kinetik
WELLBEING



THERMAL COMFORTER

Instruction Manual

SKU WW-500

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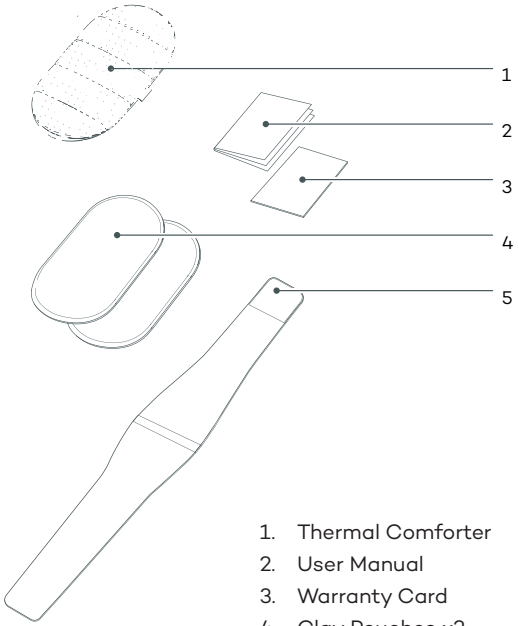
BRAND STORY

At Kinetik Wellbeing we are driven by the belief that everyone deserves to take control of their health from the comfort of their own home. Designed with simplicity in mind, our clinically validated devices empower you to proactively monitor and manage your long-term health journey.

We created our Women's Wellness range to empower and support women through every stage of life, addressing everything from menstrual discomfort to menopausal symptoms.

WHAT'S INCLUDED?

Your Eazz products

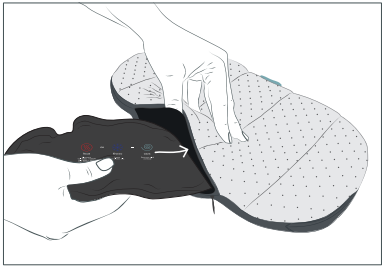


1. Thermal Comforter
2. User Manual
3. Warranty Card
4. Clay Pouches x2
5. Adjustable Band

HOW TO USE

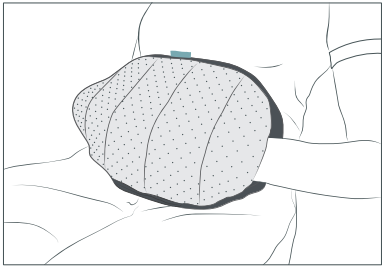
Inserting the clay pouch

Open the zip on the thermal comforter and slide the clay pouch into the compartment and zip close to secure.



Hand warmer

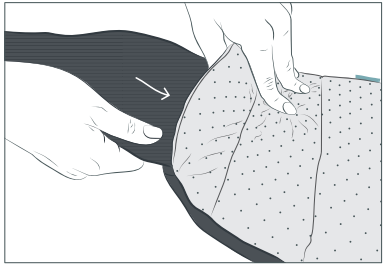
To warm your hands, feed them through the side openings of Eazz.



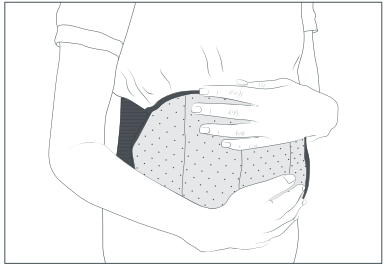
HOW TO USE

Using the adjustable band

1. Take the band and feed it through one of the side openings of Eazz until it comes out the other end.



2. Position the underneath of Thermal Comforter on the area to be soothed and secure in place using the velcro fixings.



HOW TO USE

Heating via microwave

Place the clay pouch in the microwave and follow our heating recommendations below based on your microwave power setting.

- Always heat it while it is at room temperature, never from frozen.
- For best results and optimum heat transfer, remove the clay pouch after 1 minute, manipulate the contents and return for the remaining seconds.
- Note: the time indicated is a recommendation. If you prefer to heat it for longer, do so in short 10 sec intervals until it reaches the desired temperature.



MICROWAVE
1 min 20 sec / 1000W
1 min 30 sec / 900W
1 min 40 sec / 850W

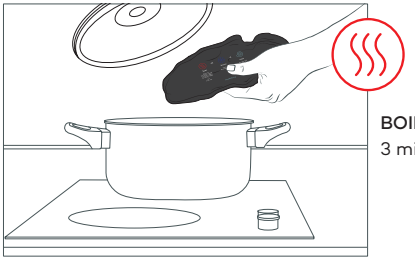
When you have reached your optimum temperature, slide open the zip and place the clay pouch into Thermal Comforter, the heat in the pouch will fluctuate during use and may need to be reheated OR use your backup pouch for constant relief.

⚠ **Do not put the Eazz comforter cover into the microwave as it has metal parts and could be dangerous.**

HOW TO USE

Heating via boiling

If you do not have access to a microwave, place the clay pouch into a saucepan of boiling water and follow our guidelines below for best results.



BOIL
3 minutes max.

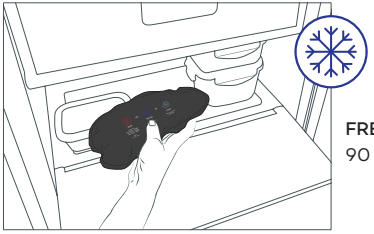
⚠ **Do not exceed the recommended heating times.**

⚠ **Never put the clay pouch directly on your skin as this could be painful and cause permanent damage.**

HOW TO USE

Freezing

Take one of the clay pouches out of Thermal Comforter and place in the freezer for a minimum of 90 minutes. Make sure you follow the guidelines below and if the pouch seems too hard, allow to warm gently before use.



FREEZE
90 minutes min.

Remove the clay pouch from the freezer, open the zip and insert the clay pouch, allow a few moments for the cold to penetrate through Thermal Comforter onto your skin. The intensity in the pouch will fluctuate during use and may need to be put back in the freezer after 1hr OR use your backup pouch for constant relief.

⚠ **Allow the clay pouch to return to room temperature before using for heat therapy OR use your backup pouch.**

SAFETY INFORMATION

Safety information

⚠ Please read these instructions and warnings carefully before use and keep them for future reference. They contain important information which will help you get the best from your product and ensure safe and correct installation and operation.

IMPROPER USE MAY CAUSE INJURY.

We declare the clay pouch is FDA/CE approved.
Please email info@theawellbeing.com for a copy.

Precautions

- Follow the guidelines as instructed and do not exceed the advice given.
- Keep away from children when heating or cooling the pouch, adult supervision at all times.
- Always heat the clay pouch while it is at room temperature, never frozen.
- Excessive heating could cause skin burns, clay bag deterioration, and possible leakage.
- Do not use the pouch without the cover. Make sure that you always use the pad with the cover properly fitted and the zipper closed to avoid any skin burns.
- Avoid use on sensitive skin areas, open wounds and areas of severe swelling.
- The pouch has been professionally sealed, do not puncture and keep away from sharp objects.

- Always check the clay pouch before use, any signs of leakage, deterioration or damage dispose of immediately.
- Keep the clay pouch safely away from sunlight or extreme heat.
- If you accidently swallow the contents or have an adverse reaction consult your doctor.

CARE GUIDE

Cleaning Instructions

- The comforter can be wiped with a warm cloth or we recommend washing it at 30 degrees and allow to dry naturally.
- DO NOT TUMBLE DRY.

SUPPORT

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