ANALOG

TIME SETTING (3 HAND)

- 1. Pull crown out to position 2.
- 2. Turn counter-clockwise to advance the time and continue until the day changes to the present day.
- 3. Set to the correct time.
- 4. Push crown back to position 1

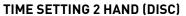
DATE SETTING (3 HAND DATE)

- 1. Pull the crown out to position 2.
- 2. Turn the crown either clockwise or counter-clockwise and set the date for the previous day.

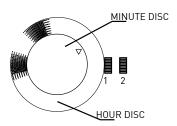
The direction that moves the date varies on different watch models.



- 1. Pull crown out to position 2.
- 2. Turn counter-clockwise to advance the time and continue until the day changes to the present day.
- 3. Set to the correct time.
- 4. Push crown back to position 1



- 1. Pull crown out to position 2.
- 2. Turn the crown either clockwise or counter-clockwise
- 3. Set to the correct time.
- 4. Push crown back to position 1

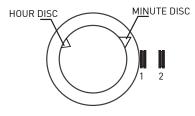


HOUR HAND

MINUTE HAND

SECOND HAND

HOUR HAND



MINUTE HAND

SECOND HAND

DATE WINDOW

DUAL TIME/ DAY/ DATE (3 EYE WITH DATE)

DAY/ TIME SETTING

- 1. Pull crown out to position 3.
- 2. Turn crown clockwise to set day and time.
- 3. Return crown to position 1.

NOTE: If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.

DATE SETTING

- 1. Pull crown out to position 2.
- 2. Turn crown clockwise to set date.
- 3. Return crown to position 1.

DUAL TIME SETTING

- 1. Press A to set dual time hand forward in 15 minute increments.
- 2. Press B to set dual time hand backward in 15 minute increments.

NOTE: Dual time hand can be advanced rapidly by continuously pressing A or B.

DAY OF WEEK MINUTE HAND A HOUR HAND DATE WINDOW SECOND HAND

CHRONOGRAPH STOPWATCH (3 EYE WITH DATE)

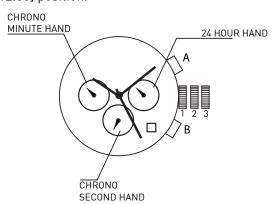
TIME AND DATE SETTING

- 1. Before setting the time, make sure the chronograph is stopped and set to zero [12:00] position.
- 2. Pull crown out to position 2.
- 3. Turn crown clockwise until the previous day's date is displayed.
- 4. Pull crown out to position 3 when the second hand is at the 12:00 position.
- 5. Turn crown to set time.

Note: 24-hour hand moves correspondingly with the hour and minute hands. When setting the time be sure to check that the 24-hour hand is set properly.

6. Return crown to position 1.

Note: When the crown is in position 2, do not press the pushers. Otherwise the chronograph hands will move.



CHRONOGRAPH

- 1. Press A to start/stop the chronograph.
- 2. Press B to reset to zero.

CHRONOGRAPH ZERO RESET

- 1. If either of the chronograph hands is not at the zero (12:00) position, pull crown out to position 3.
- 2. Press A to move hands clockwise; press B to move hands counter-clockwise.
- 3. Return crown to position 1.

CHRONOGRAPH 2 EYE WITH DATE (WITH OR WITHOUT DATE)

TIME AND DATE SETTING

- 1. Before setting the time, make sure the chronograph is stopped and set to zero [12:00] position.
- 2. Pull crown out to position 2.
- 3. Turn crown clockwise until the previous day's date is displayed.
- 4. Pull crown out to position 3 when the second hand is at the 12:00 position.
- 5. Turn crown to set time.
- Note: 24-hour hand moves correspondingly with the hour and minute hands. When setting the time be sure to check that the 24-hour hand is set properly.
- 6. Return crown to position 1.

Note: When the crown is in position 2, do not press the pushers. Otherwise the chronograph hands will move.

CHRONOGRAPH

- 1. Press B to start/stop the chronograph.
- 3. Press A for Split time, Press A again to restart
- 2. Press A to reset to zero.

CHRONOGRAPH ZERO RESET

- 1. If either of the chronograph hands is not at the zero (12:00) position, pull crown out to position 3.
- 2. Press A to move hands clockwise; press B to move hands counter-clockwise.
- 3. Return crown to position 1.

CALAGARY (QFL769BB/QFL873AC)

NORMAL TIME DISPLAY

- 1. Press A for EL.
- 2. Press C to select T1 or T2 format.
- 3. Press D to toggle chime on/off.

TIME/CALENDAR SETTING

- 1. In time mode, press and hold D for 2 seconds to enter time setting; hour will begin flashing.
- 2. Press C to increase setting value. Press D to decrease setting value.
- 3. Press B to enter next setting field.
- 4. Setting sequence is hour, minute, second, year month, date,12/24 Hr.
- 5. Press A to exit setting mode.

CHRONOGRAPH MODE

- 1. Press B to enter chrono mode.
- 2. Press D to select split or lap mode. Split mode will display the full time of all records after each split. Lap mode will display only the new lap time after each record has been recorded.
- 3. Press C to start chrono.
- 4. Press C again to split time.
- 5. Repeat step 4 until desired number of laps have been reached (maximum 10).
- 6. Press D to stop chrono.
- 7. To review, press B to enter recall mode before resetting.
- 8. Press D again to reset chrono.



CHRONO

SECOND HAND

SECOND HAND

CHRONO

MINUTE HAND

RECALL MODE

- 1. Press C to recall each lap (10 maximum).
- 2. Press D to return to chrono.

ALARM MODE

- 1. Press B to enter alarm mode.
- 2. Press C to toggle alarm on/off.
- 3. Press D to select T1 Alarm 1 or T2 Alarm 2.

ALARM SETTING

- 1. Press and hold D for 2 seconds to enter alarm setting; hour will begin flashing.
- 2. Press C to increase setting value. Press D to decrease setting value.
- 3. Press B to set minutes.
- 4. Press A to exit setting mode.

NOTE: Alarm turns on automatically when exiting setting mode.

TIMER MODE

- 1. Press C to start countdown timer.
- 2. Press D to stop countdown timer. Press D again to reset timer.

TIMER SETTING

- 1. Press B to enter timer mode.
- 2. Press and hold D to enter setting mode; hour will begin flashing.
- 3. Press C to increase setting value. Press D to decrease setting value.
- 4. Press B to enter next setting field.
- 5. Setting sequence is hour, minute, second.
- 6. Press A to exit setting mode.

PEACHTREE (FL145GB)

NORMAL TIME DISPLAY

- 1. Press A for EL in any mode.
- 2. Press C to toggle between Time 1 and Time 2.
- 3. Press and hold C to set Time 1 or Time 2 as the default timer.
- 4. Press D to toggle chime on/off.

TIME/CALENDAR SETTING

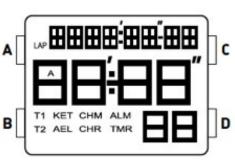
- 1. In normal time display, press and hold A to enter setting mode; chime will begin flashing.
- 2. Press C to increase setting value. Press D to decrease setting value.
- 3. Press B to set and advance to next setting value.
- 4. Setting sequence is chime, 12/24-hour time, hour, minute, second, year, month, date, Auto EL.
- 5. Press A to save data and exit setting mode.

CHRONOGRAPH MODE

- 1. Press B to change to chronograph mode.
- 2. Press C to start chronograph; press D for lap when the chronograph is running.
- 3. Press D to change views while chronograph is running.
- 4. Press C to stop chronograph.
- NOTE: When running, there is a maximum of 10 laps, afterward last lap will be overwritten each time additional lap is recorded.

RECALL MODE

- 1. Press A to recall the memory when the chronograph is stopped.
- 2. Press A to view the next lap.
- 3. Press C or D to exit Recall Mode and go back to chronograph mode.



TIMER MODE

- 1. Press B to change to timer mode.
- 2. Press C to start timer.
- 3. Press C to stop timer. Press D to reset the timer when it is stopped.

TIMER SETTING

- 1. In timer mode, press and hold A to enter setting mode; timer type will begin flashing.
- 2. Press C and D to select count down stop, count down repeat, or count up timer.
- 3. Press B to advance to next setting field.
- 4. Press C to decrease and D to increase.
- 5. Press B to set and advance to next setting value.
- 6. Setting sequence is timer type, hour, minute, second.
- 7. Press A to save data and exit setting mode.

NOTE: Alarm will sound at 2 beeps per second, and will beep for 30 seconds after timer reaches zero.

ALARM MODE

- 1. Press B to change to alarm mode.
- 2. Press C to toggle between alarms 1, 2, 3, 4.
- 3. Press D to enable the alarm; press D again to disable the alarm.
- 4. Press B to exit alarm mode.

ALARM SETTING

- 1. In alarm mode, press and hold A to enter setting mode, hour will begin flashing.
- 2. Press C to increase; press D to decrease.
- 3. Press B to set and advance to next setting value.
- 4. Setting sequence is hour, minute.
- 5. Press A to exit setting mode.

DENVER/ CANDY / SYDNEY (UPCR-780A-P07 / QUPCR-823A-P03 /QUPCR-780A-3-P16)

NORMAL TIME DISPLAY

- 1. Press A for EL.
- 2. Press C to select T1 or T2 format.

TIME/CALENDAR SETTING

- 1. In time mode, press and hold D for 2 seconds to enter time setting; hour will begin flashing.
- 2. Press C to increase setting value.
- 3. Press B to enter next setting field.
- 4. Setting sequence is hour, minute, day, year, month, date.
- 5. Press D to exit setting mode.

ALARM MODE

- 1. Press B to enter alarm mode.
- 2. Press C to toggle alarm/chime on/off.
- 3. Press D to select Home Alarm or T2 Alarm.

ALARM SETTING

- 1. Press and hold D for 2 seconds to enter alarm setting; hour will begin flashing.
- 2. Press C to increase setting value.
- 3. Press B to set minutes.
- 4. Press D to exit setting mode.

NOTE: Alarm turns on automatically when exiting setting mode.







CHRONOGRAPH MODE

- 1. Press B to enter chrono mode.
- 2. Press D to select split or lap mode. Split mode will display the full time of all records after each split. Lap mode will display only the new lap time after each record has been recorded.
- 3. Press C to start chrono.
- 4. Press C again to split time.
- 5. Repeat step 4 until desired number of laps have been reached (maximum 10).
- 6. Press D to stop chrono.
- 7. To review, press B to enter recall mode before resetting.
- 8. Press D again to reset chrono.

RECALL MODE

- 1. Press C to recall each lap (10 maximum).
- 2. Press D to return to chrono.

TIMER MODE

- 1. Press C to start countdown timer.
- 2. Press D to stop countdown timer. Press D again to reset timer.

TIMER SETTING

- 1. Press B to enter timer mode.
- 2. Press and hold D to enter setting mode; hour will begin flashing.
- 3. Press C to increase setting value.
- 4. Press B to enter next setting field.
- 5. Setting sequence is hour, minute, second.
- 6. Press D to exit setting mode.

Seoul / Curitiba (QFL657)

NORMAL TIME DISPLAY

- 1. Press A to change mode. Mode sequence is normal time, chronograph, timer, alarm.
- 2. Press B for EL.
- 3. Press C to flash time zone 2. Press and hold C 2 seconds to toggle normal time display/time zone 2.
- 4. Press D to toggle key tone on/off.

NOTE: At any point in any setting mode, press B to exit setting mode. NOTE: In any setting mode, if no pusher is operated for 30 seconds, all changes will be saved and the setting will automatically return to normal time display.

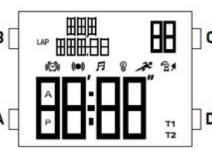
TIME/CALENDAR SETTING

- 1. In normal time display, press and hold B 2 seconds; auto EL on/off will begin flashing.
- 2. Press C toggle auto EL on/off.
- 3. Press A to set and advance to next setting value.
- 4. Press C to increase digit; press D to decrease digit. Press and hold C or D for fast increment/decrement.
- 5. Repeat steps 3 and 4 through setting sequence. Setting sequence is: auto EL, chime on/off, 12/24-hour format, hour, minute, second, year, month/date or date/ month format, month and date.
- 6. Press B to exit setting mode.
- NOTE: Weekday is automatically updated upon exiting setting mode.

TIME ZONE 2 SETTING

- 1. To set Time Zone 2, press and hold C 2 seconds to change to Time Zone 2.
- 2. Press and hold B 2 seconds; time difference between time zone 1 and time zone 2 will begin flashing.
- 3. Press C to increase value; press D to decrease value. Press and hold C or D for fast increment/decrement.
- 4. Press B to exit setting mode.





CHRONOGRAPH MODE

- 1. Press A to change to chronograph mode.
- 2. Press B to recall lap data. Press B to scroll through laps.
- 3. Press C to start/stop the chronograph.
- 4. Press and hold D 2 seconds to reset to zero.

NOTE: Insert chronograph indicator here will flash in all modes if the chronograph is running.

LAP COUNTING

- 1. Press D while the chronograph is running for lap counting (up to 10 laps).
- NOTE: After 8 seconds, display will show total chronograph time in the lower portion of the display; next lap running time will show in upper portion of the display.
- 2. Press C to stop chronograph.
- 3. Press B when the chronograph is stopped to recall chronograph lap data.
- 4. Press C or D to exit recall mode and return to chronograph.

TIMER MODE

- 1. Press A to change to timer mode.
- 2. Press C to start/stop timer.
- 3. Press D to reset the timer.

NOTE: Alarm will sound for 30 seconds when countdown reaches zero. Press any pusher to silence alarm.

TIMER SETTING

- 1. In timer mode, press and hold B 2 seconds to enter setting mode; timer type will begin flashing.
- 2. Press C to select countdown-stop ("CD-STP"), countdown-repeat ("CD-REP"), or countdown-then up timer ("CD-UP").
- 3. Press A to set and advance to next setting value.
- 4. Press C to increase digit; press D to decrease digit. Press and hold C or D for fast increment/decrement.
- 5. Repeat steps 3 and 4 through setting sequence. Setting sequence is: timer type, hour, minute, seconds.
- 6. Press B to exit setting mode.

ALARM MODE

- 1. Press A to change to alarm mode.
- 2. Press C to select alarm 1-4.
- 3. Press D to toggle alarm on/off.

ALARM SETTING

- 1. In alarm mode, press and hold B 2 seconds; hour will begin flashing.
- 2. Press C to increase digit; press D to decrease digit. Press and hold C or D for fast increment/decrement.
- 3. Press A to set and advance minute.
- 4. Repeat step 2.
- 5. Press B to exit setting mode.

NOTE: Alarm will sound for 30 seconds. Press any pusher to silence alarm.