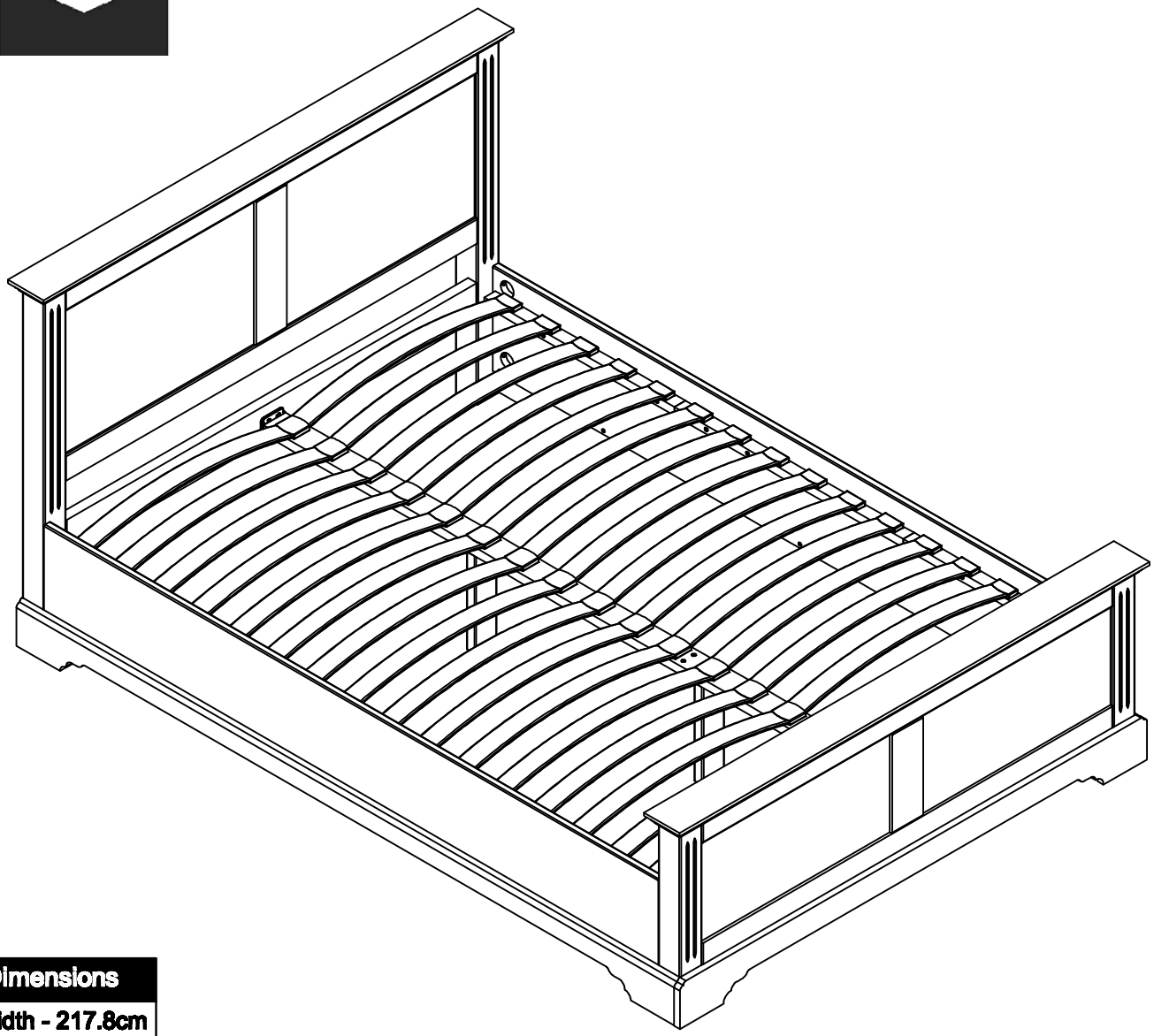
lambourne 5ft frame

Assembly Instructions- Please keep for future reference

377/7237

365/8514



Dimensions

Width - 217.8cm
Depth - 160.4cm
Height - 97.3cm

Important - Please read these instructions fully before starting assembly

If you need help or have damaged or missing parts, call the Customer Helpline: 0345 6400 800

Issue 1 - 17/11/14

Safety and Care Advice

Important - Please read these instructions fully before starting assembly

- Check you have all the components and tools listed on pages 2 and 3.
- Remove all fittings from the plastic bags and separate them into their groups.
- Keep children and animals away from the work area, small parts could choke if swallowed.
- Make sure you have enough space to layout the parts before starting.
- Do not stand or put weight on the product, this could cause damage.
- Assemble the item as close to its final position (in the same room) as possible.
- Assemble on a soft level surface to avoid damaging the unit or your floor.
- Parts of the assembly will be easier with 2 people.



- To reduce the likelihood of damaging your product please ensure that your power drill is set on a low torgue setting.

Care and maintenance

- Only clean using a damp cloth and mild detergent, do no use bleach or abrasive cleaners.
- From time to time check that there are no loose screws on this unit.
- This product should not be discarded with household waste. Take to your local authority waste disposal centre.

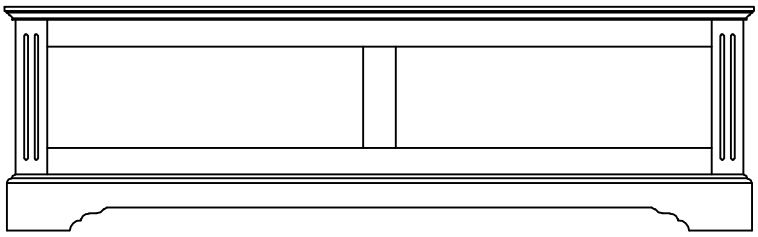
Handy Hints

- Assemble all parts and bolts loosely during assembly, only once the product is complete should you fully tighten the bolts
- Regularly check and ensure that all bolts and fittings are tightened properly.

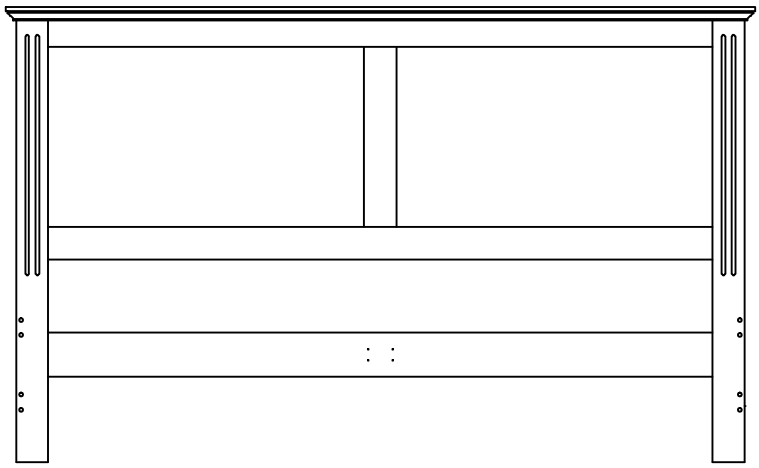
Note: If required the next page can be cut out and used as reference throughout the assembly. Keep this page with these instructions for future reference.

Components - Panels

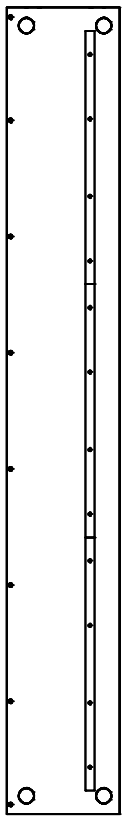
Please check you have all the panels listed below



1 Footboard (160.4 x 52.9cm)

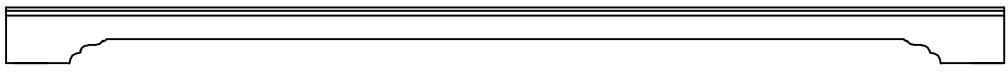


2 Headboard (160.4 x 97.3cm)



3 x 2

Side Frame (200 x 28cm)



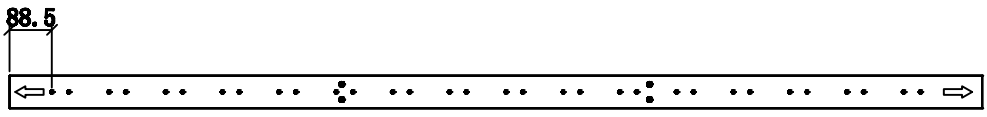
4 x 2

Side Plinth (213.6 x 12cm)



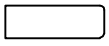
7 x 32

Sprung slats(74.9x6cm)



5

Slat Holder (202.2 x 6.8cm)



6 x 2

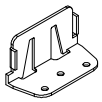
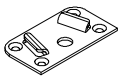
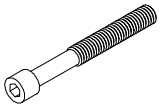
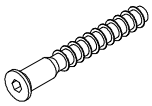
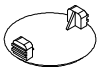
Support (26.2 x 6.8cm)

Components - Fittings

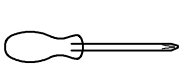
If you have damaged or missing components, call the Customer Helpline: 0345 6400 800

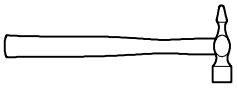
Please check you have all the fittings listed below

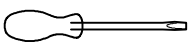
Note: **The quantities below are the correct amount to complete the assembly . In some cases more fittings may be supplied than are required.**

A  Ø3.5×15mm Screw × 30	**B**  Ø3.5×30mm Screw × 16	**C**  Wooden dowel × 8
D  Hook, Part 1 × 2	**E**  Hook, Part 2 × 2	**F**  Angle × 4
G  Ø6 ×50mm Screw × 8	**H**  Connector × 8	**I**  Ø7×50mm Screw × 4
J  Cap × 8	**K**  **Plastic 1 × 32**	**L**  Allen Key × 1
M  **Plastic 2 × 16**		

Tools required


Screwdriver (medium & large)


Small hammer


Flatblade screwdriver (medium)

Ruler - Use this ruler to help correctly identify the screws

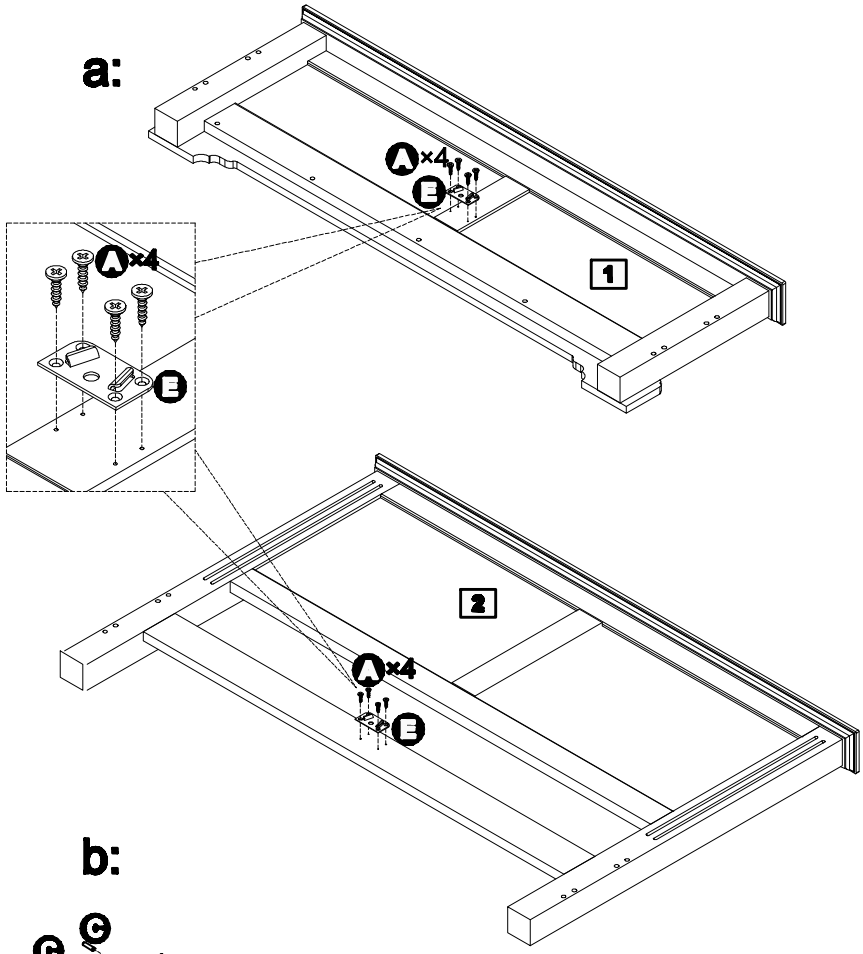


Assembly Instructions

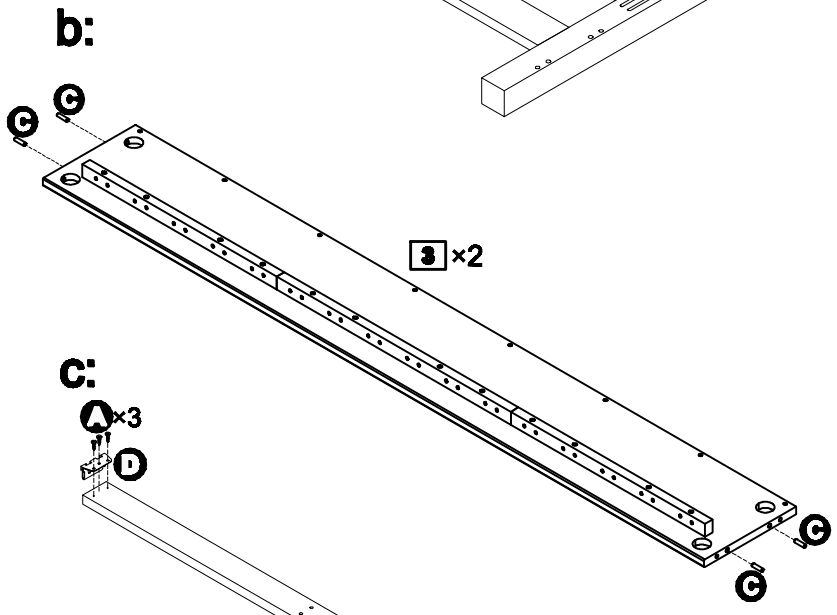
Step 1

Fixing Screws.

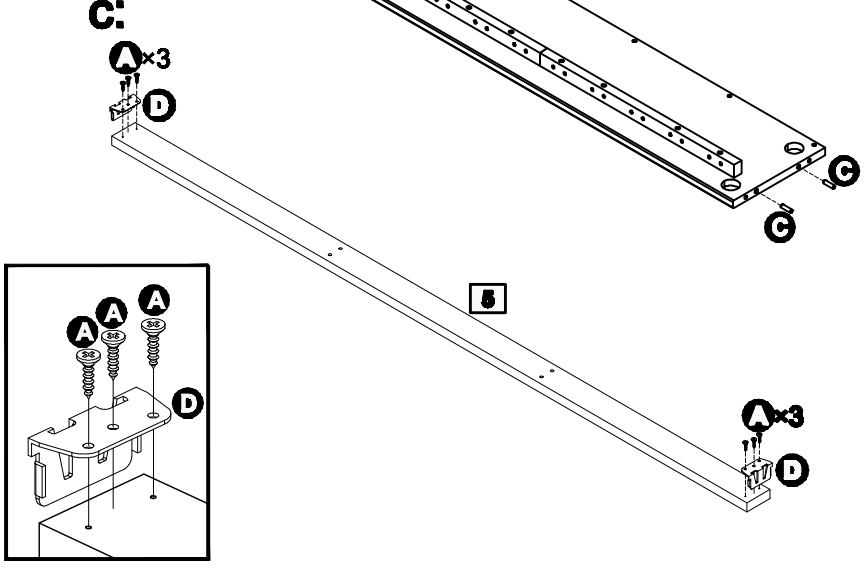
a: Fix Hook, Part 2 (E) on to the Foot/Headboard [1] and [2] by 8 Screw (A).



b: Insert wooden dowels (C) into the Side frame [3].



c: Fix Hook, Part 1 (D) onto the Slat holder [5].



Assembly Instructions

Step 2

Fixing the Bed Frame

Two people are needed here.

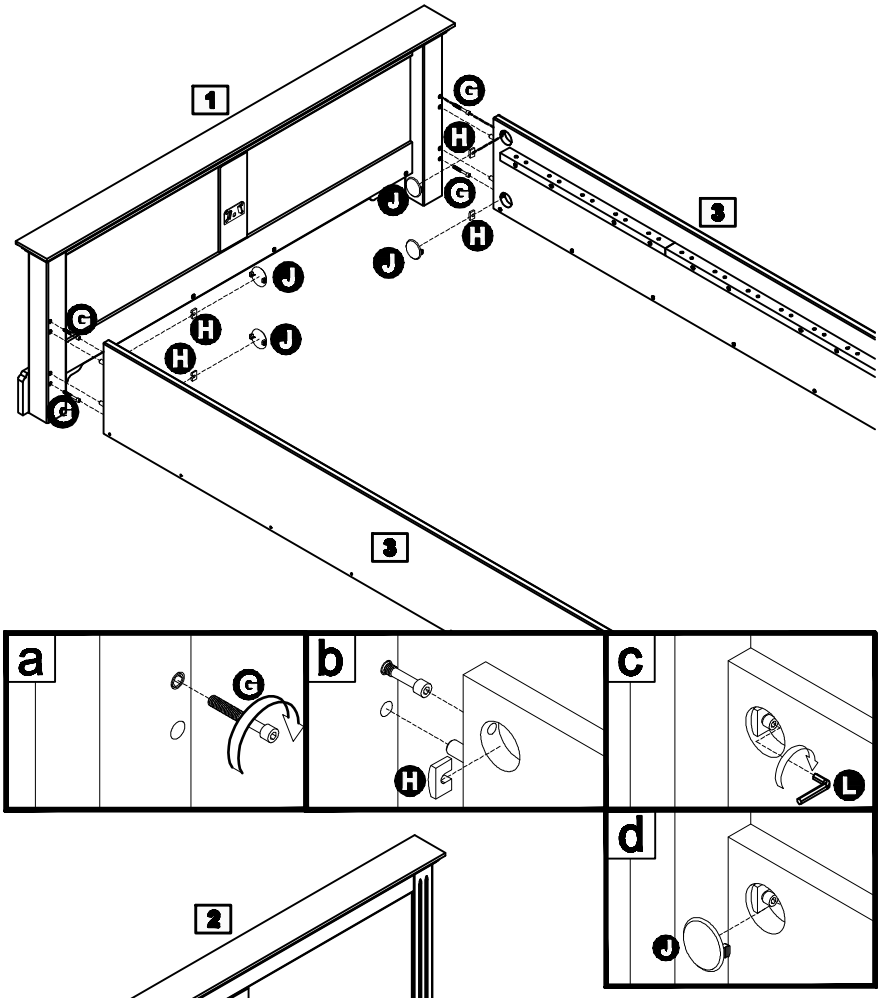
a: Insert 4 screws G into Footboard 1 , do not tighten.

b: Fix the Side Frame 3 onto the Footboard 1 .

Insert 4 Connectors H into Side Frame 3 where shown.

c: Use Allen Key L to turn screws G lockwise to lock.

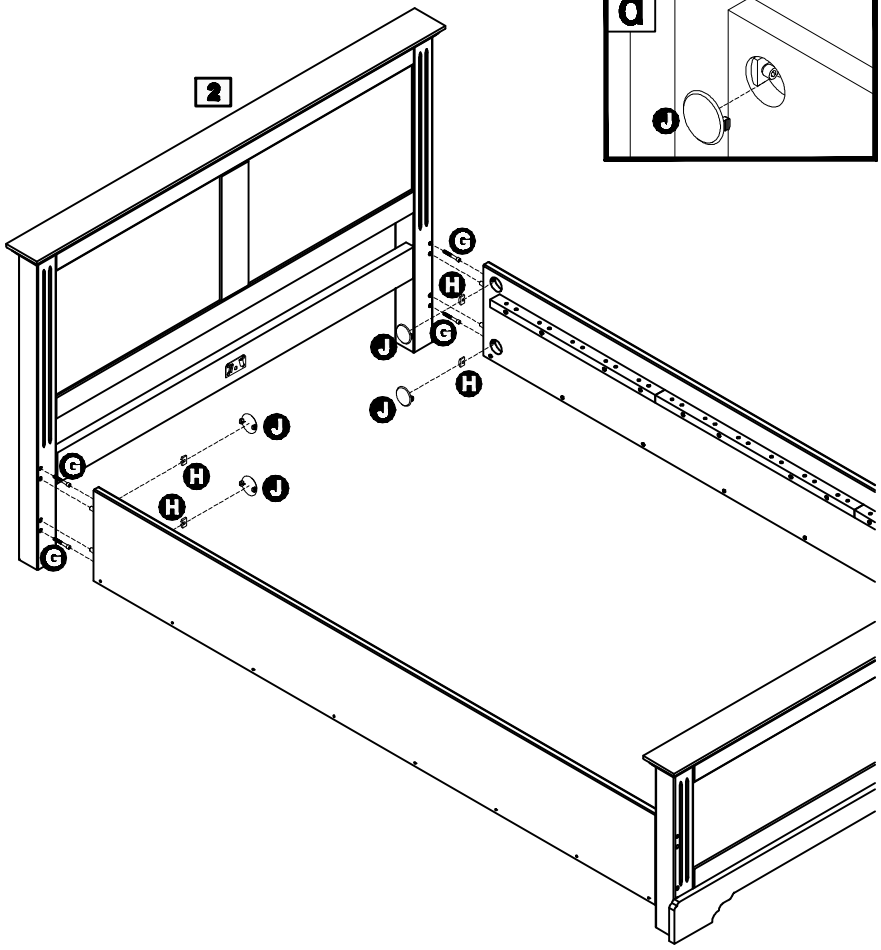
d:Cover the Cap J to the hole in the Side Frame.



Step 3

Fixing the Headboard

Fixing the headboard 2 onto the unit.

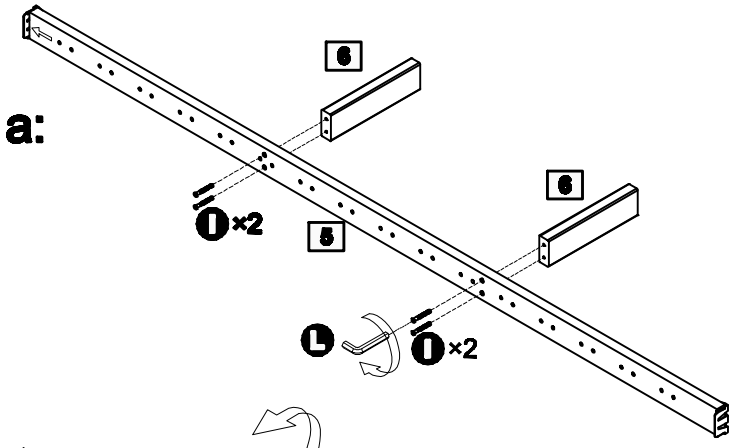


Assembly Instructions

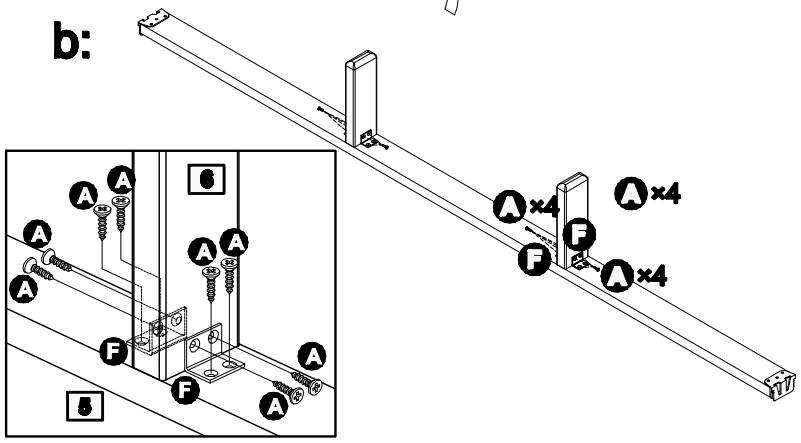
Step 4

Fixing the Slat holder.

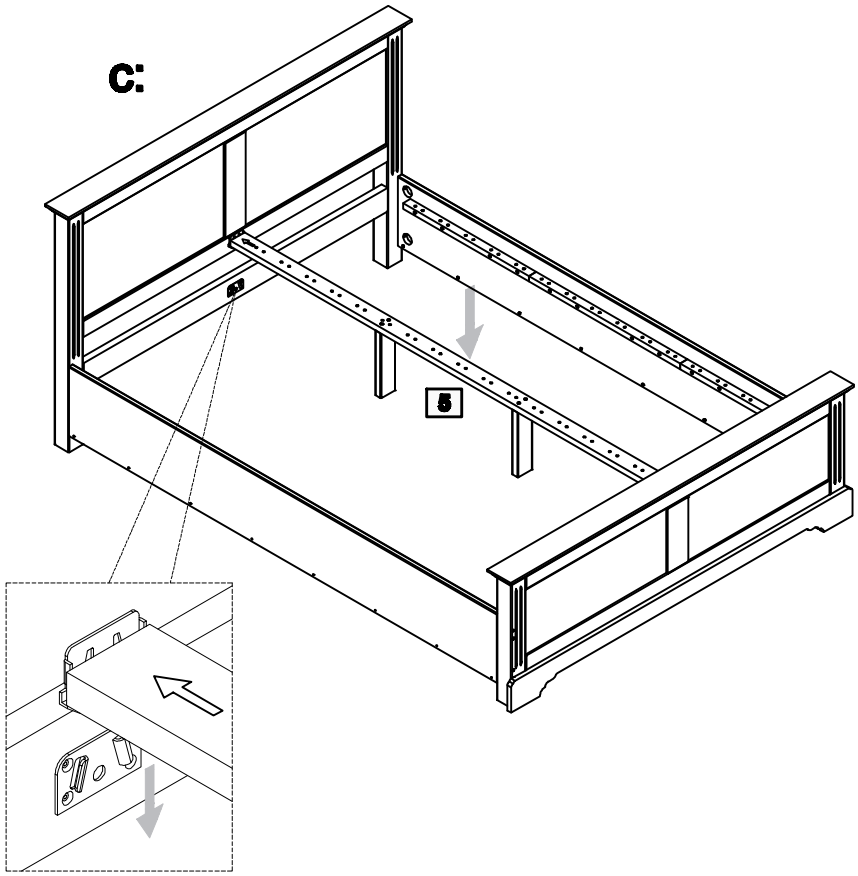
a: Fix the Support [6] onto the Slat holder [5] by using the Screws ⓘ.



b: Fix the Angle Ⓕ onto the Support [6] and Slat holder [5] by using Screws Ⓐ.



c: Fit the Slat holder [5] onto the Unit, pls put the end with arrow stick to the headboard.

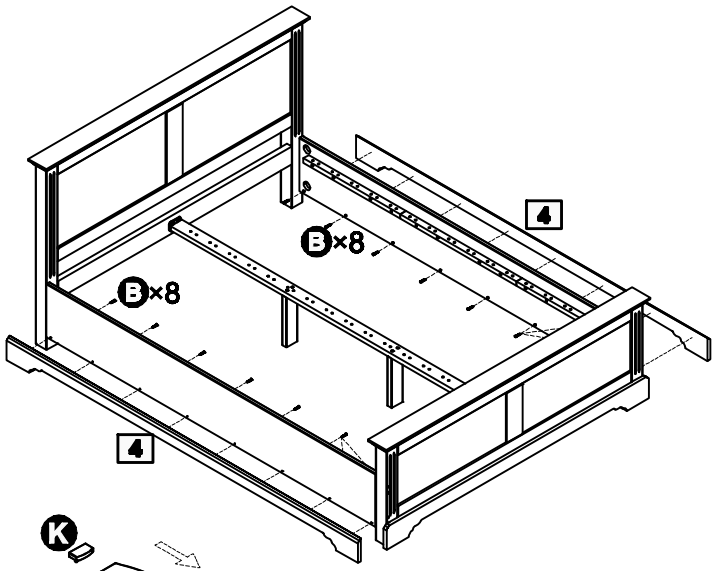


Assembly Instructions

Step 5

Fixing the Side plinths.

Fix the Side plinth 4 onto the underneath of the unit by using Screws B.

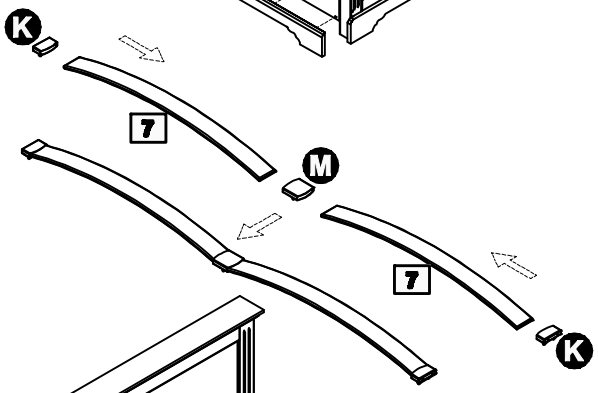


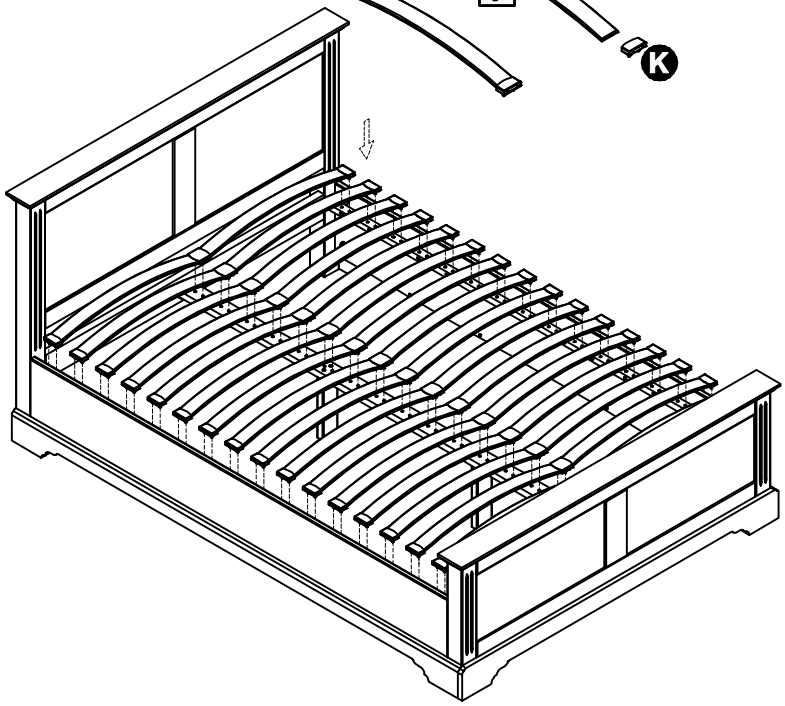
Step 6

Attach plastic caps

Attach Plastic caps K and M to Sprung slats 7 as show on picture.

Fix the slats.
Push the Pins of the Plastic caps to the holds on the bed frames to fix the slats.





Assembly is complete.

This bed is made from timber which will continue to adjust to the environment in which it is in (i.e. the bedroom). This may lead to minor cracking at the joints and is to be expected on a premium solid timber piece of furniture.

If you need help or have damaged or missing parts,call the **Customer Helpline: 03456 400800**
Retailer:Argos
Address: 489-499 Avebury Boulevard Saxon Gate West, Central Milton Keynes Bucks, MK9,2NW