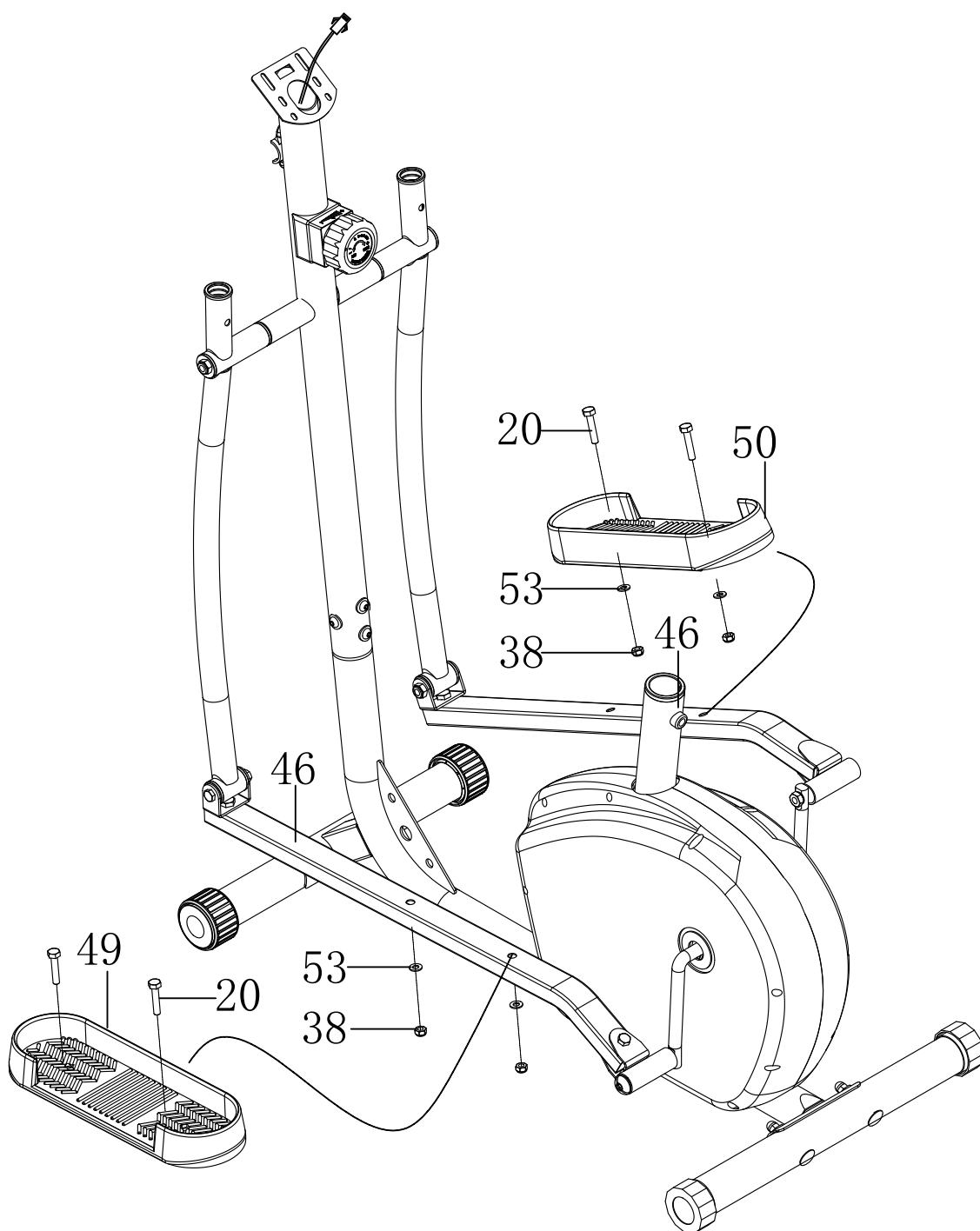
1. Connect the Tension Control (13) and Tension Cable (64) together. Connect the Trunk Wire (15) and Sensor Cable (65) together.
2. Fix the Handle Bar Post (14) to the Main Frame (67) with 4 x M8*16 Bolt (66) and 4 x M8 Curved Washer (41).

Assembly Instructions



Step 3

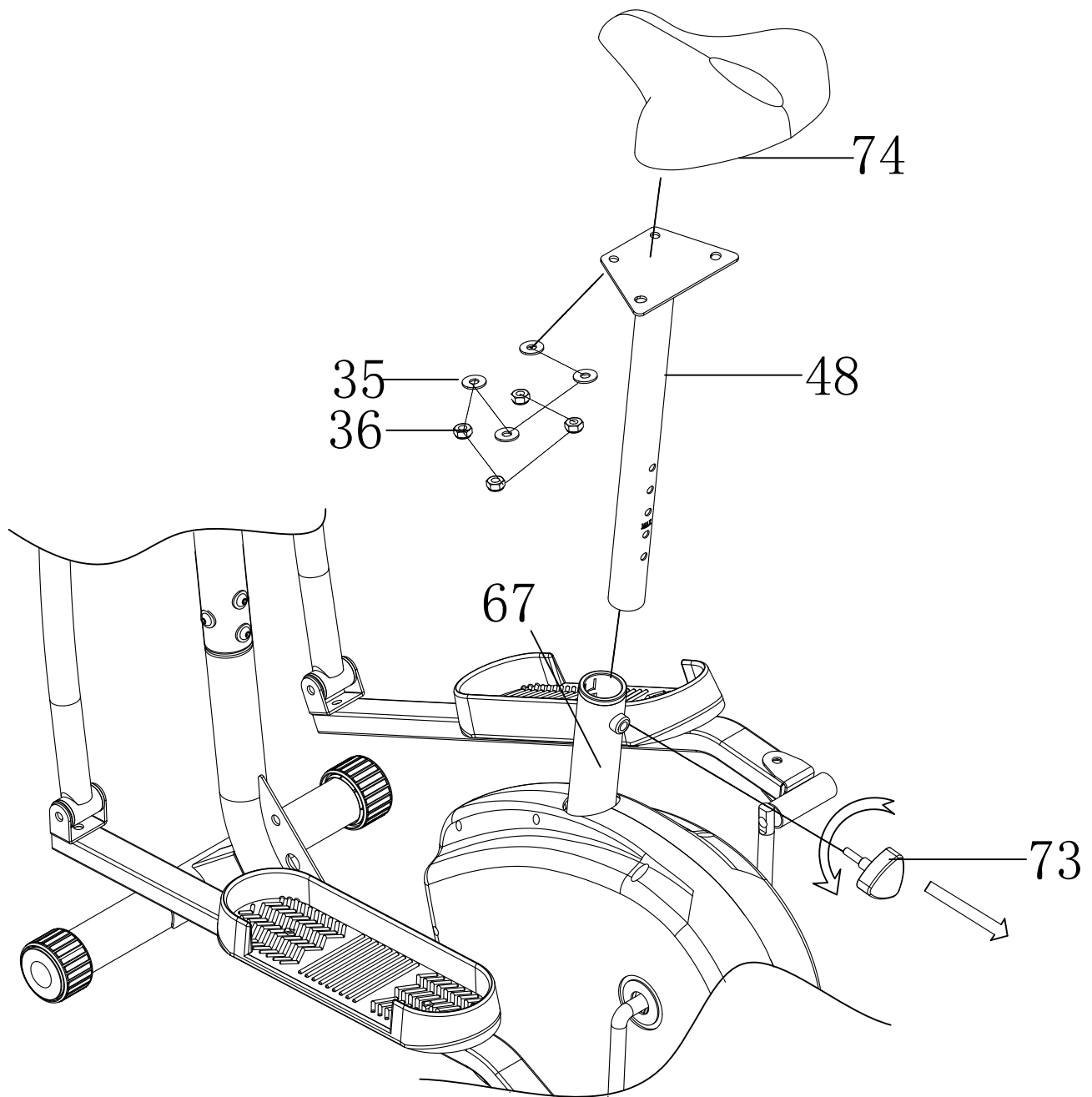
1. Assemble the Swing Rod (31R/L) to the Handle Bar Post (14) with 2 x M8*16 Bolt (21), 2 x M8 Spring Washer (8) and 2 x M8 Washer (23).
 2. Connect 2 x Swing Rod (58) to the crank of the Main Frame (67) with 2 x Bolts (54/55) and 2 x 1/2" Washer (56). Then tighten them with 2 x 1/2" Spring Washer (59) and 2 x 1/2" Nut (60/61).
- Note: Please pay attention to the Right and Left of these parts. Do not mix them up.



Step 4

Assemble the Right (50) and Left Pedal (49) to the Swing Rod (46) with 4 x M10*45mm Bolt (20), 4 x M10 Washer (53) and 4 x M10 Nylon Nut (38).
Note: Both pedals can be used on either side.

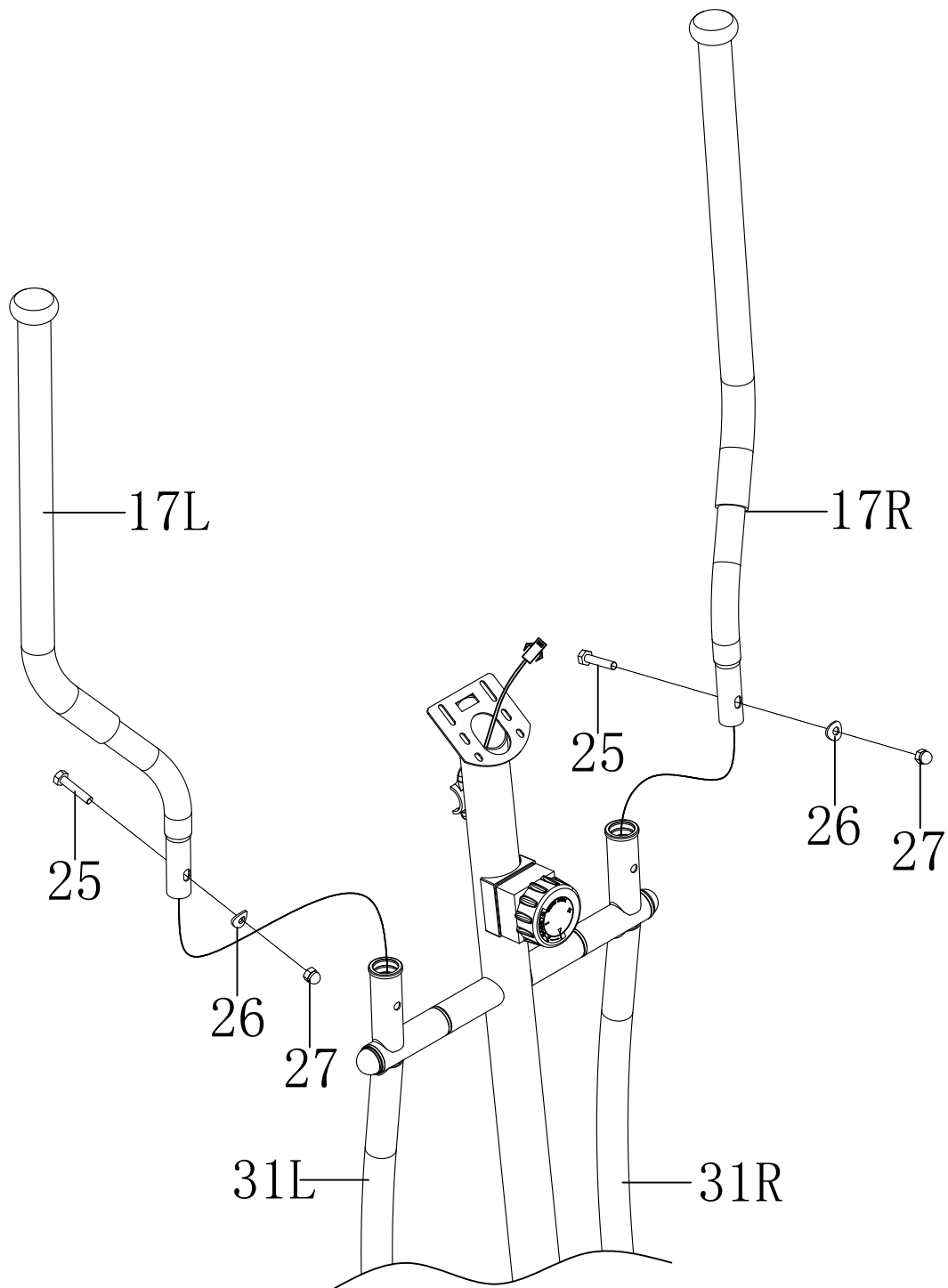
Assembly Instructions



Step 5

1. Unscrew the Knob (73) in anticlockwise direction .
2. Fix the Saddle (74) to the Saddle Post (48) with 4 x M8 Washer (35) and 4 x M8 Washer and 4 x M8 Nut (36).
3. Insert the Saddle Post (48) into the Main Frame (67). Then adjust to the appropriate height and fasten it with the Knob (73) screwed in a clockwise direction.

Assembly Instructions

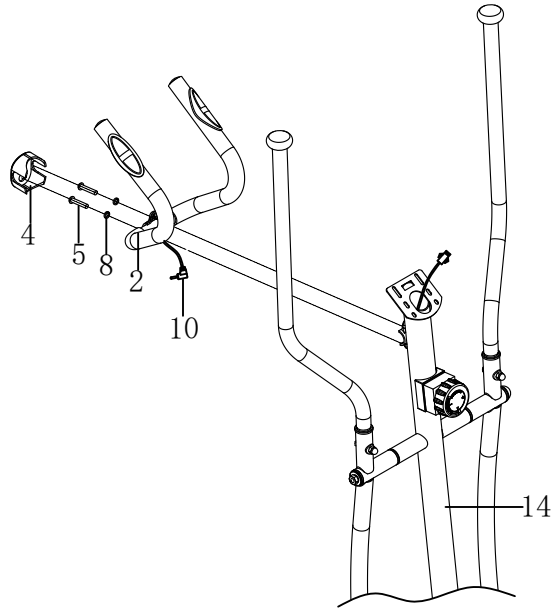


Step 6

Fix the Handle Bar (17R/L) to the Swing Rod (31R/L) with 2 x M8*40 Bolt (25), 2 x M8 Curved Washer (26) and 2 x M8 Cap Nut (27).

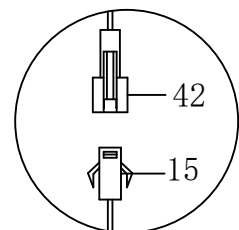
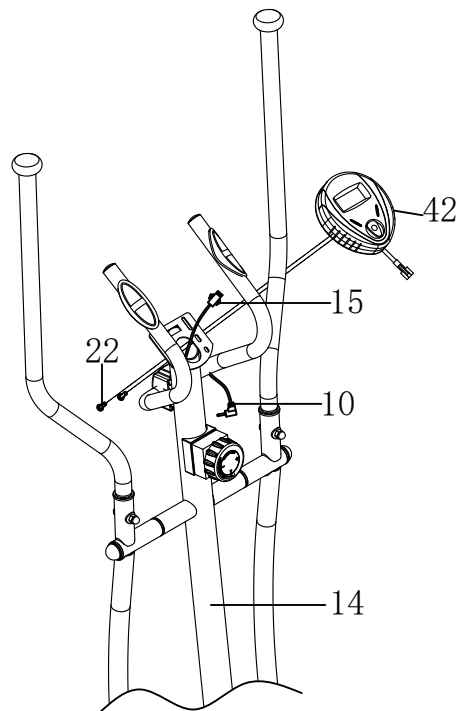
Note: Please pay attention to the Right and Left of these parts. Do not mix them up.

Assembly Instructions



Step 7

Lock the Middle Handlebar (2) to the Handle Bar Post (14) with 2 x M8*30 Bolt (5) and 2 x M8 Spring Washer (8), then cover it with the Clamp Cover (4).



Step 8

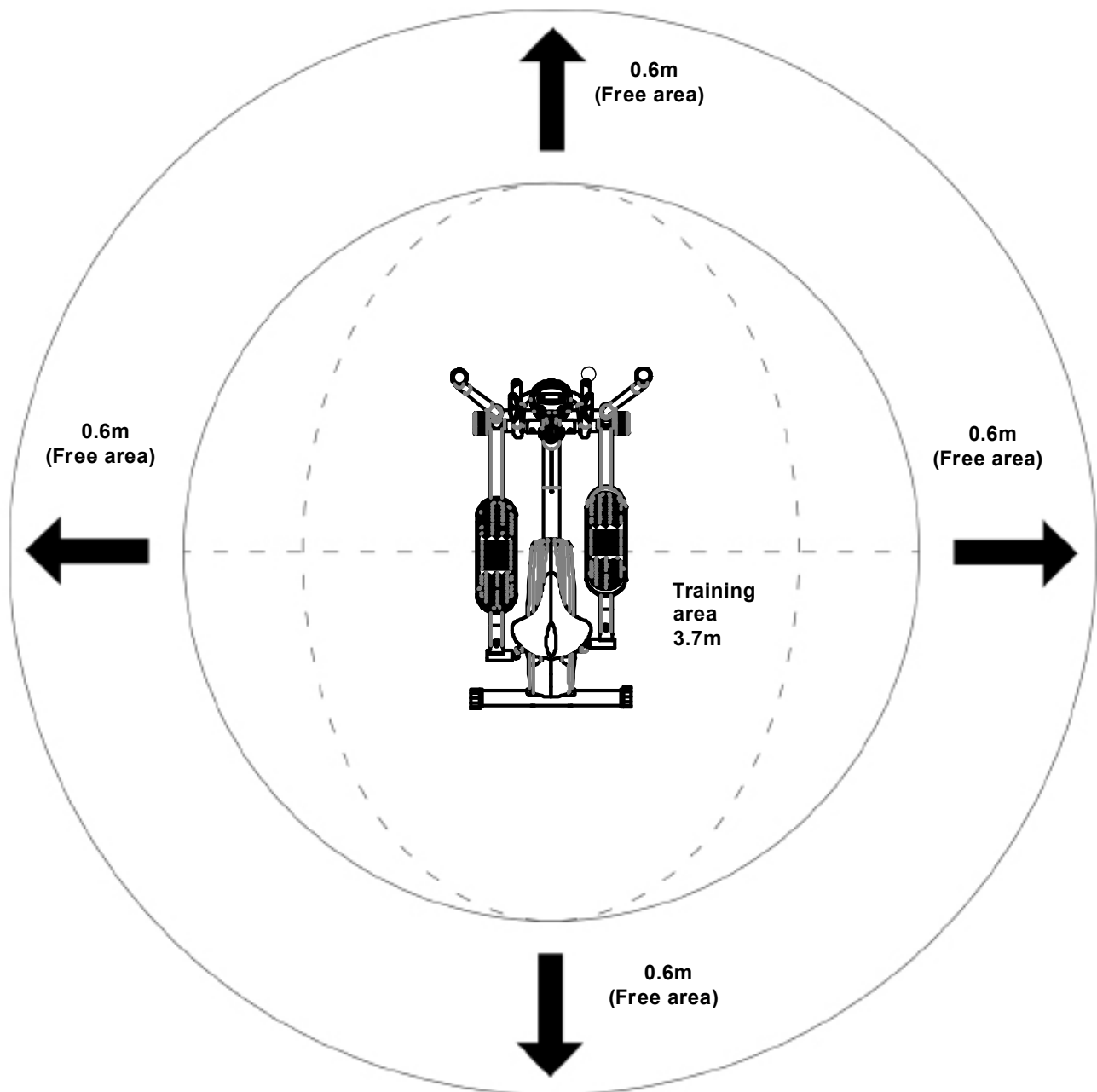
1. Connect the Trunk Wire (15) with the cable of the Computer (42).
 2. Install the Computer (42) onto the Handle Bar Post (14). Connect the cable of the Handle Pulse (10) to the back of the Computer (42).
- Assembly completed.

Workout Area

Free area and training area.

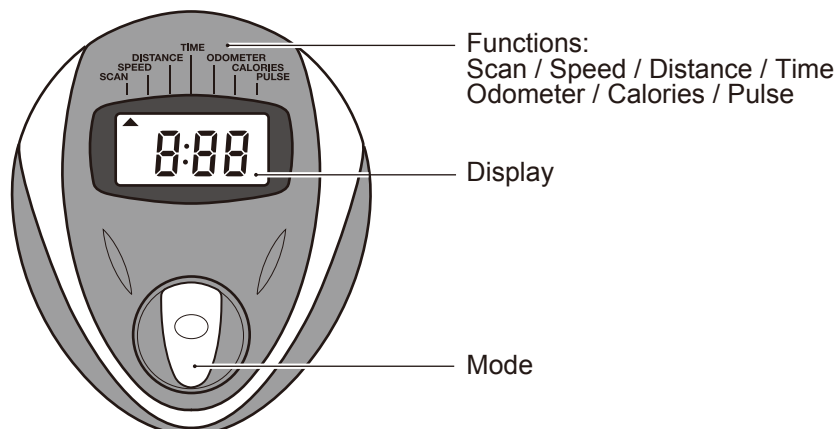
The free area shall be not less than 0.6m greater than the training area in the directions from which the equipment is accessed. The free area must also include the area for emergency dismount.

Where equipment is positioned adjacent to each other the value of the free area may be shared.



Computer Operation

Functions and Operations



FUNCTIONAL BUTTON:

MODE/RESET – Push down to select functions.

– Push down to reset Speed, Distance, Time, Odometer, Calories and Pulse for 4 seconds each.

FUNCTIONS AND OPERATION

1. SCAN: Press MODE button until “▼” appears at SCAN position, the monitor will rotate through the following functions: Speed, Distance, Time, Odometer, Calories and Pulse. Each display will be held for 4 seconds.

2. TIME : Count the total time from exercise start to end.

3. SPEED: Display current speed.

4. DISTANCE: Count the distance from exercise start to end.

5. CALORIE: Count the total calories from exercise start to end.

6. ODOMETER: The monitor will display the total accumulated distance.

7. PULSE RATE: Press MODE button until “▼” appears at PULSE position.

Before measuring your pulse rate, please place your palms of your hands on both of your pulse sensors pads and the monitor will show your current heart beat rate in beats per minute (BPM) on the LCD after 6~7 seconds.

Remark: During the process of pulse measurement, because of the contact jamming, the measurement value may be higher than the virtual pulse rate during the first 2~3 seconds, then will return to normal level. The measurement value can not be regarded as the basis of medical treatment.

NOTE:

1. If the display is faint or shows no figures, please replace the batteries.
2. The monitor will automatically shut off if there is no signal received after 4 minutes .
3. The monitor will be auto-powered on when starting to exercise push button with signal in.
4. The monitor will automatically start calculating when you start to exercise and will stop calculating when you stop exercising for 4 seconds .

SPECIFICATIONS:

| | | |
|-----------------------|---------------|--|
| FUNCTION | AUTO SCAN | Every 4 seconds |
| | TIME | 00:00~99:59' (Minute:Second) |
| | CURRENT SPEED | The maximum signal can be pickup is 99.9KM/H |
| | TRIP DISTANCE | 0.00~999.9KM |
| | CALORIES | 0.1~999.9kCAL |
| | ODO | 0.1~9999KM |
| | PULSE RATE | 40~206BPM |
| BATTERY TYPE | | 2 pcs of SIZE –AAA (not included) |
| OPERATING TEMPERATURE | | 0°C ~ +40°C |
| STORAGE TEMPERATURE | | -10°C ~ +60°C |

Exercising Information

Before starting

How you begin your exercise program depends on your physical condition. If you have been inactive for several years, or are severely overweight, you must start slowly and increase your time on the equipment; a few minutes per workout.

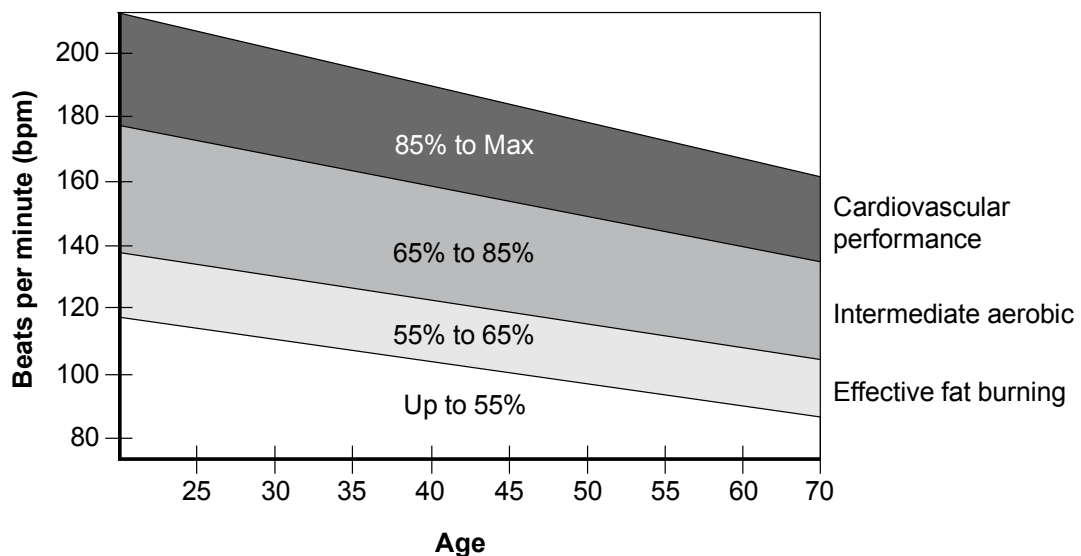
Initially, you may be able to exercise only for a few minutes in your target zone, however, your aerobic fitness will improve over the next six to eight weeks. Don't be discouraged if it takes longer. It's important to work at your own pace. Ultimately, you'll be able to exercise continuously for 30 minutes. The better your aerobic fitness, the harder you will have to work to stay in your target zone.

Please remember these essentials:

- Have your doctor review your training and diet programs to advise you of a workout routine you should adopt.
- Begin your training program slowly with realistic goals that have been set by you and your doctor.
- Monitor your pulse frequently. Establish your target heart rate based on your age and condition.
- Set up your equipment on a flat even surface at least 3 feet from walls and furniture.

Exercise intensity

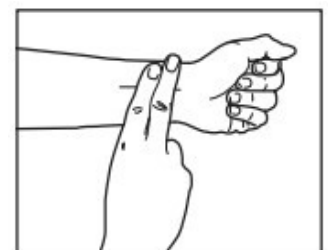
To maximize the benefits of exercising, it is important to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective aerobic exercise, your heart rate should be maintained at a level between 65% and 85% of your maximum heart rate as you exercise. This is known as your target zone. You can find your target zone in the table below.



During the first few months of your exercise program, keep your heart rate near the low end of your target zone as you exercise. After a few months, your heart rate can be increased gradually until it is near the middle of your target zone as you exercise.

To measure your heart rate, stop exercising but continue moving your legs or walking around and place two fingers on your wrist. Take a six-second heartbeat count and multiply the results by 10 to find your heart rate. For example, if your six-second heartbeat count is 14, your heart rate is 140 beats per minute.

(A six-second count is used because your heart rate will drop rapidly when you stop exercising.) Adjust the intensity of your exercise until your heart rate is at the proper level.



Exercising Information

Muscle Chart

Aerobic Exercise

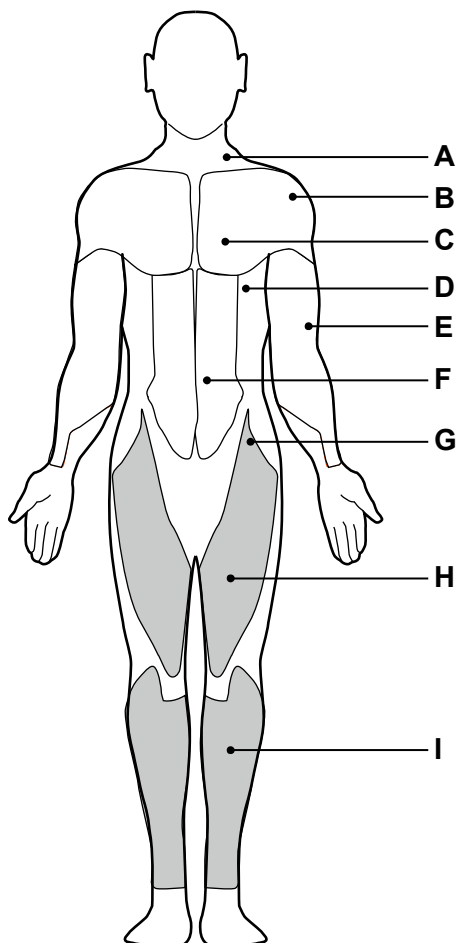
Aerobic exercise improves the fitness of your lungs and heart - your body's most important muscle. Aerobic exercise fitness is promoted by any activity that uses your large muscles (arms, legs, or buttock, for example). Your heart beats quickly and you breathe deeply. An aerobic exercise should be part of your entire exercise routine.

Weight Training

Along with aerobic exercising which helps get rid of and keep off the excess fat that our bodies can store, weight training is an essential part of the exercise routine process. Weight training helps tone, build and strengthen muscle. If you are working above your target zone, you may want to do a lesser amount of reps. As always, consult your doctor before beginning any exercise program.

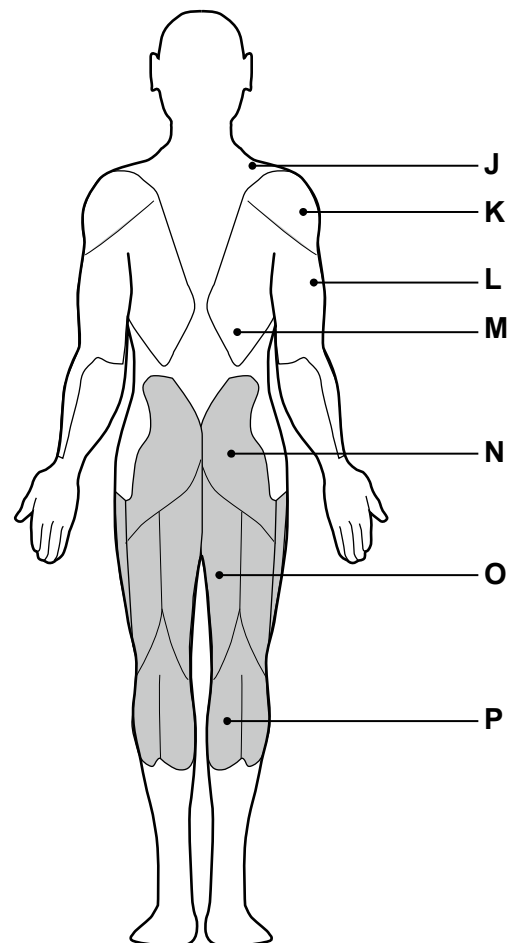
Targeted Muscle Groups

The exercise routine that is performed on the Treadmill will develop the upper and lower body muscle groups. These muscle groups are highlighted on the muscle chart below.



Front

- | | |
|-----------------------------|----------------------|
| A: Trapezius | F: Abdominal |
| B: Anterior | G: Sartorius |
| C: Pectoralis Major | H: Quadriceps |
| D: Serratus Anterior | I: Tibialis |
| E: Biceps | |



Back

- | | |
|----------------------------|-------------------------|
| J: Trapezius | N: Gluteals |
| K: Posterior | O: Hamstrings |
| L: Triceps | P: Gastrocnemius |
| M: Latissimus Dorsi | |

Warming up and Cooling down

Each workout should include the following three parts:

1. A warm-up, consisting of 5 to 10 minutes of stretching and light exercise. Such as jogging on the spot, star jumps and lunges. A proper warm up increases your body temperature, heart rate and circulation in preparation for exercise.
2. Training zone exercise consisting of 20 to 30 minutes of exercising with your heart rate in your training zone. (**Note:** During the first few weeks of your exercise programme, do not keep your heart rate in your training zone for longer than 20 minutes.)
3. A cool-down, with 5 to 10 minutes of stretching. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

Exercise Frequency

To maintain or improve your condition, plan three workouts each week with at least one day of rest between workouts. After a few months of regular exercise, you may complete up to five workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

Suggested Stretches

See the following basic stretching exercises. Move slowly as you stretch, never bounce.

Toe touch stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible.

Hold for 15 counts, then relax.

Repeat 3 times.

Stretches: Hamstrings, back of knees and back.



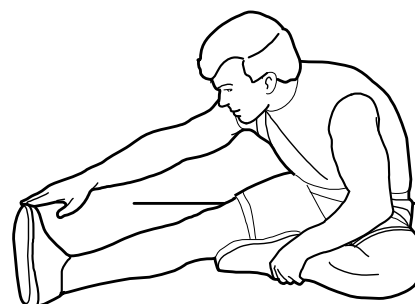
Hamstring stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible.

Hold for 15 counts, then relax.

Repeat 3 times for each leg.

Stretches: Hamstrings, lower back and groin.



Exercising Information

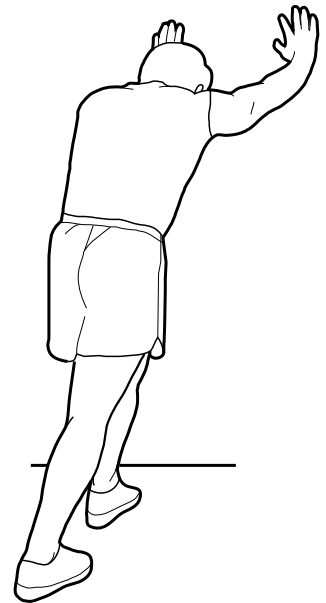
Calf/achilles stretch

With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall.

Hold for 15 counts, then relax.

Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well.

Stretches: Calves, achilles tendons and ankles.



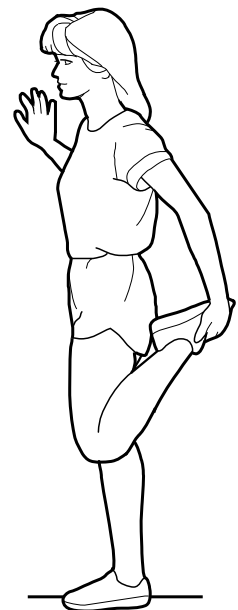
Quadriceps stretch

With one hand against the wall for balance, reach back and grasp one foot with your other hand. Keeping your bent knee pointing directly downward towards the floor, gently pull your heel towards your buttock until you feel a gentle stretch in the target area.

Hold for 15 counts, then relax.

Repeat 3 times for each leg.

Stretches: Quadriceps and hip muscles.



Inner thigh stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible.

Hold for 15 counts, then relax.

Repeat 3 times.

Stretches: Quadriceps and hip muscles.



Care and Maintenance

1. Examine the equipment periodically in order to detect any damage or wear which may have been produced.

2. The safety level of the equipment can be maintained only if it is examined regularly for damage and wear, e.g. connection points.

3. Lubricate moving parts with light oil periodically to prevent premature wear.

4. Inspect and tighten all parts before using the equipment, replace any defective parts immediately, and **do not** use the equipment again until it is in

perfect working order.

5. Replace defective components immediately and/or keep the equipment out of use until repair.

6. Special attention to components most susceptible to wear.

7. The equipment can be cleaned using a damp cloth and mild non-abrasive detergent.
Do not use solvents.

8. **Do not** attempt to repair this equipment yourself. Should you have any difficulty with assembly, operation or use

of your exercise product or if you think that you may have parts missing, contact the manufacturer, their approved service agent or the **Customer contact number: 0345 600 1714**
www.argos-support.co.uk

Guarantee:

For guarantee purposes, please retain your purchase receipt.

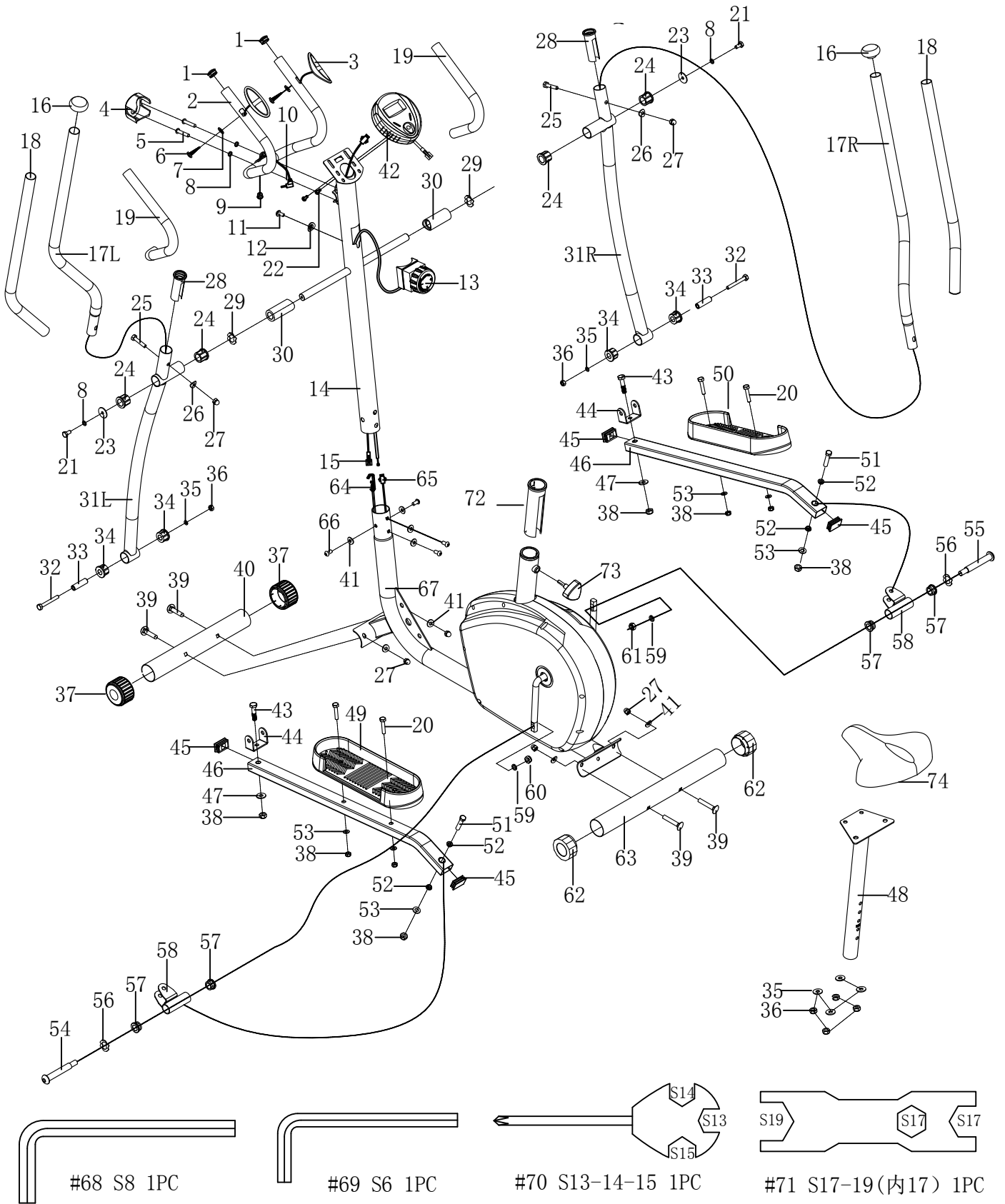
Information for Users on Disposal of old Equipment and Batteries (European Union only)

These symbols indicate that equipment with these symbols should not be disposed of as general household waste. If you want to dispose of the product or battery, please consider the collection systems or facilities for appropriate recycling.

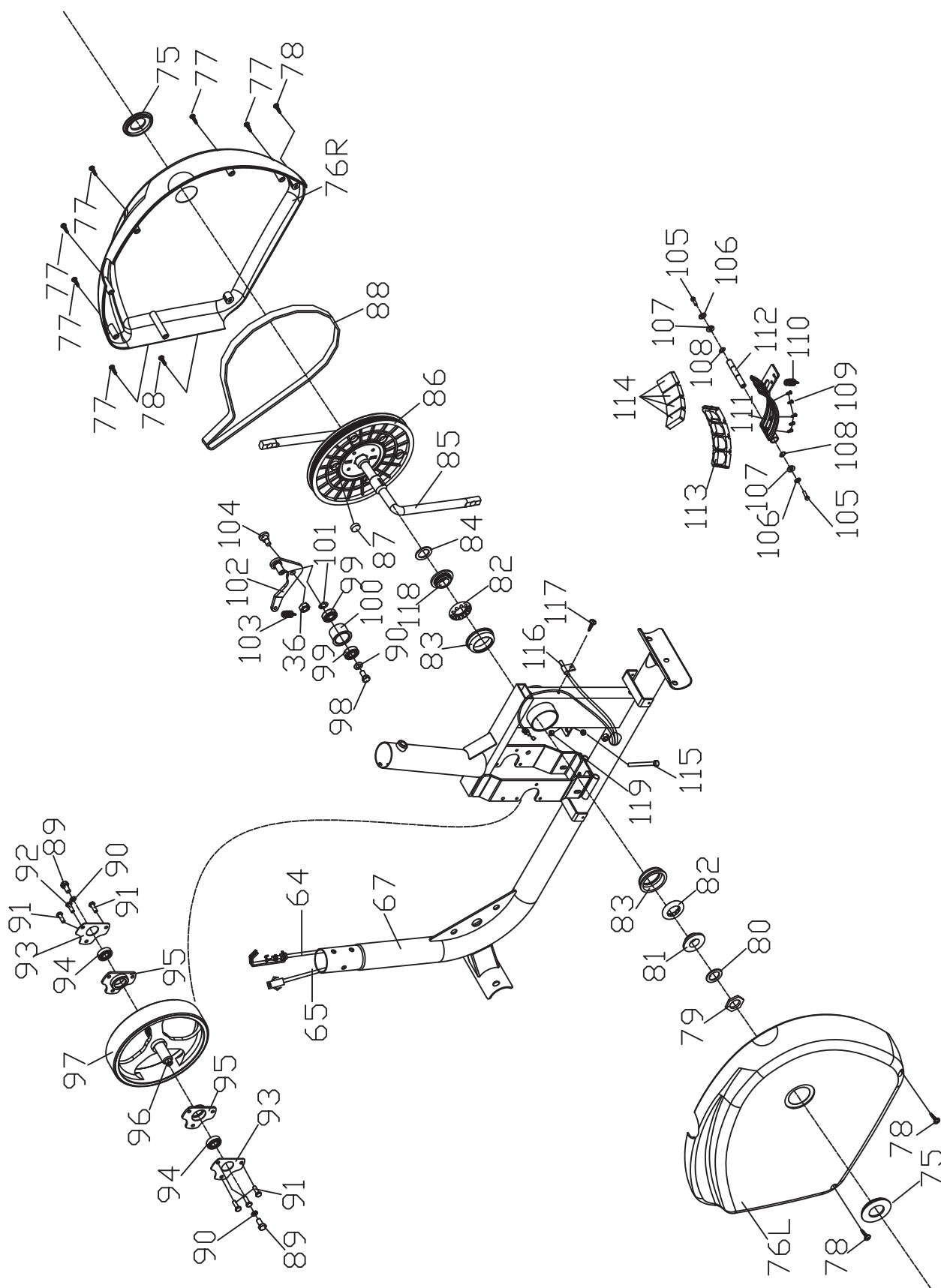
Notice: The sign Pb below the symbol for batteries indicates that this battery contains lead.



Exploded Parts Diagram



Exploded Parts Diagram



Exploded Parts List

| NO. | DESCRIPTION | Q' TY |
|-------|--|-------|
| 1 | Round end cap $\Phi 25 \times 16$ | 2 |
| 2 | Middle handlebar | 1 |
| 3 | Handle pulse $\Phi 25$ | 2 |
| 4 | Clamp cap $71 \times 58 \times 40$ | 1 |
| 5 | Bolt $M8 \times 30 \times S6$ | 2 |
| 6 | Bolt $ST4 \times 19 \times \Phi 7$ | 2 |
| 7 | Washer $d6 \times \Phi 12 \times 1$ | 2 |
| 8 | Spring washer d8 | 4 |
| 9 | Thread plug $\Phi 12 \times 11 \times \Phi 3$ | 1 |
| 10 | Cable of Handle pulse | 1 |
| 11 | Bolt $M5 \times 16 \times \Phi 8$ | 1 |
| 12 | Arc washer $\Phi 25 \times \Phi 6 \times 3.3 \times R25.2$ | 1 |
| 13 | Tension control | 1 |
| 14 | Handle bar post joint | 1 |
| 15 | Trunk wire | 1 |
| 16 | End cap $\Phi 28 \times 32 \times \Phi 50$ | 2 |
| 17L/R | Handle bar | 2 |
| 18 | Foam grip $\Phi 26 \times 5 \times 510$ | 2 |
| 19 | Foam grip $\Phi 23 \times 5 \times 445$ | 2 |
| 20 | Bolt $M10 \times 45 \times 20 \times S14$ | 4 |
| 21 | Bolt $M8 \times 16 \times S14$ | 2 |
| 22 | Bolt $M5 \times 10 \times \Phi 10$ | 2 |
| 23 | Washer $d8 \times \Phi 32 \times 2$ | 2 |
| 24 | Axle sleeve 2 $\Phi 32 \times 3 \times \Phi 28 \times 21 \times \Phi 19.4$ | 4 |
| 25 | Bolt $M8 \times 40 \times 20 \times S14$ | 2 |
| 26 | Arc washer $d8 \times \Phi 20 \times 2 \times R16$ | 2 |
| 27 | Nut $M8 \times H16 \times S13$ | 6 |
| 28 | Round bushing $\Phi 32 \times \Phi 25 \times L83$ | 2 |
| 29 | Wave washer $d19 \times \Phi 25 \times 0.3$ | 2 |
| 30 | Long spacer bush $\Phi 32 \times \Phi 19.2 \times 75.5$ | 2 |
| 31L/R | Swing rod | 2 |
| 32 | Bolt $M8 \times 65 \times 30 \times S14$ | 2 |
| 33 | spacer bush $\Phi 14 \times \Phi 8.3 \times 48$ | 2 |
| 34 | Axle sleeve 1 $\Phi 32 \times 3 \times \Phi 28 \times 16 \times \Phi 14.3$ | 4 |
| 35 | Washer $d8 \times \Phi 16 \times 1.5$ | 6 |
| 36 | Nut $M8 \times H7.5 \times S13$ | 6 |
| 37 | End cap $\Phi 50 \times \Phi 67 \times 45$ | 2 |
| 38 | Nut $M10 \times H9.5 \times S17$ | 8 |
| 39 | Bolt $M8 \times 60 \times 20 \times H5$ | 4 |
| 40 | Front bottom tube | 1 |
| 41 | Washer $d8 \times \Phi 20 \times 2 \times R30$ | 8 |

| NO. | DESCRIPTION | Q' TY |
|-------|---|-------|
| 42 | Computer | 1 |
| 43 | Bolt $M10 \times 42 \times 20 \times S17$ | 2 |
| 44 | U-Seat | 2 |
| 45 | Square end cap $J40 \times 25 \times 15$ | 4 |
| 46 | Connecting rod | 2 |
| 47 | Washer $d10 \times \Phi 25 \times 2$ | 2 |
| 48 | Saddle post joint | 1 |
| 49 | Left pedal | 1 |
| 50 | Right pedal | 1 |
| 51 | Bolt $M10 \times 50 \times 13 \times S17$ | 2 |
| 52 | Metallurgy set $\Phi 18 \times 3 \times \Phi 14 \times 7 \times \Phi 10.1$ | 4 |
| 53 | Washer $d10 \times \Phi 20 \times 2$ | 6 |
| 54 | Bolt $\Phi 16 \times 89 \times 23 \times 1/2 \times S8$ | 1 |
| 55 | Bolt $\Phi 16 \times 89 \times 23 \times 1/2 \times S8$ | 1 |
| 56 | Washer $d17 \times \Phi 25 \times 0.3$ | 2 |
| 57 | Metallurgy set $\Phi 28 \times 4 \times \Phi 24 \times 12 \times \Phi 16.1$ | 4 |
| 58 | Connecting rod joint | 2 |
| 59 | Washer 1/2" | 2 |
| 60 | Nut $1/2 \times 20 \times H8 \times S19$ | 1 |
| 61 | Nut $1/2 \times 20 \times H8 \times S19$ | 1 |
| 62 | Adjustable end cap $\Phi 50 \times 45.5 \times 64.5 \times 64.5$ | 2 |
| 63 | Rear bottom tube | 1 |
| 64 | Tension cable | 1 |
| 65 | Sensor cable | 1 |
| 66 | Bolt $M8 \times 16 \times S6$ | 4 |
| 67 | Main frame | 1 |
| 68 | Wrench S8 | 1 |
| 69 | Wrench S6 | 1 |
| 70 | Wrench S13-14-15 | 1 |
| 71 | Wrench S17-19 -S17 | 1 |
| 72 | Round bushing $\Phi 50 \times \Phi 38 \times L164 \times 8$ | 1 |
| 73 | Knob $M12 \times 17 \times \Phi 7.5 \times 24.5$ | 1 |
| 74 | Saddle | 1 |
| 75 | Crank cap | 2 |
| 76L/R | Chain cover L/R | 2 |
| 77 | Bolt $ST4.2 \times 19 \times \Phi 8$ | 6 |
| 78 | Bolt $ST4.2 \times 16 \times \Phi 8$ | 4 |
| 79 | Nut | 1 |
| 80 | Washer | 1 |

Exploded Parts List

| NO. | DESCRIPTION | Q' TY |
|-----|------------------------------------|-------|
| 81 | Nut 2 | 1 |
| 82 | Bowl Φ 51.6 | 2 |
| 83 | Bowl seat | 2 |
| 84 | Washer d24* Φ 40*3 | 1 |
| 85 | Crank | 1 |
| 86 | Belt pulley | 1 |
| 87 | Round magnet | 1 |
| 88 | Belt | 1 |
| 89 | Bolt M6*12*S10 | 2 |
| 90 | Washer d6* Φ 16*1.5 | 3 |
| 91 | Bolt M6*10* Φ 12 | 5 |
| 92 | Bolt M6*8* Φ 12 | 1 |
| 93 | Fixing plate T1*56*72 | 2 |
| 94 | Bearing 6001-2RS | 2 |
| 95 | Bearing seat Φ 72*11 | 2 |
| 96 | Magnetic wheel Shaft Φ 20*103 | 1 |
| 97 | Magnetic wheel | 1 |
| 98 | Bolt M6*10*S10 | 1 |
| 99 | Bearing 6001-2RS CXSH | 2 |
| 100 | Idler Φ 39* Φ 34*24 | 1 |

| NO. | DESCRIPTION | Q' TY |
|-----|-----------------------------|-------|
| 101 | Washer d12* Φ 17*0.5 | 1 |
| 102 | Idler joint | 1 |
| 103 | Tension spring 1 | 1 |
| 104 | Bolt M8*12* Φ 10*5*S12 | 1 |
| 105 | Bolt M6*16*S10 | 2 |
| 106 | Spring washer d6 | 2 |
| 107 | Washer d6* Φ 12*1.2 | 2 |
| 108 | Washer for shaft d12 | 2 |
| 109 | Bolt ST3*10* Φ 5.6 | 5 |
| 110 | Tension spring 2 | 1 |
| 111 | Magnetic plate joint | 1 |
| 112 | Magnetic plate axle | 1 |
| 113 | Magnetic location grid | 1 |
| 114 | Square magnet | 4 |
| 115 | Bolt M6*45*S10 | 1 |
| 116 | Sensor seat | 1 |
| 117 | Bolt ST4.2*16* Φ 8 | 1 |
| 118 | Nut 1 | 1 |
| 119 | Nut M6*H5*S10 | 2 |
| | | |

Guarantee



Product Guarantee

This product is guaranteed against manufacturing defects from a period of



Year

This product is guaranteed for twelve months from the date of original purchase. Any defect that arises due to faulty materials or workmanship will either be replaced, refunded or repaired free of charge where possible during this period by the dealer from whom you purchased the unit.

The guarantee is subject to the following provisions:

- The guarantee does not cover accidental damage, misuse, cabinet parts, knobs or consumable items.
- The product must be correctly installed and operated in accordance with the instructions contained in this manual.
- It must be used solely for domestic purpose.
- The guarantee will rendered invalid if the products is re-sold or has been damaged by inexpert repair.
- Specifications are subject to change without notice.
- The manufacturer disclaims any liability for the incidental or consequential damages.
- The guarantee is in addition to, and does not diminish your statutory or legal right.
- In the event of problem with the product with in the guarantee period call
Customer Helpline: 0345 600 1714 www.argo-support.co.uk

Guarantor: Argos Ltd
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