

Wireless Noise Canceling Stereo Headset  
LinkBuds S



Model: YY2950

### Quick Start Guide

 To prevent burning or malfunction due to getting wet

### Download the app, and set up the headset



To use all functions and improved performances, update the software of the headset and "Sony | Headphones Connect" app to the latest version. For details, refer to the following:

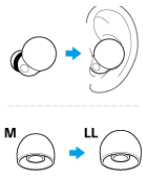
<https://www.sony.net/elesupport/>

### Let's start to use



1

Wearing the headset



Twist the headset unit to slide the earbud tip deep into your ear canal.

2

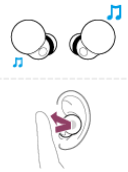
## Establishing a BLUETOOTH® connection



The headset is turned on when both headset units are removed from the charging case. Follow the downloaded “Sony | Headphones Connect” app instructions.

3

## Operating the headset



Tap the touch sensor.

Left

- : To switch the noise canceling function and Ambient Sound Mode
- ● : Quick Access (requires settings with the “Sony | Headphones Connect” app)
- ● ● : Quick Access (requires settings with the “Sony | Headphones Connect” app)
- ● ● : To activate the Quick Attention Mode

Right

- : To play or pause music
- ● : To skip to the beginning of the next track
- ● ● : To skip to the beginning of the previous track (or the current track during playback)
- ● ● : To use or cancel the voice assist function (Google app/Siri)

## Related information

[Establishing a Bluetooth connection manually](#)

[Charging the headset](#)

WF-LS900N

### Getting started

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## Making connections

### [How to make a wireless connection to Bluetooth devices](#)

#### Easy setup with app

[Connecting with the "Sony | Headphones Connect" app](#)

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#### iPhone (iOS devices)

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#### Computers

[Pairing and connecting with a computer \(Windows® 10\)](#)

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#### Other Bluetooth devices

[Pairing and connecting with a Bluetooth device](#)

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## [Switching audio between multiple devices with "audio switch"](#)

### Listening to music

#### Listening to music via a Bluetooth connection

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#### Listening to ambient sound

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#### [Supported codecs](#)

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### Making phone calls

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#### [Making a call](#)

#### [Functions for a phone call](#)

#### [Making a video call on your computer](#)

#### [Disconnecting Bluetooth connection \(after use\)](#)

### Using the voice assist function

#### [Using the Google Assistant](#)

#### [Using Amazon Alexa](#)

#### [Using the voice assist function \(Google app\)](#)

#### [Using the voice assist function \(Siri\)](#)

## Using the apps

[What you can do with the “Sony | Headphones Connect” app](#)

[Installing the “Sony | Headphones Connect” app](#)

[Accessing support information from the “Sony | Headphones Connect” app](#)

[How to keep the software up-to-date \(for comfortable use of the headset\)](#)

## What you can do with partner services

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## Troubleshooting

[What can I do to solve a problem?](#)

### Power/Charging

- [Unable to turn on the headset.](#)
- [Charging cannot be done.](#)
- [The available operating time is short, the battery power does not last long.](#)
- [Charging time is too long.](#)

### Sound

- [No sound, no sound from one side](#)
- [Low sound level](#)
- [Low sound quality, or noise or unusual sound can be heard.](#)
- [Sound skips frequently.](#)
- [Noise is heard during music playback.](#)

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- [The effect of noise canceling is not sufficient.](#)

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## Bluetooth connection

- [Pairing cannot be done.](#)

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- [Unable to make a Bluetooth connection.](#)

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- [The headset does not operate properly.](#)

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- [Cannot hear a person during a call/low voice from callers, your voice does not reach the person during a call/your voice is low on the caller's side.](#)

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## Others

- [Earbud tips are damaged or lost.](#)

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- [An earache occurs.](#)

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## Resetting or initializing the headset

- [Resetting the headset](#)

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- [Initializing the headset to restore factory settings](#)

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## Specifications

[Specifications](#)

## What you can do with the Bluetooth function

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The headset uses Bluetooth wireless technology, allowing you to do the following.

### Listening to music

You can enjoy music wirelessly from a smartphone or music player, etc.



### Talking on the phone

You can make and receive calls hands-free, while leaving your smartphone or mobile phone in your bag or pocket.



## About the voice guidance

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In the factory settings, when the headset is worn in your ears, you will hear the English voice guidance via the headset. You can change the language of the voice guidance and turn on/off the voice guidance using "Sony | Headphones Connect" app. For more details, refer to the "Sony | Headphones Connect" app help guide.

[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)

- When pairing the headset for the first time after purchase or after initializing the headset (when there is no pairing information in the headset), when entering pairing mode automatically by removing the headset from the charging case and putting the headset units into both ears/When pairing the headset manually, when removing the headset from the charging case and putting the headset units into both ears during pairing mode: "Pairing"
- When the remaining battery charge of the headset is low: "Low battery"
- When automatically turning off due to low battery of the headset: "Battery is empty"
- When the Google™ Assistant is not available during software update: "The Google assistant is not available during update. Please wait a moment until the update completes."
- When the Google Assistant is not available on the smartphone connected to the headset even when operating the headset unit to which the Google Assistant is assigned: "The Google Assistant is not connected"
- When Amazon Alexa is not available on the smartphone connected to the headset even when operating the headset unit to which Amazon Alexa is assigned: "Either your mobile device isn't connected; or you need to open the Alexa App and try again"
- When Quick Access is not available because Service Link is turned off: "Launch Headphones Connect to activate Service Link"
- When Quick Access is not available during software update: "Function is not available during update. Please wait a moment until the update completes."
- When the corresponding app is not launched even when operating the headset unit to which Quick Access is assigned: "App assigned to the Quick Access is not launched on the mobile device"

### Note

- It takes about 20 minutes when you change the language of the voice guidance.
- When you initialize the headset to restore to the factory settings after you change the language of the voice guidance, the language will also return to the factory settings.
- If the voice guidance is not heard after changing the voice guidance language or updating the software of the headset, set the headset into the charging case to turn it off, then remove the headset from the charging case to turn it on again.

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### Related Topic

- [Using only one unit of the headset](#)



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## Checking the package contents

After opening the package, check that all of the items in the list are included. If any items are missing, contact your dealer.

Numbers in ( ) indicate the item amount.

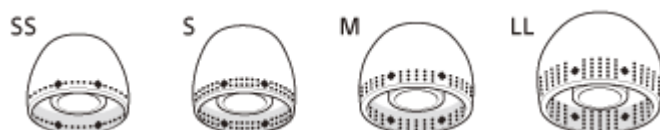
### Wireless Noise Canceling Stereo Headset

#### USB Type-C® cable (USB-A to USB-C®) (approx. 20 cm (7.88 in.)) (1)



### Hybrid silicone rubber earbud tips (SS/S/M/LL 2 each)

- M-sized earbud tips come attached to the left and right units of the headset at the time of purchase.
- Depending on the color of the headset, a set of one of the following earbud tip types is supplied.
  - The size of the earbud tips can be determined based on the number of dotted lines inside the bottom of the earbud tips.



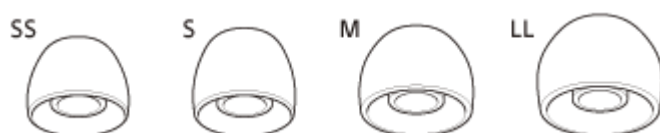
**SS size:** 1 line

**S size:** 2 lines

**M size:** 3 lines

**LL size:** 5 lines

- The size of the earbud tips can be determined based on the color of the inside of the earbud tips.



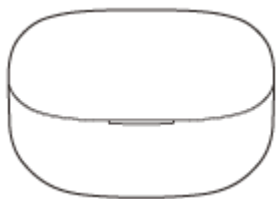
**SS size:** red

**S size:** orange

**M size:** green

**LL size:** purple

### Charging case (1)



### Note

- L-sized earbud tips are not supplied.  
L-sized earbud tips (EP-EX11 series) can be purchased at your nearest Sony dealer.
- Earbud tips are consumables. If the supplied earbud tips are damaged and need replacing, contact your nearest Sony dealer.

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### Related Topic

- [Earbud tips are damaged or lost.](#)

## Replacing the earbud tips

M-sized earbud tips come attached to the left and right units of the headset at the time of purchase.

If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, tap operations or Speak-to-Chat speech detection may not work correctly, or you may not obtain the correct sound qualities, noise canceling effects, or call performance.

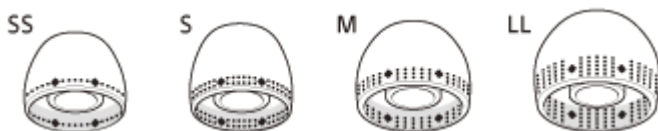
If any of this is the case, try the following.

- Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.
- The “Sony | Headphones Connect” app will help you to determine which earbud tips are most suitable for you to achieve the optimal noise cancellation effect.
- Check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.

### Hybrid silicone rubber earbud tips

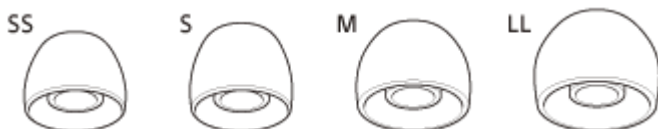
Depending on the color of the headset, a set of one of the following earbud tip types is supplied.

- The size of the earbud tips can be determined based on the number of dotted lines inside the bottom of the earbud tips.



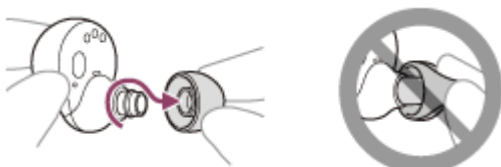
**SS size:** 1 line  
**S size:** 2 lines  
**M size:** 3 lines  
**LL size:** 5 lines

- The size of the earbud tips can be determined based on the color of the inside of the earbud tips.



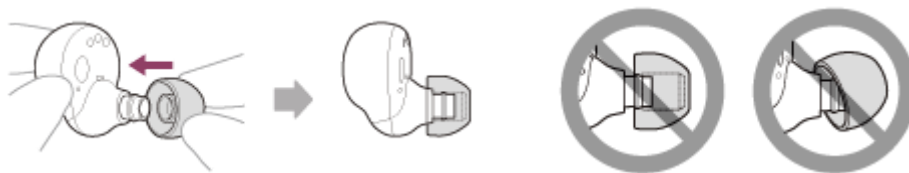
**SS size:** red  
**S size:** orange  
**M size:** green  
**LL size:** purple

#### 1 Remove the earbud tip.



Hold the headset unit and twist the earbud tip while rotating it to pull it out.  
Do not pinch the end of the earbud tip when removing it.

## 2 Attach the earbud tip.



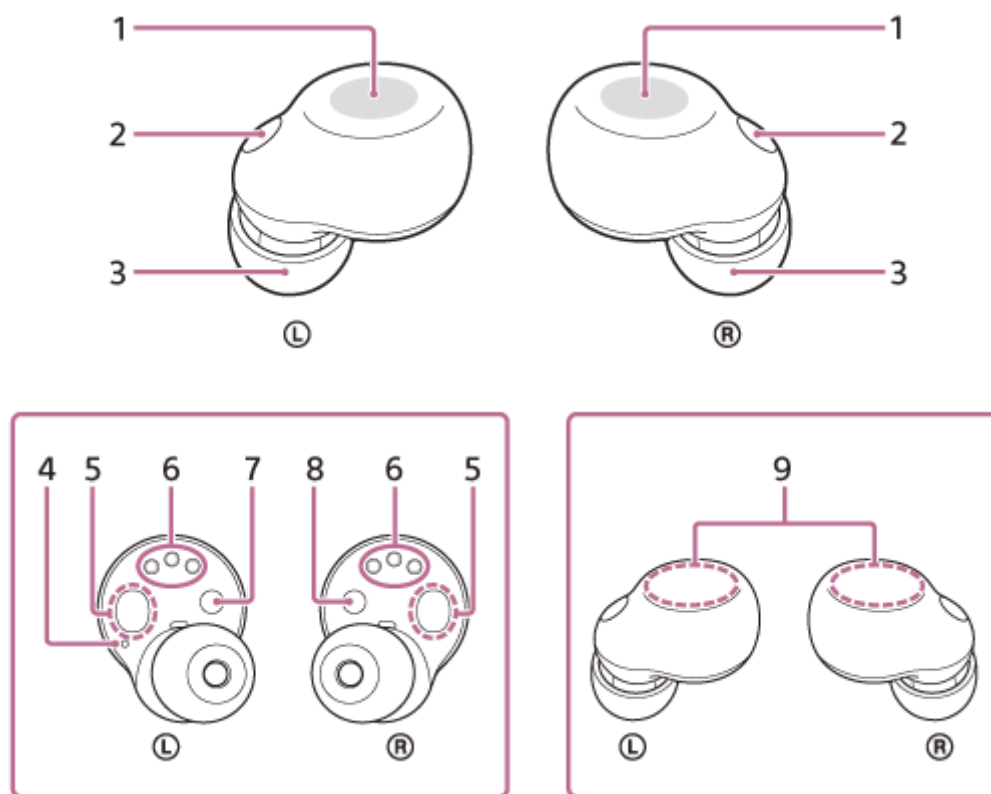
Firmly insert the earbud tip all the way. Do not attach the earbud tip in a loose or skewed manner.

### Related Topic

- [Wearing the headset](#)

## Location and function of parts

### Headset



1. Touch sensors (left, right)

2. Microphones (left, right)

3. Earbud tips (left, right)

4. Tactile dot

There is a tactile dot on the left unit of the headset.

5. IR sensors (left, right)

6. Charging ports (left, right)

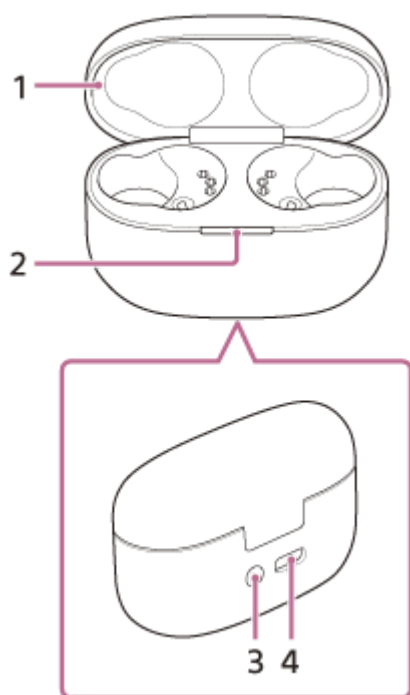
7. Ⓛ (left) mark

8. Ⓜ (right) mark

9. Built-in antennas (left, right)

A Bluetooth antenna is built into each left or right unit of the headset.

### Charging case



1. Lid
2. Indicator (green/orange/blue)  
Indicates the power, communication or charging status of the headset.
3. Pairing/initialize/reset button  
Used when entering pairing mode, initializing or resetting the headset.
4. USB Type-C port  
Using the supplied USB Type-C cable, connect the charging case to a computer or to an AC outlet via a commercially available USB AC adaptor to simultaneously charge both the headset and the charging case.

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### Related Topic

- [About the indicator](#)
- [Checking the remaining battery charge](#)

## About the indicator

You can check various statuses of the headset/charging case by the indicator on the charging case.

● : Turns on in green / ● : Turns on in orange / ● : Turns on in blue / -: Turns off



### Indication of the remaining battery charge

When both units of the headset are stored in the charging case: Displays the remaining battery charge of the headset unit with less remaining battery charge between the left and right units of the headset.



When either the left or right unit of the headset is stored in the charging case: Displays the remaining battery charge of the headset unit stored in the charging case.

When both units of the headset are removed from the charging case: Displays the remaining battery charge of the charging case.


When the lid of the charging case is opened or closed, or when the USB Type-C cable is removed after charging is complete, the indicator lights up as follows depending on the remaining battery charge.



















- When the headset is stored in the charging case and the remaining battery charge of the headset is 95% or higher / When the headset is not stored in the charging case and the remaining battery charge of the charging case is 31% or higher  
 - - - - - (lights up in green for about 6 seconds)
- When the headset is stored in the charging case and the remaining battery charge of the headset is between 94% and 1% / When the headset is not stored in the charging case and the remaining battery charge of the charging case is between 30% and 1%  
 - - - - - (lights up in orange for about 6 seconds)
- When the headset is stored in the charging case and the remaining battery charge of the headset is less than 1% / When the headset is not stored in the charging case and the remaining battery charge of the charging case is less than 1%  
- - - - - (turns off)

When the headset is removed from the charging case, or when the headset is stored in the charging case, the indicator lights up as follows depending on the remaining battery charge.









- When the headset is stored in the charging case and the remaining battery charge of the headset is 95% or higher / When the headset is not stored in the charging case and the remaining battery charge of the charging case is 31% or higher  
 - - - - - (lights up in green for about 3 seconds)
- When the headset is stored in the charging case and the remaining battery charge of the headset is between 94% and 1% / When the headset is not stored in the charging case and the remaining battery charge of the charging case is between 30% and 1%  
 - - - - - (lights up in orange for about 3 seconds)
- When the headset is stored in the charging case and the remaining battery charge of the headset is less than 1% / When the headset is not stored in the charging case and the remaining battery charge of the charging case is less than 1%  
- - - - - (turns off)

### Charging status





- While charging the headset / While charging the charging case  
 (lights up in orange)

- When the battery is fully charged when charging starts on the headset/charging case  
 - - - - - (lights up in orange for about 1 minute, and then turns off)
- When the battery becomes fully charged and charging is complete  
- - - - - (turns off)
- During charging, when the lid of the charging case is opened or closed / When the headset is set to or removed from the charging case  
 - - - - -  (turns off for about 0.5 seconds, and then lights up in orange)
- Abnormal temperature  
 -  - - - - -  -  - - - - - (repeatedly flashes twice in orange)
- When an error occurs while charging and charging cannot be performed  
 - -  - -  - -  - -  - - (repeatedly flashes slowly in orange)
- Abnormal combination of left and right units of the headset  
 -  -  - - - - -  -  -  - - - - - (repeatedly flashes 3 times in orange)

## Bluetooth connection status

- Pairing mode  
  - - - - -   - - - - - (repeatedly flashes twice slowly in blue)
- Connection process completed  
     (repeatedly flashes slowly in blue for about 5 seconds)

## Other

- Initialization completed  
    (flashes 4 times in green)  
For details, see [“Initializing the headset to restore factory settings”](#).

### Hint

- When the headset is worn, you can check various statuses of the headset by the voice guidance.

## Related Topic

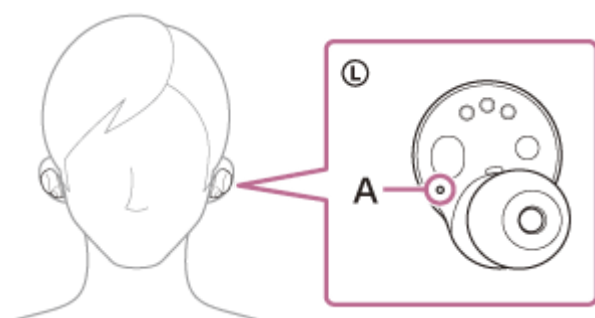
- [Charging](#)
- [Checking the remaining battery charge](#)
- [What you can do with the “Sony | Headphones Connect” app](#)
- [About the voice guidance](#)
- [Initializing the headset to restore factory settings](#)



## Wearing the headset

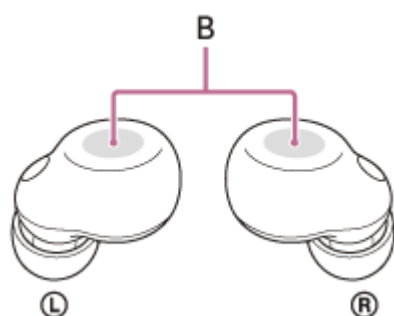
### 1 Put the headset units into both ears.

Put the headset unit with the ㊿ (left) mark into your left ear and the headset unit with the ㊻ (right) mark into your right ear. The left unit has a tactile dot.



**A:** Tactile dot

Be careful not to come in contact with the touch sensor when you put the headset units into both ears.



**B:** Touch sensors (left, right)

### 2 Adjust the fit of the headset to your ears.

Twist the headset unit to slide the earbud tip deep into your ear canal.



#### Hint

- When you put the headset unit into your ear or adjust the positioning of the headset unit, see the illustration in step 2 for how to hold the headset unit.

## For the proper sound quality, noise canceling function, and call sound quality to be effective

If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, tap operations or Speak-to-Chat speech detection may not work correctly, or you may not obtain the correct sound qualities, noise canceling effects, or call performance.

If any of this is the case, try the following.

- Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.
- The “Sony | Headphones Connect” app will help you to determine which earbud tips are most suitable for you to achieve the optimal noise cancellation effect.
- See step ② and check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.

## When attaching and removing the headset

In the factory settings, the built-in IR sensors detect when the headset is inserted in or removed from your ears, enabling the headset to pause or resume music playback, as well as control the touch sensors and voice guidance.

### When the headset is worn

- You can use the touch sensors to play music, make and receive calls, etc.
- You will hear a voice guidance corresponding to the operation and status.

### When the headset is removed

- When you listen to music while wearing both headset units in your ears, the headset will pause music playback if one or both headset units are removed. When the headset is worn again, the headset resumes music playback.
- When the headset is not worn for about 15 minutes after being removed from the charging case, the headset turns off automatically to save the battery. Turn the headset on by tapping the touch sensor or by putting the headset into your ears.
- In order to prevent the headset from reacting incorrectly, music playback, making and receiving calls as well as other operations cannot be performed by tapping the touch sensors of the headset removed from your ears.

#### Hint

- You can also play music, make and receive calls, etc. when only one unit of the headset is worn in your ear.
- By using the “Sony | Headphones Connect” app, you can change the setting of automatically pausing and resuming the music playback, or automatically turning off the headset.

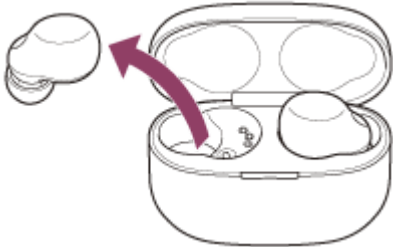
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### Related Topic

- [Replacing the earbud tips](#)
- [Using only one unit of the headset](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

## Using only one unit of the headset

You can remove one unit of the headset from the charging case and use the unit by itself.  
In this case, only the unit that has been removed from the charging case will turn on.



### When you put on the other unit of the headset

The connection between the left and right units is established automatically, and you will hear the music or other audio on both units of the headset.

### Assigning functions to the touch sensors

Depending on the headset unit you are wearing, some functions may not be available in the factory settings. In this case, you can change the function assignments to the touch sensors using the “Sony | Headphones Connect” app.

#### Hint

- In the factory settings, the music playback function is assigned to the right unit.  
When listening to music with one ear, if only the right unit is worn in your ear, use the touch sensor on the right unit to play music.  
When only the left unit is worn in your ear, operate the connected device to play music.
- When you play music or other stereo audio while wearing only one unit, you will hear monaural sound with the left and right channels mixed.
- You can also enjoy hands-free calls even when you are wearing only one unit of the headset. When you receive an incoming call, answer the call using the unit of the headset you are wearing. If you put the other unit into the other ear while you are talking with only one unit, you can talk with both units.

#### Note

- When Service Link is turned on with the “Sony | Headphones Connect” app, use the right unit of the headset. You cannot use only the left unit of the headset.
- Depending on the assignment of the touch sensors and/or the Voice Assistant setting, you may not be able to use only one unit of the headset.  
Refer to the following and check the setting in the “Sony | Headphones Connect” app.

Voice Assistant setting menu item	Specification
[Voice Assist Function of Mobile Device]	Either unit of the headset can be used.
[Google Assistant] or [Amazon Alexa]	Only the headset unit with the Touch Sensor Control function set to [Playback control] can be used. Assign the [Playback control] function to the headset unit you want to use. In the factory settings, [Playback control] is assigned to the right unit. When you assign [Playback control] to both headset units, full functionality is only available on the right unit.

Voice Assistant setting menu item	Specification
[Do not use]	Either unit of the headset can be used.

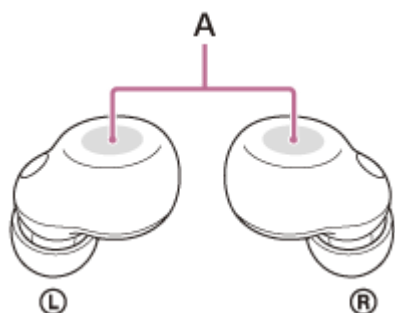
## Related Topic

- [Controlling the audio device \(Bluetooth connection\)](#)
- [Functions for a phone call](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

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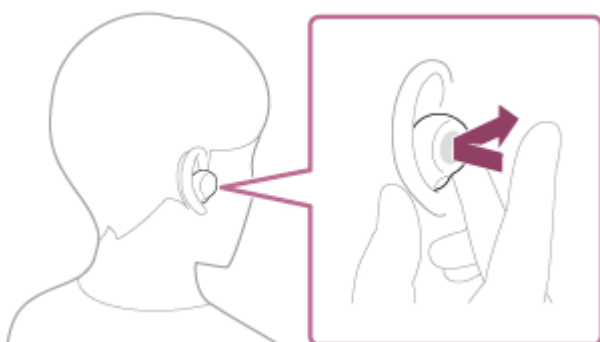
## About the touch sensor

Tap the touch sensor for various operations, such as music playback, phone calls, or changing the setting of the noise canceling function.



**A:** Touch sensors (left, right)

To operate the touch sensor, tap the touch sensor with your forefinger.



### Some available operations

	Left	Right
Tap	To switch the noise canceling function and Ambient Sound Mode	To play or pause music
Tap twice	To receive or end a call	To skip to the beginning of the next track To receive or end a call
Tap 3 times	—	To skip to the beginning of the previous track (or the current track during playback)
Hold your finger to the touch sensor	To activate the Quick Attention Mode	To use or cancel the voice assist function (Google app/Siri)

#### Hint

- When tapping the touch sensor 2 or 3 times, tap it quickly with an interval of about 0.3 seconds between taps.
- You can change the function assignments to the touch sensors of the left and right units using the “Sony | Headphones Connect” app. For example, the music playback function that is assigned to the touch sensor of the right unit in the factory settings can be

changed to the touch sensor of the left unit.

You can also change the settings that do not assign the music playback function, noise canceling function, Ambient Sound Mode and playback volume adjustment function, etc.

### Note

- You cannot operate the touch sensors when not wearing the headset. If you disable the wearing detection automatic power off function with the “Sony | Headphones Connect” app, the touch sensors can be operated even when the headset is not worn.
- When you make initial settings for the Google Assistant on your smartphone, the function assignments to the touch sensors may change automatically.  
Check the function assignments to the touch sensors with the “Sony | Headphones Connect” app.
- When you make initial settings for Amazon Alexa on your smartphone, the function assignments to the touch sensors may change automatically.  
Check the function assignments to the touch sensors with the “Sony | Headphones Connect” app.

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### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)
- [Controlling the audio device \(Bluetooth connection\)](#)
- [Functions for a phone call](#)

## Using Quick Access

Quick Access is a feature that allows you to play content in the corresponding app by simply tapping the touch sensor of the headset.

- 1 **Put the headset units into your ears and connect the headset to the smartphone via Bluetooth connection.**
- 2 **Open the “Sony | Headphones Connect” app, and assign the services you want to link to Quick Access.**  
For details on the “Sony | Headphones Connect” app, refer to the following URL.  
[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)
- 3 **Launch the app of the service assigned to Quick Access.**
- 4 **Tap the touch sensor on the left unit to use Quick Access.**
  - Tap twice: Quick Access
  - Tap 3 times: Quick Access

### Hint

- Quick Access can be used on the headset unit with the touch sensor that has the noise canceling function and Ambient Sound Mode switching function assigned. In the factory settings, this function is assigned to the left unit. You can change the function assignments to the touch sensors of the left and right units using the “Sony | Headphones Connect” app.
- To use Quick Access, you need to install the corresponding smartphone app and connect to the Internet. Some apps will require you to sign in.
- For details on the latest specifications of Quick Access, refer to the [Services] tab of the “Sony | Headphones Connect” app.
- You can also assign the same service to the 2-tap and 3-tap setting of Quick Access.
- If the corresponding app is not launched even when tapping the touch sensor of the headset, the voice guidance “App assigned to the Quick Access is not launched on the mobile device” is heard from both headset units (or from the headset unit you are wearing).

### Note

- The services that can be assigned to Quick Access differ depending on the country or region.

### Related Topic

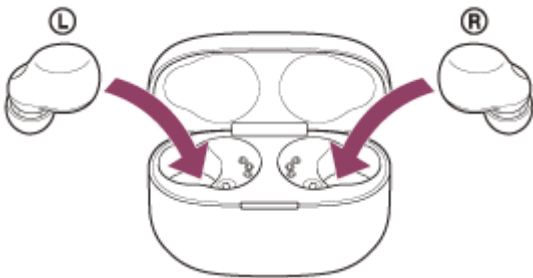
- [What you can do with the “Sony | Headphones Connect” app](#)
- [What you can do with partner services](#)

## Charging

The headset and the charging case contain built-in lithium-ion rechargeable batteries. Use the supplied USB Type-C cable to charge the headset before use.

### 1 Set the headset into the charging case.

Put the left unit of the headset (the unit with the tactile dot) back into the left hole of the charging case, and put the right unit of the headset back into the right hole of the charging case. Each unit of the headset will be set to the correct position in the charging case by the built-in magnet.

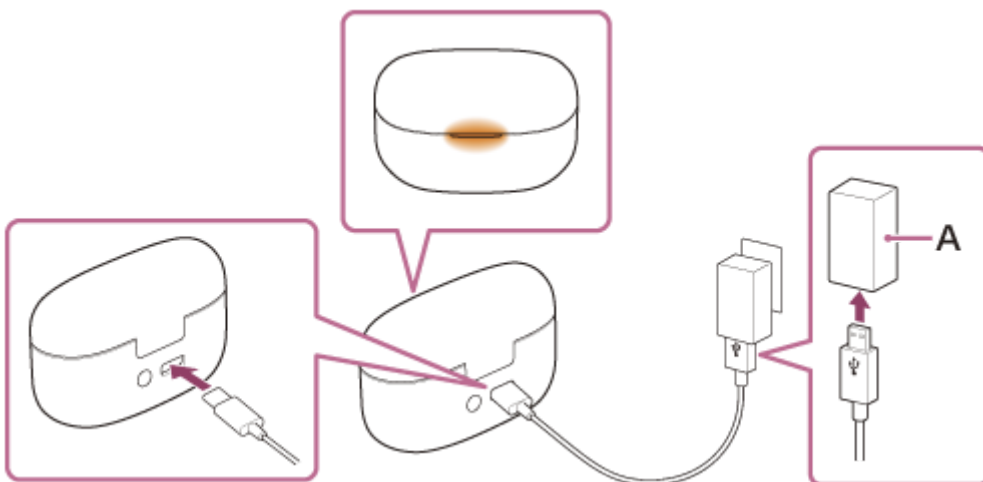


When the remaining battery charge of the charging case is sufficient, the indicator (orange or green) on the charging case lights up for about 3 seconds.

The charging starts on the headset. Close the lid of the charging case.

### 2 Connect the charging case to an AC outlet.

Use the supplied USB Type-C cable and a commercially available USB AC adaptor.



A: USB AC adaptor

Charging starts on the headset and charging case. The indicator (orange) on the charging case lights up. After charging is complete, the indicator on the charging case turns off.

Remove the USB Type-C cable.

## About the charging time

The required time for fully charging the headset and the charging case is about 3 hours (\*).



\* Time required for charging the empty battery to its full capacity. The charging time may differ depending on the conditions of use.

## Charging the headset when you are outside

A rechargeable battery is built into the charging case. If you charge the charging case in advance, you can use it to charge the headset when you go out without a power supply.

The required time for fully charging the left and right units of the headset is about 2 hours.

## System requirements for battery charge using USB

### USB AC adaptor

A commercially available USB AC adaptor capable of supplying an output current of 0.5 A (500 mA) or more

### Personal computer

Personal computer with a standard USB port

- We do not guarantee operation on all computers.
- Operations using a custom-built or homebuilt computer are not guaranteed.

### Hint

- The headset can be also charged by connecting the charging case to a running computer using the supplied USB Type-C cable.

### Note

- Be sure to use the supplied USB Type-C cable. Otherwise, charging may not be successful.
- Charging may not be successful depending on the type of USB AC adaptor.
- Depending on the settings for the headset functions and usage conditions, the speed of energy consumption for the rechargeable battery may vary between the left and right units.  
As a result, the charging time of the rechargeable batteries for the left and right units may differ. However, this is not a malfunction.
- The headset cannot be charged when the computer goes into standby (sleep) or hibernation mode. In this case, change the computer settings, and start charging once again.
- When the headset is placed in the charging case, if the indicator (orange) on the charging case lights up for about 3 seconds and then turns off, the remaining battery charge of the charging case is low. Charge the charging case.
- If the indicator on the charging case does not turn on even when the headset is placed in the charging case, the battery charge of the charging case is empty. Charge the charging case.
- If the headset is not used for a long time, the rechargeable battery usage hours may be reduced. However, the battery life will improve after charging and discharging several times. If you store the headset for a long time, charge the battery once every 6 months to avoid over-discharge.
- If the headset is not used for a long time, it may take longer to charge the battery.
- Be sure to close the lid of the charging case to prevent the battery of the charging case from being consumed.
- If there is a problem with the rechargeable battery of the headset or the charging case and something unusual is detected during charging, the indicator (orange) on the charging case flashes.  
It is recommended to charge in a place with an ambient temperature between 15 °C and 35 °C (59 °F - 95 °F). Efficient charging may not be possible beyond this range.  
If the problem persists, consult your nearest Sony dealer.
- If the headset is not used for a long time, the indicator (orange) on the charging case may not immediately light up when charging. Wait a moment until the indicator (orange) lights up.
- If the usage hours of the built-in rechargeable battery decrease significantly, the battery should be replaced. Consult your nearest Sony dealer.
- Avoid exposure to extreme temperature changes, direct sunlight, moisture, sand, dust, and electrical shock. Never leave the headset in a parked vehicle.
- When connecting the charging case to a computer, use only the supplied USB Type-C cable, and be sure to directly connect them. Charging will not be properly completed when the charging case is connected through a USB hub.

- The headset and the charging case may become warm during charging or for a while after charging. However, this is not a malfunction.

---

### Related Topic

- [About the indicator](#)
- [Checking the remaining battery charge](#)

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## Available operating time

The available operating times of the headset with the battery fully charged are as follows:

### Bluetooth connection

#### Music playback time

Codec	Noise canceling function/Ambient Sound Mode	Available operating time
LDAC™	Noise canceling function: ON	Max. 3.5 hours
LDAC	Ambient Sound Mode: ON	Max. 3.5 hours
LDAC	OFF	Max. 4.5 hours
AAC	Noise canceling function: ON	Max. 6 hours
AAC	Ambient Sound Mode: ON	Max. 6 hours
AAC	OFF	Max. 9 hours
SBC	Noise canceling function: ON	Max. 6 hours
SBC	Ambient Sound Mode: ON	Max. 6 hours
SBC	OFF	Max. 9 hours

- About 1 hour of music playback is possible after 5 minutes charging.
- If you set the following functions, the available operating time of the battery becomes shorter than the ones described above.
  - Equalizer
  - DSEE Extreme™
  - Speak-to-Chat
  - Function to launch the voice assist function by your voice
  - Service Link

If you run the above settings at the same time, the available operating time of the battery becomes even shorter.

#### Communication time

Noise canceling function/Ambient Sound Mode	Available operating time
Noise canceling function: ON	Max. 3.5 hours
Ambient Sound Mode: ON	Max. 3.5 hours
OFF	Max. 3.5 hours

#### Standby time

Noise canceling function/Ambient Sound Mode	Available operating time
---	--------------------------

Noise canceling function/Ambient Sound Mode	Available operating time
Noise canceling function: ON	Max. 8.5 hours
Ambient Sound Mode: ON	Max. 8 hours
OFF	Max. 16 hours

### Hint

- By using the “Sony | Headphones Connect” app, you can check which codec is used for a connection or switch the DSEE Extreme function.

### Note

- Usage hours may be different from the time described above depending on the settings for the headset functions and usage conditions.
- Depending on the settings for the headset functions and usage conditions, the speed of energy consumption for the rechargeable battery may vary between the left and right units. However, this is not a malfunction.

### Related Topic

- [Supported codecs](#)
- [About the DSEE Extreme function](#)
- [Speaking with someone while wearing the headset \(Speak-to-Chat\)](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

## Checking the remaining battery charge

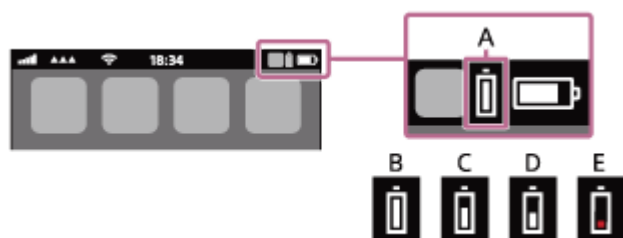
You can check the remaining battery charge of the rechargeable batteries of the headset and the charging case.

### If the remaining battery charge of the headset becomes low when you put the headset into your ears or while using the headset

If a warning beep sounds and the voice guidance says, “Low battery”, charge the headset as soon as possible. When the battery becomes completely empty, a warning beep sounds, the voice guidance says, “Battery is empty”, and the headset automatically turns off.

### When you are using iPhone or iPod touch

When the headset is connected to an iPhone or iPod touch over an HFP (Hands-free Profile) Bluetooth connection, it will show an icon that indicates the remaining battery charge of the headset on the screen of the iPhone or iPod touch. The display position is an example.



**A:** Remaining battery charge of the headset

The approximate remaining charge is shown at 10 different levels. B through E are display examples.

**B:** 100%

**C:** 70%

**D:** 50%

**E:** 10% or lower (requires charging)

The remaining battery charge of the headset is also displayed on the widget of an iPhone or iPod touch running iOS 11 or later. For more details, refer to the operating instructions supplied with the iPhone or iPod touch.

The remaining charge which is displayed may differ from the actual remaining charge in some cases. Use it as a rough estimate.

### When you are using an Android™ smartphone (OS 8.1 or later)

When the headset is connected to an Android smartphone via HFP Bluetooth connection, select [Settings] - [Device connection] - [Bluetooth] to display the remaining battery charge of the headset in 10 different levels such as “100%”, “70%”, “50%” or “10%” in the connected Bluetooth device column on the smartphone’s screen.

The operation above is an example. For details, refer to the operating instructions of the Android smartphone.

The remaining charge which is displayed may differ from the actual remaining charge in some cases. Use it as a rough estimate.

## Checking the remaining battery charge of the charging case

- When the headset is removed from the charging case, or when the lid of the charging case is opened or closed with no headset units stored, if the indicator (orange) on the charging case lights up, the remaining battery charge of the charging case is about 30% to 1%. The charging case cannot sufficiently charge the headset with this level of remaining battery charge.
- When the headset is removed from the charging case, or when the lid of the charging case is opened or closed with no headset units stored, if the indicator on the charging case does not light up, the remaining battery charge of the

charging case is less than 1%. The headset cannot be charged with the charging case in this case.

#### Hint

- The remaining battery charge of the headset may be different on the left and right sides depending on how you use them. When using both units of the headset, the remaining battery charge of the unit with less remaining battery charge between the left and right units is displayed. When using only one unit of the headset, the remaining battery charge of the unit you are using is displayed.
- You can also check the remaining battery charge of the headset unit and the charging case with the “Sony | Headphones Connect” app. Android smartphones and iPhone/iPod touch both support this app.

#### Note

- If the headset and smartphone are not connected with HFP, the remaining battery charge will not be correctly displayed.
- The remaining battery charge may not be properly displayed immediately after a software update or if the headset has not been used for a long time. In this case, repeatedly charge and discharge the battery multiple times to properly display the remaining battery charge.

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#### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)
- [About the indicator](#)

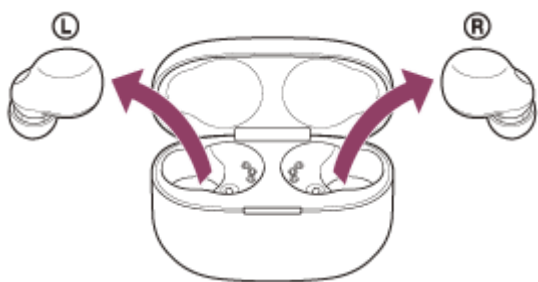
## Turning on the headset

### When the headset is set into the charging case

#### 1 Remove the headset from the charging case.

The headset turns on automatically.

When you remove only one unit from the charging case, only the removed unit turns on.



### When the headset is not set into the charging case

When the headset is not worn in your ears for about 15 minutes after being removed from the charging case, the headset turns off automatically. In this case, turn the headset on by tapping the touch sensor of the headset or by putting the headset into your ears. The headset will also turn on when it is set into the charging case and then removed from the charging case.

By using the “Sony | Headphones Connect” app, you can change the setting of the headset so that it will not be turned off automatically.

### When the headset is turned on

When both headset units are removed from the charging case, the connection between the left and right units of the headset is established.

When you use the headset for the first time after purchase or just after initializing the headset, the headset goes into Bluetooth pairing mode automatically when you put the headset units into both ears.

When you use the headset for the first time after purchase or just after initializing the headset, the noise canceling function is turned on automatically when you put the headset units into your ears. If the noise canceling settings were changed previously, the settings are retained.

### Related Topic

- [Using only one unit of the headset](#)
- [Turning off the headset](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

## Turning off the headset

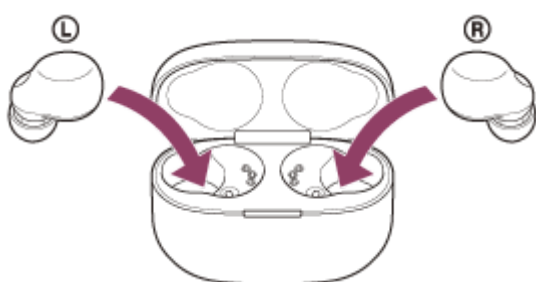
### 1 Set the headset into the charging case.

Put the left unit of the headset (the unit with the tactile dot) back into the left hole of the charging case, and put the right unit of the headset back into the right hole of the charging case. Each unit of the headset will be set to the correct position in the charging case by the built-in magnet.

When the headset is set into the charging case, the headset will turn off automatically.

When the remaining battery charge of the charging case is sufficient, the indicator (orange or green) on the charging case lights up for about 3 seconds.

The charging starts on the headset. Close the lid of the charging case.



### When the headset is left removed

When the headset is not worn in your ears for about 15 minutes after being removed from the charging case, the headset turns off automatically.

To turn off the power before the headset turns off automatically, place the headset into the charging case.

#### Hint

- You can also turn off the headset with the “Sony | Headphones Connect” app.

#### Note

- When the remaining battery charge of the charging case is not sufficient, the charging of the headset will not start. Charge the charging case.

### Related Topic

- [Charging](#)
- [Turning on the headset](#)
- [What you can do with the “Sony | Headphones Connect” app](#)



## How to make a wireless connection to Bluetooth devices

---

You can enjoy music and hands-free calling with the headset wirelessly by using your Bluetooth device's Bluetooth function.

### Pairing

To use the Bluetooth function, both of the connecting devices must be registered in advance. The operation to register a device is called "pairing".

Pair the headset and the device manually.

### Connecting to a paired device

Once a device is paired, it is not necessary to pair it again. Connect to devices already paired with the headset using the methods necessary for each device.

---

#### Related Topic

- [Pairing and connecting with an Android smartphone](#)
- [Pairing and connecting with an iPhone](#)
- [Pairing and connecting with a computer \(Windows® 10\)](#)
- [Pairing and connecting with a computer \(Windows 8.1\)](#)
- [Pairing and connecting with a computer \(Mac\)](#)
- [Pairing and connecting with a Bluetooth device](#)
- [Connecting to a paired Android smartphone](#)
- [Connecting to a paired iPhone](#)
- [Connecting to a paired computer \(Windows 10\)](#)
- [Connecting to a paired computer \(Windows 8.1\)](#)
- [Connecting to a paired computer \(Mac\)](#)
- [Connecting to a paired Bluetooth device](#)

## Connecting with the “Sony | Headphones Connect” app

Launch the “Sony | Headphones Connect” app on your Android smartphone/iPhone to connect the headset to a smartphone or iPhone. For more details, refer to the “Sony | Headphones Connect” app help guide.

[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)



### Sony Headphones Connect

#### Note

- The connection with some smartphones and iPhone devices may become unstable when connecting using the “Sony | Headphones Connect” app. In that case, follow the procedures in “[Connecting to a paired Android smartphone](#)”, or “[Connecting to a paired iPhone](#)” to connect to the headset.

#### Related Topic

- [Connecting to a paired Android smartphone](#)
- [Connecting to a paired iPhone](#)
- [What you can do with the “Sony | Headphones Connect” app](#)
- [Installing the “Sony | Headphones Connect” app](#)

## Pairing and connecting with an Android smartphone

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

Before starting the operation, make sure of the following:

- The Android smartphone is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the Android smartphone is in hand.

### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

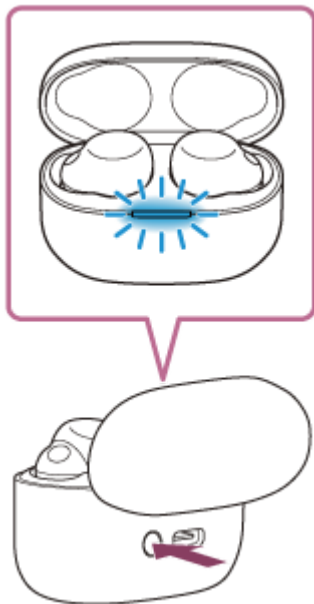
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say "Pairing", from both headset units at the same time.

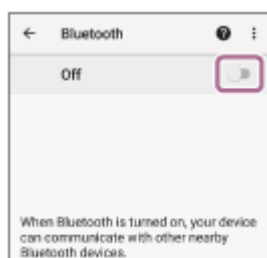
**2 Unlock the screen of the Android smartphone if it is locked.**

**3 Find the headset on the Android smartphone.**

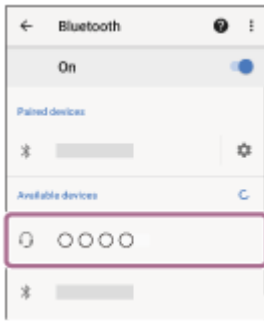
1. Select [Settings] - [Device connection] - [Bluetooth].



2. Touch the switch to turn on the Bluetooth function.



**4 Touch [LinkBuds S].**



If Passkey (\*) input is required, input “0000”.

The headset and smartphone are paired and connected with each other.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see [“Connecting to a paired Android smartphone”](#).

If [LinkBuds S] does not appear on your Android smartphone screen, try again from the beginning of step ③.

\* A Passkey may be called “Passcode”, “PIN code”, “PIN number”, or “Password”.

## About the instruction manual video

Watch the video to find out how to perform the pairing for the first time.

[https://rd1.sony.net/help/mdr/mov0044/h\\_zz/](https://rd1.sony.net/help/mdr/mov0044/h_zz/)

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the Android smartphone.
- To delete all Bluetooth pairing information, see [“Initializing the headset to restore factory settings”](#).

### Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step ①.
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.
  - When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

## Related Topic

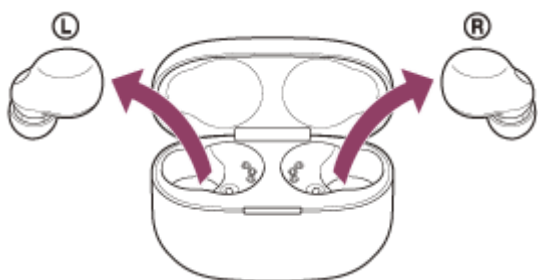
- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired Android smartphone](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)



## Connecting to a paired Android smartphone

**1** Unlock the screen of the Android smartphone if it is locked.

**2** Remove the headset from the charging case.



The headset turns on automatically.

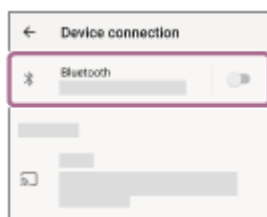
**3** Put the headset units into both ears.

When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

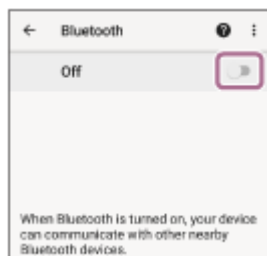
Check the connection status on the Android smartphone. If it is not connected, proceed to step **4**.

**4** Display the devices paired with the Android smartphone.

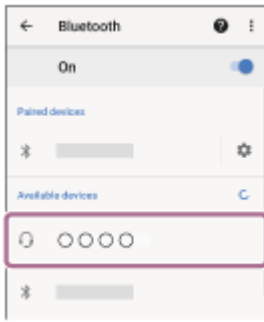
1. Select [Settings] - [Device connection] - [Bluetooth].



2. Touch the switch to turn on the Bluetooth function.



**5** Touch [LinkBuds S].



You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

#### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the Android smartphone.

#### Note

- When connecting, [LinkBuds S], [LE\_LinkBuds S], or both may be displayed on the connecting device. When both or [LinkBuds S] is displayed, select [LinkBuds S]; when [LE\_LinkBuds S] is displayed, select [LE\_LinkBuds S].
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your smartphone to the headset, delete the headset pairing information on your smartphone and perform the pairing again. As for the operations on your smartphone, refer to the operating instructions supplied with the smartphone.

#### Related Topic

- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with an Android smartphone](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)



## Pairing and connecting with an iPhone

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

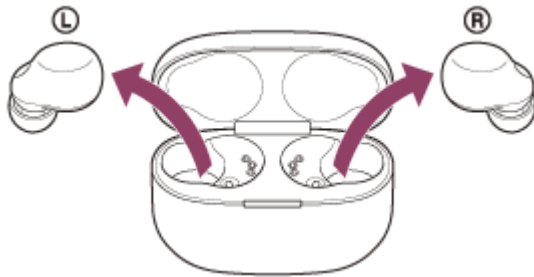
Before starting the operation, make sure of the following:

- The iPhone is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the iPhone is in hand.

### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



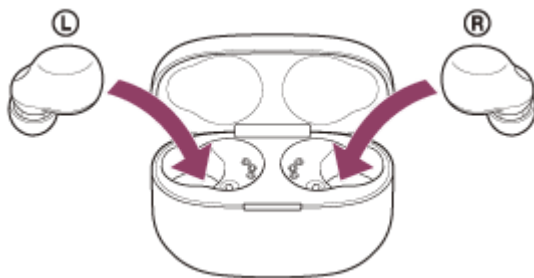
The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

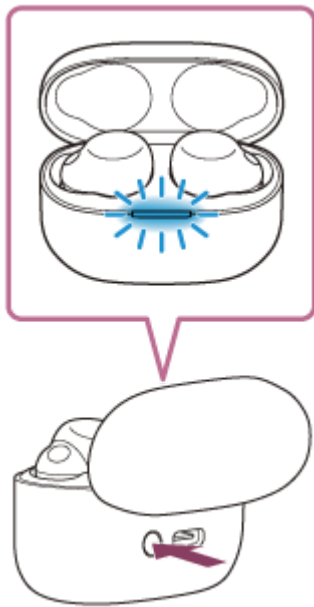
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



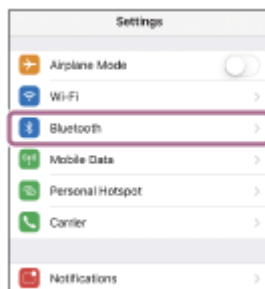
The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say "Pairing", from both headset units at the same time.

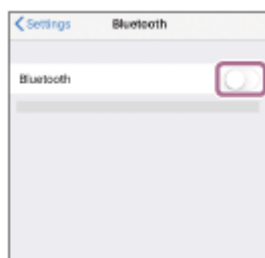
## 2 Unlock the screen of the iPhone if it is locked.

## 3 Find the headset on the iPhone.

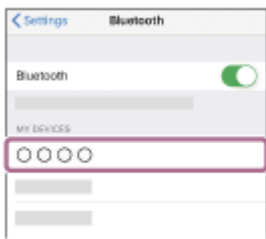
1. Select [Settings].
2. Touch [Bluetooth].



3. Touch the switch to turn on the Bluetooth function.



## 4 Touch [LinkBuds S].



If Passkey (\*) input is required, input "0000".

The headset and iPhone are paired and connected with each other.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see "[Connecting to a paired iPhone](#)".

If [LinkBuds S] does not appear on your iPhone screen, try again from the beginning of step ③.

\* A Passkey may be called "Passcode", "PIN code", "PIN number", or "Password".

## About the instruction manual video

Watch the video to find out how to perform the pairing for the first time.

[https://rd1.sony.net/help/mdr/mov0044/h\\_zz/](https://rd1.sony.net/help/mdr/mov0044/h_zz/)

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the iPhone.
- To delete all Bluetooth pairing information, see "[Initializing the headset to restore factory settings](#)".

### Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step ①.
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.
  - When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

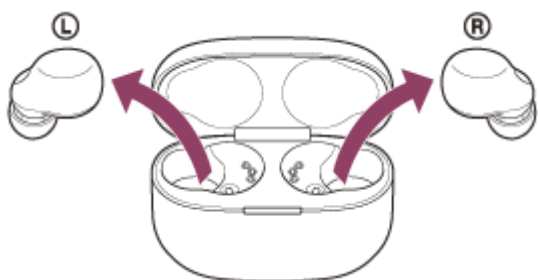
## Related Topic

- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired iPhone](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)

## Connecting to a paired iPhone

**1** Unlock the screen of the iPhone if it is locked.

**2** Remove the headset from the charging case.



The headset turns on automatically.

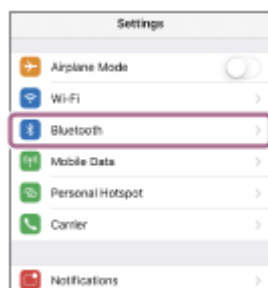
**3** Put the headset units into both ears.

When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

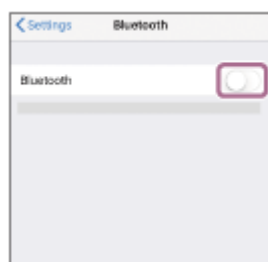
Check the connection status on the iPhone. If it is not connected, proceed to step **4**.

**4** Display the devices paired with the iPhone.

1. Select [Settings].
2. Touch [Bluetooth].



3. Touch the switch to turn on the Bluetooth function.



**5** Touch [LinkBuds S].



You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with your iPhone.

### Note

- When connecting, [LinkBuds S], [LE\_LinkBuds S], or both may be displayed on the connecting device. When both or [LinkBuds S] is displayed, select [LinkBuds S]; when [LE\_LinkBuds S] is displayed, select [LE\_LinkBuds S].
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your iPhone to the headset, delete the headset pairing information on your iPhone and perform the pairing again. As for the operations on your iPhone, refer to the operating instructions supplied with the iPhone.

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### Related Topic

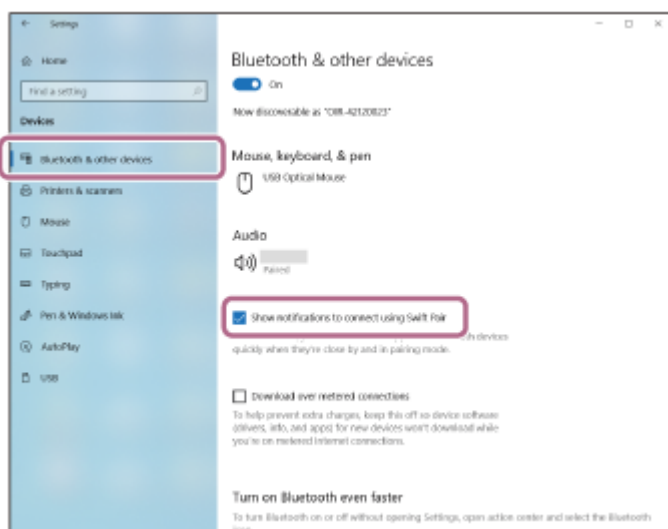
- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with an iPhone](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)

## Pairing and connecting with a computer (Windows® 10)

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

Before starting the operation, make sure of the following:

- Your computer has a Bluetooth function that supports music playback connections (A2DP).
- The computer is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the computer is in hand.
- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.
- If your OS version is Windows 10 version 1803 or later, the Swift Pair function will make pairing easier. To use the Swift Pair function, click the [Start] button - [Settings] - [Devices] - [Bluetooth & other devices], and check [Show notifications to connect using Swift Pair].



### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



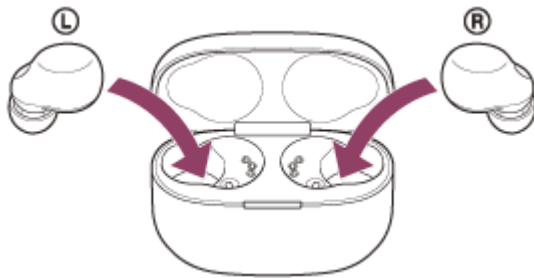
The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

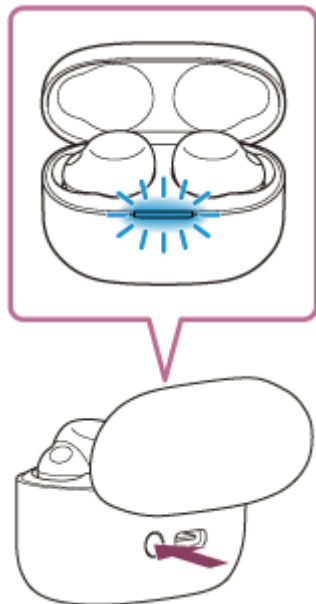
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

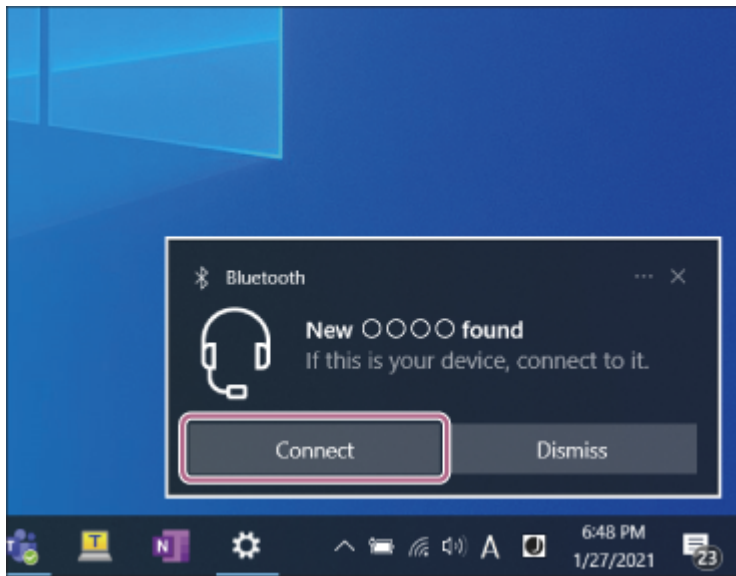
You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say "Pairing", from both headset units at the same time.

**2 Wake the computer up if the computer is in standby (sleep) or hibernation mode.**

**3 Pair the headset using the computer.**

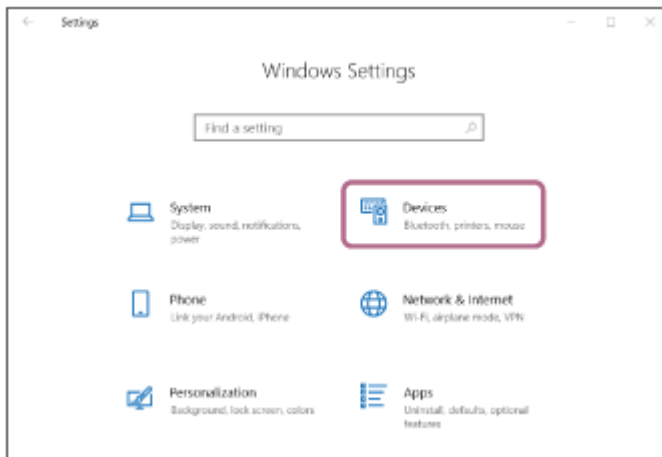
**To connect using the Swift Pair function**

1. Select [Connect] from the pop-up menu displayed on your computer screen.

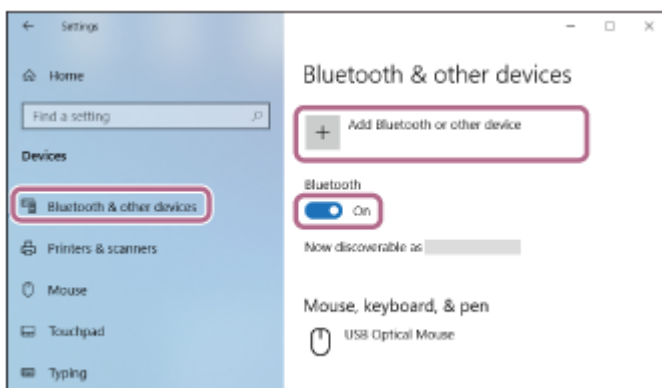


### To connect without using the Swift Pair function

1. Click the [Start] button, then [Settings].
2. Click [Devices].

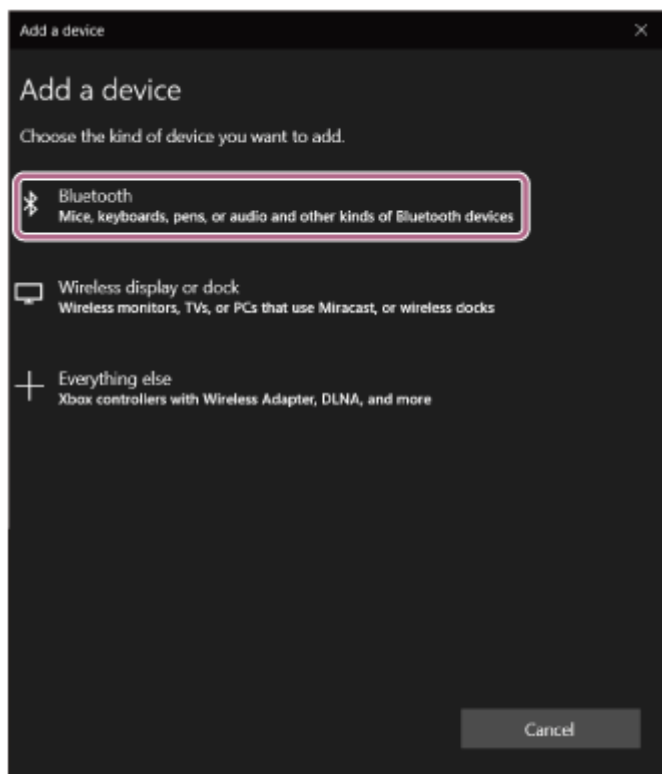


3. Click the [Bluetooth & other devices] tab, click the [Bluetooth] switch to turn on the Bluetooth function, then click [Add Bluetooth or other device].

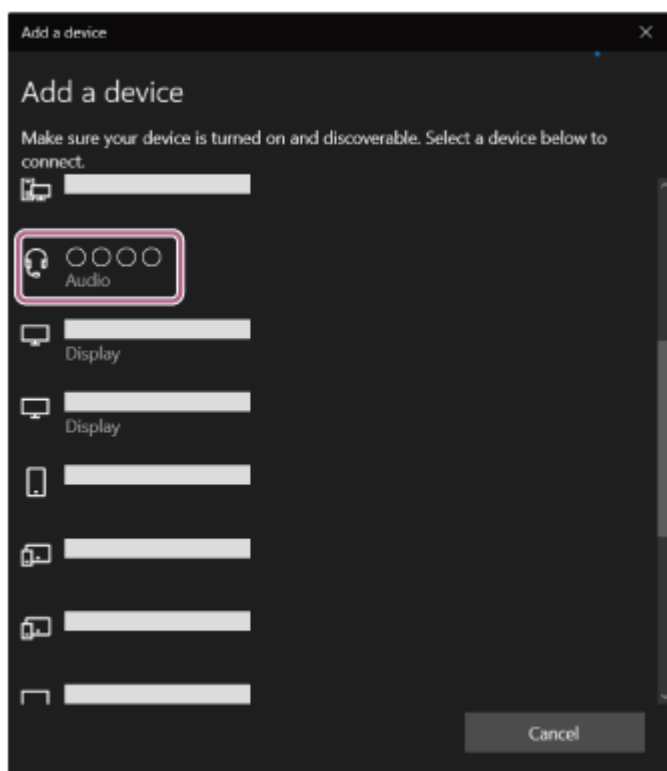


4. Click [Bluetooth].





5. Click [LinkBuds S].



If Passkey (\*) input is required, input "0000".

The headset and computer are paired and connected with each other.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see "[Connecting to a paired computer \(Windows 10\)](#)".

If [LinkBuds S] does not appear on your computer screen, try again from "To connect without using the Swift Pair function" of step 3 .

\* A Passkey may be called "Passcode", "PIN code", "PIN number", or "Password".

## Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.
- To delete all Bluetooth pairing information, see [“Initializing the headset to restore factory settings”](#).

## Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step ① .
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.
  - When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

---

## Related Topic

- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired computer \(Windows 10\)](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)

## Pairing and connecting with a computer (Windows 8.1)

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

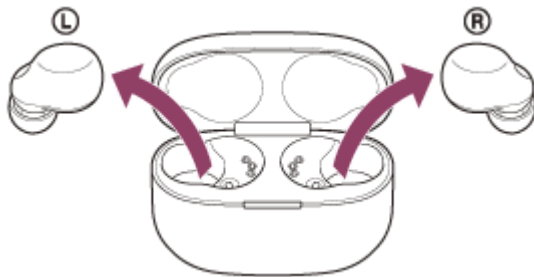
Before starting the operation, make sure of the following:

- Your computer has a Bluetooth function that supports music playback connections (A2DP).
- The computer is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the computer is in hand.
- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.

### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



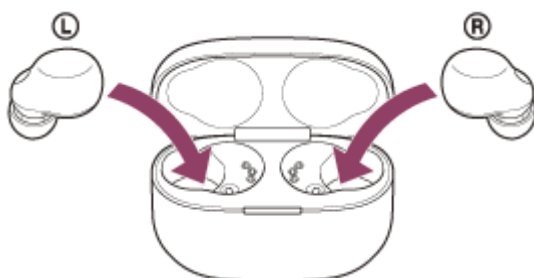
The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

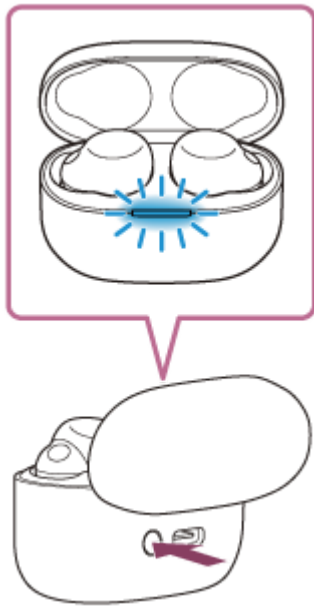
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



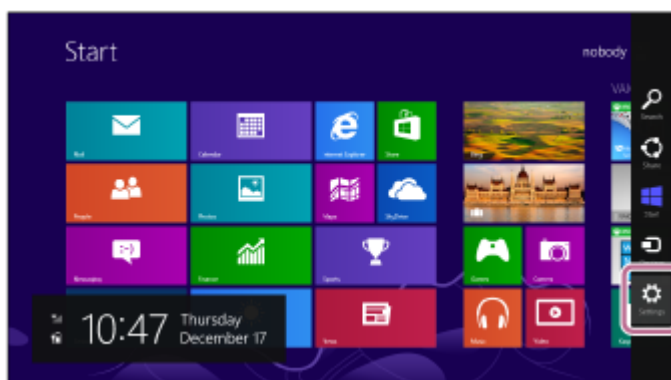
The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say "Pairing", from both headset units at the same time.

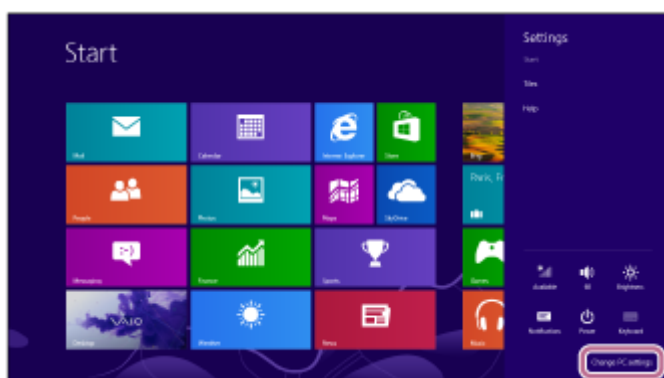
**2 Wake the computer up if the computer is in standby (sleep) or hibernation mode.**

**3 Pair the headset using the computer.**

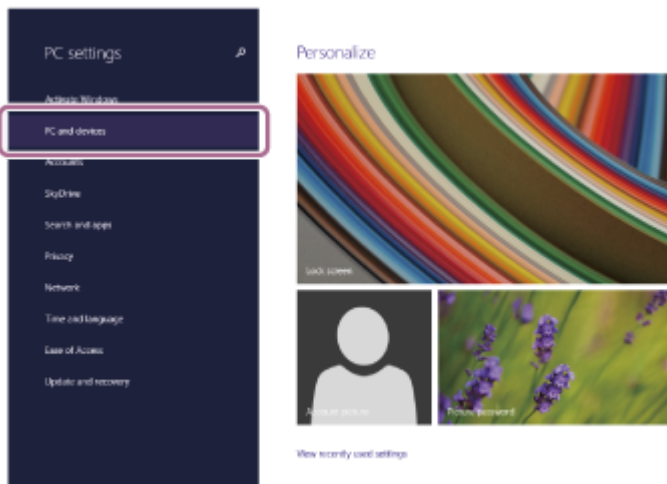
1. Move the mouse pointer to the top-right corner of the screen (when using a touch panel, swipe from the right edge of the screen), then select [Settings] from the Charm Bar.



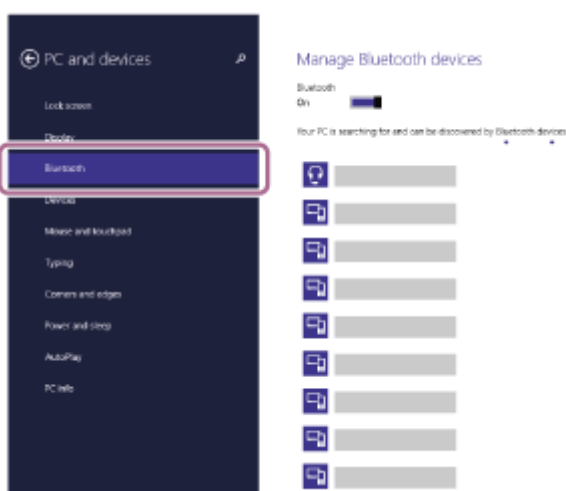
2. Select [Change PC Settings] of the [Settings] charm.



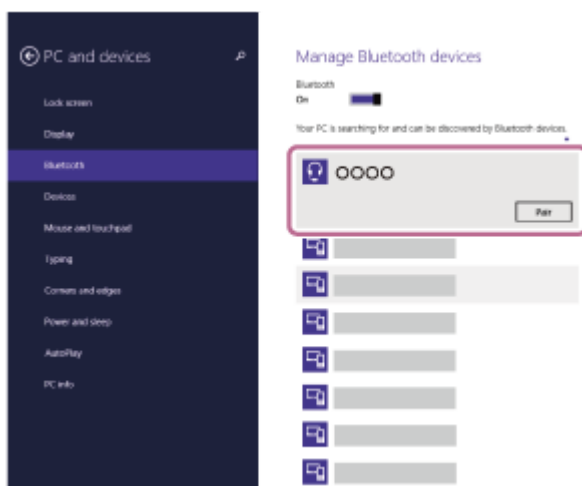
3. Select [PC and devices] of the [PC Settings] screen.



4. Select [Bluetooth].



5. Select [LinkBuds S], then select [Pair].



If Passkey (\*) input is required, input "0000".

The headset and computer are paired and connected with each other.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see ["Connecting to a paired computer \(Windows 8.1\)"](#).

If [LinkBuds S] does not appear on your computer screen, try again from the beginning of step 3 .

\* A Passkey may be called "Passcode", "PIN code", "PIN number", or "Password".

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.
- To delete all Bluetooth pairing information, see [“Initializing the headset to restore factory settings”](#).

### Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step ① .
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.
  - When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

---

### Related Topic

- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired computer \(Windows 8.1\)](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)

## Pairing and connecting with a computer (Mac)

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

### Compatible OS

macOS (version 10.15 or later)

Before starting the operation, make sure of the following:

- Your computer has a Bluetooth function that supports music playback connections (A2DP).
- The computer is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the computer is in hand.
- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.
- Set the computer speaker to the ON mode.

If the computer speaker is set to the  “OFF” mode, no sound is heard from the headset.

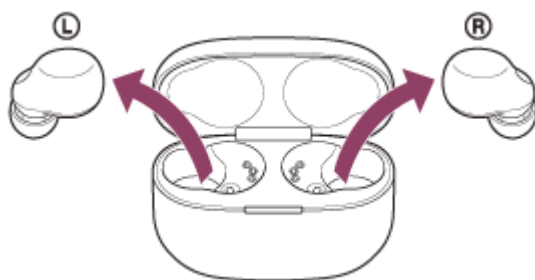
Computer speaker in the ON mode



### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



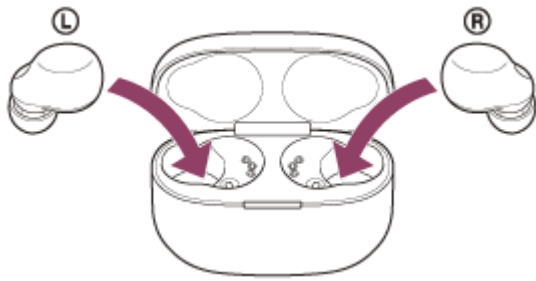
The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

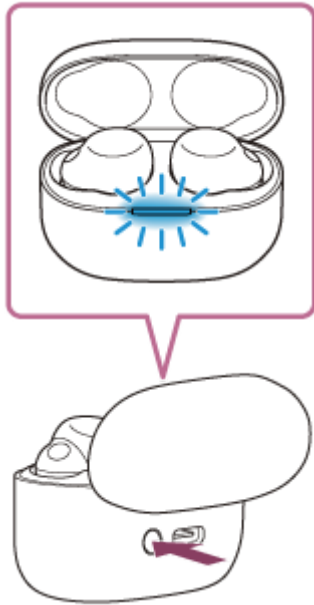
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say "Pairing", from both headset units at the same time.

## 2 Wake the computer up if the computer is in standby (sleep) or hibernation mode.

## 3 Pair the headset using the computer.

1. Select [  (System Preferences)] - [Bluetooth] from the Dock at the bottom of the screen.





2. Select [LinkBuds S] of the [Bluetooth] screen and click [Connect].



If Passkey (\*) input is required, input "0000".

The headset and computer are paired and connected with each other.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see ["Connecting to a paired computer \(Mac\)"](#).

If [LinkBuds S] does not appear on your computer screen, try again from the beginning of step 3 .

\* A Passkey may be called "Passcode", "PIN code", "PIN number", or "Password".

## Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.
- To delete all Bluetooth pairing information, see ["Initializing the headset to restore factory settings"](#).

## Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step 1 .
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.
  - When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

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### Related Topic

- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired computer \(Mac\)](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)

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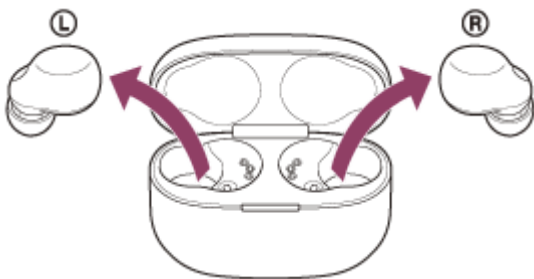
## Connecting to a paired computer (Windows 10)

Before starting the operation, make sure of the following:

- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.

**1 Wake the computer up if the computer is in standby (sleep) or hibernation mode.**

**2 Remove the headset from the charging case.**



The headset turns on automatically.

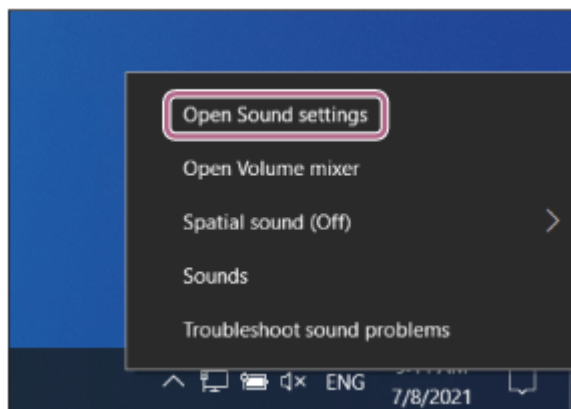
**3 Put the headset units into both ears.**

When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

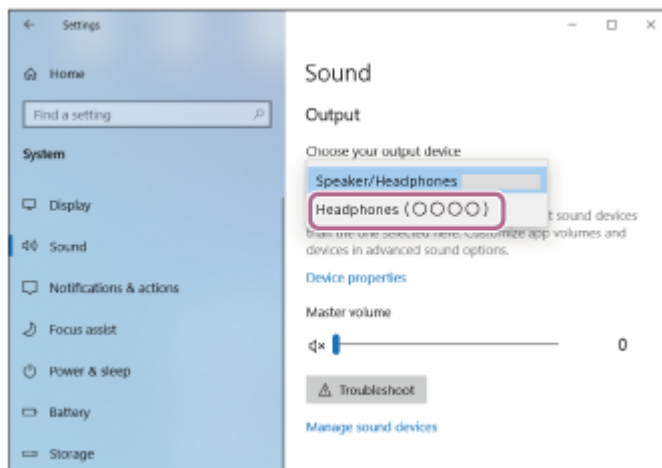
Check the connection status on the computer. If it is not connected, proceed to step **4**.

**4 Select the headset using the computer.**

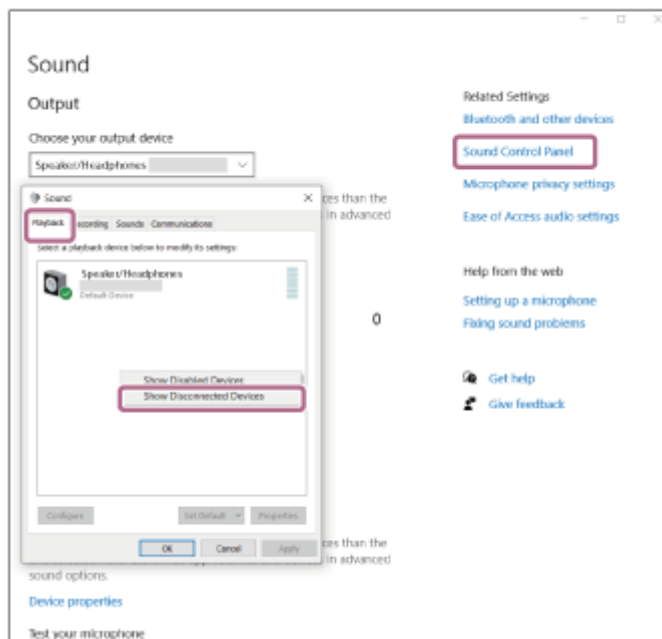
1. Right-click the speaker icon on the toolbar, then select [Open Sound settings].



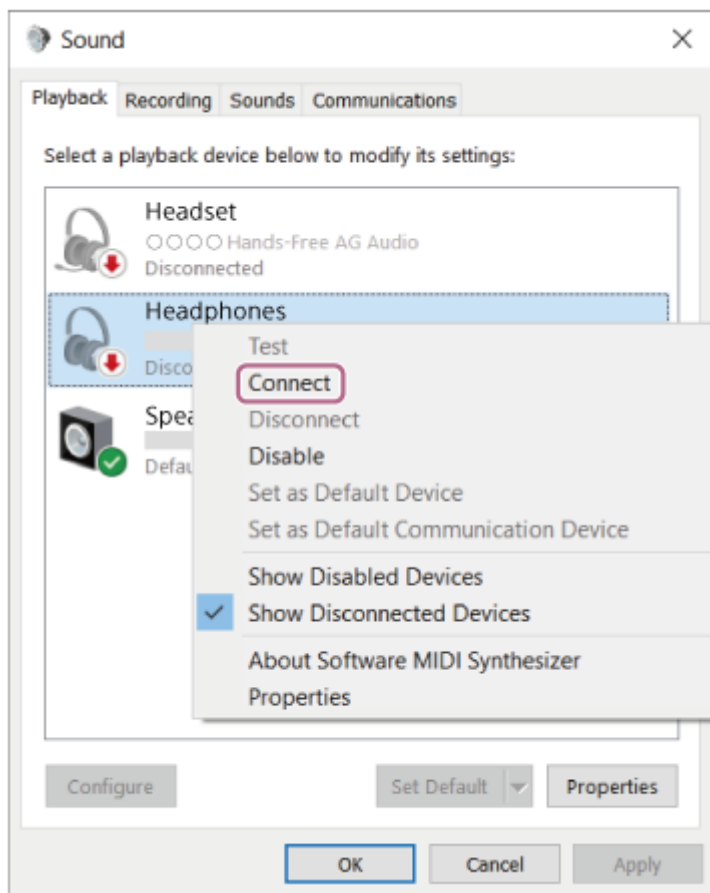
2. From the [Choose your output device] drop-down menu, select [Headphones (LinkBuds S Stereo)].



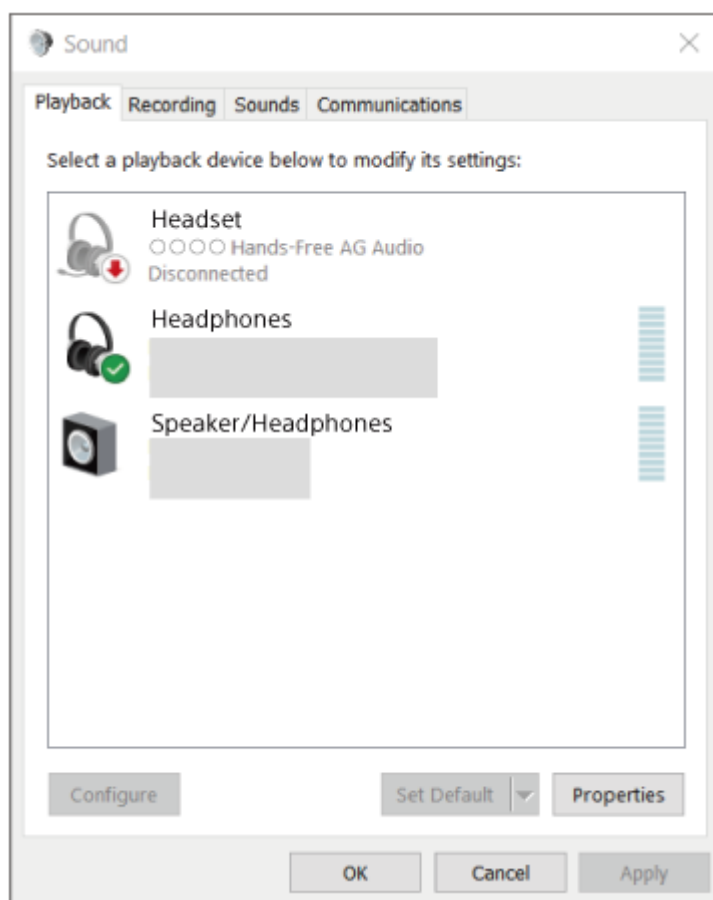
If [Headphones (LinkBuds S Stereo)] is not displayed on the drop-down menu, click [Sound Control Panel] and then right-click on the [Playback] tab screen of [Sound] to check [Show Disconnected Devices].



3. Select [Connect] from the displayed menu.



The connection is established. You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.



- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.

### Note

- If the music playback sound quality is poor, check that the A2DP function which supports music playback connections is enabled in the computer settings. For more details, refer to the operating instructions supplied with the computer.
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your computer to the headset, delete the headset pairing information on your computer and perform the pairing again. As for the operations on your computer, refer to the operating instructions supplied with the computer.

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### Related Topic

- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with a computer \(Windows® 10\)](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)

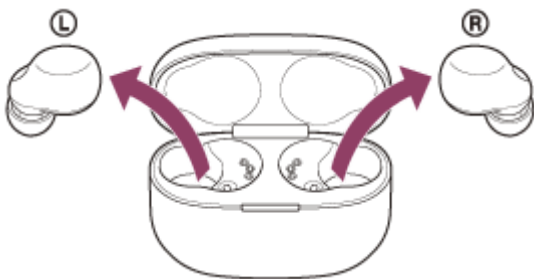
## Connecting to a paired computer (Windows 8.1)

Before starting the operation, make sure of the following:

- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.

**1 Wake the computer up if the computer is in standby (sleep) or hibernation mode.**

**2 Remove the headset from the charging case.**



The headset turns on automatically.

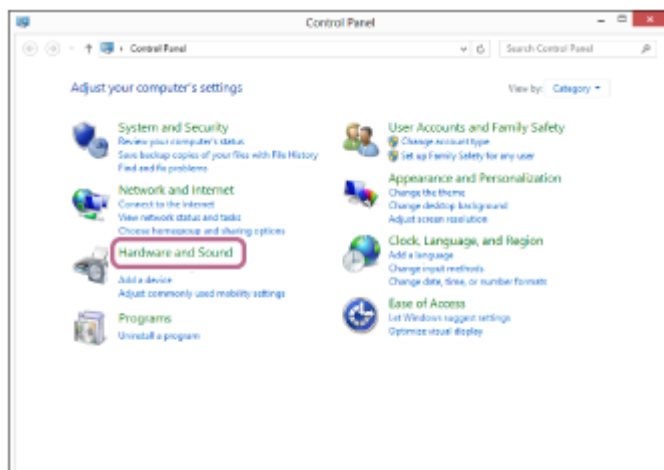
**3 Put the headset units into both ears.**

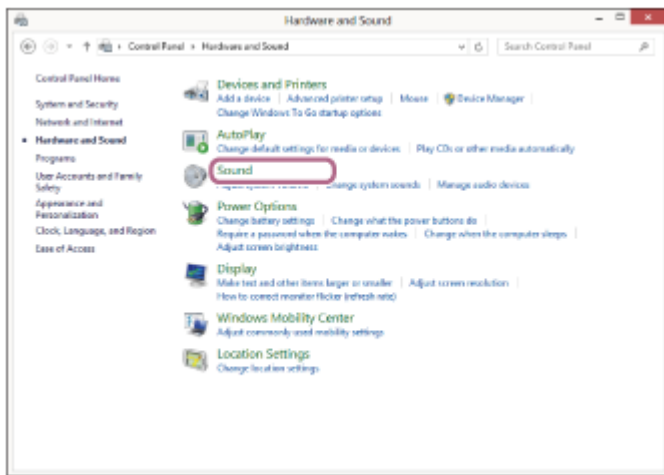
When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

Check the connection status on the computer. If it is not connected, proceed to step **4**.

**4 Select the headset using the computer.**

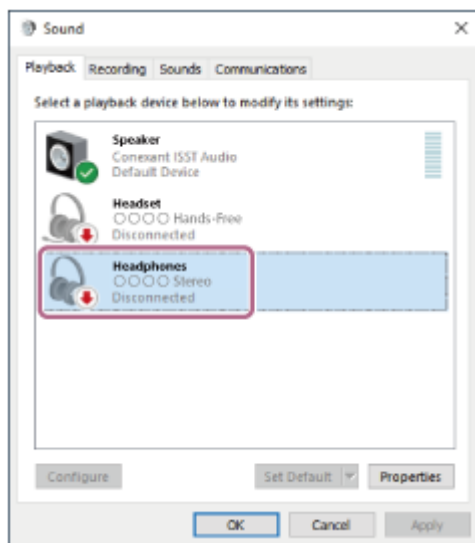
1. Select [Desktop] on the Start screen.
2. Right-click the [Start] button, then select [Control Panel] from the pop-up menu.
3. Select [Hardware and Sound] - [Sound].



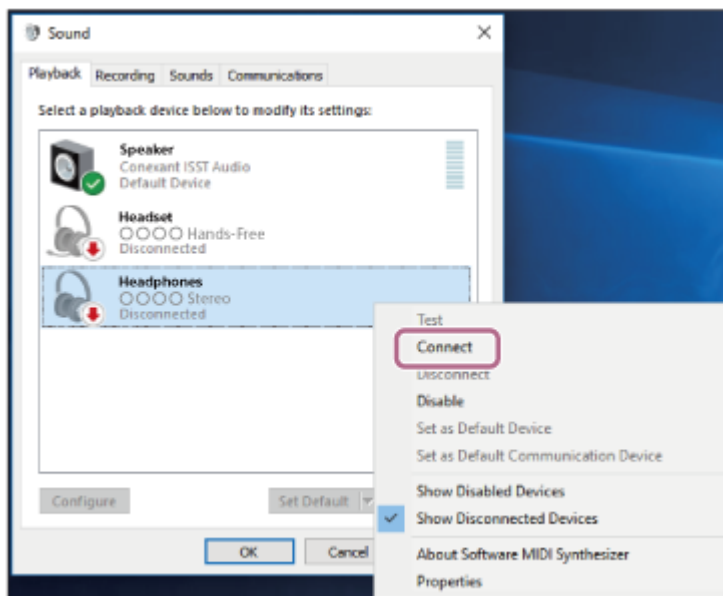


4. Right-click [LinkBuds S].

If [LinkBuds S] is not displayed on the [Sound] screen, right-click on the [Sound] screen, then check [Show Disconnected Devices].

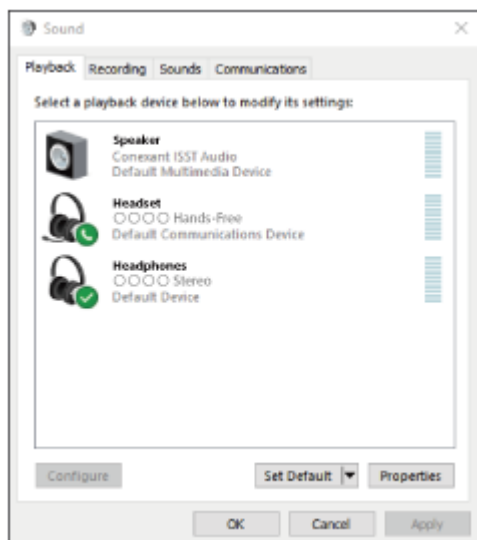


5. Select [Connect] from the displayed menu.



The connection is established. You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.





### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.

### Note

- If the music playback sound quality is poor, check that the A2DP function which supports music playback connections is enabled in the computer settings. For more details, refer to the operating instructions supplied with the computer.
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your computer to the headset, delete the headset pairing information on your computer and perform the pairing again. As for the operations on your computer, refer to the operating instructions supplied with the computer.

### Related Topic


- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with a computer \(Windows 8.1\)](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)

## Connecting to a paired computer (Mac)

### Compatible OS

macOS (version 10.15 or later)

Before starting the operation, make sure of the following:

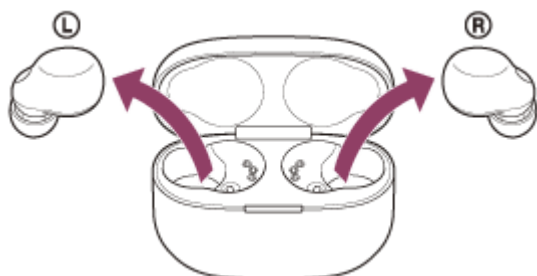
- Depending on the computer you are using, the built-in Bluetooth adaptor may need to be turned on. If you do not know how to turn on the Bluetooth adaptor or are unsure if your computer has a built-in Bluetooth adaptor, refer to the operating instructions supplied with the computer.
- Set the computer speaker to the ON mode.  
If the computer speaker is set to the  "OFF" mode, no sound is heard from the headset.

Computer speaker in the ON mode



**1** Wake the computer up if the computer is in standby (sleep) or hibernation mode.

**2** Remove the headset from the charging case.



The headset turns on automatically.

**3** Put the headset units into both ears.

When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

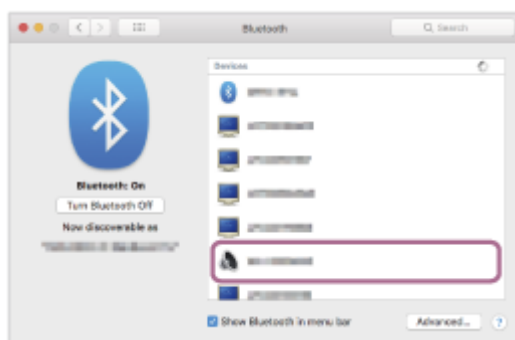
Check the connection status on the computer. If it is not connected, proceed to step **4**.

**4** Select the headset using the computer.

1. Select [  (System Preferences)] - [Bluetooth] from the Dock at the bottom of the screen.



2. Click [LinkBuds S] on the [Bluetooth] screen while pressing the computer Control button and select [Connect] from the pop up menu.



The connection is established. You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the computer.

### Note

- If the music playback sound quality is poor, check that the A2DP function which supports music playback connections is enabled in the computer settings. For more details, refer to the operating instructions supplied with the computer.
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your computer to the headset, delete the headset pairing information on your computer and perform the pairing again. As for the operations on your computer, refer to the operating instructions supplied with the computer.

### Related Topic

- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with a computer \(Mac\)](#)
- [Listening to music from a device via Bluetooth connection](#)

- [Disconnecting Bluetooth connection \(after use\)](#)

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## Pairing and connecting with a Bluetooth device

The operation to register the device that you wish to connect to is called “pairing”. First, pair a device to use it with the headset for the first time.

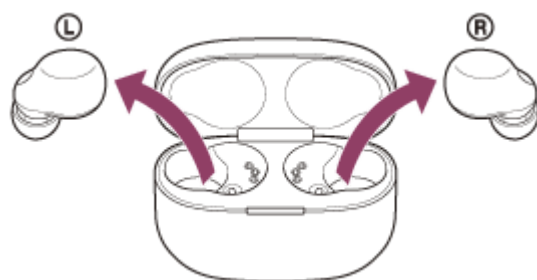
Before starting the operation, make sure of the following:

- The Bluetooth device is placed within 1 m (3 feet) of the headset.
- The headset is charged sufficiently.
- The operating instructions of the Bluetooth device is in hand.

### 1 Enter pairing mode on this headset.

**When you pair the headset with a device for the first time after purchase or after initializing the headset (if the headset has no pairing information)**

1. Remove both units of the headset from the charging case.



The headset turns on automatically.

The headset enters pairing mode automatically when you put the headset units into both ears.

You will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

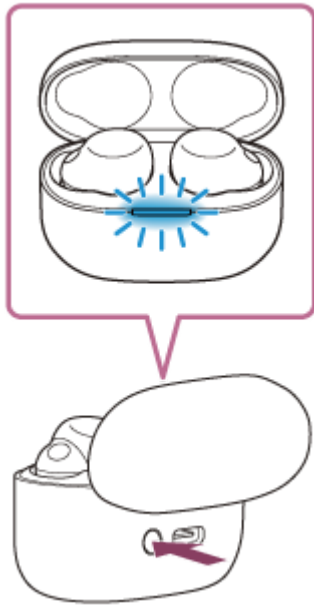
**When you pair a second or subsequent device (the headset has pairing information for other devices)**

1. Set the headset into the charging case.  
Leave the lid of the charging case open.



2. With the lid of the charging case open, press and hold the pairing button on the back of the charging case for about 5 seconds or more.

Note: The headset does not enter pairing mode with the lid of the charging case closed.



The indicator (blue) on the charging case repeatedly flashes slowly twice in a row and the headset goes into pairing mode.

You can remove the headset from the charging case after entering pairing mode. When you put the headset units into both ears, you will hear a notification sound and the voice guidance say “Pairing”, from both headset units at the same time.

## 2 Perform the pairing procedure on the Bluetooth device to search for this headset.

[LinkBuds S] will be displayed on the list of detected devices on the screen of the Bluetooth device.

If it is not displayed, repeat from step 1 .

## 3 Select [LinkBuds S] displayed on the screen of the Bluetooth device for pairing.

If Passkey (\*) input is required, input “0000”.

\* A Passkey may be called “Passcode”, “PIN code”, “PIN number”, or “Password”.

## 4 Make the Bluetooth connection from the Bluetooth device.

The headset and Bluetooth device are connected to each other.

Some devices automatically connect with the headset when pairing is complete.

When the headset is stored in the charging case, the indicator (blue) on the charging case flashes slowly for about 5 seconds.

When you are wearing the headset, you will hear a notification sound from both headset units at the same time.

If they are not connected, see [“Connecting to a paired Bluetooth device”](#).

### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the Bluetooth device.
- To delete all Bluetooth pairing information, see [“Initializing the headset to restore factory settings”](#).

### Note

- If pairing is not established within 5 minutes, pairing mode is canceled. In this case, set the headset into the charging case, and start the operation again from step 1 .
- Once Bluetooth devices are paired, there is no need to pair them again, except in the following cases:
  - Pairing information has been deleted after repair, etc.

- When a 9th device is paired.  
The headset can be paired with up to 8 devices. If a new device is paired after 8 devices are already paired, the registration information of the paired device with the oldest connection date is overwritten with the information for the new device.
  - When the pairing information for the headset has been deleted from the Bluetooth device.
  - When the headset is initialized.  
All of the pairing information is deleted. In this case, delete the pairing information for the headset from the connected device and then pair them again.
- The headset can be paired with multiple devices, but can only play music from 1 paired device at a time.

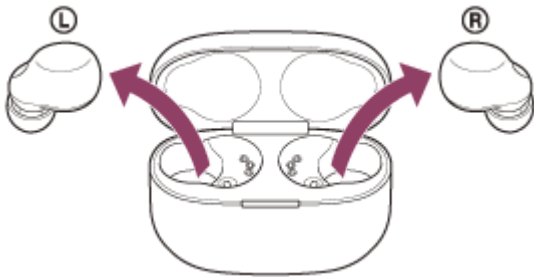
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## Related Topic

- [Wearing the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Connecting to a paired Bluetooth device](#)
- [Listening to music from a device via Bluetooth connection](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Initializing the headset to restore factory settings](#)

## Connecting to a paired Bluetooth device

### 1 Remove the headset from the charging case.



The headset turns on automatically.

### 2 Put the headset units into both ears.

When the headset has automatically connected to the last connected device, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

Check the connection status on the Bluetooth device. If it is not connected, proceed to step 3.

### 3 Make the Bluetooth connection from the Bluetooth device.

As for the operations on your Bluetooth device, refer to the operating instructions supplied with the Bluetooth device.

You will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

#### Hint

- The operation above is an example. For more details, refer to the operating instructions supplied with the Bluetooth device.

#### Note

- When connecting, [LinkBuds S], [LE\_LinkBuds S], or both may be displayed on the connecting device. When both or [LinkBuds S] is displayed, select [LinkBuds S]; when [LE\_LinkBuds S] is displayed, select [LE\_LinkBuds S].
- If the last-connected Bluetooth device is placed near the headset, the headset may connect automatically to the device by simply turning on the headset. If this is the case, deactivate the Bluetooth function on the last-connected device or turn off the power.
- If you cannot connect your Bluetooth device to the headset, delete the headset pairing information on your Bluetooth device and perform the pairing again. As for the operations on your Bluetooth device, refer to the operating instructions supplied with the Bluetooth device.

#### Related Topic

- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)



- Pairing and connecting with a Bluetooth device
- Listening to music from a device via Bluetooth connection
- Disconnecting Bluetooth connection (after use)

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## Switching audio between multiple devices with "audio switch"

---

The "audio switch" function is a Google feature that switches audio between Android devices. Headsets that support "audio switch" can connect to multiple devices. When you use your headset on the devices with "audio switch" on, the audio heard from your headset will seamlessly switch between devices. Your device notifies you when the audio has switched.

### Compatible smartphones

Android 8.0 or later

For details on "audio switch", refer to the following URL.

[https://support.google.com/android/?p=switch\\_audio](https://support.google.com/android/?p=switch_audio)

To use the "audio switch" function, you need to connect your headset and device via Google Fast Pair.

For details on Google Fast Pair, refer to the following URL.

<https://support.google.com/android/answer/9417604>

### Note

- The specifications of "audio switch" are subject to change without notice.

## Listening to music from a device via Bluetooth connection

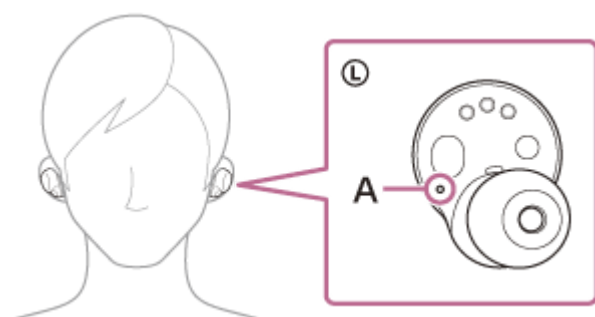
If your Bluetooth device supports the following profiles, you can enjoy listening to music and control the device from your headset via Bluetooth connection.

- A2DP (Advanced Audio Distribution Profile)  
You can enjoy high-quality music wirelessly.
- AVRCP (Audio Video Remote Control Profile)  
You can adjust the volume, etc.

The operation may vary depending on the Bluetooth device. Refer to the operating instructions supplied with the Bluetooth device.

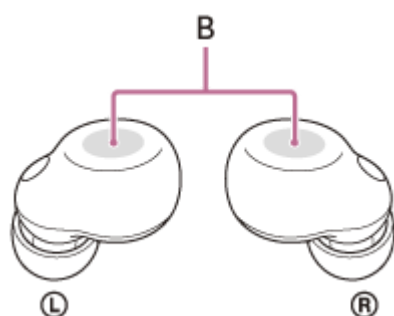
### 1 Put the headset units into both ears.

Put the headset unit with the **Ⓐ** (left) mark into your left ear and the headset unit with the **Ⓑ** (right) mark into your right ear. The left unit has a tactile dot.



**A:** Tactile dot

Be careful not to come in contact with the touch sensor when you put the headset units into both ears.



**B:** Touch sensors (left, right)

Twist the headset unit to slide the earbud tip deep into your ear canal.



**2** Connect the headset to a Bluetooth device.

**3** Operate the Bluetooth device to start playback and adjust the volume to a moderate level.

#### Hint

- In the factory settings, when you listen to music while wearing both units of the headset, the headset will pause music playback if one or both units are removed. When you put the removed headset unit into your ear again, the headset will resume music playback.
- The headset supports SCMS-T content protection. You can enjoy music and other audio on the headset from a device such as a portable TV that supports SCMS-T content protection.
- Depending on the Bluetooth device, it may be necessary to adjust the volume or set the audio output setting on the device.
- The headset volume during a call and during music playback can be independently adjusted. Changing the call volume does not change the volume of music playback and vice versa.
- You can also listen to music by removing only one unit from the charging case and putting it into your ear.  
When only the right unit is worn in your ear, use the touch sensor on the right unit to play music.  
When only the left unit is worn in your ear, operate the connected device to play music.  
When you are listening to music with only one unit, if you put the other unit into the other ear, you can listen to music with both units.

#### Note

- In the factory settings, you cannot adjust the volume on the headset. Adjust the volume on the connected device. If you are unable to adjust the volume on the connected device, install the “Sony | Headphones Connect” smartphone app and adjust the volume in the app.
- If the communication condition is poor, the Bluetooth device may react incorrectly to the operation on the headset.

#### Related Topic

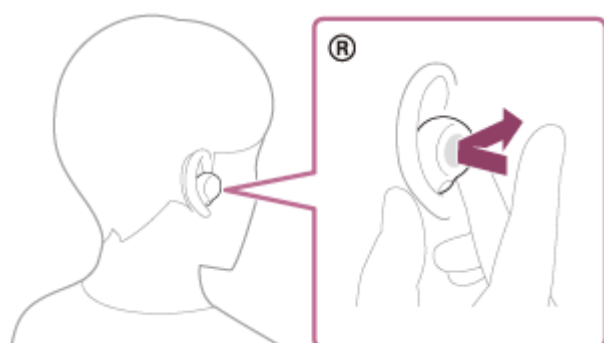
- [Wearing the headset](#)
- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Controlling the audio device \(Bluetooth connection\)](#)

## Controlling the audio device (Bluetooth connection)

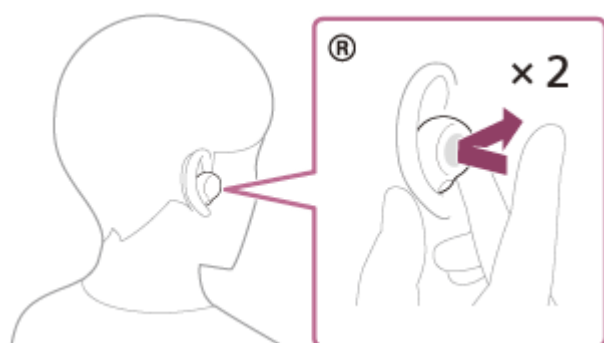
If your Bluetooth device supports the device operating function (compatible profile: AVRCP), the following operations are available. The available functions may vary depending on the Bluetooth device, so refer to the operating instructions supplied with the device.

You can use the touch sensor on the right unit to perform the following operations.

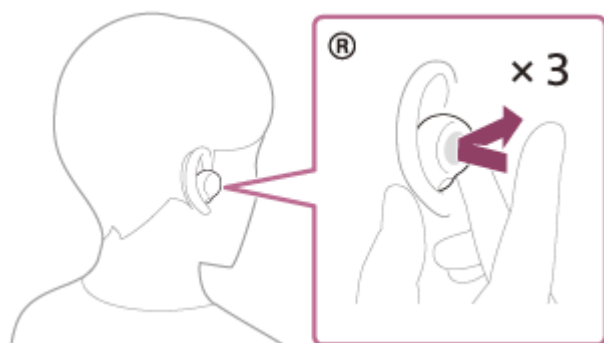
- Play/Pause: Tap the touch sensor.



- Skip to the beginning of the next track: Tap the touch sensor twice quickly (with an interval of about 0.3 seconds).



- Skip to the beginning of the previous track (or the current track during playback): Tap the touch sensor 3 times quickly (with an interval of about 0.3 seconds).



When the volume adjustment function has been assigned to the touch sensor using the “Sony | Headphones Connect” app, you can perform the following operations using the headset unit to which the function is assigned.

- Increase the volume: Tap the touch sensor during music playback. The volume increases by 1 step.
- Decrease the volume: Hold your finger to the touch sensor during music playback. The volume decreases continuously. Release your finger from the touch sensor at the desired volume level.

When the volume reaches the maximum or minimum, an alarm sounds.

**Note**

- In the factory settings, you cannot adjust the volume on the headset. Adjust the volume on the connected device. If you are unable to adjust the volume on the connected device, install the "Sony | Headphones Connect" smartphone app and adjust the volume in the app.
- If the communication condition is poor, the Bluetooth device may react incorrectly to the operation on the headset.
- The available operations may vary depending on the connected device, the music software, or app used. In some cases, it may operate differently or may not work even when the operations described above are performed.

## Disconnecting Bluetooth connection (after use)

---

**1 Disconnect the Bluetooth connection by operating the Bluetooth device.**

When you are wearing the headset, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

**2 Set the headset into the charging case.**

The headset turns off.

### Hint

- When you finish playing music, the Bluetooth connection may terminate automatically depending on the Bluetooth device.

---

### Related Topic

- [Turning off the headset](#)

## About 360 Reality Audio

---

### What is 360 Reality Audio?

360 Reality Audio is a new music experience using Sony's 360 three-dimensional audio technology. Positional information is attached to each sound source such as vocals, chorus, and musical instruments, and are placed in a spherical space. Listeners can experience a three-dimensional sound field as if they are immersed in a live performance of the artists.

### Conditions of use

Download and use a music streaming service (charged) app that supports 360 Reality Audio on your smartphone or tablet equipped with iOS or Android. By optimizing the sound field and the acoustic feature of headset with the "Sony | Headphones Connect" app, you can enjoy a more realistic sense of reality.

For details on 360 Reality Audio, refer to the following website:

<https://www.sony.net/360RA/>

#### Note

- Service is not available in certain countries and regions.

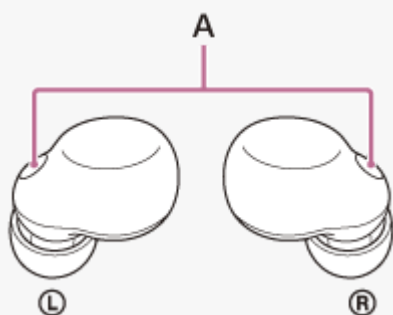


## What is noise canceling?

The noise canceling function generates antiphase sound against outside surrounding noises (such as noises in vehicles or noises from air conditioners indoors) to reduce the surrounding noises by canceling them out.

### Note

- The effect of noise canceling may not be pronounced in a very quiet environment, or some noise may be heard.
- When you are wearing the headset, depending on how you wear the headset, the effect of noise canceling may vary or a beeping sound (feedback) may be heard. In this case, take off the headset and put it on again.
- The noise canceling function works primarily on noise in the low frequency band such as vehicles and air conditioning. Although noise is reduced, it is not completely canceled.
- When you use the headset in a car or a bus, noise may occur depending on street conditions.
- Mobile phones may cause interference and noise. Should this occur, move the headset further away from the mobile phone.
- Do not cover the microphones on the left and right units of the headset with your hands. The effect of the noise canceling function or Ambient Sound Mode may not work properly or a beeping sound (feedback) may occur. If any of this is the case, remove your hands, etc. from the left and right microphones.



A: Microphones (left, right)

### Related Topic

- [Using the noise canceling function](#)

## Using the noise canceling function

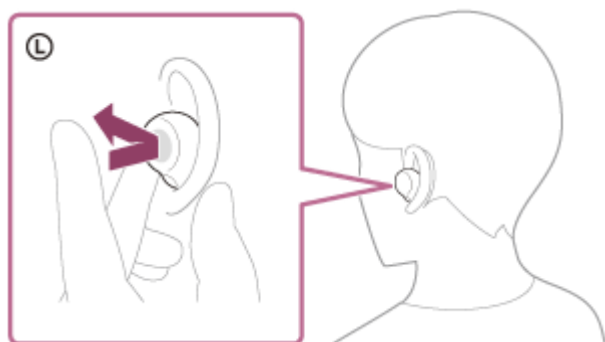
If you use the noise canceling function, you can enjoy music without being disturbed by ambient noise.

### 1 Remove the headset from the charging case and then put the headset units into your ears.

When you use the headset for the first time after purchase or just after initializing the headset, the noise canceling function is turned on automatically when you put the headset units into your ears.

Any changes made to the settings are retained from this point on.

### 2 Tap the touch sensor on the left unit to change the settings of the noise canceling function.



Each time you tap, the function switches as follows.

Ambient Sound Mode: ON

You will hear a notification sound from both headset units (or from the left unit when only the left unit is worn) at the same time.



Noise canceling function: ON

You will hear a notification sound from both headset units (or from the left unit when only the left unit is worn) at the same time.

## About the instruction manual video

Watch the video to find out how to use the noise canceling function.

[https://rd1.sony.net/help/mdr/mov0045/h\\_zz/](https://rd1.sony.net/help/mdr/mov0045/h_zz/)

### Hint

- You can also turn on/off the noise canceling function and change the settings of the noise canceling function and Ambient Sound Mode with the “Sony | Headphones Connect” app.
- You can select one of the following on the “Sony | Headphones Connect” app to set how you want the functions to change when you tap the left unit of the headset.
  - Noise canceling function: ON ➡ Ambient Sound Mode: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF
  - Noise canceling function: ON ➡ Ambient Sound Mode: ON
  - Ambient Sound Mode: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF
  - Noise canceling function: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF

- When only one unit of the headset is worn, the Ambient Sound Mode is set to ON, even if the headset was set to the noise canceling function when you used the headset last. Putting on both headset units will automatically turn on the noise canceling function.

### Note

- The headset cannot fully perform the noise canceling function unless the supplied earbud tips are used.
- If the headset is not worn properly in your ears, the noise canceling function may not work correctly. Twist the headset to put it into your ears properly.

---

### Related Topic

- [Wearing the headset](#)
- [Turning on the headset](#)
- [What is noise canceling?](#)
- [Listening to ambient sound during music playback \(Ambient Sound Mode\)](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

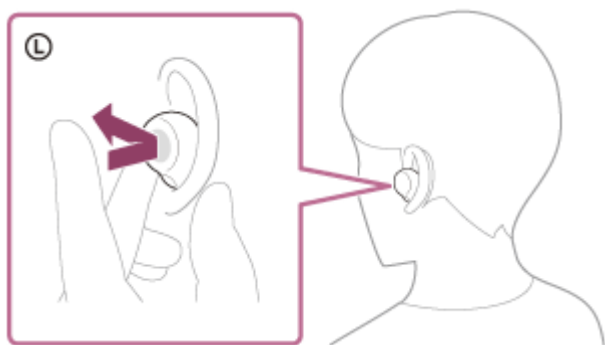
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## Listening to ambient sound during music playback (Ambient Sound Mode)

You can hear ambient sound through the microphones embedded in the left and right units of the headset while enjoying music.

### To activate the Ambient Sound Mode

Tap the touch sensor on the left unit while the noise canceling function is on.



### To change the setting of the Ambient Sound Mode

You can change the settings of the Ambient Sound Mode (Normal mode/Voice mode) by connecting the smartphone (with the "Sony | Headphones Connect" app installed) and the headset via Bluetooth connection.

**Normal mode:** While enjoying music, you can hear the surrounding sound as if you were not wearing the headset.

**Voice mode:** While enjoying music, you can pick up the sound (such as announcements in the train) that you want to hear.

### To turn off the Ambient Sound Mode

Tap the touch sensor on the left unit to turn off the Ambient Sound Mode.

Each time you tap, the function switches as follows.

Noise canceling function: ON

You will hear a notification sound from both headset units (or from the left unit when only the left unit is worn) at the same time.



Ambient Sound Mode: ON

You will hear a notification sound from both headset units (or from the left unit when only the left unit is worn) at the same time.

### About the instruction manual video

Watch the video to find out how to use the Ambient Sound Mode.

[https://rd1.sony.net/help/mdr/mov0045/h\\_zz/](https://rd1.sony.net/help/mdr/mov0045/h_zz/)

#### Hint

- Ambient Sound Mode settings changed with the "Sony | Headphones Connect" app are stored in the headset. You can enjoy music with the stored settings of the Ambient Sound Mode even when the headset is connected to other devices which do not have the "Sony | Headphones Connect" app installed.
- You can select one of the following on the "Sony | Headphones Connect" app to set how you want the functions to change when you tap the left unit of the headset.

- Noise canceling function: ON ➡ Ambient Sound Mode: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF
- Noise canceling function: ON ➡ Ambient Sound Mode: ON
- Ambient Sound Mode: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF
- Noise canceling function: ON ➡ Noise canceling function: OFF/Ambient Sound Mode: OFF

## Note

- Depending on the ambient condition and the type/volume of audio playback, the ambient sound may not be heard even when using the Ambient Sound Mode. Do not use the headset in places where it would be dangerous if you are unable to hear ambient sounds such as on a road with car and bicycle traffic.
- Depending on the surrounding environment, wind noise may increase when the Ambient Sound Mode is turned on. In that case, change the settings from Normal mode to Voice mode using the “Sony | Headphones Connect” app. If the wind noise is still significant, turn off the Ambient Sound Mode.
- If the headset is not worn properly, the Ambient Sound Mode may not work correctly. Twist the headset to put it into your ears properly.
- Do not cover the microphones on the left and right units of the headset with your hands. The effect of the noise canceling function or Ambient Sound Mode may not work properly or a beeping sound (feedback) may occur. If any of this is the case, remove your hands, etc. from the left and right microphones.  
This headset is equipped with the function to detect a beeping sound (feedback) and cancel the sound in a short time.  
In rare cases, the noise canceling function or the Ambient Sound Mode may temporarily stop in reaction to a high note such as an alarm or an electronic sound, but the noise canceling function or the Ambient Sound Mode will automatically return in about a second.
- If the Ambient Sound Mode is enabled in a rather noisy environment, a noise may be heard. This is not a malfunction. In this case, set the noise canceling function to ON or set the noise canceling function and the Ambient Sound Mode to OFF.

## Related Topic

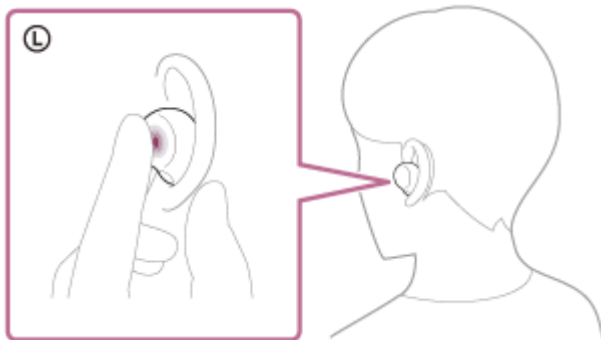
- [Wearing the headset](#)
- [Using the noise canceling function](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

## Listening to ambient sound quickly (Quick Attention Mode)

This function turns down music, call sounds, and the ringtone to allow ambient sound to be easily heard. It is useful when you want to listen to train announcements, etc.

### To activate the Quick Attention Mode

Hold your finger to the touch sensor on the left unit. The Quick Attention Mode is activated only when you are touching the touch sensor.



### To deactivate the Quick Attention Mode

Release your finger from the touch sensor.

### About the instruction manual video

Watch the video to find out how to use the Quick Attention Mode.

[https://rd1.sony.net/help/mdr/mov0046/h\\_zz/](https://rd1.sony.net/help/mdr/mov0046/h_zz/)

#### Note

- Depending on the ambient condition and the type/volume of audio playback, the ambient sounds may not be heard even when using the Quick Attention Mode. Do not use the headset in places where it would be dangerous if you are unable to hear ambient sounds such as on a road with car and bicycle traffic.
- If the headset is not worn properly, the Quick Attention Mode may not work correctly. Twist the headset to put it into your ears properly.
- Depending on the size of the earbud tips you use, the Quick Attention Mode may not be fully effective. Choose the size that allows you to hear the least ambient sounds.

### Related Topic

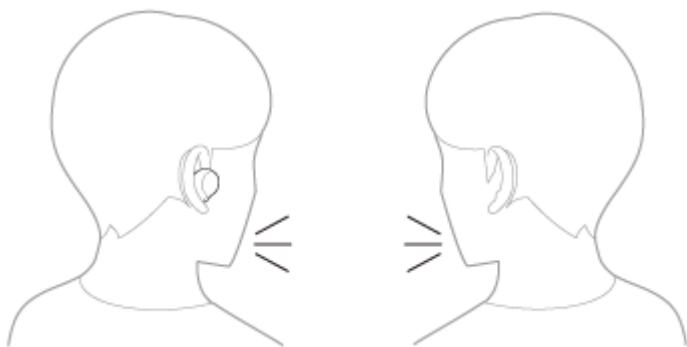
- [Replacing the earbud tips](#)
- [Wearing the headset](#)

## Speaking with someone while wearing the headset (Speak-to-Chat)

If Speak-to-Chat is enabled in advance, the Speak-to-Chat mode starts automatically when you talk to someone. The headset pauses or mutes the music being played and captures the voice of the person you are conversing with on the microphones to make it easier to hear.

When the headset does not detect the wearer's voice for a certain period of time, the Speak-to-Chat mode ends automatically.

If you want to end the mode before that, tap the touch sensor on the left or right unit of the headset.



### To enable Speak-to-Chat

To activate the Speak-to-Chat mode, Speak-to-Chat must be enabled in advance.

In the factory settings, Speak-to-Chat is disabled. To enable, change the setting with the “Sony | Headphones Connect” app.

### To disable Speak-to-Chat

To disable, change the setting with the “Sony | Headphones Connect” app.

### About the instruction manual video

Watch the video to find out how to use Speak-to-Chat.

[https://rd1.sony.net/help/mdr/mov0047/h\\_zz/](https://rd1.sony.net/help/mdr/mov0047/h_zz/)

#### Hint

- The Speak-to-Chat mode also ends in the following instance.
  - When both units of the headset are removed while the wearing detection automatic power off function is enabled
- When you use the “Sony | Headphones Connect” app, you can change the sensitivity of the automatic audio detection and change the time until the Speak-to-Chat mode ends, in addition to the mode to switch between enabling and disabling. In the factory settings, the time until the mode ends is set to about 15 seconds.

#### Note

- The Speak-to-Chat mode activates when the headset detects the speech of the person wearing the headset, but in rare cases it may activate in response to vibrations caused by devices such as electric toothbrushes, electric massagers, and electric shavers, or by activities such as brushing your teeth, coughing, or humming. In cases where the Speak-to-Chat mode frequently activates by accident, set Speak-to-Chat to “L Sensitivity”.
- Music playback is paused while the Speak-to-Chat mode is active only when connected via Bluetooth connection.
- The connected device or playback application you are using may not support the pausing of music or video content playback when the Speak-to-Chat mode is activated or the resuming of music playback when the Speak-to-Chat mode is deactivated.

- When Service Link is turned on and only the left unit is worn in your ear, the Speak-to-Chat mode will not be activated even if the headset detects the wearer's voice.
- If the sound volume is loud, the headset is not worn properly, or the volume of the spoken voice is low, the speech of the person wearing the headset may not be detected, and the Speak-to-Chat mode may not activate.  
If this is the case, speech detection may be improved by speaking more slowly or in a louder voice, making sure the headset is in the correct position, turning down any music playing, or setting Speak-to-Chat to "H Sensitivity".

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## Related Topic

- [What you can do with the "Sony | Headphones Connect" app](#)

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## About the sound quality mode

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The following 2 sound quality modes during Bluetooth playback can be selected. You can switch the settings and check the sound quality mode with the “Sony | Headphones Connect” app.

**Priority on sound quality:** Prioritizes the sound quality.

**Priority on stable connection:** Prioritizes the stable connection (default).

- When you want to prioritize the sound quality, select “Priority on sound quality”.
- If the connection is unstable, such as when producing only intermittent sound, select “Priority on stable connection”.

### Note

- The playback time may shorten depending on the sound quality and the conditions under which you are using the headset.
- Depending on the ambient conditions in the area where you are using the headset, intermittent sound may still occur even if “Priority on stable connection” is selected.

---

### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)

## Supported codecs

---

A codec is an “audio coding algorithm” used when transmitting sound wirelessly via Bluetooth connection. The headset supports the following 3 codecs for music playback via an A2DP connection: SBC, AAC, and LDAC.

- SBC

This is an abbreviation for Subband Codec.  
SBC is the standard audio coding technology used in Bluetooth devices.  
All Bluetooth devices support SBC.

- AAC

This is an abbreviation for Advanced Audio Coding.  
AAC is mainly used in Apple products such as iPhone that can provide a higher sound quality than that of SBC.

- LDAC

LDAC is an audio coding technology developed by Sony that enables the transmission of High-Resolution (Hi-Res) Audio content, even over a Bluetooth connection. Unlike other Bluetooth-compatible coding technologies such as SBC, it operates without any down-conversion of the High-Resolution Audio content (\*).  
It allows approximately 3 times more data (\*\*) than those other technologies to be transmitted over a Bluetooth wireless network with unprecedented sound quality, employing efficient coding and optimized packetization.

\* excluding DSD format contents.

\*\* in comparison with SBC when the bitrate of 990 kbps (96/48 kHz) or 909 kbps (88.2/44.1 kHz) is selected for LDAC.

When music in one of the above codecs is transmitted from a connected device, the headset switches to that codec automatically and plays back the music in the same codec.

When you want to play back music with LDAC, set the sound quality mode to “Priority on sound quality” using the “Sony | Headphones Connect” app. In “Priority on stable connection” (factory settings), music cannot be played back with LDAC. If the connected device supports a codec of higher sound quality than SBC, you may need to set the device beforehand to enjoy music with the desired codec from the supported codecs.

Refer to the operating instructions supplied with the device regarding setting the codec.

### Note

- When Service Link is turned on with the “Sony | Headphones Connect” app, music cannot be played back with LDAC.

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## Related Topic

- [About the sound quality mode](#)

## About the DSEE Extreme function

---

DSEE Extreme uses AI technology to reproduce the frequency responses of the original sound source lost during compression with high accuracy.

You can switch the settings with the “Sony | Headphones Connect” app.

### Note

- When DSEE Extreme is set to [Auto], the available operating time is reduced.

---

### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)
- [Available operating time](#)

## Receiving a call

You can enjoy a hands-free call with a smartphone or mobile phone that supports the Bluetooth profile HFP (Hands-free Profile) or HSP (Headset Profile), via Bluetooth connection.

- If your smartphone or mobile phone supports both HFP and HSP, set it to HFP.
- The operation may vary depending on the smartphone or mobile phone. Refer to the operating instructions supplied with the smartphone or mobile phone.
- Depending on the connected device or the application you are using, the functions may not work properly even if you try to operate them with the headset.

## Ring tone

When you receive an incoming call, a ring tone will be heard from the headset.

You will hear either of following ring tones, depending on your smartphone or mobile phone.

- Ring tone set on the headset
- Ring tone set on the smartphone or mobile phone
- Ring tone only for a Bluetooth connection set on the smartphone or mobile phone

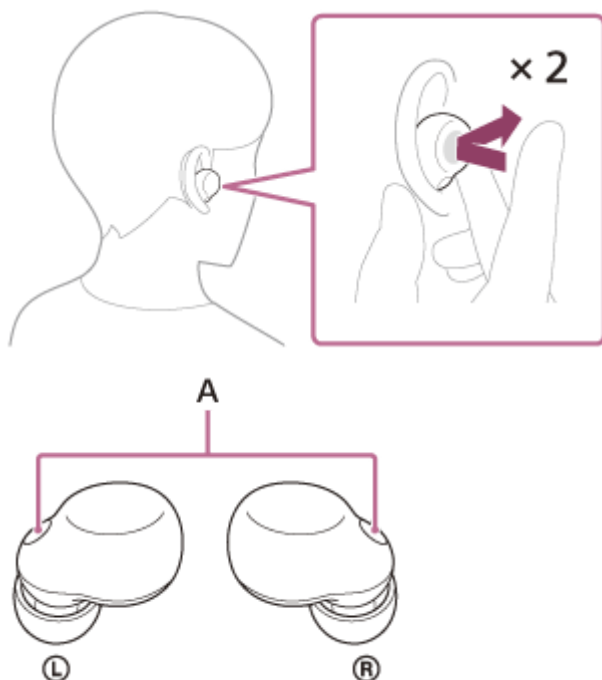
- 1 Connect the headset to a smartphone or mobile phone via Bluetooth connection beforehand.**
- 2 When you hear a ring tone, tap the touch sensor on the left or right unit of the headset twice quickly (with an interval of about 0.3 seconds) and receive the call.**

A voice will be heard from the headset.

When you receive an incoming call while listening to music, playback pauses automatically and a ring tone will be heard from the headset.

If playback does not pause, operate the headset to pause playback.

You can talk using the microphones on the headset.



**A:** Microphones (left, right)

## If no ring tone is heard via the headset

The headset may not be connected with the smartphone or mobile phone over HFP or HSP. Check the connection status on the smartphone or mobile phone.

### 3 Operate the smartphone or mobile phone to adjust the volume.

### 4 When you finish talking, tap the touch sensor on the left or right unit of the headset twice quickly (with an interval of about 0.3 seconds) to end the call.

If you received a call during music playback, music playback resumes automatically after ending the call.

#### Hint

- When receiving a call by operating smartphones or mobile phones, some smartphones or mobile phones may receive a call with the phone instead of the headset. With an HFP connection, switch the call to the headset by holding your finger to the touch sensor on the left or right unit of the headset for about 2 seconds or more, or by using your smartphone or mobile phone.
- The headset volume during a call and during music playback can be independently adjusted. Even if you change the volume during a call, the volume of music playback does not change.
- You can also enjoy hands-free calls even when you are wearing only one unit of the headset. When you receive an incoming call, answer the call using the unit of the headset you are wearing. If you put the other unit into the other ear while you are talking with only one unit, you can talk with both units.

#### Note

- Depending on the connected device or playback application you are using, playback may not pause even when you receive an incoming call while playing back music. When you receive an incoming call while playing back music, playback may not resume automatically even if you finish the call.
- Use a smartphone or mobile phone at least 50 cm (19.69 in.) away from the headset. Noise may result if the smartphone or mobile phone is too close to the headset.
- Your voice will be heard from the headset through the headset's microphone (Sidetone function). In this case, ambient sounds or the sounds of the headset operation may be heard through the headset, but this is not a malfunction.
- Even when the volume adjustment function has been assigned to the touch sensor with the "Sony | Headphones Connect" app, you cannot adjust the volume on the headset during a call. Adjust the volume on the connected device. If you are unable to adjust the volume on the connected device, adjust the volume in the "Sony | Headphones Connect" app.

#### Related Topic

- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Making a call](#)
- [Functions for a phone call](#)
- [What you can do with the "Sony | Headphones Connect" app](#)

## Making a call

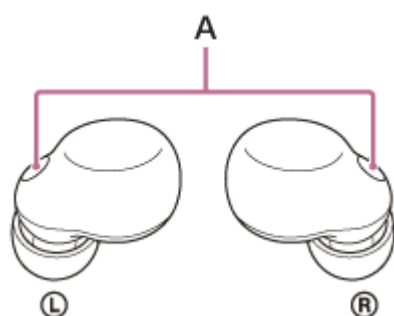
You can enjoy a hands-free call with a smartphone or mobile phone that supports the Bluetooth profile HFP (Hands-free Profile) or HSP (Headset Profile), via Bluetooth connection.

- If your smartphone or mobile phone supports both HFP and HSP, set it to HFP.
- The operation may vary depending on the smartphone or mobile phone. Refer to the operating instructions supplied with the smartphone or mobile phone.
- Depending on the connected device or the application you are using, the functions may not work properly even if you try to operate them with the headset.

### 1 Connect the headset to a smartphone/mobile phone via Bluetooth connection.

### 2 Operate your smartphone or mobile phone to make a call.

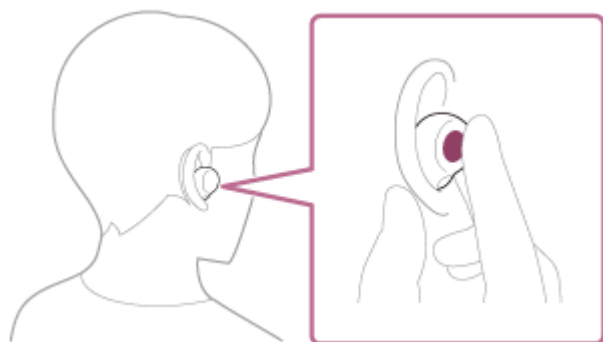
When you make a call, the dial tone is heard from the headset.  
If you make a call while listening to music, playback pauses automatically.  
If playback does not pause, operate the headset to pause playback.  
You can talk using the microphones on the headset.



**A:** Microphones (left, right)

### If no dial tone is heard via the headset

Use your smartphone or mobile phone to switch the call device to the headset, or hold your finger to the touch sensor on either the left or right unit of the headset for about 2 seconds or more.



### 3 Operate the smartphone or mobile phone to adjust the volume.

- 4 When you finish talking, tap the touch sensor on the left or right unit of the headset twice quickly (with an interval of about 0.3 seconds) to end the call.

If you made a call during music playback, music playback resumes automatically after ending the call.

#### Hint

- The headset volume during a call and during music playback can be independently adjusted. Even if you change the volume during a call, the volume of music playback does not change.
- You can also enjoy hands-free calls even when you are wearing only one unit of the headset. If you put the other unit into the other ear while you are talking with only one unit, you can talk with both units.

#### Note

- Depending on the connected device or playback application you are using, when you make a call while listening to music, playback may not resume automatically even after you finish the call.
- Use a smartphone or mobile phone at least 50 cm (19.69 in.) away from the headset. Noise may result if the smartphone or mobile phone is too close to the headset.
- Your voice will be heard from the headset through the headset's microphone (Sidetone function). In this case, ambient sounds or the sounds of the headset operation may be heard through the headset, but this is not a malfunction.
- Even when the volume adjustment function has been assigned to the touch sensor with the "Sony | Headphones Connect" app, you cannot adjust the volume on the headset during a call. Adjust the volume on the connected device. If you are unable to adjust the volume on the connected device, adjust the volume in the "Sony | Headphones Connect" app.

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#### Related Topic

- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Receiving a call](#)
- [Functions for a phone call](#)
- [What you can do with the "Sony | Headphones Connect" app](#)

## Functions for a phone call

The functions available during a call may vary depending on the profile supported by your smartphone or mobile phone. In addition, even if the profile is the same, the available functions may vary depending on the smartphone or mobile phone.

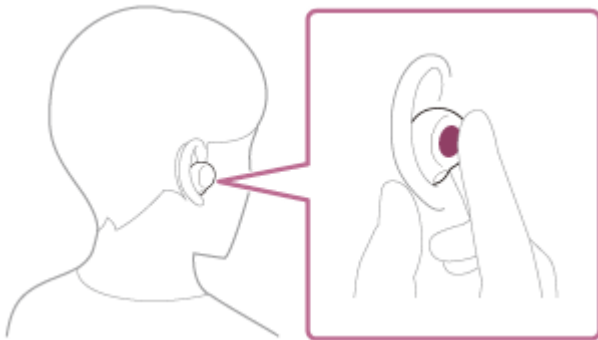
Depending on the connected device or the application you are using, the functions may not work properly even if you try to operate them with the headset.

Refer to the operating instructions supplied with the smartphone or mobile phone.

### Supported profile: HFP (Hands-free Profile)

#### During standby/music playback

- Hold your finger to the touch sensor on the right unit for about 2 seconds or more to start up the voice dial function of the smartphone/mobile phone, or activate the Google app on an Android smartphone or Siri on an iPhone.

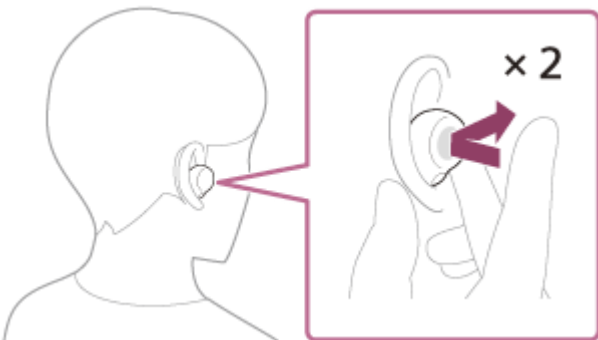


#### Outgoing call

You can use either the left or right unit to perform the following operations.

When only one unit of the headset is worn in your ear, operate the unit that is worn.

- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to cancel an outgoing call.



You can perform the following operations on the headset unit to which the noise canceling function is not assigned (the right unit in the factory settings).

- Hold your finger to the touch sensor for about 2 seconds or more to change the call device back and forth between the headset and the smartphone/mobile phone.

#### Incoming call

You can use either the left or right unit to perform the following operations.

When only one unit of the headset is worn in your ear, operate the unit that is worn.



- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to answer a call.
- Hold your finger to the touch sensor for about 2 seconds or more to reject a call.

### **During call**

You can use either the left or right unit to perform the following operations.

When only one unit of the headset is worn in your ear, operate the unit that is worn.

- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to finish a call.

You can perform the following operations on the headset unit to which the noise canceling function is not assigned (the right unit in the factory settings).

- Hold your finger to the touch sensor for about 2 seconds or more to change the call device back and forth between the headset and the smartphone/mobile phone.

### **Supported profile: HSP (Headset Profile)**

You can use either the left or right unit to perform the following operations.

When only one unit of the headset is worn in your ear, operate the unit that is worn.

### **Outgoing call**

- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to cancel an outgoing call.

### **Incoming call**

- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to answer a call.

### **During call**

- Tap the touch sensor twice quickly (with an interval of about 0.3 seconds) to finish a call.

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### **Related Topic**

- [Using only one unit of the headset](#)
- [Receiving a call](#)
- [Making a call](#)

## Making a video call on your computer

When you make a video call on your computer, you can talk wirelessly from your headset.

- 1 Connect the headset to your computer via Bluetooth connection.**
- 2 Launch the video calling application on your computer.**
- 3 Check the settings (\*) of the video calling application.**
  - When you make a video call on your computer, select calling connections (HFP/HSP) and not music playback connections (A2DP). If you select music playback connections, a video call may not be available.
  - On the speaker settings, select calling connections [Headset (LinkBuds S Hands-Free)] (\*\*). ([Headphones (LinkBuds S Stereo)] (\*\*) is for music playback connections.)
  - On the microphone settings, select calling connections [Headset (LinkBuds S Hands-Free)] (\*\*). When the microphone is not set up, the Speak-to-Chat mode activates when the headset detects the speech of the person wearing the headset, and the sound from the headset is muted.
  - Depending on the video calling application you are using, calling connections [Headset (LinkBuds S Hands-Free)] (\*\*) or music playback connections [Headphones (LinkBuds S Stereo)] (\*\*) may not be selectable on the speaker or microphone settings, and only [LinkBuds S] may be displayed. If this is the case, select [LinkBuds S].
  - As for frequently asked questions and answers, refer to the customer support website.

\* Depending on the video calling application you are using, this function may not be available.

\*\* Names may vary according to the computer or the video calling application you are using.

### Hint

- When the settings of the video calling application cannot be checked or calling connections [Headset (LinkBuds S Hands-Free)] cannot be selected, select [Headset (LinkBuds S Hands-Free)] on the settings of your computer to make connections. See [“Pairing and connecting with a computer \(Windows® 10\)”](#), [“Pairing and connecting with a computer \(Windows 8.1\)”](#) or [“Pairing and connecting with a computer \(Mac\)”](#).

### Note

- While Speak-to-Chat is enabled, if the microphone is not set up correctly, the Speak-to-Chat mode is activated when a voice is detected, and the sound from the headset may be muted.
- Depending on the video calling application you are using, microphone settings may not be available. If this is the case, disable Speak-to-Chat using the “Sony | Headphones Connect” app.
- Depending on the computer or application you are using, the headset may not work properly during a video call. This may be improved by restarting the computer.

### Related Topic

- [How to make a wireless connection to Bluetooth devices](#)
- [Pairing and connecting with a computer \(Windows® 10\)](#)

- [Pairing and connecting with a computer \(Windows 8.1\)](#)
- [Pairing and connecting with a computer \(Mac\)](#)
- [Connecting to a paired computer \(Windows 10\)](#)
- [Connecting to a paired computer \(Windows 8.1\)](#)
- [Connecting to a paired computer \(Mac\)](#)
- [Disconnecting Bluetooth connection \(after use\)](#)
- [Speaking with someone while wearing the headset \(Speak-to-Chat\)](#)
- [Customer support websites](#)

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## Disconnecting Bluetooth connection (after use)

---

**1 Disconnect the Bluetooth connection by operating the Bluetooth device.**

When you are wearing the headset, you will hear a notification sound from both headset units (or from the headset unit you are wearing) at the same time.

**2 Set the headset into the charging case.**

The headset turns off.

### Hint

- When you finish playing music, the Bluetooth connection may terminate automatically depending on the Bluetooth device.

---

### Related Topic

- [Turning off the headset](#)

## Using the Google Assistant

By using the Google Assistant that comes with the smartphone, you can speak to the headset's microphones to operate the smartphone or perform a search.

### Compatible smartphones

Smartphones installed with Android 6.0 or later (The latest version of the Google app is required.)

#### 1 Open the "Sony | Headphones Connect" app, and set the function of the touch sensor as the Google Assistant.

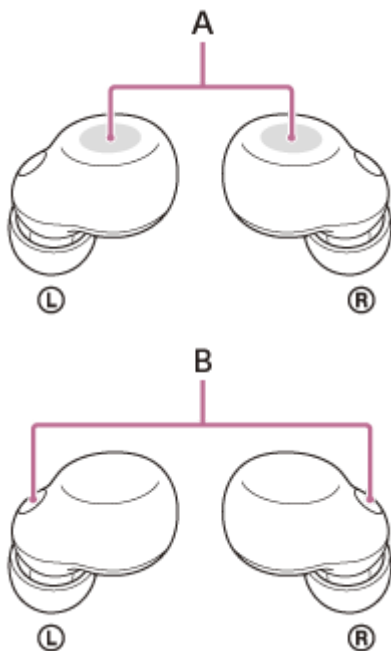
The Google Assistant can be assigned to the headset unit with the touch sensor that has the music playback function assigned. You can change the function assignments to the touch sensors of the left and right units using the "Sony | Headphones Connect" app.

For details on the "Sony | Headphones Connect" app, refer to the following URL.

[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)

When using the Google Assistant for the first time, open the Google Assistant app and touch [Finish headphones setup] on the Conversation View, and follow the on-screen instructions to complete initial setup for the Google Assistant.

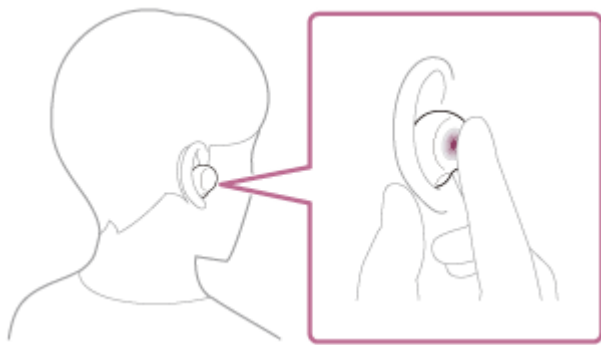
#### 2 Say "Ok Google" or operate the touch sensor to which you assigned the Google Assistant to use the Google Assistant.



**A:** Touch sensors (left, right)

**B:** Microphones (left, right)

- Hold your finger to the touch sensor to input a voice command, and release your finger to finish the voice command.



- If no voice command is detected while holding your finger to the touch sensor, notifications are read out when your finger is released.

For details on the Google Assistant, refer to the following website:

<https://assistant.google.com>

<https://g.co/headphones/help>

## Operating the headset with the Google Assistant

By saying specific words on the Google Assistant, you can perform noise canceling settings or other operations of the headset.

For details, refer to the following website (\*):

<https://support.google.com/assistant/answer/7172842#headphones>

\* It is not the case that the headset is compatible with all the specifications described in the web site.

### Hint

- Check or update the software version of the headset with the “Sony | Headphones Connect” app.
- When the Google Assistant is not available for reasons such as not being connected to the network, the voice guidance “The Google Assistant is not connected” is heard from both headset units (or from the headset unit you are wearing).
- If you do not see [Finish headphones setup] on the Conversation View of the Google Assistant app, delete the pairing information for the headset from the Bluetooth settings of your smartphone and redo the pairing process.

### Note

- When you perform the initial setup for the Google Assistant on your smartphone, which touch sensor function on the left or right unit of the headset is set as the Google Assistant depends on the settings for the headset functions and usage conditions. You can restore the touch sensor back to its previous functions by changing its settings on the “Sony | Headphones Connect” app.
- The Google Assistant can be assigned to the headset unit with the touch sensor that has the music playback function assigned. When you want to use the Google Assistant on either unit of the headset, assign the music playback function to the headset unit you want to use, and then assign the Google Assistant.  
On the headset unit to which the music playback function is not assigned, the Google Assistant cannot be used.  
You can change the function assignments to the touch sensors of the left and right units using the “Sony | Headphones Connect” app.
- The Google Assistant and Amazon Alexa cannot be assigned to the headset at the same time.
- When either the left or right unit of the headset is set for the Google Assistant and the headset is connected to an iPhone/iPod touch via Bluetooth connection, if the function of the headset unit without the Google Assistant is changed with the “Sony | Headphones Connect” app, the function assignment of the headset unit with the Google Assistant is cleared automatically.
- If the left unit of the headset is set to be able to use the Google Assistant, Service Link is automatically turned off.
- If Service Link is turned on after the left unit of the headset is set to be able to use the Google Assistant, the function of the left unit will return to the factory settings (switch the noise canceling function and Ambient Sound Mode, etc.). You can restore the unit back to its previous functions by changing its settings on the “Sony | Headphones Connect” app.
- The Google Assistant is not available during software update of the headset.  
When you use the Google Assistant during software update, the voice guidance “The Google assistant is not available during update. Please wait a moment until the update completes.” is heard from both headset units (or from the headset unit you are

wearing).

However, when you use the Google Assistant by saying "Ok Google", etc., the voice guidance will not be heard.

- The Google Assistant may not be available in some countries, regions, or languages.
- The function to operate the headset with the Google Assistant depends on the specifications of the Google Assistant.
- The specifications of the Google Assistant are subject to change without notice.

## Using Amazon Alexa

By using the Amazon Alexa app installed on your smartphone, you can speak to the headset's microphones to operate the smartphone or perform a search.

### Compatible smartphones

- The OS version which supports the latest version of the Amazon Alexa app on Android or iOS
- Installation of the latest Amazon Alexa app is required.
  1. Open the app store on your mobile device.
  2. Search for Amazon Alexa app.
  3. Select Install.
  4. Select Open.

**1 Put the headset units into your ears and connect the headset to the smartphone via Bluetooth connection.**

**2 Open the Amazon Alexa app.**

Amazon Alexa can be assigned to the headset unit with the touch sensor that has the music playback function assigned. You can change the function assignments to the touch sensors of the left and right units using the "Sony | Headphones Connect" app.

When you use Amazon Alexa for the first time, you will need to login with your Amazon account, and proceed to step **3** to set up your headset to the Amazon Alexa app.

If you have set up Amazon Alexa previously, but have configured the touch sensor on the left and right units of the headset to a function other than Amazon Alexa, reconfigure the touch sensor on the left or right unit of the headset to Amazon Alexa.

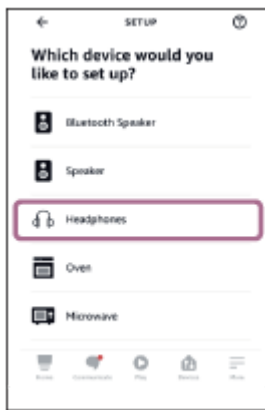
**3 Perform the initial setup for Amazon Alexa.**

1. Touch the [More] icon in the lower right corner of the Amazon Alexa app screen, and touch [Add a Device].

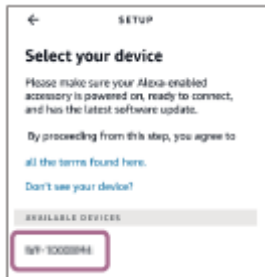


2. On the [Which device would you like to set up?] screen, select [Headphones].





3. From [AVAILABLE DEVICES] on the [Select your device] screen, select [LinkBuds S].



If you cannot find [LinkBuds S] in [AVAILABLE DEVICES], the headset is not connected to the smartphone via Bluetooth connection. Connect the headset to the smartphone via Bluetooth connection.

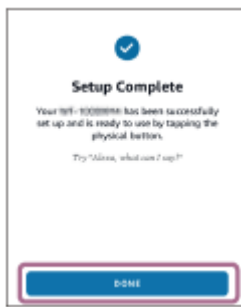
4. On the [Set up Alexa on your LinkBuds S] screen, touch [CONTINUE].



5. If the [This will override the current voice assistant on this accessory] screen appears, touch [CONTINUE].

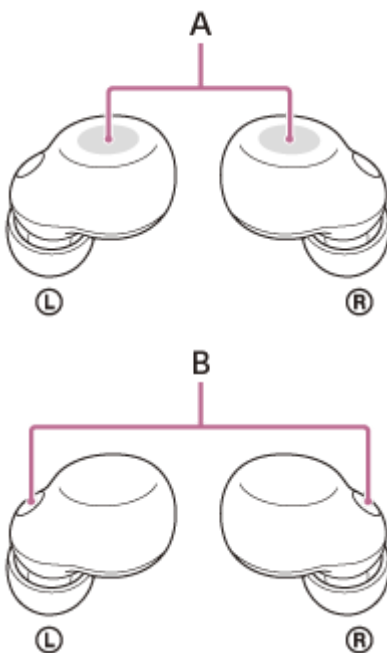


6. On the [Setup Complete] screen, touch [DONE].



Once the initial setup is complete, the function of the touch sensor on the right unit of the headset (or the left unit if only the left unit of the headset was worn for the initial setup) is changed to Amazon Alexa.

- 4 Say the wake word (\*) ("Alexa") or operate the touch sensor on the headset unit to which Amazon Alexa is assigned to use Amazon Alexa.**



**A:** Touch sensors (left, right)

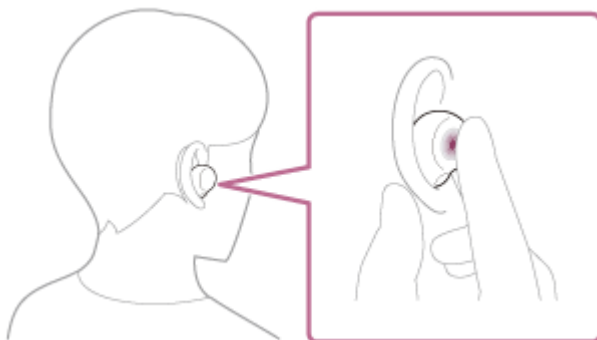
**B:** Microphones (left, right)

- Hold your finger to the touch sensor to input a voice command.

Example:

"What is the weather"

"Play music (\*\*)"



- If there is no voice, it will be automatically canceled.

\* To set the wake word, enable [Activate Voice Assistant with your Voice] with the "Sony | Headphones Connect" app.

\*\* Need Amazon or Prime Music subscription.

For details on Amazon Alexa and its capability, refer to the following website:

<https://www.amazon.com/b?node=16067214011>

For details on Amazon Alexa, refer to the following website:

<https://www.amazon.com/gp/help/customer/display.html?nodeId=G7HPV3YLTGLJEJFK>

#### Hint

- You can use Amazon Alexa when you are wearing only one unit to which Amazon Alexa is assigned on your ear. When Amazon Alexa is assigned to the headset and you want to use only one unit of the headset, use the unit with Amazon Alexa assigned. Check the setting of the headset with the “Sony | Headphones Connect” app.
- Check or update the software version of the headset with the “Sony | Headphones Connect” app.
- When Amazon Alexa is not available for reasons such as not being connected to the network, the voice guidance “Either your mobile device isn’t connected; or you need to open the Alexa App and try again” is heard from both headset units (or from the headset unit you are wearing).

#### Note

- When you set up the headset on the Amazon Alexa app, which touch sensor function on the left or right unit of the headset is set as Amazon Alexa depends on the settings for the headset functions and usage conditions. You can restore the touch sensor back to its previous functions by changing its settings on the “Sony | Headphones Connect” app.
- Amazon Alexa can be assigned to the headset unit with the touch sensor that has the music playback function assigned. When you want to use Amazon Alexa on either unit of the headset, assign the music playback function to the headset unit you want to use, and then assign Amazon Alexa.  
On the headset unit to which the music playback function is not assigned, Amazon Alexa cannot be used. You can change the function assignments to the touch sensors of the left and right units using the “Sony | Headphones Connect” app.
- Amazon Alexa and the Google Assistant cannot be assigned to the headset at the same time.
- Amazon Alexa is not available in all languages and countries/regions. Alexa features and functionality may vary by location.

## Using the voice assist function (Google app)

By using the Google app that comes with the Android smartphone, you can speak to the headset's microphones to operate the Android smartphone.

### 1 Set the assist and voice input selection to the Google app.

On the Android smartphone, select [Settings] - [Apps & notifications] - [Advanced] - [Default apps] - [Assist & voice input], and set [Assist app] to the Google app.

The operation above is an example. For details, refer to the operating instructions of the Android smartphone.

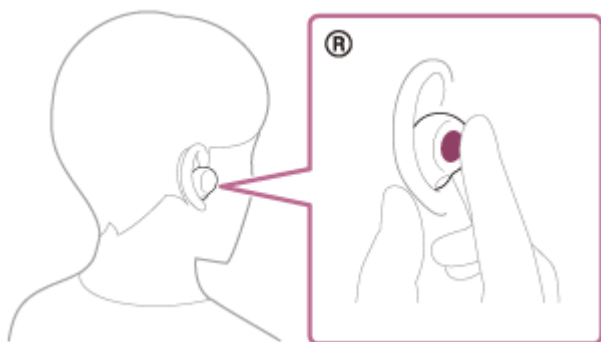
Note: The latest version of the Google app may be required.

For details on the Google app, refer to the operating instructions or the support website of the Android smartphone, or the Google Play store website.

The Google app may not be activated from the headset depending on specifications of the Android smartphone.

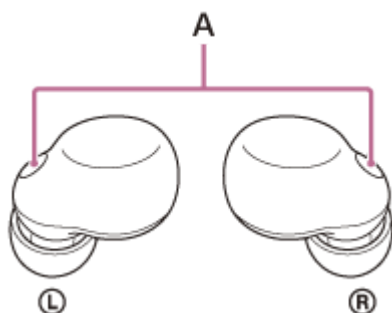
### 2 Put the headset units into your ears and connect the headset to the Android smartphone via Bluetooth connection.

### 3 When the Android smartphone is in standby or playing music, hold your finger to the touch sensor on the right unit for about 2 seconds or more.



The Google app is activated.

### 4 Make a request to the Google app through the headset's microphones.



**A:** Microphones (left, right)

For details on the apps which work with the Google app, refer to the operating instructions of the Android smartphone.

After activating the Google app, the voice command is canceled when a certain time has passed without requests.

### Note

- If the touch sensor on either the left or right unit is set as the Google Assistant, the voice assist function (Google app) is not available.
- If the touch sensor on either the left or right unit is set as Amazon Alexa, the voice assist function (Google app) is not available.
- The Google app cannot be activated when you say "Ok Google" even when the Android smartphone's "Ok Google" setting is on.
- When using the voice assist function, your voice will be heard from the headset through the headset's microphones (Sidetone function). In this case, ambient sounds or the sounds of the headset operation may be heard through the headset, but this is not a malfunction.
- The Google app may not be activated depending on specifications of the smartphone or application version.
- The Google app does not work when connected to a device not compatible with the voice assist function.

## Using the voice assist function (Siri)

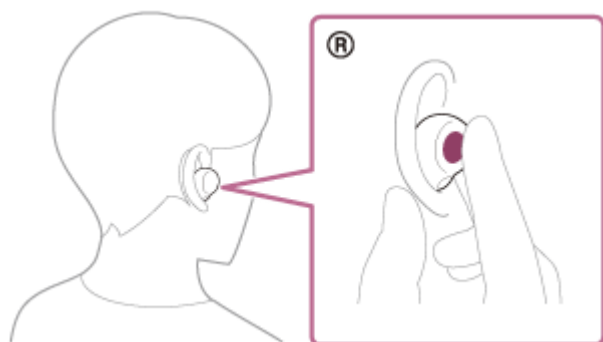
By using Siri that comes with iPhone, you can speak to the headset's microphones to operate the iPhone.

### 1 Turn Siri on.

On iPhone, select [Settings] - [Siri & Search] to turn [Press Home for Siri] and [Allow Siri When Locked] on.  
The operation above is an example. For details, refer to the operating instructions of the iPhone.  
Note: For details on Siri, refer to the operating instructions or support website of the iPhone.

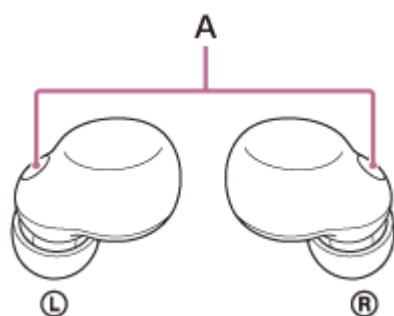
### 2 Put the headset units into your ears and connect the headset to the iPhone via Bluetooth connection.

### 3 When the iPhone is in standby or playing music, hold your finger to the touch sensor on the right unit for about 2 seconds or more.



Siri is activated.

### 4 Make a request to Siri through the headset's microphones.



**A:** Microphones (left, right)

For details on the apps which work with Siri, refer to the operating instructions of the iPhone.  
After activating Siri, when a certain time has passed without requests, Siri will be deactivated.

#### Note

- Siri cannot be activated when you say "Hey Siri" even when the iPhone's "Hey Siri" setting is on.

- When using the voice assist function, your voice will be heard from the headset through the headset's microphones (Sidetone function). In this case, ambient sounds or the sounds of the headset operation may be heard through the headset, but this is not a malfunction.
- Siri may not be activated depending on specifications of the smartphone or application version.

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## What you can do with the “Sony | Headphones Connect” app

When you connect the smartphone with the “Sony | Headphones Connect” app installed and the headset via Bluetooth connection, you can do the following.

- Update the headset software
- Switch the voice guidance language
- Turn the notification sound and voice guidance on/off
- Change the function of the touch sensor
- Set the Quick Access function
- Set the Bluetooth connection mode (sound quality mode)
- Turn off the headset
- Set the wearing detection automatic music playback pause/resume function
- Set the wearing detection automatic power off function
- Turn the wake word of Amazon Alexa on/off
- Initialize the headset
- Turn Service Link on/off
- Assist to determine the optimal earbud tips
- Check the headset software version
- Display the Bluetooth connection status between left or right units of the headset and the smartphone
- Display the Bluetooth connection codec
- Display the DSEE Extreme (completion for high-range sound) function setting status
- Set the DSEE Extreme (completion for high-range sound) function
- Display the remaining battery charge of the headset
- Display the remaining battery charge of the charging case
- Display notifications alerting you to charge the headset (when the remaining battery charge of the charging case is low)
- Select the Equalizer/CLEAR BASS setting
- Customize the Equalizer setting
- Adjust the noise canceling function and Ambient Sound Mode (ambient sound control)
- Select the switching pattern when changing the noise canceling function/Ambient Sound Mode on the headset
- Use auto adjustment of the noise canceling function by behavior recognition (Adaptive Sound Control)
- Enable/disable the automatic audio detection for Speak-to-Chat and set it up
- Play/pause music, skip to the beginning of the previous track (or the current track during playback)/skip to the beginning of the next track
- Adjust the volume during music playback/phone call
- Easy pairing
- Record and display information on the usage of the headset
- Set the 360 Reality Audio function
- Turn safe listening on/off

For details on the “Sony | Headphones Connect” app, refer to the following URL.

[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)

### Hint

- The operation of the “Sony | Headphones Connect” app differs depending on the audio device. The app specifications and screen design may change without prior notice.



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## Related Topic

- [Installing the “Sony | Headphones Connect” app](#)
- [About the voice guidance](#)
- [About the touch sensor](#)
- [Using Quick Access](#)
- [About the sound quality mode](#)
- [Wearing the headset](#)
- [Supported codecs](#)
- [Checking the remaining battery charge](#)
- [About the DSEE Extreme function](#)
- [Using the noise canceling function](#)
- [Listening to ambient sound during music playback \(Ambient Sound Mode\)](#)
- [Speaking with someone while wearing the headset \(Speak-to-Chat\)](#)

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## Installing the “Sony | Headphones Connect” app

- 1 Download the “Sony | Headphones Connect” app from the Google Play store or App Store, and install the app on your smartphone.

For details on the “Sony | Headphones Connect” app, refer to the following URL.

[https://rd1.sony.net/help/mdr/hpc/h\\_zz/](https://rd1.sony.net/help/mdr/hpc/h_zz/)



**Sony Headphones Connect** 

- 2 After installing the app, launch the “Sony | Headphones Connect” app.

### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)

Wireless Noise Canceling Stereo Headset  
LinkBuds S

## Accessing support information from the “Sony | Headphones Connect” app

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You can access the latest support information from the “Sony | Headphones Connect” app.

- 1 Select [Help] on the “Sony | Headphones Connect” app screen.
- 2 The [Headphones Connect Help] screen appears and support information is displayed.
- 3 Select the desired item.

## How to keep the software up-to-date (for comfortable use of the headset)

Install the latest headset software using the “Sony | Headphones Connect” app to enjoy new functions or to resolve a certain number of issues with the headset.

Always use the headset with the latest software installed.

For details on the latest headset software and how to update the software, refer to the information on the support website.

When the [Automatic download of software] setting is enabled (default setting) on the “Sony | Headphones Connect” app, the download and transfer of the software will start automatically.

You can also update the headset software in the following way.

- 1 Download the update software from the server to the smartphone on which the “Sony | Headphones Connect” app is installed.**
- 2 Transfer the update software from the smartphone to the headset.**
- 3 Update the headset software following the on-screen instructions.**

### Note

- It is recommended to disable the automatic power off function of the headset before the update.  
In the factory settings, when the headset is not worn for about 15 minutes, the headset turns off automatically. This setting can be changed using the “Sony | Headphones Connect” app.
- When the mobile device used for the update has any other Bluetooth devices connected to it, turn off all the Bluetooth devices until the update is complete.  
Software may not be updated when the mobile device is connected with other devices compatible with Bluetooth Low Energy (such as wearable devices, smart watches, etc.).
- Note the following if the update cannot be completed.
  - Close all the apps installed on the mobile device except the “Sony | Headphones Connect” app.
  - Fully charge the headset and the mobile device.
  - Put the headset and the mobile device being used for the update as close to each other as possible before starting the update.
  - Do not start the update if there are wireless LAN devices or other Bluetooth devices nearby.
  - Turn off the power saving mode (\*) of your smartphone before updating the software.  
Depending on the OS version of your smartphone, the update may not be completed under the power saving mode.

\* Names may vary according to the smartphone you are using.

### Related Topic

- [What you can do with the “Sony | Headphones Connect” app](#)

## What you can do with partner services

After setting up on the “Sony | Headphones Connect” app, you can use the following apps (\*) linked with the headset.

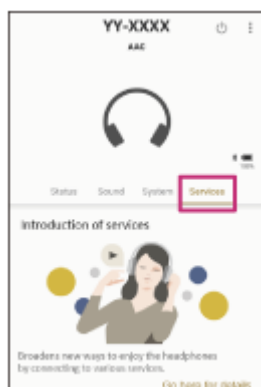


\* Services that can be linked as of May 19, 2022 are listed.

For details on the latest services and experiences you can have by linking, check the [Services] tab of the “Sony | Headphones Connect” app.

**1** Open the “Sony | Headphones Connect” app.

**2** Set up each service on the [Services] tab.



### Note

- The services that can be linked differ depending on the country or region.
- The specifications of the service that can be linked are subject to change without notice.
- When you use Endel, you need to install the corresponding “Endel” app. For details, refer to the following Endel website:  
<https://endel.io/>

### Related Topic

- [Installing the “Sony | Headphones Connect” app](#)

## Precautions

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### On Bluetooth communications

- Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum communication distance may vary depending on the presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.
- Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices. Turn off the headset and other Bluetooth devices in the following locations, as it may cause an accident:
  - in hospitals, near priority seating in trains, locations where inflammable gas is present, near automatic doors, or near fire alarms.
- This product emits radio waves when used in wireless mode. When used in wireless mode on an airplane, follow flight crew directions regarding permissible use of products in wireless mode.
- The audio playback on the headset may be delayed from that on the transmitting device, due to the characteristics of Bluetooth wireless technology. As a result, the sound may not be in sync with the image when viewing movies or playing games.
- The headset supports security functions that comply with the Bluetooth standard as a means of ensuring security during communication using Bluetooth wireless technology. However, depending on the configured settings and other factors, this security may not be sufficient. Be careful when communicating using Bluetooth wireless technology.
- Sony shall assume no responsibility for any damages or loss resulting from information leaks that occur when using Bluetooth communications.
- Bluetooth connections with all Bluetooth devices cannot be guaranteed.
  - Bluetooth devices connected with the headset must comply with the Bluetooth standard prescribed by Bluetooth SIG, Inc., and must be certified as compliant.
  - Even when a connected device complies with the Bluetooth standard, there may be cases where the characteristics or specifications of the Bluetooth device make it unable to connect, or result in different control methods, display, or operation.
  - When using the headset to perform hands-free talking on the phone, noise may occur depending on the connected device or the communication environment.
- Depending on the device to be connected, it may require some time to start communications.
- The headset does not support multipoint connection.

With multipoint function support, the headset can connect to a music playback device (A2DP profile compatible device such as portable music player, etc.) and a communication device (HFP or HSP profile compatible device such as smartphone, etc.) at the same time, and you can listen to music while waiting for an incoming call or during a call.

### Note on temperature rise

- While charging the headset or charging case, or when using the headset for a long time, the temperature of the headset or charging case may rise, but this is not a malfunction.

### Note on static electricity

- If you use the headset when the air is dry, you may experience discomfort due to static electricity accumulated on your body. This is not a malfunction of the headset. You can reduce the effect by wearing clothes made of natural materials that do not easily generate static electricity.

### Notes on wearing the headset

- After use, remove the headset from your ears slowly.
- Because the headset achieves a tight seal over the ears, forcibly pressing it against your ears or quickly pulling it off can result in eardrum damage. When wearing the headset, the speaker diaphragm may produce a click sound. This

is not a malfunction.

- The long-term use of the headset may cause symptoms such as itching and irritation in the ears.  
If you experience any of the above symptoms while using the headset, stop using it immediately and consult a doctor or your nearest Sony dealer.
- For long-term use, it is recommended that you remove the headset from your ears on a regular basis.

## Other notes

- Do not subject the headset to excessive shock as it is a precision device.
- The touch sensors may not operate properly if you apply stickers or other adhesive items to the touch sensors.
- The Bluetooth function may not work with a mobile phone, depending on the signal conditions and the surrounding environment.
- If you experience discomfort while using the headset, stop using it immediately.
- The earbud tips may be damaged or deteriorate with long-term use and storage.
- If the earbud tips become dirty, remove them from the headset and gently wash them by hand using a neutral detergent. After cleaning, thoroughly wipe off any moisture.
- If water or foreign matter enters the headset, it may result in fire or electric shock. If water or foreign matter enters the headset, stop use immediately and consult your nearest Sony dealer. In particular, be careful in the following cases.
  - When using the headset near a sink or liquid container  
Be careful that the headset does not fall into a sink or container filled with water.
  - When using the headset in the rain or snow, or in humid locations

## Cleaning the headset

- When the headset exterior is dirty, wipe it clean with a soft dry cloth. If the headset is particularly dirty, soak a cloth in diluted neutral detergent, and wring it well before using it to clean the headset. Do not use solvents such as thinner, benzene, or alcohol, as they may damage the finish on the surface of the headset or cause other damages.  
For details, see the “[Maintenance](#)” section.

## Do not use the headset units and charging case near medical devices

- Radio waves can affect cardiac pacemakers and medical devices. Do not use headset units and charging case in crowded places such as crowded trains or inside a medical institution.
- The headset units and charging case have magnets which may interfere with pacemakers, programmable shunt valves for hydrocephalus treatment, or other medical devices. Do not place the headset close to persons who use such medical devices. Consult your doctor before using the headset if you use any such medical device.

## Keep the headset units and charging case away from the magnetic card

- The headset units and charging case use magnets. If you bring a magnetic card close to the headset units and charging case, the card magnet may be affected and become unusable.

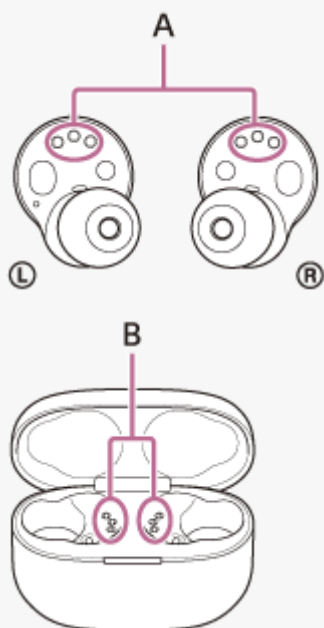
## When you have finished using the headset

When you have finished using the headset, be sure to set the headset in the charging case.  
Close the lid of the charging case.



### Note

- If perspiration or water is left on the charging port, it may impair the ability to charge the headset. Immediately wipe off any perspiration or water on the charging port after use. When the charging ports of the headset or charging case get dirty, wipe them clean with a soft dry cloth.



**A:** Charging ports of the headset units  
**B:** Charging ports of the charging case

## When the headset gets wet

1. Use a soft dry cloth to wipe off any water that gets on the headset.
2. Remove the earbud tips, turn the sound conduits (sound output tubes) and the air holes downward, and shake several times to get the water out.





3. Turn the microphone part downward and gently tap it about 5 times on a dry cloth, etc. to remove any water collected inside.

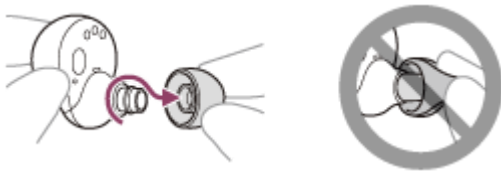


4. Leave the headset to dry in room temperature.

## Maintenance

Perform regular maintenance by following the procedures below.

### 1 Remove the earbud tip.



Hold the headset unit and twist the earbud tip while rotating it to pull it out.  
Do not pinch the end of the earbud tip when removing it.

### 2 Clean the headset.

#### Cleaning the headset units

When the headset exterior is dirty, wipe it clean with a soft dry cloth. If the headset is particularly dirty, soak a cloth in diluted neutral detergent, and wring it well before using it to clean the headset. Do not use solvents such as thinner, benzene, or alcohol, as they may damage the surface.

Use a soft dry cloth to wipe off any water that gets on the headset.

Do not allow the headset to remain with water droplets attached in a cold environment as the water may freeze.

#### Cleaning the microphone parts

Wipe off any dirt on the mesh part of the headset unit with a cloth that has been moistened with water and wrung out tightly.

Remove the dirt so that it does not push into the mesh part of the headset unit deeply.

#### Cleaning the charging ports

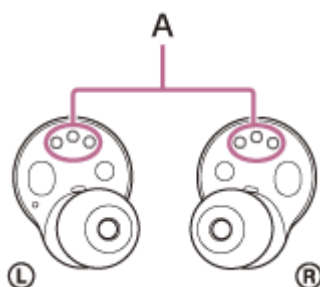
If foreign matter or moisture, such as sweat, etc., is left on the charging ports of the headset units or charging case, charging port corrosion may occur and prevent charging.

When you have finished using the headset, make sure to gently clean the charging ports with a soft dry cloth or cotton swab.

When the headset cannot be charged, it may help to try thoroughly cleaning the charging ports.

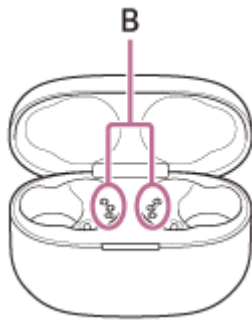
#### Charging ports that needs maintenance

- Headset



**A:** Charging ports of the headset units (left, right)

- Charging case

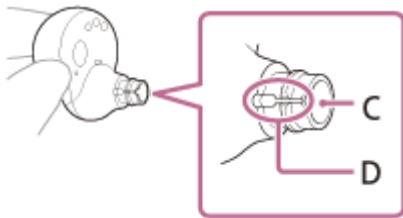


**B:** Charging ports of the charging case (left, right)

### Cleaning of the sound output holes

Wipe off any dirt such as earwax in the sound output hole or groove of the headset unit with a cloth that has been moistened with water and wrung out tightly.

Remove the dirt so that it does not push into the headset unit deeply.



**C:** Sound output hole

**D:** Groove



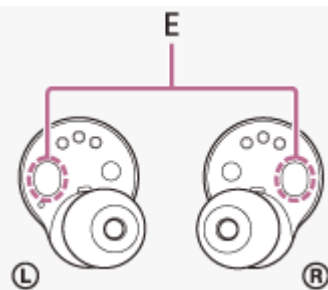
### Drying the headset

After cleaning is complete, leave the headset to dry thoroughly in room temperature.



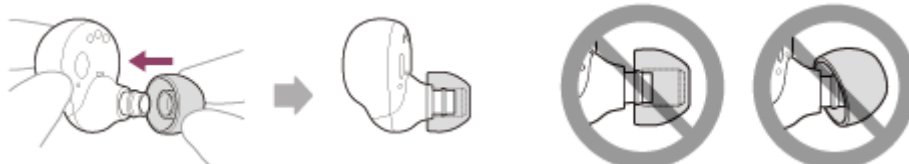
#### Note

- When drying the headset, if the IR sensors touch the table, the headset will be considered worn and the rechargeable battery may continue to be consumed. Place the headset units with the IR sensors facing sideways or upwards.



E: IR sensors (left, right)

### 3 Attach the earbud tip.



Firmly insert the earbud tip all the way. Do not attach the earbud tip in a loose or skewed manner.

If the earbud tip is not completely attached, the earbud tip may be removed from the headset and the sound quality, noise canceling effects, and wearability may deteriorate.

### 4 Set the headset in the charging case.

After maintenance as well as after cleaning and drying the headset, be sure to set the headset units in the charging case.

Be sure to close the lid of the charging case.

## To prevent burning or malfunction due to getting wet

### Be sure to clean after use

Charging with liquid such as water or sweat or foreign objects such as dust attached to the USB Type-C port of the charging case or charging port of the headset may cause an accident such as burns or serious wounds due to fire, electrocution, heat generation, smoke, or ignition. It may also cause a malfunction.

Avoid the following situations and be careful not to get moisture or dirt on the headset or charging case.

If the headset or charging case gets wet or dirty, see [“When the headset or charging case gets wet”](#) and clean them as described before use.

- Touching the headset or charging case without wiping your wet hands after doing housework in a kitchen or washing your hands in a washroom.



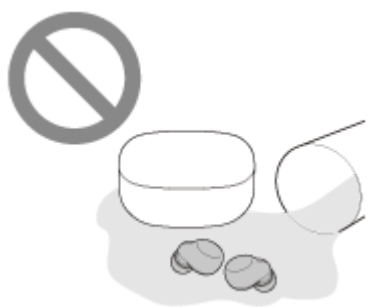
- Putting the headset or charging case in the chest pocket of a damp article of clothing.



- Putting the headset or charging case in a bag with a cold PET bottle.



- Spilling a drink while eating or drinking.



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## When the headset or charging case gets wet

### On water resistant performance of the headset

- The charging case is not water resistant.
- The water resistant specifications of this headset are equivalent to IPX4 in IEC 60529 “Degrees of protection against ingress of water (IP Code)”, which specifies the degree of protection provided against the entry of water. The headset cannot be used in water.

Unless the headset is used correctly, water may get into the headset and cause fire, electrocution, or malfunctions.

Note the following cautions carefully and use the headset correctly.

IPX4: Protected against water splashing from any direction.

- The sound conduits (sound output tubes), air holes, and microphone part of the headset are not completely watertight.

If any water droplets are left in the sound conduits, air holes, or microphone part, the following issues may occur temporarily, but they are not malfunctions.

- Sounds become difficult to hear.
- The noise canceling effect is weakened.
- Unusual sounds are heard.
- Voices during phone calls become difficult to hear.

### Liquids that the water resistant performance specifications of the headset apply to

Applicable:	Fresh water, tap water, perspiration
Not applicable:	Liquids other than those above (examples: soapy water, detergent water, water with bath agents, shampoo, hot spring water, hot water, pool water, seawater, etc.)

The water resistant performance of the headset is based on measurements performed by Sony under the conditions described above. Note that malfunctions resulting from water immersion caused by customer misuse are not covered by the warranty.

### To protect the headset and charging case from being damaged

Carefully note the precautions below to ensure proper use of the headset.

- Do not splash water forcibly into the sound output part or microphone part of the headset.
- Do not allow the headset to remain wet in a cold environment, as the water may freeze. To prevent malfunction, make sure to wipe off any water after use.
- Do not place the headset in water or use it in a humid place such as a bathroom.
- Do not drop the headset or expose it to mechanical shock. Doing so may deform or damage the headset, resulting in deterioration of water resistance performance.
- If the headset gets wet,
  1. Use a soft dry cloth to wipe off any water that gets on the headset.
  2. Remove the earbud tips, turn the sound conduits (sound output tubes) and the air holes downward, and shake several times to get the water out.

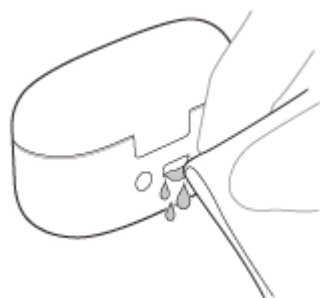


3. Turn the microphone part downward and gently tap it about 5 times on a dry cloth, etc. to remove any water collected inside.

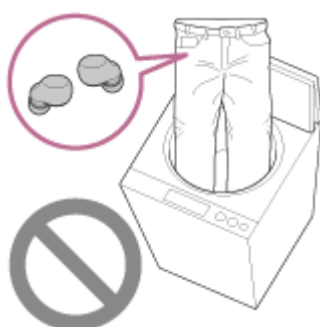


4. Leave the headset to dry in room temperature.

- If the headset units and charging case are charged while they are wet with sweat, etc., the charging ports will corrode. Before charging, wipe off any moisture with a soft dry cloth and leave to dry in room temperature. Repairs in case of a malfunction without care are not covered by the free warranty.



- When the charging ports of the headset or charging case get dirty, wipe them clean with a soft dry cloth.
- Do not wash pants or shirts with the headset units left in the pockets.





- If the headset is cracked or deformed, refrain from using the headset near water, or contact your nearest Sony dealer.

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Wireless Noise Canceling Stereo Headset  
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## Licenses

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<https://rd1.sony.net/help/mdr/sl/22/>
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Wireless Noise Canceling Stereo Headset  
LinkBuds S

## Customer support websites

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For customers in the U.S.A, Canada, and Latin America:

<https://www.sony.com/am/support>

For customers in European countries:

<https://www.sony.eu/support>

For customers in China:

<https://service.sony.com.cn>

For customers in other countries/regions:

<https://www.sony-asia.com/support>

## What can I do to solve a problem?

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If the headset does not function as expected, try the following steps to resolve the issue.

- Find the symptoms of the issue in this Help Guide, and try any corrective actions listed.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Charge the headset.  
You may be able to resolve some issues by charging the headset battery.
- Restart the device that is being connected to the headset.  
You may be able to resolve some issues by restarting the device being connected such as your computer or smartphone.
- Reset the headset.
- Initialize the headset.  
This operation resets volume settings, etc. to the factory settings, and deletes all pairing information.
- Look up information on the issue on the customer support website.

If the operations above do not work, consult your nearest Sony dealer.

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### Related Topic

- [Charging](#)
- [Customer support websites](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## Unable to turn on the headset.

- Make sure the battery is fully charged.
- You cannot turn on the headset when the headset is placed and being charged in the charging case. Remove the headset from the charging case to turn it on.
- Charge the charging case.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- When Service Link is turned on with the “Sony | Headphones Connect” app, use the right unit of the headset. You cannot use only the left unit of the headset.
- Depending on the assignment of the touch sensors and/or the Voice Assistant setting, you may not be able to use only one unit of the headset.

Refer to the following and check the setting in the “Sony | Headphones Connect” app.

Voice Assistant setting menu item	Specification
[Voice Assist Function of Mobile Device]	Either unit of the headset can be used.
[Google Assistant] or [Amazon Alexa]	Only the headset unit with the Touch Sensor Control function set to [Playback control] can be used. Assign the [Playback control] function to the headset unit you want to use. In the factory settings, [Playback control] is assigned to the right unit. When you assign [Playback control] to both headset units, full functionality is only available on the right unit.
[Do not use]	Either unit of the headset can be used.

- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

### Related Topic

- [Charging](#)
- [Checking the remaining battery charge](#)
- [Turning on the headset](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## Charging cannot be done.

---

### Common

- Make sure the headset is set securely in the charging case.
- Be sure to use the supplied USB Type-C cable and check that the cable is firmly connected to the charging case.
- If the earbud tips are not properly attached to the headset, the headset may not be charged with the supplied charging case. Check that the earbud tips are attached properly when you store the headset in the charging case.
- If earbud tips by other manufacturers are used, the headset may not be charged with the supplied charging case. Be sure to use the supplied earbud tips when charging.
- When the charging ports of the headset or the charging case get dirty, the headset may not be charged. Clean the charging ports with a soft dry cloth.
- It is recommended to charge in a place with an ambient temperature between 15 °C and 35 °C (59 °F - 95 °F). Efficient charging may not be possible beyond this range.
- While charging, be sure to keep the lid of the charging case closed to prevent the battery of the charging case from being wasted.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

### When charging with a USB AC adaptor

- Make sure that the USB AC adaptor is firmly connected to the AC outlet.
- When using a commercially available USB AC adaptor, use one capable of supplying an output current of 0.5 A (500 mA) or more.

### When charging with a computer

- Check that the USB Type-C cable is firmly connected to the computer.
- Check that the computer is turned on. Wake the computer up if the computer is in standby (sleep) or hibernation mode.
- Check that the charging case and the computer are directly connected and not via a USB hub.
- There may be a problem with the USB port of the connected computer. Try connecting to another USB port on the computer if one is available.
- Update the OS of the computer.

---

### Related Topic

- [Charging](#)
- [Replacing the earbud tips](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## The available operating time is short, the battery power does not last long.

---

- If you set the following functions, the available operating time of the battery becomes short.
  - Equalizer
  - DSEE Extreme
  - Noise canceling function/Ambient Sound Mode
  - Speak-to-Chat
  - Function to launch the voice assist function by your voice
  - Service Link
  - Sound quality mode during Bluetooth playback: Priority on sound quality

If you run the above settings at the same time, the available operating time of the battery becomes even shorter.

- Depending on the settings for the headset functions and usage conditions, the speed of energy consumption for the rechargeable battery may vary between the left and right units. However, this is not a malfunction.
- When you have finished using the headset, be sure to set the headset in the charging case. If the headset is placed in the pockets, etc., the headset recognizes that the headset is worn, and it may turn on by mistake.
- Be sure to close the lid of the charging case to prevent the battery of the charging case from being consumed.
- When talking on the phone, the available operating time of the battery is shorter than when playing music.

---

### Related Topic

- [Available operating time](#)



## Charging time is too long.

---

- When charging with a computer, check that the charging case and the computer are directly connected and not via a USB hub. Also, this may be improved by restarting the computer and trying the USB connection again.
  - Check that you are using the supplied USB Type-C cable.
  - Depending on the settings for the headset functions and usage conditions, the speed of energy consumption for the rechargeable battery may vary between the left and right units.  
As a result, the charging time of the rechargeable batteries for the left and right units may differ. However, this is not a malfunction.
  - It is recommended to charge in a place with an ambient temperature between 15 °C and 35 °C (59 °F - 95 °F). Efficient charging may not be possible beyond this range.
  - When using a commercially available USB AC adaptor, use one capable of supplying an output current of 0.5 A (500 mA) or more.
- 

### Related Topic

- [Charging](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## No sound, no sound from one side

### Common

- Pair the headset and the Bluetooth device again.
- Charge the charging case.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Restart the smartphone or the computer you use.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.
- When the Speak-to-Chat mode is activated, music playback will pause. In this case, operate the touch sensor of the headset to exit the Speak-to-Chat mode.  
You can use the "Sony | Headphones Connect" app to switch between enable or disable for Speak-to-Chat.

### When connecting to a computer

- If you are connecting a computer to the headset, make sure the audio output setting of the computer is set for a Bluetooth device.
- Restart the music app or video app.

### When there is no sound on only one side

- When Service Link is turned on with the "Sony | Headphones Connect" app, use the right unit of the headset. You cannot use only the left unit of the headset.
- Depending on the assignment of the touch sensors and/or the Voice Assistant setting, you may not be able to use only one unit of the headset.

Refer to the following and check the setting in the "Sony | Headphones Connect" app.

Voice Assistant setting menu item	Specification
[Voice Assist Function of Mobile Device]	Either unit of the headset can be used.
[Google Assistant] or [Amazon Alexa]	Only the headset unit with the Touch Sensor Control function set to [Playback control] can be used. Assign the [Playback control] function to the headset unit you want to use. In the factory settings, [Playback control] is assigned to the right unit. When you assign [Playback control] to both headset units, full functionality is only available on the right unit.
[Do not use]	Either unit of the headset can be used.

- Depending on the smartphone app or computer application (which requires HFP (Hands-free Profile)/HSP (Headset Profile)), you may hear a voice from only one unit.

### Related Topic

- [Using only one unit of the headset](#)
- [How to make a wireless connection to Bluetooth devices](#)
- [Listening to music from a device via Bluetooth connection](#)

- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

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## Low sound level

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- If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, you may not obtain the correct sound qualities or volume.  
If any of this is the case, try the following.
  - Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.
  - Check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.
- Turn up the volume of the connected device.
- When the volume adjustment function is assigned to the touch sensor with the “Sony | Headphones Connect” app, you can adjust the volume on the headset during music playback.
- Even when the volume adjustment function has been assigned to the touch sensor with the “Sony | Headphones Connect” app, you cannot adjust the volume on the headset during a call. Adjust the volume on the connected device. If you are unable to adjust the volume on the connected device, adjust the volume in the “Sony | Headphones Connect” app.
- Connect the Bluetooth device to the headset once again.
- The sound conduits (sound output tubes), air holes, and microphone part of the headset are not completely watertight. If any water droplets are left in the sound conduits, air holes, or microphone parts, the sound level becomes low temporarily, but this is not a malfunction. See [“When you have finished using the headset”](#) and dry the headset as described before use.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

### Note

- Depending on the connected device, the volume of the device and the headset may or may not be synced. If the volume on a device is not synced to the volume on the headset, it will not be possible to use the device to turn up the volume on the headset once the volume is turned down on the headset.  
In that case, turn up the volume of both the headset and the connected device.  
If the sound is still low even after adjusting the volume on the connected device, adjust the volume with the “Sony | Headphones Connect” app.

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### Related Topic

- [Wearing the headset](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## Low sound quality, or noise or unusual sound can be heard.

- If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, tap operations or Speak-to-Chat speech detection may not work correctly, or you may not obtain the correct sound qualities, noise canceling effects, or call performance.  
If any of this is the case, try the following.
  - Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.  
The “Sony | Headphones Connect” app will help you to determine which earbud tips are most suitable for you to achieve the optimal noise cancellation effect.
  - Check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.
- Turn down the volume of the connected device if it is too loud.
- Switch the Bluetooth connection to A2DP with the connected device when the headset and the transmitting Bluetooth device are connected via an HFP or HSP Bluetooth connection.
- If the headset connects to the previously connected Bluetooth device, the headset may only establish the HFP/HSP Bluetooth connection when it is turned on. Use the connected device to connect via an A2DP Bluetooth connection.
- When listening to music from a computer on the headset, the sound quality may be poor (e.g., difficult to hear the singer’s voice, etc.) for the first few seconds after a connection is established. This is due to the computer specifications (priority on stable connection at the start of transmission and then switches to priority on sound quality several seconds later) and is not a headset malfunction.  
If the sound quality does not improve after a few seconds, use the computer to establish an A2DP connection. As for the operations on your computer, refer to the operating instructions supplied with the computer.
- Some devices that emit ultrasonic sound waves designed to repel rodents may occasionally be installed at the entrances of commercial facilities or subway stations. Near such devices, the ultrasonic sound waves may cause noise or unusual sound to be heard from the headset. Leave the place where the noise or unusual sound is heard. Or turn off the noise canceling function/Ambient Sound Mode from the “Sony | Headphones Connect” app.

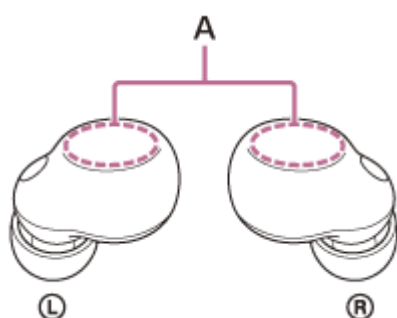
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### Related Topic

- [Wearing the headset](#)
- [Replacing the earbud tips](#)

## Sound skips frequently.

- Set the headset to “Priority on stable connection”. For details, see [“About the sound quality mode”](#).
- The situation may be improved by changing the wireless playback quality settings on the transmitting device. For details, refer to the operating instructions supplied with the transmitting device.
- Remove any obstacles between the antenna of the connecting Bluetooth device and the antennas built into the left and right units of the headset. The antenna of each left or right unit of the headset is built into the part shown in the dotted line below.



**A:** Locations of the built-in antennas (left, right)

- Bluetooth communications may be disabled, or noise or audio dropout may occur under the following conditions.
  - When there is a human body between the headset and the Bluetooth device  
In this case, moving the Bluetooth device closer to the antenna of the headset may improve the Bluetooth communications.
  - When there is an obstacle, such as metal or a wall, between the headset and the Bluetooth device
  - In places with wireless LAN, where a microwave oven is used, electromagnetic waves are generated, etc.
  - Where there are other wireless communication audio devices or other people nearby, such as in train station premises or on a crowded train
- If you are enjoying music with your smartphone, the situation may be improved by closing unnecessary apps or restarting your smartphone. If you are enjoying music with your computer, close unnecessary applications or windows and restart the computer.
- Connect the headset and the Bluetooth device once again.  
Set the headset into the charging case and close the lid of the charging case, and then remove the headset from the charging case to connect the headset to the Bluetooth device.
- When the Adaptive Sound Control is turned on, the headset detects the wearer's actions and adjusts the noise canceling function automatically. When this setting is changed, music may pause momentarily. This is not a malfunction.
- Turning off Service Link on the “Sony | Headphones Connect” app may reduce the amount of audio dropout.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

## Related Topic

- [About the sound quality mode](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)



## Noise is heard during music playback.

- When you use the headset while you are walking or running, the sound of vibrations may be heard through your body, but this is due to the characteristics of the product and not a malfunction.
- The sound conduits (sound output tubes), air holes, and microphone part of the headset are not completely watertight. If any water droplets are left in the sound conduits, air holes, or microphone parts, a beeping sound (feedback) may be heard temporarily. This is not a malfunction. See [“When you have finished using the headset”](#) and dry the headset as described before use.
- When the Adaptive Sound Control function is turned on, the headset detects the wearer's actions and adjusts the noise canceling function automatically. When this setting is changed, music may pause momentarily and a notification sound may be heard. This sound notifies you that the setting has been changed.  
If you want to deactivate this notification sound, use the “Sony | Headphones Connect” app to turn the setting off.
- If you cover the microphone parts of the left or right unit of the headset, or if you grasp the headset unit in your hand, a beeping sound (feedback) may be heard. This is not a malfunction. If any of this is the case, remove your hands, etc. from the left and right microphones.
- If the Ambient Sound Mode is enabled in a rather noisy environment, a noise may be heard. This is not a malfunction. In this case, set the noise canceling function to ON or set the noise canceling function and the Ambient Sound Mode to OFF.
- Charge the charging case.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

### Related Topic

- [Using the noise canceling function](#)
- [Listening to ambient sound during music playback \(Ambient Sound Mode\)](#)
- [What you can do with the “Sony | Headphones Connect” app](#)
- [When you have finished using the headset](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)



## The effect of noise canceling is not sufficient.

---

- Make sure that the noise canceling function is turned on.
- If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, tap operations or Speak-to-Chat speech detection may not work correctly, or you may not obtain the correct sound qualities, noise canceling effects, or call performance.

If any of this is the case, try the following.

- Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.

The “Sony | Headphones Connect” app will help you to determine which earbud tips are most suitable for you to achieve the optimal noise cancellation effect.

- Check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.

- The noise canceling function is effective in low frequency ranges such as airplanes, trains, offices, near air-conditioning, and is not as effective for higher frequencies, such as human voices.
- When the Adaptive Sound Control on the “Sony | Headphones Connect” app is turned on, the wearer's actions, like walking or running, are detected. The noise canceling function is automatically adjusted and the Ambient Sound Mode may be activated according to these actions.

To make the most of the noise canceling function, turn off the Adaptive Sound Control, and try to turn on the noise canceling function manually when you need it.

---

### Related Topic

- [Replacing the earbud tips](#)
- [Wearing the headset](#)
- [What is noise canceling?](#)
- [Using the noise canceling function](#)
- [What you can do with the “Sony | Headphones Connect” app](#)

## Pairing cannot be done.

---

- Bring the headset and the Bluetooth device within 1 m (3 feet) from each other.
- When pairing for the first time after purchasing, initializing, or repairing the headset, the headset enters pairing mode automatically if you remove the headset from the charging case. To pair a second or subsequent device, set the headset into the charging case, leave the lid of the charging case open, and press and hold the pairing button on the back of the charging case for about 5 seconds or more to enter pairing mode.
- The headset cannot go into pairing mode if the headset is not set securely in the charging case, such as when the earbud tips are not properly attached to the headset. Make sure the headset is stored securely in the charging case.
- When pairing a device once again after initializing or repairing the headset, you may be unable to pair the device if it retains pairing information for the headset (iPhone or other device). In this case, delete the pairing information for the headset from the device and pair them again.
- Restart the connected device such as a smartphone or a computer you use, and pair the headset and the device again.
- Charge the charging case.
- Set the headset into the charging case, close the lid of the charging case once, and then open it again. You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

---

### Related Topic

- [How to make a wireless connection to Bluetooth devices](#)
- [Replacing the earbud tips](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## Unable to make a Bluetooth connection.

---

- Check that the headset is turned on.
- Check that the Bluetooth device is turned on and the Bluetooth function is on.
- If the headset automatically connects to the last connected Bluetooth device, you may fail to connect the headset to other devices via Bluetooth connection. If this is the case, operate the last connected Bluetooth device and disconnect the Bluetooth connection.
- Check if the Bluetooth device is in sleep mode. If the device is in sleep mode, cancel the sleep mode.
- Check if the Bluetooth connection has been terminated. If terminated, make the Bluetooth connection again.
- If the pairing information for the headset has been deleted on the Bluetooth device, pair the headset with the device again.
- Charge the charging case.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

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### Related Topic

- [How to make a wireless connection to Bluetooth devices](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

## The headset does not operate properly.

---

- You cannot operate the headset when you are not wearing the headset. Put the headset into your ears to operate.
- To operate the headset, tap the touch sensor correctly. To operate the touch sensor, tap the touch sensor with your forefinger.
- The headset cannot be operated when the touch sensor or your fingers are wet. Wipe off any perspiration or water with a soft dry cloth before operation.
- The headset cannot be operated with gloved fingers. Operate the headset with bare hands.
- The headset cannot be operated when the touch sensor is covered by your hair. Clear the touch sensor so that you can tap the touch sensor directly.
- Be precise in tapping the very center of the touch sensor. If the rim of the touch sensor is touched, the headset may not operate.
- Tap the touch sensor with the ball of your finger. If you tap with your nail or fingertip, the headset may not operate.
- If the headset moves when you tap the touch sensor, the headset may not operate.
- When you change the assignment of the functions to the touch sensors with the “Sony | Headphones Connect” app, confirm on the app that the correct functions are assigned to the touch sensor.
- Charge the charging case.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.
- When you cannot change the call device during an outgoing call or while you are talking on the phone, check with the “Sony | Headphones Connect” app whether the [Ambient Sound Control] function is not assigned to the touch sensor.

---

### Related Topic

- [Wearing the headset](#)
- [About the touch sensor](#)
- [What you can do with the “Sony | Headphones Connect” app](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)
- [Functions for a phone call](#)

## Cannot hear a person during a call/low voice from callers, your voice does not reach the person during a call/your voice is low on the caller's side.

- Check that both the headset and the connected device are turned on.
- Turn up the volume of the connected device if it is too low.
- When you use the video calling application, open the settings (\*) of the video calling application, and check that the speaker or microphone setting is specified as [Headset (LinkBuds S Hands-Free)](\*\*). When the settings of the video calling application cannot be checked or calling connections [Headset (LinkBuds S Hands-Free)] cannot be selected, select [Headset (LinkBuds S Hands-Free)] on the settings of your computer to make connections.

\* Depending on the video calling application you are using, this function may not be available.

\*\* Names may vary according to the computer or the video calling application you are using.

- If the size of the earbud tips does not match the size of your ear canals or the headset is not worn properly in your ears, tap operations or Speak-to-Chat speech detection may not work correctly, or you may not obtain the correct sound qualities, noise canceling effects, or call performance.

If any of this is the case, try the following.

- Change the earbud tips to ones that fit more snugly in your ears. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.

The "Sony | Headphones Connect" app will help you to determine which earbud tips are most suitable for you to achieve the optimal noise cancellation effect.

- Check that you are wearing the headset properly in your ears. Wear the headset so that the earbud tip is comfortably situated as deep in the ear canal as possible.
- Set the headset into the charging case and close the lid of the charging case. Then, take out the headset, and reconnect with the Bluetooth device.
- Restart the Bluetooth device such as your smartphone or computer, and reconnect with the headset.
- Set the headset into the charging case and close the lid of the charging case.  
You may be able to resolve some issues by setting the headset into the charging case.
- Reset the headset.
- Initialize the headset, and pair the headset and the device again.

### Related Topic

- [How to make a wireless connection to Bluetooth devices](#)
- [Receiving a call](#)
- [Making a call](#)
- [Wearing the headset](#)
- [Replacing the earbud tips](#)
- [Resetting the headset](#)
- [Initializing the headset to restore factory settings](#)

Wireless Noise Canceling Stereo Headset

LinkBuds S

**Earbud tips are damaged or lost.**

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- To change the earbud tips with new ones, purchase the EP-EX11 series (\*) (sold separately).

\* May not be supported in some countries or regions.

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Wireless Noise Canceling Stereo Headset  
LinkBuds S

## An earache occurs.

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- If you feel the size of the earbud tips does not fit to your ears, change the earbud tips. When changing the earbud tips, try the earbud tip sizes in order from the larger ones to the smaller ones. The size of the left and right earbud tips may be different.
  - Check that you are wearing the headset properly in your ears.
  - If you wear the headset for a long time, your ears may start hurting. Use the headset while taking breaks periodically.
- 

### Related Topic

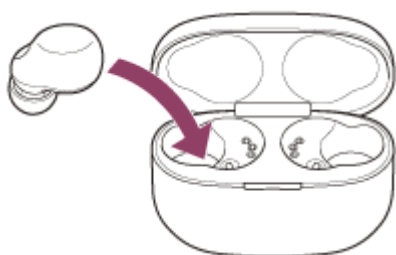
- [Replacing the earbud tips](#)
- [Wearing the headset](#)

## Resetting the headset

If the headset cannot be turned on or cannot be operated even when it is turned on, reset the headset. Reset one of the headset units at a time.

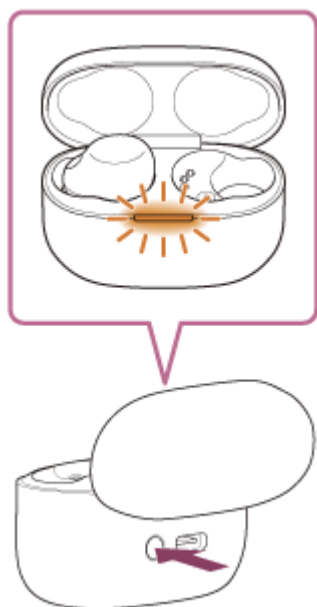
### 1 Set one of the headset units into the charging case.

Leave the lid of the charging case open.



### 2 Press and hold the reset button of the charging case for about 20 seconds or more.

After about 15 seconds, the indicator (orange) on the charging case flashes slowly for about 5 seconds.



Then, the indicator on the charging case turns off and the headset will be reset.

When resetting is complete, the indicator (orange or green) on the charging case lights up for about 3 seconds to show the remaining battery charge of the headset, and then turns off.

### 3 Check that the indicator turns off and then release your finger.

### 4 Remove the headset unit from the charging case and start the operation again from step 1 with the other headset unit.



The device registration (pairing) information and other settings are retained.

If the headset does not operate correctly even after resetting, initialize the headset to restore factory settings.

### About the instruction manual video

Watch the video to find out how to reset.

[https://rd1.sony.net/help/mdr/mov0048/h\\_zz/](https://rd1.sony.net/help/mdr/mov0048/h_zz/)

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### Related Topic

- [Initializing the headset to restore factory settings](#)

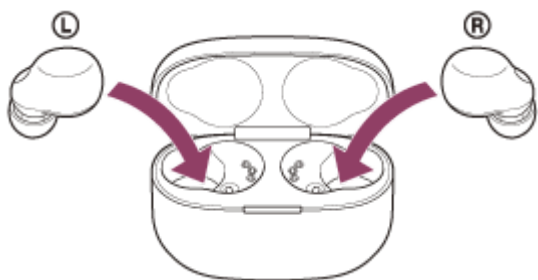
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## Initializing the headset to restore factory settings

If the headset does not operate correctly even after resetting, initialize the headset.

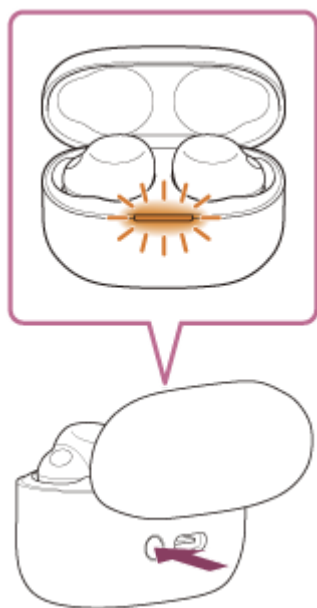
### 1 Set the headset into the charging case.

Leave the lid of the charging case open.



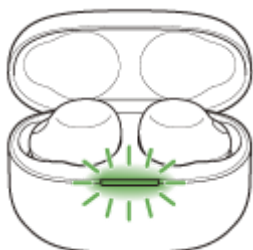
### 2 Press and hold the initialize button of the charging case for about 15 seconds or more.

The indicator (blue) on the charging case repeatedly flashes twice in a row, and then the indicator (orange) starts flashing.



### 3 Release your finger within 5 seconds after the indicator (orange) on the charging case starts flashing.

When the initializing is complete, the indicator (green) on the charging case flashes 4 times.



This operation resets volume settings, etc. to the factory settings, and deletes all pairing information. In this case, delete the pairing information for the headset from the connected device and then pair them again.

If the headset does not operate correctly even after initializing, consult your nearest Sony dealer.

## About the instruction manual video

Watch the video to find out how to initialize.

[https://rd1.sony.net/help/mdr/mov0049/h\\_zz/](https://rd1.sony.net/help/mdr/mov0049/h_zz/)

### Hint

- You can also initialize the headset with the “Sony | Headphones Connect” app.

### Note

- When the remaining battery charge of the charging case is not sufficient, the headset will not start initializing. Charge the charging case.
- If the indicator (green) on the charging case does not flash 4 times after performing step ③, the headset has not been initialized. Try again from step ②.
- If you have updated the software after purchasing the headset, the software is retained updated even if you initialize the headset.
- When you initialize the headset to restore to the factory settings after you change the language of the voice guidance, the language will also return to the factory settings.

## Specifications

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### Headset

#### Power source:

DC 3.85 V: Built-in lithium-ion rechargeable battery  
DC 5 V: When charged using USB

#### Operating temperature:

0 °C to 40 °C (32 °F to 104 °F)

#### Charging time:

Approx. 2 hours (Headset)  
Approx. 3 hours (Charging case)

#### Note

- Charging and usage hours may be different depending on the conditions of use.

#### Charging temperature:

5 °C to 35 °C (41 °F to 95 °F)

#### Mass:

Approx. 4.8 g × 2 (0.17 oz × 2) (Headset (including earbud tips (M)))  
Approx. 35 g (1.24 oz) (Charging case)

### Communication specification

#### Communication system:

Bluetooth Specification version 5.2

#### Output:

Bluetooth Specification Power Class 1

#### Maximum communication range:

Line of sight approx. 10 m (30 ft) (\*1)

#### Frequency band:

2.4 GHz band (2.4000 GHz - 2.4835 GHz)

#### Compatible Bluetooth profiles (\*2):

A2DP  
AVRCP  
HFP  
HSP

#### Supported Codec (\*3):

SBC  
AAC  
LDAC

### **Transmission range (A2DP):**

20 Hz - 20 000 Hz (Sampling frequency 44.1 kHz)  
20 Hz - 40 000 Hz (Sampling frequency LDAC 96 kHz, 990 kbps)

\*1 The actual range will vary depending on factors such as obstacles between devices, magnetic fields around a microwave oven, static electricity, reception sensitivity, antenna's performance, operating system, software application, etc.

\*2 Bluetooth standard profiles indicate the purpose of Bluetooth communications between devices.

\*3 Codec: Audio signal compression and conversion format

Design and specifications are subject to change without notice.

### **Compatible iPhone/iPod models**

iPhone 12 Pro Max  
iPhone 12 Pro  
iPhone 12  
iPhone 12 mini  
iPhone SE (2nd generation)  
iPhone 11 Pro Max  
iPhone 11 Pro  
iPhone 11  
iPhone XS Max  
iPhone XS  
iPhone XR  
iPhone X  
iPhone 8 Plus  
iPhone 8  
iPhone 7 Plus  
iPhone 7  
iPhone SE  
iPhone 6s Plus  
iPhone 6s  
iPhone 6 Plus  
iPhone 6  
iPhone 5s  
iPod touch (7th generation)  
iPod touch (6th generation)  
(As of February 2022)