

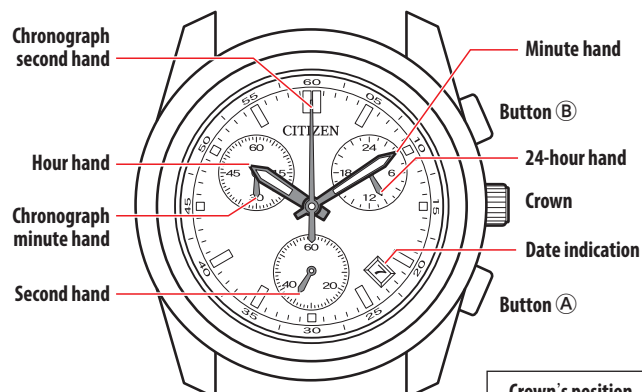


H50x/H57x Abbreviated instruction

- This watch is light-powered. Be sure your watch is fully charged before use.
- For complete instructions for setting, use, charging time and specifications, refer to the full instruction manual:  H50x/  H57x instruction manual

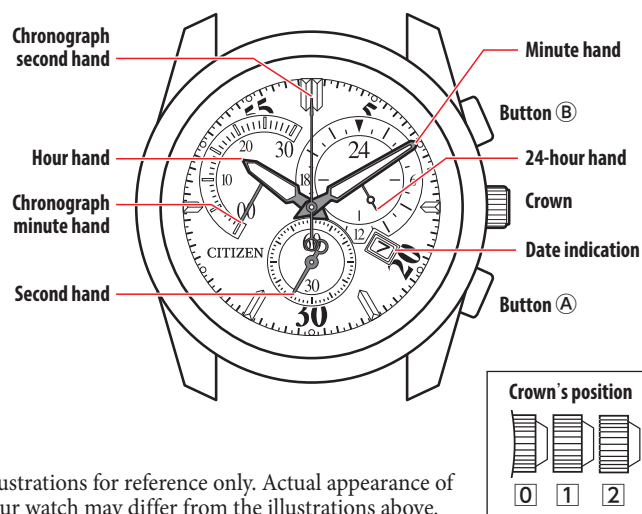
Component identification

H50x



- Illustrations for reference only. Actual appearance of your watch may differ from the illustrations above.

H57x



- Illustrations for reference only. Actual appearance of your watch may differ from the illustrations above.

Setting the time

1. Pull the crown out to position **2** when the second hand points to 12:00 (0 second).
2. Rotate the crown to set the time.
 - Referring to the 24-hour hand, set the time to ensure proper AM or PM time is set.
 - Move the hands 4 or 5 minutes forward of desired minutes and move them back to the right time to set the time more precisely.
3. Push the crown in to position **0** in accordance with a reliable time source.
The second hand starts moving.

Setting the date indication

- Do not adjust the date indication when the watch shows 9:00 PM - 1:00 AM. Otherwise the date indication may change incorrectly.
- Date indication adjustment is required on the first of the following months: March, May, July, October and December.

1. Pull the crown out to position **1**.
2. Rotate the crown clockwise to adjust the date indication.
 - Counterclockwise rotation moves nothing.
3. Push the crown in to position **0**.

Using the chronograph

Movement Caliber H50x can measure up to 60 minutes by 1 second.
Movement Caliber H57x up to 30 minutes by 1 second.

- The hour, minute and 24-hour hands move normally during chronograph measurement.

1. Push the crown in to position **0**.
 - Start/stop:** press and release the upper right button **(B)**.
 - Press and release lower right button **(A)** to return the chronograph minute hand to 00 minute position before starting measurement if it is not at the position.
 - Reset:** press and release lower right button **(A)** while the chronograph is stopped.
 - Applying strong shock to the watch during chronograph measurement may move the chronograph minute hand to an incorrect position. In such a case, press button **(A)** securely to return the chronograph minute hand to 00 minute position.

Adjusting the chronograph second hand to the 0 second position

Execute the operation below when the chronograph second hand does not return to 0 second position after resetting or the hand points to an incorrect position because of strong shock or other reasons.

- You cannot execute this operation when the insufficient charge warning function is activated. You must fully charge your watch.
1. Pull the crown out to position **2**.
 2. Press and hold the upper right button **(B)** for 3 or more seconds.
 - Press and release the upper right button **(B)** to adjust the chronograph second hand to 0 second position (12:00 position). Each time you press the button, the hand moves by 1 second. Press and hold the button to move the hand continuously.
 3. Push the crown in to position **0**.
 - Press and release the lower right button **(A)** to confirm the chronograph minute hand returns to 00 minute position.