

Stop Watch	1/100-sec accuracy	Press C until display shows stopwatch function (ST) Start and stop the stop watch using button A. Use following to measure times with the Stopwatch.
		A Time loss A Time loss B C Start Stop Re-start Stop Reset (b) Split time measurement C Start Split Split release C Start Split Split release A C Reset (c) 1st-2nd place times A C Stop Reset A C Stop The first runner C Start Split Stop The second runner Reset M C Stop Reset C Start Split The first runner Stop Reset The first runner The second runner of the second time of the first runner. Reset
Alarm	Allows you to specify the hour, minutes, day and month of the alarm.	In Alarm Mode, Press L, to set the hour, the digits change with every push of Butt A. To the set the minutes Press L, and advance the digits with Button A. Press L complete the alarm settings. If button C is pressed the watch reverts to the regula time keeping mode at any stage. Of alarm setting.
Water Resistant	Suitable for bathing, swimming, and shower- ing. not for diving.	Not suitable for swimming, snorkelling or diving. *Do not fully submerge for long periods of time.

LED Light In any mode Press L to illuminate display