

R-861M 900W (IEC 60705)

MICROWAVE OVEN WITH GRILL & CONVECTION OPERATION MANUAL

This operation manual contains important information which you should read carefully before using your microwave oven.

OPERATION MANUAL

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IMPORTANT:

There may be a serious risk to health if this operation manual is not followed or if the oven is modified so that fit operates with the door open. If you require any advice or assistance regarding your Sharp product, please call:

0333 014 3055

or visit: www.sharphomeapplaince.com/support



Attention: Your product is marked with this symbol. It means that used electrical and electronic products should not be mixed with general household waste. There is a separate collection system for these

products.

A. Information on Disposal for Users (private households)

1. In the European Union

Attention: If you want to dispose of this equipment, please do not use the ordinary dust bin!

Used electrical and electronic equipment must be treated separately and in accordance with legislation that requires proper treatment, recovery and recycling of used electrical and electronic equipment.

Following the implementation by members states private households within the EU states may return their used electrical and electronic equipment to designated collection facilities free of charge*.

In some countries* your local retailer may also take back your old product free of charge if you purchase a similar new one.

*) Please contact your local authority for further details.

If your used electrical or electronic equipment has batteries or accumulators, please dispose of these separately beforehand according to local requirements.

By disposing of this product correctly you will help ensure that the waste undergoes the necessary treatment, recovery and recycling and thus prevent potential negative effects on the environment and human health which could otherwise arise due to inappropriate waste handling.

2. In other Countries outside the EU

If you wish to discard this product, please contact your local authorities and ask for the correct method of disposal.

For Switzerland: Used electrical or electronic equipment can be returned free of charge to the dealer, even if you don't purchase a new product. Further collection facilities are listed on the homepage of www.swico.ch or www.sens.ch.

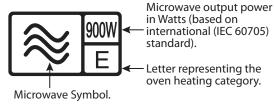
B. Information on Disposal for Business Users.

1. In the European Union

If the product is used for business purposes and you want to discard it: Please contact your SHARP dealer who will inform you about the take-back of the product. You might be charged for the costs arising from take-back and recycling. Small products (and small amounts) might be taken back by your local collection facilities. For Spain: Please contact the established collection system or your local authority for take-back of your used products.

2. In other Countries outside the EU

If you wish to discard of this product, please contact your local authorities and ask for the correct method of disposal.



	OVEN OUTPUT	Less heating time required
		600 700 800 900 1000 Watts
	POWER	More heating time required
OU	OVEN	Less heating time required
	OUTPUT CATEGORY	ABCDE
		More heating time required

The heating category (a letter A to E) developed by MAFF (Ministry of Agriculture, Fisheries and Food) with microwave oven and food manufacturers indicates the ability of the oven to heat small quantities of food (up to 500g [I lb 2oz]). It does not represent the general performance of the oven.

Food packs carry cooking instructions for heating categories A to E. Follow instructions for the letter corresponding to the oven's heating category. The higher the output power and heating category of the oven the less heating time is required as shown opposite.

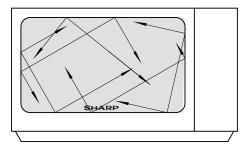
HOW YOUR OVEN WORKS



Microwaves are energy waves, similar to those used for TV and radio signals.

Electrical energy is converted into microwave energy, which is directed into the middle bottom of the cavity via a waveguide. Then the microwave stirrer distributes the microwave energy to every corner of the cavity evenly.

Microwaves cannot pass through metal, because of this the oven cavity is made of metal and there is a fine metal mesh on the door. During cooking the microwaves bounce off the sides of the oven cavity at random.



Microwaves will pass through certain materials, such as glass and plastic, to heat the food. (See 'Suitable Ovenware' on page GB-16).

Water, sugar and fat in food absorb microwaves which cause them to vibrate. This creates heat by friction, in the same way your hands get warm when you rub them together.

The outer areas of the food are heated by the microwave energy, then the heat moves to the centre by conduction, as it does in conventional cooking. It is important to turn, rearrange or stir food to ensure even heating.

Once cooking is complete, the oven automatically stops producing microwaves.

Standing time is necessary after cooking, as it enables the heat to disperse equally throughout the food.

NOTE:

This model uses a glass flat tray instead of turntable. The glass flat tray is fixed by glue at the bottom of the cavity, it won't rotate like a turntable. Simply place your dish on top of the glass flat tray.

Operation manual

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SPECIFICATIONS

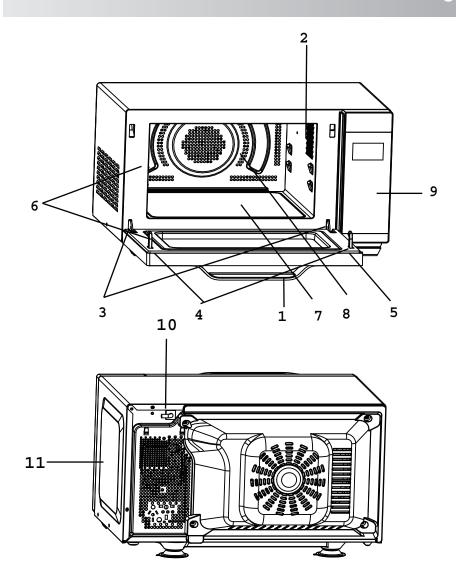
Model name:		R-861M		
AC Line Voltage		: 230-240V~, 50Hz single phase		
Distribution line fus	e/circuit breaker	:13A	: 13A	
AC Power required:	Microwave	: 1400W		
Output power:	Microwave	: 900W (IEC 60705)		
	Off Mode (Energy Save Mode)	: less than 1.0W		
Microwave Frequency		: 2450MHz*(Group 2/Class B)		
Outside Dimensions (W) x (H) x (D)** mm		: 504 x 303 x 497		
Cavity Dimensions (W) x (H) x (D)*** mm		: 340 x 197 x 338		
Oven Capacity		: 25 litres***		
Glass Flat Tray (W) x (D) mm		: 291 x 291		
Weight		: approx. 17.7kg		
Oven lamp		: 20W/230V~		

- This product fulfils the requirement of the European standard EN55011. In conformity with this standard, this product is classified as group 2 class B equipment.
 - Group 2 means that the equipment intentionally generates radio-frequency energy in the form of electromagnetic radiation for the heat treatment of food.
- Class B equipment means that the equipment is suitable to be used in domestic establishments.

 *** The depth does not include the door opening handle.

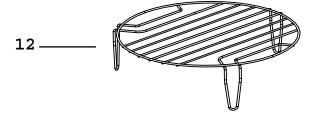
 *** Internal capacity is calculated by measuring maximum width, depth and height. Actual capacity for holding food is less.

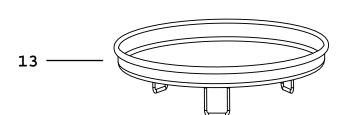
AS PART OF A POLICY OF CONTINUOUS IMPROVEMENT, WE RESERVE THE RIGHT TO ALTER DESIGN AND SPECIFICATIONS WITHOUT NOTICE.



OVEN

- 1. Door handle
- 2. Oven lamp
- 3. Door hinges
- **4.** Door safety latches
- **5.** Door
- **6.** Door seals and sealing surfaces
- 7. Glass flat tray
- 8. Oven cavity
- 9. Control panel
- **10.** Power supply cord
- **11.** Outer cabinet





ACCESSORIES:

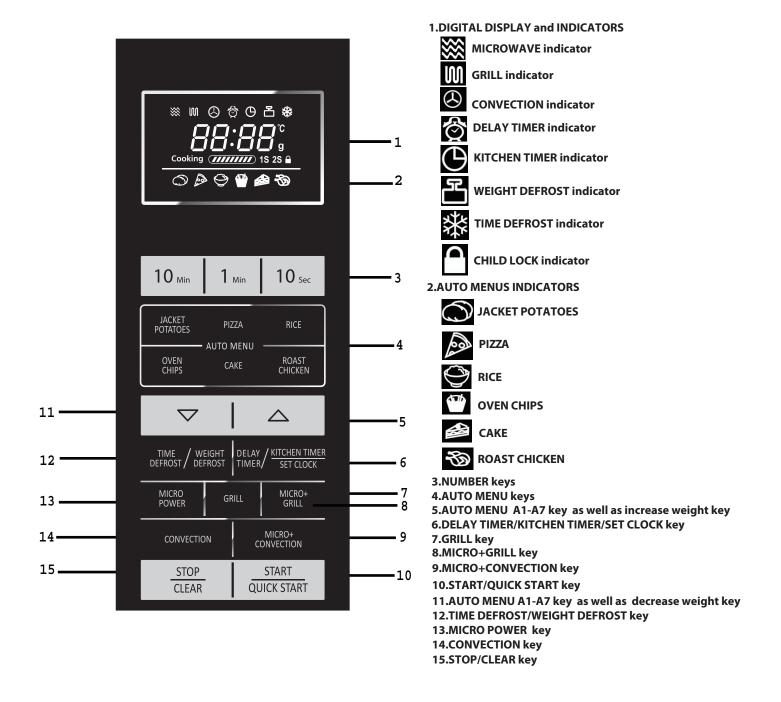
Check to make sure the following accessories are provided: **12**) Rack **13**) baking tray

• For use of the rack, refer to the grilling sections on page GB-13.

Never touch the grill when it is hot.

NOTE: When you order accessories, please mention two items: part name and model name to your dealer or SHARP authorised service agent.







READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

- This oven is designed to be used on a countertop only. It is not designed to be built into a kitchen unit. Do not place the oven in a cabinet.
- 2. The oven door may become hot during cooking. Place or mount the oven so that the bottom of the oven is 85 cm or more above the floor. Keep children away from the door to prevent them burning themselves.
- **3. WARNING:** Do not touch the flat tray directly after cooking as it maybe hot.
- **4.** Ensure there is a minimum of free space above the oven of 30 cm.
- 5. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised
- **6.** Keep the appliance and its cord out of reach of children less than 8 years.
- 7. WARNING: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
- **8. WARNING:** Accessible parts may become hot during use. Young children should be kept away.
- **9. WARNING:** If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
- **10. WARNING:** Never adjust, repair or modify the oven yourself. It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.

- 11. If the power supply cord of this appliance is damaged, it must be replaced with a special cord. The exchange must be made by an authorised SHARP service agent.
- **12. WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- **13.** Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.
- 14. Do not cook eggs in their shells, and whole hard boiled eggs should not be heated in microwave ovens since they may explode even after microwave cooking has ended. To cook or reheat eggs which have not been scrambled or mixed, pierce the yolks and the whites, or the eggs may explode. Shell and slice hard boiled eggs before reheating them in the microwave oven.
- **15.** Utensils should be checked to ensure that they are suitable for use in the oven. See Page GB-16. Use only microwave safe containers and utensils on microwave modes.
- **16.** The contents of feeding bottles and baby food jars must be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
- **17.** The door, outer cabinet, oven cavity, dishes, accessories and especially the grill heating elements will become very hot during operation.
- **18.** Care should be taken to avoid touching these areas. To prevent burns, always use thick oven gloves. Before cleaning make sure they are not hot. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- **19.** If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- **20.** Clean the oven at regular intervals and remove any food deposits.



- **21.**Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- **22.** Do not use harsh abrasive cleaners or sharp metal scrapers to clean the glass on the oven door since they can scratch the surface, which may result in shattering of the glass.
- 23. Steam cleaner is not to be used.
- **24.** See instructions for cleaning door seals, cavities and adjacent parts on page GB-16.
- **25.**This appliance is intended to be used in household and similar applications such as:
 - staff kitchen areas in shops, offices and other working environments;
 - by clients in hotels, motels and other residential type environments;
 - farm houses;
 - bed and breakfast type environments.
- **26.WARNING:** The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements. Children less than 8 years of age shall be kept away unless continuously supervised.
- **27.** During use the appliance becomes hot. Care should be taken to avoid touching heating elements inside the oven.
- **28.** Accessible parts may become hot during use. Young children should be kept away.

To avoid the danger of fire.

- 1. The microwave oven should not be left unattended during operation. Power levels that are too high, or cooking times that are too long, may overheat foods resulting in a fire.
- 2. The electrical outlet must be readily accessible so that the unit can be unplugged easily in an emergency.
- The AC power supply must be 230-240V~, 50Hz, with a 13A distribution line fuse, or a 13A distribution circuit breaker.
- **4.** A separate circuit serving only this appliance should be provided.

- **5.** Do not place the oven in areas where heat is generated. For example, close to a conventional oven.
- **6.** Do not install the oven in an area of high humidity or where moisture may collect.
- **7.** Do not store or use the oven outdoors.
- **8.** Clean the waveguide cover, the oven cavity, the turntable and turntable support after use. These must be dry and free from grease. Built-up grease may overheat and begin to smoke or catch fire.
- **9.** Do not place flammable materials near the oven or ventilation openings.
- **10.** Do not block the ventilation openings.
- **11.** Remove all metallic seals, wire twists, etc., from food and food packages. Arcing on metallic surfaces may cause a fire.
- **12.** Do not use the microwave oven to heat oil for deep frying. The temperature cannot be controlled and the oil may catch fire.
- **13.**To make popcorn, use only special microwave popcorn makers.
- **14.** Do not store food or any other items inside the oven.
- **15.**Check the settings after you start the oven to ensure the oven is operating as desired.
- 16. To avoid overheating and fire, special care must be taken when cooking or reheating foods with a high sugar or fat content, for example, sausage rolls, pies or Christmas pudding.
- **17.** See the corresponding hints in the operation manual.

To avoid the possibility of injury

1. WARNING:

Do not operate the oven if it is damaged or malfunctioning. Check the following before use:

- a) The door; make sure the door closes properly and ensure it is not misaligned or warped.
- b) The hinges and safety door latches; check to make sure they are not broken or loose.
- c) The door seals and sealing surfaces; ensure that they have not been damaged.



- d) Inside the oven cavity or on the door; make sure there are no dents.
- e) The power supply cord and plug; ensure that they are not damaged.
- 2. Do not operate the oven with the door open or alter the door safety latches in any way.
- **3.** Do not operate the oven if there is an object between the door seals and sealing surfaces.
- **4.** Do not allow grease or dirt to build up on the door seals and adjacent parts. Clean the oven at regular intervals and remove any food deposits. Follow the instructions for "Care and Cleaning" on page GB-16.
- 5. Individuals with PACEMAKERS should check with their doctor or the manufacturer of the pacemaker for precautions regarding microwave ovens.

To avoid the possibility of electric shock

- 1. Under no circumstances should you remove the outer cabinet.
- 2. Never spill or insert any objects into the door lock openings or ventilation openings. In the event of a spill, turn off and unplug the oven immediately, and call an authorised SHARP service agent.
- 3. Do not immerse the power supply cord or plug in water or any other liquid.
- 4. Do not let the power supply cord hang over the edge of a table or work surface.
- **5.** Keep the power supply cord away from heated surfaces, including the rear of the oven.
- **6.** Do not attempt to replace the oven lamp yourself or allow anyone who is not an electrician authorised by SHARP to do so. If the oven lamp fails, please consult your dealer or an authorised SHARP service agent.

To avoid the possibility of explosion and sudden boiling:

- 1. Never use sealed containers. Remove seals and lids before use. Sealed containers can explode due to a build up of pressure even after the oven has been turned off.
- 2. Take care when microwaving liquids. Use a wide mouthed container to allow bubbles to escape.

Never heat liquids in narrow necked containers such as baby bottles, as this may result in the contents erupting from the container when heated and cause burns.

To prevent sudden eruption of boiling liquid and possible scalding:

- 1. Do not use excessive amount of time.
- 2. Stir liquid prior to heating/reheating.
- 3. It is advisable to insert a glass rod or similar utensil (not metal) into the liquid whilst reheating.
- 4. Let liquid stand for at least 20 seconds in the oven at the end of cooking time to prevent delayed eruptive boiling.
- **3.** Pierce the skin of such foods as potatoes, sausages and fruit before cooking, or they may explode.

To avoid the possibility of burns

- 1. Use pot holders or oven gloves when removing food from the oven to prevent
- 2. Always open containers, popcorn makers, oven cooking bags, etc., away from the face and hands to avoid steam burns and eruption of boiling.
- 3. To avoid burns, always test food temperature and stir before serving and pay special attention to the temperature of food and drink given to babies, children or the elderly. Temperature of the container is not a true indication of the temperature of the food or drink; always check the food temperature.
- **4.** Always stand back from the oven door when opening it to avoid burns from escaping steam and heat.
- **5.** Slice stuffed baked foods after heating to release steam and avoid burns.

To avoid misuse by children

- **1.** Do not lean or swing on the oven door.
- careful removal of food coverings; paying special attention to packets (e.g. self-heating) **2.** Children should be taught all important (e.g. self-heating materials) designed to make food crisp, as they may be extra hot.



Other warnings

- 1. Never modify the oven in any way.
- 2. Do not move the oven while it is in operation.
- **3.** This oven is for home food preparation only and may only be used for cooking food. It is not suitable for commercial or laboratory use.

To promote trouble free use of your oven and avoid damage.

- 1. Never operate the oven when it is empty except where recommended in the operation manual. Doing so may damage the oven.
- 2. When using a browning dish or self-heating material, always place a heat-resistant insulator such as a porcelain plate under it to prevent damage to the turntable and turntable support due to heat stress. The preheating time specified in the dish's instructions must not be exceeded.
- **3.** Do not use metal utensils, which reflect microwaves and may cause electrical arcing. Use only the turntable and the turntable support designed for this oven. Do not operate the oven without the turntable.
- **4.** Do not place anything on the outer cabinet during operation.

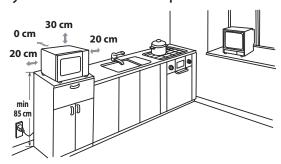
NOTE:

If you are unsure how to connect your oven, please consult an authorised, qualified electrician. Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the correct electrical connection procedure. Water vapour or drops may occasionally form on the oven walls or around the door seals and sealing surfaces. This is a normal occurrence and is not an indication of microwave leakage or a malfunction.

BUILT-IN KIT

No built-in kit is available for this oven. This oven is designed to be used on a countertop only.

- **1.**Remove all packing materials from the inside of the oven cavity and remove any protective film found on the microwave oven cabinet surface. Check the oven carefully for any signs of damage.
- 2. Place the oven on a secure, level surface, strong enough to take the oven weight, plus the heaviest item likely to be cooked in the oven. Do not place the oven in a cabinet.
- **3.**Select a level surface that provides enough open space for the intake and/or outlet vents. The rear surface of appliance shall be placed against a wall.
 - A minimum space of 20cm is required between the oven and any adjacent walls.
 - Leave a minimum space of 30cm above the oven.
 - Do not remove the feet from the bottom of the oven.
 - Blocking the intake and/or outlet openings can damage the oven.
 - Place the oven as far away from radios and TV as possible. Operation of the microwave oven may cause interference to your radio or TV reception.



- 4. The oven door may become hot during cooking. Place or mount the oven so that the bottom of the oven is 85cm or more above the floor. Keep children away from the door to prevent them burning themselves.
- **5.**Securely connect the plug of the oven to a standard earthed (grounded) household electrical outlet.

WARNING: Do not place the oven where heat, moisture or high humidity are generated, (for example, near or above a conventional oven) or near combustible materials (for example, curtains).

Do not block or obstruct air vent openings. Do not place objects on top of the oven.

ELECTRICAL CONNECTION

- Do not allow water to come into contact with the power supply cord or plug.
- Insert the plug properly into the socket.
- Do not connect other appliances to the same socket using an adaptor plug.
- If the power supply cord is damaged, it must be replaced by a Sharp approved service facility or a similarly qualified person to avoid a hazard.
- When removing the plug from the socket always grip the plug, never the cord as this may damage the power supply cord and the connections inside the plug.
- If the plug fitted to your oven is a rewireable type and in the event of the socket outlet in your home not being compatible with the plug supplied, remove the plug properly (do not cut off).
- If the plug fitted to your oven is a nonrewirable type and in the event of the socket outlet in your home not being compatible with the plug supplied, cut-off the mains plug.
- Refit with a suitable type, observing the wiring code given in 'To replace the mains plug' on page GB-19.

 $\overline{\mathbb{N}}$

WARNING: THIS APPLIANCE MUST BE EARTHED

To wire an appropriate plug, follow the wiring code given in 'To replace the mains plug' on page GB-17.



BEFORE OPERATION

Plug in the oven. The oven display will display: "1:00" and " 🕒 ," an audible signal will sound once. This model has a clock function and the oven uses less than 1.0W in stand by mode. To set the clock, see below.



SETTING THE CLOCK

Your oven has a digital clock feature, you can choose to set the clock time in 24 or 12 hour cycle in stand by mode.

- 1. Press the **DELAY TIMER/KITCHEN TIMER/SET CLOCK** key once for 3 seconds, "Hr 24" will display and the clock indicator " will illuminate.
 2. Press the **DELAY TIMER/KITCHEN TIMER/SET CLOCK** key twice, "Hr 12" will display and the clock indicator " will illuminate."
- 3. After choosing the hour cycle, press number keys "10Min", "1Min", "10Sec" to input the clock time.
- 4. Press the DELAY TIMER/KITCHEN TIMER/SET CLOCK key once to start the clock. The icon ":" of the digital time will flash on the display and the clock indicator " will disappear.

- In the process of clock setting, if the STOP/CLEAR key is pressed, the oven will go back to the former setting.
- If the electrical power supply to your microwave oven is interrupted, the display will intermittently show "1:00" after the power is reinstated. If this occurs during cooking, the programme will be erased.



KITCHEN TIMER FUNCTION

You can use the kitchen timer function, in instances where microwave cooking is not involved for example to time boiled eggs cooked on conventional hob or to monitor the standing time for cooked/defrosted food.

Example:

To set the timer for 5 minutes.

- 1. Press **DELAY TIMER/KITCHEN** TIMER /SETCLOCK key on ce, the icon":"will flash and the clock indicator " ("will illuminate.
- 2. Press number keys " 10Min"、 "1Min"、 "10Sec" to input time.
 - 3. Press the START/QUICK START 4. Check the display. key to start the timer.
 - (The display will count down through the programmed time and the indicator will flash)

When the timer arrives at 0:00, an audible signal will sound once, and the LCD will display the time of day.

You can enter any time up to 99 minutes 50 seconds. In kitchen timer state, the kitchen time will be diaplayed for 5 seconds.

To cancel the kitchen timer function, You can press STOP/CLEAR key within 5 seconds.

NOTE: The KITCHEN TIMER function cannot be used whilst cooking.



MICROWAVE POWER LEVELS

Your microwave oven has 6 power levels. To set the power level follow the instruction below.

To set the power level	LCD Display	Microwave Power
Press the MICRO POWER key once, P100 will be displayed and at the same time the microwave indicator "Will illuminate on the display. Output Description:	P 100	HIGH = 100 %
 Press the MICRO POWER key to change the power level until the display indicates the desired level. Press the number keys "10Min" "10Sec" to enter the 	P - 80	MEDIUM HIGH = 80 %
cooking time and then press the START/QUICK START key to start the oven. To check the power level during cooking, press the MICRO POWER	P - 50	MEDIUM = 60 %
key, the current power level will be displayed for 4 seconds. The oven will continue to count down although the display will show the power level	P - 4 0	MEDIUM LOW = 40 %
 In stand by mode, press the number keys "10Min" "1Min" "10Sec" directly, the default power level is P100. 	P - 2 0	LOW = 20 %
	P - 00	0 %

MICORWAVE POWER LEVELS



Generally the following recommendations apply:

P100 - used for fast cooking or reheating e.g.for casseroles, hot beverages, vegetables etc.

P80 - used for longer cooking of dense foods such as roast joints, meat loaf and plated meals, also for sensitive dishes such as sponge cakes. At this reduced setting, the food will cook enenly without over cooking at the sides.

P60 - for dense foods which require a long cooking time when cooked conventionally, e.g. beef casserole, it is advisable to use this power setting to ensure the meat will be tender.

P40 - Defrost setting to defrost, select this power setting, to ensure that the dish defrosts evenly. This setting is also ideal for simmering rice, pasta, dumplings and cooking egg custard.

P20 - For gentle defrosting, e.g. cream gateaux or pastry.

P00 - For cooling down the cavity temperature.

MANUAL OPERATION



Opening the door:

To open the oven door, pull the door handle.

Starting the oven:

Depending on the food type and the required end results, either place food into a suitable container, then place the container onto the plate, alternatively place foods directly onto the plate. Close the door and press the **START/QUICK START** key after selecting the desired cooking mode.

Once the cooking programme has been set if the **START/QUICK START** key is not pressed in 20 seconds, the setting will be cancelled. The **START/QUICK START** key must be pressed to continue cooking if the door is opened during cooking. An audible signal will sound once when pressing the button, if incorrectly pressed there will be no sound.

Use the **STOP/CLEAR** key to:

- 1. Erase a mistake during programming.
- 2. Stop the oven temporarily during cooking.
- 3. Cancel a programme during cooking, press the STOP/CLEAR key twice.
- **4.** To set and to cancel the child lock (refer to page GB-15).

MICROWAVE COOKING



Your oven can be programmed for up to 99 minutes 50 seconds (99:50).

The input unit of cooking (defrosting) time varies from 10 seconds to 10 minutes. It depends on the total length of the cooking (defrosting) time as shown in the table.

	Increasing Unit	
0-1 minute	10 seconds	
1-10 minutes	1 minute	
10-90 minutes	10 minutes	

MANUAL COOKING/MANUAL DEFROSTING

- Enter the cooking time and use the microwave power levels P100 to P20 to cook or defrost (refer to page GB-11).
- Stir or turn the food, where possible, 2 3 times during cooking.
- · After cooking, cover the food and leave to stand, where recommended.
- After defrosting, cover the food in foil and leave to stand until thoroughly defrosted.

2. Press the MICRO POWER

key again to select the power

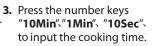
Example:

To cook for 2 minutes and 30 seconds on P80 (80%) microwave power.

1. Press the MICRO POWER key. P100 will be displayed.



level for P80.





4. Press the START/QUICK START key to start cooking. (The display will count down through the programmed cooking time.)



NOTE:

- When the oven starts, the oven lamp will illuminate.
- If the door is opened during cooking/defrosting to stir or turn over food, the cooking time on the display will stop automatically. The cooking/defrosting time starts to count down again when the door is closed and the **START/QUICK START** key is pressed.
- When cooking/defrosting is complete, the display will show "End". Open the door and close, or press any button, the time of day will reappear on the display, if the clock has been set.
- If you wish to know the power level during cooking, press the MICRO POWER key. The current power level will displayed for 3 seconds.



GRILL COOKING/MICRO+GRILL COOKING

1. GRILL ONLY COOKING

The grill at the top of the oven cavity has one power setting only. Use the rack for grilling small items of food such as bacon, gammon and teacakes. Food can be placed either directly onto the rack, or into a flan dish/heat-resistant plate on the rack.

Example:

To grill for 20 minutes, using GRILL key.

1. Press **GRILL** button once. "Grl""15" will be displayed.

2. Press the **10Min** "**1Min** "**10Sec**" to set up required heating time.



3. Press the START/QUICK START key to start the grilling.
(The display will count down through the programmed grilling time.)



2. MICRO+GRILL COOKING

MICRO+GRILL combines microwave power with the grill. **MICRO+GRILL** means to cook by microwave power and grill power alternately. The combination of microwave power with the grill reduces cooking time and provides a crisp, brown finish.

There are 2 choices for the combination:

COMBINATION 1 (Display: Co-1)

Microwave cooks for 10 sec, while grill cooks for 23 sec, that makes one cycle.

COMBINATION 2 (Display: Co-2)

Microwave cooks for 18 sec, while grill cooks for 15 sec, that makes one cycle.

Example:

To cook for 20 minutes, using MICRO+GRILL with Co-1.

1. Press MICRO+GRILL button once and then "Co-1" " ", " ", "15" will be displayed.

2. Press the 10Min's 11Min's 10Sec to set up required heating time.

 Press the START/QUICK START key to start the cooking. (The display will count down through the programmed grilling time.)







NOTES for GRILL and MICRO+GRILL COOKING:

- It is not necessary to preheat the grill.
- You may detect smoke or a burning smell when using the grill for the first time. This is normal and not a sign that the oven malfunctioned. To avoid this problem, when first using the oven, heat the oven without food for 20 minutes on grill.

IMPORTANT: During operation, to allow smoke or smells to disperse open a window or switch the kitchen ventilation on.



WARNING:

The door, outer cabinet, oven cavity and accessories will become very hot during operation. To prevent burns, always use thick oven gloves.



CONVECTION COOKING

• Convection temperature order 200 °C ->190 °C ->180 °C ->170 °C ->160 °C ->150 °C ->140 °C ->130 °C ->120 °C ->110 °C .

1. Convection cooking with preheating program

Example:

To cook for 2 minutes and 30 seconds on 190 °C convection temperature.

- 1. Press the **CONVECTION** key continually until desired temperature is displayed.
- Close the door and Press START/QUICK START key to start preheating.
- 3. After preheating, open the door and put in the food. Press the 10 Min' . "1 Min' ."10 Sec to set up required heating time.
- Press the START/QUICK START key to start cooking. (The display will count down through the programmed cooking time.)









NOTES

- Preheating time can not be chosen. The maximum preheating time is 30 min.
- When the cavity reaches the preset temperaure, preheating will stop and an audible signal will sound every two seconds. If not open the door within 30 min, this program will finish and "END" will be displayed.

1.Convection cooking without preheating program Example:

To cook for 2 minutes and 30 seconds on 190 °C convection temperature.

- 1. Press the **CONVECTION** key continually until desired temperature is displayed.
- 2. Press the 10Min's "1Min's "10Sec to set up required heating time
- **3.** Press the **START/QUICK START** key to start cooking.(The display will count down through the programmed cooking time.)







NOTE

• To check the set temperature during cooking, press the **CONVECTION** key.

MICRO+CONVECTION COOKING



Micro+convection temperature order 200 °C ->170 °C ->140 °C ->110 °C

Example:

To cook for 2 minutes and 30 seconds on 170 °C convection temperature.

- Press the MICRO+CONVECTION key continually until desired temperature is displayed.
- 2. Press the 10Mir's "1Mir's "10Sec to set up required heating time
- **3.** Press the **START/QUICK START** key to start cooking.(The display will count down through the programmed cooking time.)







NOTE

• To check the set temperature during cooking, press the **MICRO+CONVECTION** key.

OTHER CONVENIENT FUNCTIONS



1. MULTISTAGE COOKING

- Input the first stage cooking program.
- Input the second stage cooking program, then "2S" will be displayed.
- Press the START/QUICK START key to start cooking

NOTE:

- There are 2 stages in total.
- Multistage cooking is only usable for microwave cooking,grill cooking,convection cooking and conbination cooking.

2. DELAY TIMER

With this function, you can preset the program and the microwave oven will start to work according to the program automatically later.

- In standy by mode, set your desired cooking program.
- Press the **DELAY TIMER/KITCHEN TIMER/SET CLOCK** key once, the time of the day will display and the delay timer indicator will illuminate.
- Press the number keys "10Min" "1Min" "1Sec" to set the time when you want to start the program.
- Press the START/QUICK START key, once the clock reach the preset time, the system will start the preset program automatically.

NOTE:

- In delay timer state, press the **DELAY TIMER/KITCHEN TIMER/SET CLOCK** key once, the preset cooking time will be diaplayed for 5 seconds. You can press **STOP/CLEAR** key to cancel the delay timer function.
- Quick start, time defrost and weight defrost can not use the delay timer function.

3. QUICK START

Direct start

You can directly start cooking on P100 microwave power level for 30 seconds by pressing the **START/QUICK START** key. The cooking process will start immediately and each time the button is pressed this will increase the cooking time by 30 sec.

NOTE: The cooking time may be extended to a maximum of 10 minutes.



OTHER CONVENIENT FUNCTIONS

4. CHILD LOCK

Use to prevent unsupervised operation of the oven by children.

a. To set the CHILD LOCK:

In the stand-by mode, press STOP/CLEAR key for 3 seconds. There will be a long beep denoting entering the children-lock state and the

 $igoplus igoplus \operatorname{lill}$ indicator will illuminate together with the current clock time.



b. To cancel the CHILD LOCK:

In the stand-by mode, press STOP/CLEAR key for 3 seconds. There will be a long "beep" denoting that the lock is released.

5. AUTOMATIC PROTECTION MECHANISM

a.Digital tube has been shows "E 01" and had been "DE-DE" alarm when the system into the super high temperature protection status. The system into normal standby mode when faults remove and press **STOP/CLEAR** button.

b. Digital tube has been shows "E 02" and had been "DE-DE" alarm when the system enters into the super low temperature protection status. The system enters into normal standby mode when faults remove and press **STOP/CLEAR** button.

c. 3. In case of a short circuit to the sensor, the oven will enter into protection mode as display shows "E 03" with beeping until **STOP/CLEAR** is pressed to make the oven back to normal.

d. COOLING FEATURE——The controlling system of the microwave oven has the feature of cooling. As for any cooking mode which cooking time above 2 minutes, after stopping or finishing cooking, the oven fan will work about 3 minutes automatically to cool the oven for prolonging the life of the oven.



WEIGHT DEFROST FUNCTION

WEIGHT DEFROST

The microwave oven is pre-programmed with a timer and power levels so that foods such as pork, beef and chicken can be easily defrosted. The weight range for this is from 100g – 1800g in 100g steps.

Follow the example below for guidance on how to operate this function.

Example: To defrost a meat joint weighing 1.2kg using **WEIGHT DEFROST**.

Place the meat in a flan dish or alternatively on a microwave oven defrost rack on the ceramic plate.

 Press the TIME DEFROST/ WEIGHT DEFORST key twice. **2.** Enter the desired weight by pressing the until the display shows:

 Press the START/QUICK START key to start defrosting. (The display will count down through defrosting time)







NOTE:

- Before freezing foods, ensure food is fresh and of good quality.
- If necessary, shield small areas of meat or poultry with flat pieces of aluminium foil. This will prevent the areas from becoming warm during defrosting. Ensure the foil does not touch the oven walls.
- Food weight should be rounded up to the nearest 100g, for example, 650g to 700g.
- After defrosting for two third of the total time, the system will pause and bleep to remind you to turn the food over to ensure even defrosting. When this is complete, press **START/QUICK START** key to resume defrosting.



TIME DEFROST FUNCTION

TIME DEFROST

This function quickly defrosts food while enabling you to choose a suitable defrost period, depending on the food type. Follow the example below for guidance on how to operate this function. The time range is 0:10 – 99:50.

Example: To defrost food for 10 minutes.

 Press the TIME DEFROST/ WEIGHT DEFORST key once.

 Enter the cooking time by pressing the number keys "10Min". "1Min". "10Sec" until the display shows:10:00.









Notes for Time Defrost:

- The preset microwave power level can not be changed.
- Before freezing foods, ensure food is fresh and of good quality.
- If necessary, shield small areas of meat or poultry with flat pieces of aluminium foil. This will prevent the areas from becoming warm during defrosting. Ensure the foil does not touch the oven walls.
- After defrosting for two third of the total time, the system will pause and bleep to remind you to turn the food over to ensure even defrosting.
 When this is complete, press START/QUICK STARTkey to resume defrosting.



The **AUTO MENU** programmes automatically calculates the correct cooking mode and cooking time of foods (details on page GB-16). Follow the example below for guidance on how to operate this function.



Example:To cook 0.3kg rice using Auto Cook RICE.

- **1.** Press the **RICE** key once to select the desired auto menu.
- 2. Press the RICE key again and again until the desired weight is displayed
- **3.** Press the **START/QUICK START** key to start cooking







NOTE:

- For additional auto menu programs (auto menu chart on page GB-16), please use to select. Press **START/QUICK START**, and then press to choose the desired weight. Press **START/QUICK START** to start cooking.
- For food weighting more or less than the weights/quantities given in the **AUTO MENU** chart on page GB-16 cook by manual operation.





AUTO MENU	DISPLAY	WEIGHT/ PORTION	COOKING TIME	POWER LEVEL
Jacket potatoes		1	6:00	
		2	9:00	P100
		3	13:00	
Pizza		150 g	18:00	
		300 g	19:00	Convection 160 °C
		450 g	20:00	
Rice		150 g	15:00	P100 10:00 , P80 5:00
		300 g	25:00	P100 20:00 , P80 5:00
Oven chips		200 g	27:00	Convection 200°C
Cake	鎰	475 g	45:00	Convection 150 °C
Roast chicken		800g	27:00	
	₹\$\text{\$\pi_{\text{\text{\$\sigma}}}\text{\$\text{\$\text{\$\sigma}}}\text{\$\text{\$\text{\$\text{\$\sigma}}}\text{\$\tex{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\}\$}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}	1000 g	30:00	Convection 200°C
		1200 g	33:00	2/3 times turn over
		1400 g	36:00	

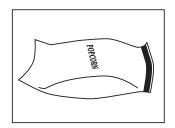
Auto Reheat		200 g	1:30	
		300 g	2:00	
	R-;	400 g	2:30	P100
	,,,	500 g	3:00	
		600 g	3:30	_
		700 g	4:00	
		800 g	4:30	
Beverages		1 (200ml)	1:30	
	R- 2	2 (400ml)	2:40	P100
		3 (600ml)	3:50	
Vegetables		200 g	3:00	
		300 g	4:00	
	R- 3	400 g	5:00	P100
		500 g	6:00	
		600 g	7:00	
Soup		1 bowl	2:20	
Soup	R- 4	2 bowl	4:00	P100
		3 bowl	5:40	
Grilled bacon		100 g	4:30	Combination 200 C
	R-5	200 g	6:00	2/3 times turn over
		300 g	7:30	
Grilled fish pieces		200 g	12:00	
	R- 5	300 g	15:00	Combination 200 °C
	,, ,	400 g	18:00	2/3 times turn over
		500 g	21:00	2/3 times turn over
		600 g	24:00	
Roast beef/lamb		200 g	12:00	Combination 200 °C 2/3 times turn over
		300 g	15:00	
	R- 7	400 g	18:00	
		500 g	21:00	
		600 g	24:00	

Important Information about Microwave Popcorn Feature:

 When selecting 0.1 kg of popcorn, it is suggested that you fold down a triangle on each corner of the bag before cooking. Refer to the picture at right.



2. If/when the popcorn bag expands and no longer rotates properly, please press **STOP/CLEAR** key once and open the oven door and adjust the bag position to ensure even cooking.



SUITABLE OVENWARE

To cook/defrost food in a microwave oven, the microwave energy must be able to pass through the container to penetrate the food. Therefore it is important to choose suitable cookware.

Round/oval dishes are preferable to square/oblong ones, as the food in the corners tends to overcook. A variety of cookware can be used as listed below

Cookware	Microwave Safe	Comments
Aluminium foil Foil containers	√ / X	Small pieces of aluminium foil can be used to shield food from overheating. Keep foil at least 2cm from the oven walls, as arcing may occur. Foil containers are not recommended unless specified by the manufacturer, e.g. Microfoil *, follow instructions carefully.
Browning dishes	✓	Always follow the manufacturers instructions. Do not exceed heating time given. Be very careful as these dishes become very hot.
China and ceramics	✓ / X	Porcelain, pottery, glazed earthenware and bone china are usually suitable, except for those with metallic decoration.
Glassware e.g. Pyrex ®	~	Care should be taken if using fine glassware as it can break or crack if heated suddenly.
Metal	×	It is not recommended to use metal cookware as it will arc, which can lead to fire.
Plastic/Polystyrene e.g fast food containers	•	Care must be taken as some containers warp, melt or discolour at high temperatures.
Cling film	✓	It should not touch the food and must be pierced to let the steam escape.
Freezer/Roasting bags	~	Must be pierced to let steam escape. Ensure bags are suitable for microwave use. Do not use plastic or metal ties, as they may melt or catch fire due to the metal 'arcing'.
Paper - plates, cups and kitchen paper	•	Only use for warming or to absorb moisture. Care must be taken as overheating may cause fire.
Straw and wooden containers	✓	Always attend the oven when using these materials as overheating may cause fire.
Recycled paper and newspaper	×	May contain extracts of metal which will cause 'arcing' and may lead to fire.

MARNING:

When heating food in plastic or paper containers, monitor the oven due to the possibility of ignition.

CARE AND CLEANING



CAUTION: DO NOT USE COMMERCIAL OVEN CLEANERS, STEAM CLEANERS, ABRASIVE, HARSH CLEANERS, ANY THAT CONTAIN SODIUM HYDROXIDE OR SCOURING PADS ON ANY PART OF YOUR MICROWAVE OVEN.

CLEAN THE OVEN AT REGULAR INTERVALS AND REMOVE ANY FOOD DEPOSITS - Keep the oven clean, or the oven could lead to a deterioration of the surface. This could adversely affect the life of the appliance and possibly result in a hazardous situation.

Oven exterior

The outside of your oven can be cleaned easily with mild soap and water. Make sure the soap is wiped off with a moist cloth, and dry the exterior with a soft towel.

Control panel

Open the door before cleaning to de-activate the control panel. Care should be taken in cleaning the control panel. Use a cloth damp with water only, gently wipe the panel until it becomes clean. Avoid using excessive amounts of water. Do not use any sort of chemical or abrasive cleaner.

Oven Interior

1. For cleaning, wipe any splatters or spills with a soft damp cloth or sponge after each use while the oven is still warm. For heavier spills, use a mild soap and wipe several times with a damp cloth until all residues are removed. Do not remove the waveguide cover.

- 2. Make sure that mild soap or water does not penetrate the small vents in the walls which may cause damage to the oven.
- 3. Do not use spray cleaners on the oven interior.

Keep the waveguide cover clean at all times.

The waveguide cover is constructed from a fragile material and should be cleaned with care (follow the cleaning instructions above).

NOTE: Excessive soaking may cause disintegration of the waveguide cover.

The waveguide cover is a consumable part and without regular cleaning, will need to be replaced.

Door

To remove all traces of dirt, regularly clean both sides of the door, the door seals and adjacent parts with a soft, damp cloth. Do not use harsh abrasive cleaners or sharp metal scrapers to clean the glass oven door since they can scratch the surface, which may result in shattering of the glass.

NOTE: A steam cleaner should not be used.

Glass flat tray

To remove all traces of dirt, regularly clean the glass flat tray with a soft, damp cloth while the glass flat tray is not so hot. For heavier spills, use a mild soap and wipe several times with a damp cloth until all residues are removed. Do not use harsh abrasive cleaners or sharp metal scrapers to clean the glass flat tray.

Cleaning tip - For easier cleaning of your oven:

Place half a lemon in a bowl, add 300ml (1/2 pint) water and heat on 100% for 10 -12 minutes. Wipe the oven clean using a soft, dry cloth.

TROUBLESHOOTING

If you think the oven is not working properly there are some simple checks you can carry out yourself before calling an engineer. This will help prevent unnecessary service calls if the fault is something simple.

Follow this simple check below:

Place half a cup of water on the turntable and close the door. Programme the oven to cook for 1 minute using 100% microwave power.

- 1. Does the oven lamp come on when it is cooking?
- 2. Does the microwave stirrer rotate?
- **3.** Does the cooling fan work? (Check by placing your hand above the air vent openings.)
- 4. After 1 minute does the audible signal sound?
- 5. Is the water in the cup hot?

If you answer "NO" to any question first check that the oven is plugged in properly and the fuse has not blown. If there is no fault with either, check against the troubleshooting chart below.

WARNING: Never adjust, repair or modify the oven yourself. It is hazardous for anyone other than SHARP trained engineer to carry out servicing or repairs. This is important as it may involve the removal of covers that provide protecion aganist microwave energy.

- The door seal stops microwave leakage during oven operation, but does not form an airtight seal. It is normal to see drops of water, light or feel warm air around the oven door. Food with a high moisture content will release steam and cause condensation inside the door which may drip from the oven.
- **Repairs and Modifications:** Do not attempt to operate the oven if it is not working properly.
- Outer Cabinet & Lamp Access: Never remove the outer cabinet.
 This is very dangerous due to high voltage parts inside which must never be touched, as this could be fatal.
 - Your oven is not fitted with a lamp access cover. If the lamp fails, do not attempt to replace the lamp yourself, call a SHARP approved service facility.
- Cool down function: If the Microwave is set for 2 mins or longer (in any mode) once the program ends it will enter into a 3 min cool down where the fan only will remain on. This is not a fault and it is not still cooking, the fan will stop after 3 minutes.

TROUBLESHOOTING CHART

QUERY	ANSWER
Draught circulates around the door.	When the oven is working, air circulates within the cavity. The door does not form an airtight seal so air may escape from the door.
Condensation forms in the oven, and may drip from the door.	The oven cavity will normally be colder than the food being cooked, and so steam produced when cooking will condense on the colder surface. The amount of steam produced depends on the water content of the food being cooked. Some foods, such as potatoes have a high moisture content. Condensation trapped in the door glass should clear after a few hours.
Flashing or arcing from within the cavity when cooking.	Arcing will occur when a metallic object comes into close proximity to the oven cavity during cooking. This may possibly roughen the surface of the cavity, but would not otherwise damage the oven.
Arcing potatoes.	Ensure all "eyes" are removed from the potatoes and that they have been pierced, place directly onto the turntable or in a heat resistant flan dish or similar.
The display is lit but the control panel will not work when pressed.	Check the door is closed properly.
Oven cooks too slowly.	Ensure correct power level has been selected.
Oven makes a noise.	The microwave energy pulses ON and OFF during cooking/defrosting.
Outer cabinet is hot.	The cabinet may become warm to the touch - keep children away.



TO REPLACE THE MAINS PLUG

The wires in the mains cable are colour coded as shown:

Green and yellow stripes = EARTH
Blue = NEUTRAL
Brown = LIVE

As the colours in the mains lead of your oven may not correspond with the coloured marking identifying the terminals in your plug, connect the wires as described:

- The green and yellow wire to the plug terminal marked E or _____
 or coloured green or coloured green and yellow.
- The blue wire to the plug terminal marked N or coloured black or coloured blue
- The brown wire to the plug terminal marked L or coloured red or coloured brown.

Make sure the terminal screws are tight and the cable is held securely by the cable grip where it enters the plug.

Like most appliances in your home, your oven must be connected to a single phase 230-240V~, 50Hz alternating current supply.

If you do not make the proper electrical connections you might damage the oven or injure yourself. Neither SHARP nor the supplier will be liable if this happens.

WARNING:THIS APPLIANCE MUST BE EARTHED

If you have any doubts about your electrical supply ask a qualified electrician.

IMPORTANT

- The fuse from the cut-off plug should be removed and the plug disposed of in a safe manner.
- Under no circumstances should the cut-off plug be inserted into a socket outlet as a serious electric shock may occur.
- The plug must not be used without the fuse cover fitted.

If you have any doubt about your microwave oven obtain the help of a qualified electrician. When replacing the plug please ensure that you use a BSI or ASTA approved plug to BS1363, this should be fitted with a brown coloured 13 amp fuse approved by BSI or ASTA to BSI 362. If you have any doubt about electrical connection seek the help of a qualified electrician.

CALLING FOR SERVICE



- If you are unable to resolve a problem using the checks covered on the last few pages, do not attempt to service this microwave oven yourself.
- Contact the dealer or supplier from whom the oven was purchased in order to obtain service. Where this is not possible, please contact the SHARP Customer Information Centre. Telephone: 0333 014 3055.
- For general information and assistance with oven queries, please contact our

Customer Information Centre:

UK & Ireland: 0333 014 3055

Website: www.sharphomeappliances.com/support

 Replacement accessories may be obtained from our main parts distributor:
 Charles Hyde & Son Ltd

Telephone 01759 303068 Email sales@charleshyde.co.uk Web www.chsinteractive.co.uk

GUARANTEE



Sharp Electronics (UK) Ltd. ("Sharp") guarantees that for a period of 12 months from the date of purchase the enclosed product will be free from defects in materials and workmanship. Sharp agrees to provide for the repair or, at its option, the replacement of a defective product. Sharp reserves the right to replace defective parts, or the product, with new or refurbished items. Items that are replaced become the property of Sharp.

To benefit from this guarantee, any fault that occurs must be notified to Sharp, or its appointed Service Facility, within one year frome the date the product was purchased. Proof of purchase, such as a receipt or invoice, must be provided. If the product is exchanged, the replacement shall be covered by the unexpired portion of the original guarantee. In the unlikely event of the product requiring repair, please contact the supplier from whom it was purchased. Where this is nto possible, please contact an appointed Service Facility. Details of Service Facilities appointed by Sharp can be obtained from www.sharphomeappliances.com/support or by contacting the Sharp Customer Information Centre whose details are given below. This guarantee shall only apply to faults that are due to inferior workmanship or materials. It does not cover fault or damage caused by accident, misuse, fair wear and tear, neglect, tampering with the product, or repair other than by a Service Facility appointed by Sharp.

The product is intended for private domestic use only. The guarantee will not apply if the product is used in the course

of a business, trade or profession. The guarantee does not cover:

- Glass/ceramic turntables/flat tray, as they can be damaged by handling/cleaning methods.
- Faults resulting from inadequate cleaning. Regular cleaning is required to prevent a build up of food residue that can also affect the performance of the product.
- · Carriage costs to or from the repair centre.

No person has any authority to vary the terms or conditions of this guarantee.

This guarantee is offered as an additional benefit to your statutory rights, and does not affect these rights in any way. You may not transfer your rights or obligations under this warranty to anyone else.

If you have any difficulty operating the product, or would like information on other Sharp products, please telephone the Sharp Customer Information Centre on the number given below.

Sharp Customer Information Centre

Website: www.sharphomeappliances.com/support **Telephone:** 0333 014 3055

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