



# MOVE HELMET

**READ THIS MANUAL CAREFULLY AND FOLLOW THE INSTRUCTIONS COMPLETELY**

Complies with EN 1078:2012+A1:2012

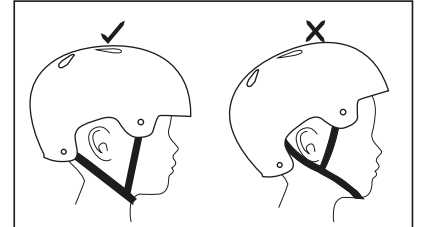
## FITTING YOUR HELMET

FITTING TO BE SUPERVISED BY AN ADULT.

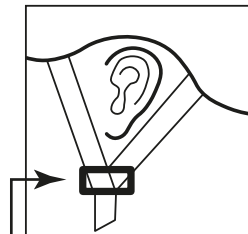
The helmet you have just purchased provides protection, whether on or off the road. To insure proper use of this helmet, familiarise yourself with its features, fit and care by carefully reading through this manual before wearing your new helmet.

- ▶ **STEP 1:** The helmet fits correctly when the fit pads hold the helmet firmly but comfortably in place. All fitting adjustments **MUST** be made with the helmet in the correct position. Failure to do so will result in a poor fit, allowing the helmet to move out of position or come off in an accident. For the correct positioning, please refer to Diagram A.

**DIAGRAM A**  
Always wear the helmet as shown to protect the forehead



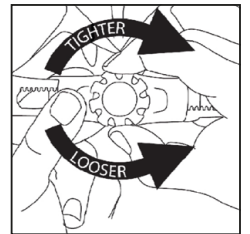
- ▶ **STEP 2:** The front and rear straps should join at the point slightly below and in front of the ears. See diagram B. To adjust the position of the straps hold one end of the buckle in one hand and slide the slide adjuster up or down as necessary with the other hand correctly positioned. To adjust the front or rear strap individually, hold the strap to be adjusted and slide the slide adjuster in the appropriate direction.



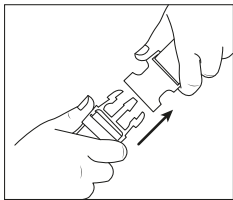
**DIAGRAM B**  
Position of where the straps should join.

### HEADBAND ADJUSTMENT:

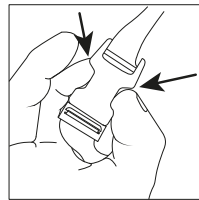
With the helmet on your head - turn the ring positioned at the back (See diagram C) clockwise until the headband is firm yet comfortable. If you need to loosen the headband, turn the ring counter-clockwise.



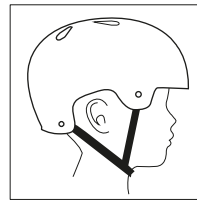
**DIAGRAM C**  
Position of back ring adjuster.



**DIAGRAM D**

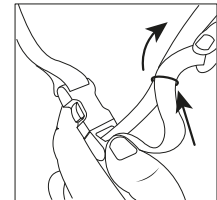


**DIAGRAM E**



**DIAGRAM F**

Diagram F shows the proper placement of the chin strap.



**DIAGRAM G**

Make sure the loose end of the strap passes through the rubber "O" ring. If it does not, the strap may slide loose and the helmet can come off accidentally. See diagram G

- ▶ **STEP 3:** Always wear the helmet with the chin strap buckle fastened and the strap pulled tight. Make sure the strap is well back against the throat, Not on the point of the chin. Straps worn on the point of the chin increase the chance of the helmet coming off in an accident. Diagram D and E show how to fasten and release the buckle.

- ▶ **STEP 4:** Before using the helmet, make sure it fits correctly, the straps are correctly adjusted and the chin strap is tight enough. Put the helmet on in the correct position. Fasten the chin strap and pull it tight.

### CHECK THE FIT:

Grab the helmet with both hands and twist it to the left and to the right. If the helmet fits, the skin on the forehead will move as the helmet moves. If it does not, the helmet is too loose. Return to step 1.

### CHECK THE STRAPS:

Grab the helmet with both hands and try to remove it by rolling the helmet forward and backward as far as you can. If you can roll it off the head completely in either direction, roll it forward so far that it blocks vision or backwards enough to expose the forehead, the fit is not correct. Repeat Steps 2 - 4 until the helmet movement is minimal.

**WARNING:** If you cannot adjust the helmet to fit as required by Step 4, **DO NOT USE THIS HELMET**. Replace it with a different size. The helmet can only protect if it fits well and Zinc recommends that you should try different sizes and choose the size which feels secure and comfortable on the head.

- ▶ **STEP 5:** Once you are satisfied that the helmet fits correctly and that all straps are properly adjusted and tightened, take a short ride. Pay attention to overall comfort and helmet stability while riding. Make any minor adjustments to the fit pads and straps to improve the comfort and stability.

## STORING YOUR HELMET

After each use, allow the helmet to air dry and then store in a cool, dry place. Excessive heat can damage the helmet. Direct sunlight, dark sports bags and automobiles can get hot enough to cause heat damage to the helmet. Damaged helmets will appear to have uneven or bubbly surfaces. **DO NOT USE A HEAT DAMAGED HELMET.**

## CLEANING YOUR HELMET

Only use mild soap and water to clean the helmet, straps and pads. **DO NOT** use chemicals. Do not use solvents or aggressive cleaning agents.

## WARNING!

### LIMITED IMPACT PROTECTION

Helmets reduce or prevent many injuries. But, impact forces, even in a common low speed accident, can result in serious injury or death. Energy absorbing materials used in helmets crush on impact. Sometimes the blow can crush the material completely. When this happens some of the force is transferred to the head. If the force is great enough, it can cause injury or death. Every accident is different, it is impossible to predict when this might happen.

### HELMETS CANNOT PREVENT ALL HEAD INJURIES!

Some head injuries are not caused by impacts at all. They are caused by other forces. Helmets are designed to protect your skull, but cannot protect your brain or muscles around the neck, or the spine.

### HELMETS CANNOT PROTECT WHAT THEY DO NOT COVER!

A helmet only protects what it covers. It does not protect the neck or any area of the helmet it doesn't cover. Always wear a helmet low, in front to protect the forehead. Make sure the helmet fits snugly and the straps are adjusted to hold the helmet firmly in place when tightly fastened.

**WARNING!** This helmet should not be used by children while climbing or doing other activities when there is a risk of strangulation/hanging if the child gets trapped with the helmet. A helmet cannot always protect against injury.

### HELMETS CANNOT BE MODIFIED

It is dangerous of modifying or removing any of the original component parts of the helmet other than as recommended by the manufacturer, and that helmet should not be adapted for the purpose of fitting accessories in a way not recommended by the manufacturer.

## SAFETY INFORMATION

### YOU SHOULD ALWAYS:

1. Wear your helmet low, in front to protect your forehead from impact.
2. Fasten your buckle and tighten your chin strap.
3. Check your adjustments every time you wear your helmet.
4. Inspect your helmet carefully before each use.
5. Replace your helmet immediately when any visible signs of damage appear.
6. Clean your helmet with mild soapy water.
7. Store your helmet in a cool, dry place.
8. Wear a helmet whenever you are participating in your favourite sport.
9. Wear a helmet designed for what you are doing.
10. Discard or destroy a helmet that has been involved in an accident.
11. Think safety!

### YOU SHOULD NEVER:

1. Wear a helmet that's been in an accident, even if damage is not visible.
2. Loan your helmet to other people.
3. Wear someone else's helmet.
4. Wear your helmet with the buckle unfastened.
5. Wear your helmet tipped back to expose your forehead.
6. Wear anything under your helmet.
7. Wear the helmet while operating a motor vehicle.
8. Clean your helmet with chemical cleaners.
9. Store your helmet in hot and damp places.
10. Take unnecessary risks just because you are wearing a helmet.
11. Modify this helmet in any way.

**PARENTS:** A helmet is NOT a toy. **DO NOT** allow children to play with it. They can damage it or hurt themselves.

This helmet is designed to protect impact cause by collision of head with an obstacle while cycling or roller skating, it has passed EN1078:2012+A1:2012 to show conformity to the EHSR of EU 2016/425 (EU only).

EC/EU Type examination conducted by: SGS Fimko Oy, Takomotie 8, 00380 Helsinki, Finland. Notified Body No: 0598.

### EUROPEAN TEST APPROVAL STANDARD:

EN1078:2012+A1:2012

SIZE: L 56-60CM

PRODUCT NUMBER: BLACK ZC07762

BLUE ZC07763

PINK ZC07764

REFERENCE NO: F519

PRODUCT WEIGHT: 464G

## CUSTOMER HELPLINE

Hy-Pro advise you to contact us directly and not to return this item to the place of purchase. Hy-Pro has taken great care to ensure this item has reached you in good condition, should you have a query please ring our helpline +44 (0) 800 731 0006 where your call will be dealt with promptly. Alternatively, please email: [customerservices@zinchq.com](mailto:customerservices@zinchq.com).

REMOVE ALL THE PACKAGING BEFORE GIVING TO A CHILD.

- PLEASE RETAIN PACKAGING AND MANUAL FOR FUTURE REFERENCE
- COLOUR & CONTENTS MAY VARY FROM THOSE SHOWN ON PACKAGING

[www.hy-pro.co.uk](http://www.hy-pro.co.uk) [www.zincsports.com](http://www.zincsports.com)



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